

Hawaii Dental Hygienists' Association Newsletter

THE VOICE



WINTER NEWSLETTER | PUBLISHED DECEMBER 27, 2017

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Hawaii Dental
Hygienists' Association



hdha_

PRESIDENT'S ADDRESS

Thank you everyone for a successful 26th Annual Scientific Session, and the first ever Maui Livestream Event. This edition of *The Voice* will give an overview of all the education, happenings, and highlights of the weekend on Oahu and day on Maui. I would like to encourage all of you to stay connected and tuned into the upcoming events on our website, Facebook, and Instagram pages.

Out with the old and in with the new—we obtained Generalized Supervision to our scope of practice. I want to thank our association, and our collaborative partners that expanded our access to care and brought that goal to fruition. In addition, we are now a part of a “tripartite” structure of ADHA, which makes it possible for us to have a more streamline model. The Big Island and Maui have transitioned into what is called “unincorporated components” which is more of a “study club”. This new model allows more flexibility, no liability, and opens up room for more involvement, unity among the islands, and less burden. So if you have any CE ideas and want to discuss any issues or topics you are concerned with, we as your constituent would like to hear from you and help you become active.



This year's goals for our association are STRENGTH, ADVOCACY, and VOICE. Together let's have STRENGTH in numbers, placing value on the importance and benefits of being an ADHA/HDHA member. Together let's ADVOCATE for the continued advancement of our profession, and have our VOICES be heard on our islands, in our cities, in our offices, schools, and very importantly in our government! With STRENGTH, ADVOCACY, and VOICE as our goals for our association this year we can continue to lead the transformation of our profession, increasing the public's access to care, oral and overall health.

Thank you and Mahalo,
Nicole Pikini, RDH, BS
HDHA President

OUR FIRST EVER LIVESTREAM EVENT IN MAUI

We heard the cry of our association members on the outer islands for more CE opportunities. We worked all year long to address this demand, and as a result our first ever livestream event took place on Saturday November 18th, 2017 at the Maui Arts and Cultural Center. A total of five CEs were offered. The first three hours were livestreamed from the 26th HDHA Annual Scientific Session on Oahu onto a big screen, and the last two hours consisted of an in-person 'Lunch and Learn' provided by Philips Oral Healthcare. During the 'Lunch and Learn', Philips graciously gifted all of our attendees a Sonicare electric toothbrush. In total, we had 15 students, 11 HDHA members, and 11 non-members in attendance. And overall, we received positive feedback on our attendees' evaluation forms, some of which included comments such as "great opportunity", "affordable", "great location and food", and "I hope that we can do this again". Our attendees also enjoyed the speakers giving them praises such as "informative and engaging", "hilarious and upbeat", and "I would like to hear from them again".

Everything considered, the Maui livestream event was a huge success and the HDHA hopes that we will continue to expand and provide more opportunities for our outer island members. Opportunities that will promote a sense of unity and inclusiveness. Thank you and mahalo to our sponsors and to Philips Sonicare for helping us make this event happen.

Lastly, I would like to highlight a significant moment that took place at the Maui livestream event—we had the honor of awarding Maui's own Senator Rosalyn 'Roz' Baker with the HDHA Oral Health Advocate of 2017 Award. As an association, we felt that this award appropriately acknowledges Senator Roz's commitment to the public's oral health, her efforts in this past legislative year, and her contributions to addressing the need of increasing access to care to address oral health concerns. Way to go Senator Roz!

If you feel that you have any great suggestions or ideas to contribute to this event in the future please email: hawaiidentalhygienists@gmail.com

Submitted by Nicole Pikini, RDH, BS – HDHA President



MEMBER SPOTLIGHT:

JESSICA CHANG, RDH, BA
HDHA PRESIDENT-ELECT

While my presence within this component is new, Hawaii has always been my home. I grew up in the public school system and remember lining up in the auditorium to have annual dental hygiene screenings and education. Silver caps on the two front teeth were all too common, and I look back recognizing the importance of what those hygienists were doing. I believe that this is a uniquely altruistic profession that attracts individuals who want to make a healthy impact and share our knowledge/services to help



others. Aggregating our strengths, experience, creative mindsets, and tenacity in advocacy as an association creates such a wonderful force for change. I'm excited and honored to be a part of that force; knowing that the initiatives we push all contribute to the health and vitality of our profession & community.

My higher education began at Kapiolani Community College and Hawaii Pacific University, focusing on fine arts and Psychology. I left Hawaii in 2008 for an extended travel abroad and eventually moved to California. There I worked as a Counselor for one of the 19 Regional Centers, helping individuals with developmental disabilities and their families. While advancements in behavioral services, educational inclusion, and group home placements were made, finding my clients access to routine dental care was still a hurdle. The desire to bridge this gap in dentistry and work in an environment where results were consistent and measurable led me to a change in career. I attended the Dental Hygiene program at Cerritos College, rotating between seven different county facilities, serving as class president, graduating in 2015, and presenting at the ADHA table clinic in Nashville. After licensing, I worked at three wonderful private practices in southern California and completed basic coursework in periodontal laser treatment and myofunctional therapy. In 2016, seven months pregnant, my husband and I decided it was time to return home. That decision is positively reinforced daily, and we enjoy raising our daughter so close to extended family. I currently practice clinical hygiene at Hawaii Family Dental Center Windward and Dr. Beavers in Kailua. My free time is often spent outdoors, on a hike, playing at the beach, or at a BBQ with family and friends.

Submitted by Jessica Chang RDH, BA – HDHA President-Elect



Hawaii
 Dental Hygienists' Association

2017-2018

HDHA BOT ROSTER

hawaiidentalhygienists@gmail.com

P.O Box 23313

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Nicole Pikini, RDH, BS

President

Justin Stanton, RDH, BS, EPP

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Jessica Chang, RDH, BA

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Gerraine Hignite, RDH, BS

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Trustee-at-Large

Miki Lina Agoy, RDH, BS

Maui Trustee

Teri Matsumura, RDH, BS

West Hawaii Trustee

Delegates to ADHA:

Ellie Kelley-Miyashiro, RDH, BS

Noelani Greene, RDH, BS

Alternate Delegates to ADHA:

Nicole Pikini, RDH, BS

Jessica Chang, RDH, BA



PICTURES FROM OUR BRIGHT FUTURES

If you have ever wondered about how your yummy yogurt might affect your teeth, how those big clouds of vape might be affecting your patients, or whether that activated charcoal is actually ruining your teeth instead of whitening them, well hopefully you attended this year's table clinic competition. Every year, the third year students at the UH Manoa Dental Hygiene Program prepare a presentation on a dental hygiene topic of their choice to exhibit at our HDHA Annual Scientific Session. A panel of secret judges then choose a first, second, and third place winner to reward for their exemplary work. Winners are selected based on scientific evidence, a clear and well defined subject, and overall content.

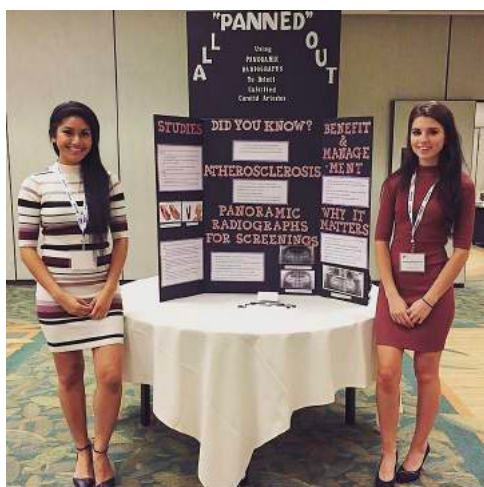


Margarette Garcia and Ezekiela Eugenio

Leading edge research is also looking at how we might not consider an endodontically treated tooth as dead any more. With 3D printed pre-vascularized fully-length pulp like tissue being created in a lab, we may soon be able to keep teeth vital after root canal therapy. Shaina Macapulay and Karen Alonza enlightened us with their presentation 'Sustain the Vein: Pulp Pathology Diagnosis and Future Solutions'.



Karen Alonza and Shaina Macapulay



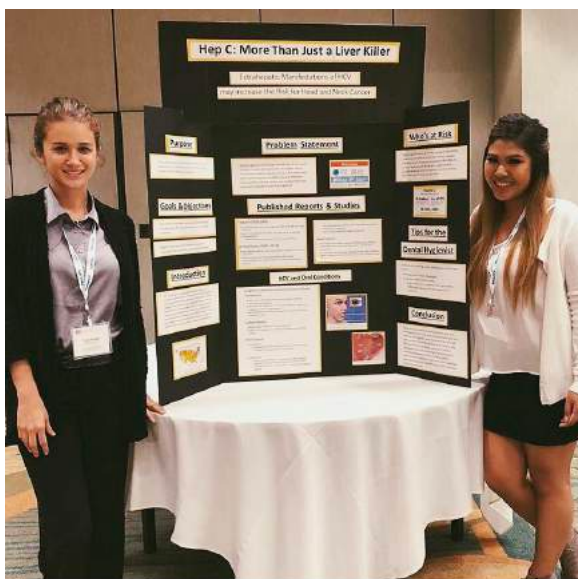
Dawn Pascual and Karolina Babichenko

This year, I had the honor of being a judge. I was completely captivated by each student's presentation. Every single one intrigued me by its thorough content, strong research, and relevance to the dental hygiene profession. It has never occurred to me that the pressure a scuba diver or free diver might experience could fracture a restoration if that restoration had even the slightest imperfection. 'Diving for Pain: Diver's Mouth Syndrome' presented by Julia Luu and Sandra Jamilla exposed the importance of sound dental work for divers to avoid fractured teeth caused by severe atmospheric changes in deep water.

Did you ever hear about a clogged artery diagnosis from simply evaluating a patient's panograph? In their presentation 'All "Panned" Out: Using Panoramic X-rays to determine Atherosclerosis', third place winners Dawn Pascual and Karolina Babichenko showed us the possibility of a highly-blocked jugular artery being visible on a traditional panoramic radiograph. This research provides yet one more way that we, as dental hygienists, can promote the systemic health of our patients.

In second place Erika Smith and Kristi Lucas examined hepatitis C and how it can be associated with an increased risk for head and neck cancer. According to their presentation 'Hep-C: More than Just a Liver Killer', fifty percent of patients with chronic hepatitis C will "exhibit at least one extrahepatic manifestation", which could possibly be in the oral cavity.

And lastly, our first place winners Megan Akamine and Lisa Forbes explored a new means of caries prevention. As stated in the objective of their presentation 'Probiotics: A Probiotic a Day Keeps the Dentist away', "probiotic supplements and dairy products may be an inexpensive and noninvasive caries prevention therapy." According to their research, a daily dose of probiotics can support a healthy digestive system, which (as we all know) starts in the mouth. Keeping the healthy 'bugs' prevents the cariogenic 'bugs' from growing to disease causing levels.



Erika Smith and Kristi Lucas



Megan Akamine and Lisa Forbes

Each of our winners received an American Eagle instrument, and our first place winners also received \$1,000 to use towards their trip to compete at the ADHA student poster competition. This year the ADHA annual conference will be held in Columbus, Ohio.

I would like to say huge congratulations to all of this year's students. I was impressed by all your in-depth and relevant work. Best of luck to Megan and Lisa as they prepare to compete in Ohio. Thank you so much and I can't wait to see your future accomplishments in our ever-evolving profession.

Submitted by Justin Stanton, RDH, BS – HDHA Immediate Past President





95TH ANNUAL CONFERENCE

JUNE 20-23, 2018 CONFERENCE

JUNE 23-25, 2018 BUSINESS MEETINGS

COLUMBUS, OH

LEARN • ENGAGE • ADVANCE



LEARN from the best at ADHA 2018—with engaging hands-on sessions and unique seminars featuring the top educators and practitioners in the profession.

ENGAGE with a full schedule of activities, dental hygiene professionals, a 5k Fun Run/Walk, and tons of Swag!

ADVANCE professionally with the latest technologies and improvements in the profession from our packed exhibit hall.

Registration Opens January 2018

Columbus Convention Center

Book your hotel now at the
Hyatt Regency Columbus & Hilton Columbus Downtown

www.adha.org/annual-conference

#ThinkADHA

STUDENT ESSAY SCHOLARSHIP WINNER

The Student Essay Scholarship is an opportunity that we offer every year to the third-year students at the UH Manoa Dental Hygiene Program. We asked each applicant to write a 500 word essay on leadership and the dental hygienist. They must explain how he or she will use their knowledge and skills to become a leader in their state professional association, in the community, and in the dental office after graduation. They must further explain, in detail, why they feel it is important to continue to be an active member of the ADHA/HDHA. Our first place essay was written by Erika Smith, who received \$100 cash and paid HDHA membership for one year after graduation. Erika's essay is featured below. Congratulations Erika!

Submitted by Rachelle Cortel, RDH, BS – Editor



Leadership and the Dental Hygienist - By, Erika Smith

The role of a dental hygienist is more than just providing preventive healthcare in a dental office setting. Dental hygienists must understand that they play a much larger role and are responsible for promoting and educating the public about the importance of dental health. Not only do dental hygienist have to advocate for preventive dental sciences but also advocate for those who are undeserved and/or uninsured. Because this population are less likely able to come in to a dental office, it is vital that dental hygienists become leaders and collate together to develop public policies, perform oral prevention services, and improve current existing legal systems that not only affect the public but also the dental hygiene community.

For me to be a leader in my state, in ADHA, and in my dental office after graduation, I must become an advocate myself and closely work with the issues at hand by changing or improving the existing systems. There are many ways I can change and improve the dental public health just by being actively involved in ADHA and its mission to expand and improve the careers of dental hygienists. One way to do this is by becoming a lobbyist and establishing relationships with legislatures who directly affect our profession and be able to influence them so that we can get the desired legislation that we are seeking. It's important if I choose to become a lobbyist for ADHA that I attend Dental Board meetings so that I understand the process of the rules that are being made that way I know what issues need to be addressed and the type policies that need to be enacted. It is also important that I use my leadership skills to represent ADHA at public testimonies so that I can contribute in the discussions so that legislatures understand the issues that are at hand.

Another way I can become a leader and a representative for the dental hygiene community is to collaborate with other dental hygienists to create partnerships with other health care professionals or associations who are not necessarily in the dental hygiene field but want to take joint action to improve the public's health. An example of this would be collaborating with grade school teachers who want to find solutions and improve the dental health of the children in their schools. By working together both teachers and dental hygienists can create a proposal for a program that would do this, such as creating a dental decay preventative program or an oral health day that would teach children the importance of oral care and nutrition. With the knowledge and skills that I have obtained from my experiences as a ADHA member I would propose a draft to present to legislatures, after the approval from the dental board.

It is important to continue to be an active member in ADHA long after graduation because the dental hygiene profession will continue to be affected by state laws and regulations whether it is related to the health of the public or the profession of dental hygienists. There are so many ways that I can be an active leader for ADHA, and to be a part of this association will give me endless opportunities to continue to advocate for preventive dental care.

26TH ANNUAL HDHA SCIENTIFIC SESSION

ACTIVE MEMBER AWARDS

At this year's HDHA Annual Scientific Session, we acknowledged several members for their contributions to the association. The Outstanding Member Award and the Most Dedicated Member Award are two awards the HDHA gives every year. For these awards, the BOT nominates possible candidates who meet the award criteria. The recipient of the Outstanding Member Award must have shown exceptional service to the HDHA in the past year, and has to have been an active member for at least the past two years. The recipient of the Dedicated Member Award must have demonstrated long-term commitment to the association over a period of several years, and has to have been an active member for at least the past five years.

The winners of these two awards are chosen by popular vote. This year, Linda Austin received the Outstanding Member Award. Linda is a former faculty member of the UH Manoa Dental Hygiene program and is currently a hygienist for the Department of Health Dental Division.



Justin Stanton presents Linda Austin with the Outstanding Member Award



Justin Stanton presents Gerraine Hignite with the Most Dedicated Member Award

Gerraine Hignite received the Most Dedicated Member Award. Gerraine has been an active member since 2006, taking on numerous positions in the BOT over the years. Gerraine is currently the Dental Director for Special Smiles Special Olympics. She was our Vice President for the 2016-2017 year and will continue as Vice President for 2017-2018.

Along with receiving an award, Gerraine also acknowledged Ellie Kelley-Miyashiro with the Distinguished Achievement Award. This award is not a reoccurring award, but is given to a member as a thank you from the BOT for their service and support of the association's goals and/or objectives this past year.



Gerraine Hignite presents Ellie Kelley-Miyashiro with the Distinguished Achievement Award, pictured above with Justin Stanton and Nicole Pikini



Noelani Greene presents Justin Stanton with the President's Award

Last but not least, the President's Award. Our outgoing Immediate Past President, Noelani Greene, acknowledged Justin Stanton with the President's Award, which is given every year to the outgoing president. It recognizes the time, service, and commitment that is required to fulfill the president position. Every outgoing president also receives a nautilus pendant, pin, or pair of earrings as a keepsake for their time as president. Justin chose the nautilus pendant.

On behalf of the HDHA, congratulations and thank you to all of this year's award recipients!

Submitted by Rachelle Cortel, RDH, BS – Editor

WHY SHOULD YOU BE AN ADHA MEMBER?

Benefits of ADHA membership:

- Access to online/webinar CE courses
- Attend CE events at the discounted member rate
- Attend the Annual Session meeting at the discounted member rate
- Leadership and networking opportunities
- Remain informed on the latest information in the dental hygiene profession
- Discounted malpractice and disability insurance
- Discounted rental car/hotel rates
- Free access to ADHA publications
- Access to employment listings

Membership in Hawaii costs only 74¢ a day.

For more information please visit:

"I believe it is my responsibility as a hygienist to be aware of issues concerning my profession. What I enjoy most is being in contact with other RDHs and gaining knowledge and perspective from them."

UPCOMING EVENTS

JANUARY

- 17th – Lobby Day
Hawaii State Capitol
- 18-19th – HDA Convention
Hawaii Convention Center
- 19th – HDHA BOT Meeting
- 22nd – HBODE Meeting

MARCH

- 12th – HBODE Meeting

MAY

- 21st – HBODE Meeting
- 27th – The Voice Spring Newsletter

WE NEED VOLUNTEERS!

We are looking for volunteers to help us run the HDHA booth at the HDA Convention on January 18th and 19th. We will be promoting membership, updating member info, handing out CE envelopes, and selling Ice Chips.

WHAT IS LOBBY DAY?

"Lobby Day (also referred to as a "legislative day" or "advocacy day") is an organized day where participating members of your association convene and meet with lawmakers to promote your association's policy objectives." [via <http://www.muster.com>]

As the HDHA, we meet with Hawaii senators and representatives to bring awareness to issues related to dental hygiene profession. If they have any future questions/inquiries regarding dental hygiene, we encourage them to use the HDHA as a resource.

If you are interested in volunteering at the HDA convention or in attending Lobby Day, please email:
hawaiidentalhygienists@gmail.com

THANK YOU FOR
READING THIS EDITION
OF THE VOICE!

Please send any questions, comments, and newsletter submissions to:
rachellecortel@gmail.com

Mahalo,
Rachelle Cortel, RDH, BS