



**School Information:** Marvell Academy  
[www.marvellacademyeagles.com](http://www.marvellacademyeagles.com)  
 Payschools – [www.payschoolscentral.com](http://www.payschoolscentral.com)  
 Brittiny Morris, Cafeteria Supervisor



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Crispitos  
 Cheese Dip  
 Salad  
 Fruit

Green Eggs & Ham  
 Toast  
 Carrots  
 Fruit  
 "Happy Birthday, Dr. Seuss!!"

Pizza

Chicken Parmesan Sliders  
 Broccoli  
 Fruit

Mini Corndogs  
 French Fries  
 Peas  
 Fruit

Chicken Spaghetti  
 Garlic Bread  
 Green Beans  
 Fruit

**HALF DAY!  
 NO  
 LUNCHES!!**

Pizza

SPRING BREAK



SPRING BREAK



SPRING BREAK



SPRING BREAK



SPRING BREAK



Mini Pancakes  
 Sausage  
 Baked Apples  
 Mixed Veggies

Chicken Strips  
 French Fries  
 Toast  
 Gravy  
 Fruit

Cheese Quesadilla  
 Salad  
 Fruit

*(The Velveteen Rabbit)*  
 Chef Salad w/Turkey & Ham  
 ½ Boiled Egg  
 Crackers / Fruit

Pizza

Chicken Rebelde  
 Corn  
 Fruit

Meatball Sub  
 Chips  
 Green Beans  
 Fruit

Grilled Chicken Wrap  
 Chips  
 Fruit

*(Little House on the Prairie)*  
 Chicken Fried Chicken  
 Mashed Potatoes & Gravy  
 Fried Okra  
 Fruit

Pizza