

**NORTHERN ACE**

**VOLLEYBALL ACADEMY**

**2019**

**Information Meeting**

# Introduction

- Shawna Guffey (Ruiz) Director-Owner-Coach
- Welcome to Northern Ace Volleyball Academy. We are a Junior (Youth) Volleyball Program affiliated with the Arizona Region of USA Volleyball (USAV).

# Northern Ace Volleyball Academy

- Academy- A place of study or training in a specific field
- ACE- Achieving Competitive Excellence



# Northern Ace Mission

- Establish a supportive environment in which young student-athletes are provided a comprehensive education in competitive volleyball.
- We aim to enhance and develop values that foster leadership, responsibility, self-discipline and an appreciation for health and wellness that can support each athlete in attaining their personal goals both on and off of the court.

# Northern Ace Philosophy

- Northern Ace Volleyball Academy is dedicated to providing quality physical and emotional training to young athletes who are interested in learning the skills of volleyball, values of teamwork, responsibility and self-discipline. We have developed a program dedicated to the core values of teamwork, communication, self-responsibility, challenging yourself and working passionately towards a common goal.
- Our program recognizes the profoundly positive effect that we have on athletes. Our training and teachings extend far beyond the gym as we strive to help young athletes develop “life skills”. We do this by teaching them to set difficult but achievable goals and the value of working hard. Hard work is the foundation for all our training as it is the key to the development of self-confidence, courage and self-esteem

# Arizona Region

- Arizona Region is a sanctioned institution under USA Volleyball
- USA Volleyball (USAV) is a non-profit organization which serves as the national governing body of volleyball in the United States of America.
- **Tournament Formats & Days**
  - Saturday & Sunday tournament days.
- CLUB 12's: 7 Region Tournaments
- CHAMPIONSHIP 14: 7 Region Tournaments
- CHAMPIONSHIP(16's & 17/18s) : 7 Region Tournaments
- OPEN: 17/18's 5 Region Tournaments

# Levels of Play for this season

## AZ Region only Club Division Commitment

Practice 2 days a week  
(Tues & Thurs.) some Wed

### Tournaments

- 6 half day tournaments
- 1 full day Championship
- Vulture Peak 2 day tournament in April
- Volleyball Festival (Cardinals Stadium)

## Competitive Championship/Open Division Commitment

Practice 2+ days a week  
(Tues. Thurs., & **some Fri.**)

### Tournaments

- 6 half day tournaments
- 1 full day Championship
- MLK (Tempe) Jan
- SCVA Sr Showcase Vegas in Feb
- AZ Region Qualifier (1-2 days)
- National Qualifier SCVA Red Rock or Denver Crossroads, Reno SCVA qualifier or LoneStar Classic.

Region certified official and scorekeeping clinic

AAU Membership if needed

# Levels of Play for this season

## Team options 14 & Under

**12's Teal?(Club) AZ Regional** (10-12 Player roster)  
AZ Region, Vulture Peak,

**12 Black? (Club)** (10 Player roster)  
AZ Region, Vulture Peak, (Volleyball Festival Cardinal Stadium????)

**14 Black (Championship) Competitive** (10 Player roster)  
AZ Region, AZ Region Qualifier, Volleyball Festival Cardinal Stadium, Vegas



# Levels of Play for this season

## Team options 15-18's

16's Black Competitive Championship (10 Player roster)  
AZ Region, MLK Tempe, SCVA Senior Showcase Vegas,  
AZ Qualifier, SCVA Vegas National Qualifier

17/18\*\* Black Competitive/Open (10 Player roster)  
AZ Region, AZ Region Qualifier, MLK Tempe, SCVA Senior Showcase  
Vegas, Red Rock SCVA National Qualifier or Denver Crossroads, Reno SCVA  
or LoneStar Classic.

**\*\*ALL Teams determined based on tryout  
results\*\***

# How many players will be on a team?

- We will have 10 players on each team.
- As a club, if a team drops below 9 players we will not be able to continue to run that team. (except 12 Teal)
- If after tryouts not enough players commit to a team we may not form a team in that age group.

# Playing Time

Northern Ace does not guarantee equal playing time for everyone. Players are evaluated in several areas throughout the season that establish the role and amount of court time earned by each player:

- Fundamental athletic ability and improvement of skill level
- Consistency of performance and development in practice
- Ability to effectively contribute to a positive, competitive team chemistry
- Overall ability to consistently perform in their given role

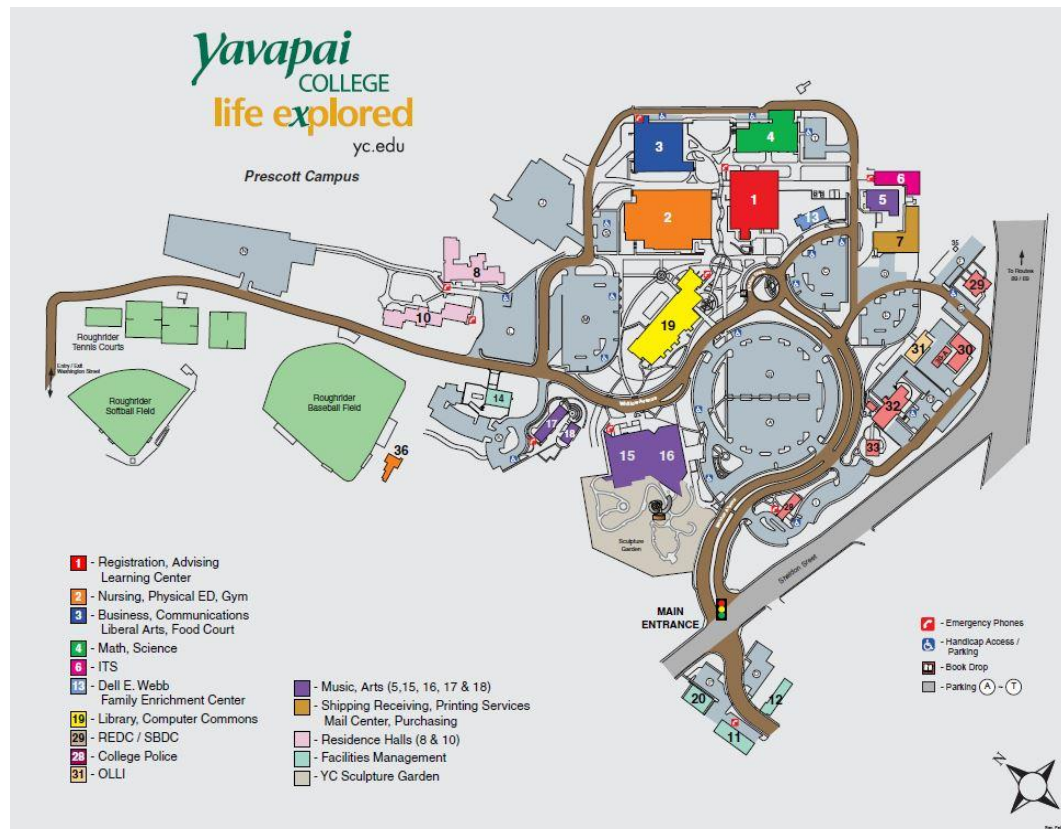
# Multi-Sport Athletes

Northern Ace welcomes multi-sport athletes and works to develop schedules and policies that are amenable to those with additional athletic commitments. With the decision to participate in multiple sports come the added responsibilities of proper time management and priority setting. What is expected however is that the player will do everything possible to fulfill her commitment to her Northern Ace team. The consequences for missing a practice or tournament due to additional sport activities are no different than for other excused absences.

These consequences go beyond having to sit out a game. When athletes miss opportunities to practice, they miss opportunities to improve. This affects team continuity and performance, which in turn, affects their respective role on the team.

# Practice Site

- Yavapai Community College
- 1100 E Sheldon St. Prescott, AZ 86323



# Training

- We use a Team Training philosophy, meaning that we teach all skills and techniques the same way for all of our teams. As the athlete develops and progresses through the program we begin to implement tactical and technical techniques that help our athletes to reach their individual playing goals. Our coaches also use Goal Setting as a primary way to motivate and communicate with each athlete. We strongly believe in developing both the mental and physical abilities of each of our athletes.

# Coaching Staff

- In order to achieve our mission, Northern Ace VBA will generate a staff of tremendously qualified and motivated coaches, who consistently demonstrate the highest level of personal conduct and integrity.
- Regardless of age or ability each athlete we will be coached in an atmosphere of structure, discipline, and encouragement with focus on physical, social, and emotional development of the young athlete.

# Coaching Staff

- As a club, Northern Ace will attempt to utilize its coaching staff to its highest potential. Specialized training sessions, guest coaches and clinics, joint training of various age-group teams and personalized/group feedback are just a few of the ways the Northern Ace staff will immerse its athletes in an environment that allows them every opportunity to improve



# Financial Obligation

- Base Financial Commitment for the season \$1,200-2000.
- Travel teams have additional cost (tbd)
- Base includes Vulture Peak 2 day for 12s only
- Season is from December - May
- Practice start dates vary by age group and division.
- 12 Teal will begin the first week in January
- 12,14,16, 17/18 Black begin the first week in December

# Financial Obligation

## ■ Multi-Day Tournaments

- MLK Tempe **16,17/18** only (\$150-\$200 Above the cost of Base Pay)
  - Short travel
  - Fiesta Festival (Cardinal Stadium) **12-14** Black, \$300-\$700 Above the cost of Base Pay)
  - Short travel
  - SCVA Red Rock Las Vegas Qualifier or Denver , Reno, Texas **will incur additional cost for flights.**
  - **16,17/18s** teams only (\$150-300 above)
  - SCVA Vegas Senior Showcase **16,17/18** (\$150-300 above)

# Budget – Where does the money go?

## Revenue and Expenses

### Basic Expenses

- USAV and Arizona Region fees
- Tournament fees
- Travel
  - Coaches' stipend & their travel costs
  - Facility & equipment upkeep and purchases
    - Balls, ball carts, first aid supplies, etc.
  - Uniforms (practice & tournaments)
  - Administrative costs

# Fundraising

- TEAM FUNDRAISING IS KEY !!!

- Garage Sales, Car Washes, Bake Sales, etc.

(We will be having a Parent Representative from each team to help initiate team fundraisers for their team.)

# Tryouts 14 and Under

## Nov 16

- 9 through 14's
  - Nov 16<sup>th</sup> 9:00 am-11:30 am
    - Registration 8:15 am – 9:00 am

**At Yavapai College**

# Tryouts 15's-18's

## Nov 23

- 15's through 18's
  - Nov 23<sup>rd</sup> 9:00 am-11:30 am
    - Registration 8:15 am – 9:00 am

**AT YAVAPAI COLLEGE**

# I am going to be gone Nov. 16<sup>th</sup> or Nov 23 rd, can I tryout early?

- We will handle individual tryout conflicts on a case by case basis. If you have a conflict please contact Shawna Guffey as soon as possible @ NorthernAceVBA@gmail.com.

# I am going to be gone Nov. 16<sup>th</sup> & 23<sup>rd</sup> , can I tryout after that date?

- All perspective players will be required to sign the Player Commitment Form so we will know the status of each of our teams by the end of the decision period.
- After tryouts we may or may not have space available on a team. If space is available in the club we will be happy to schedule you for a tryout.



# What if I come late or leave early?

- In order to protect the rights and interests of all players at the Northern Ace VBA tryouts we will make our decisions about the teams based on the evaluation of each player.
- If you come late or leave early you may miss the chance to be seen completely. We will make decisions for teams based on evaluations.

# How do I notify the club what team I want to tryout for?

- Prior to tryouts you will register with Arizona Region, please see our website for step by step information.
- Knowing your Age Cut-off dates to determine the proper tryout date and time to attend.
- You must tryout in your age group

# Can I tryout for a higher age level team?

- Players will need to tryout in their age group. Team placement can be current age or older.
- Knowing your Age Cut-off is crucial to determine prior to tryouts.
- If the administration sees a possible age change the option will first be discussed between coaches. This decision would be initiated by the administration and will consider i the individual player and team.

# What happens if I don't make a team???

- You are welcome to attend Northern Ace VBA Clinic's as well as schedule group lessons with one of our coaches (Gym availability dependent).
- Anyone that does not make a club team can request a refund of \$25 from the Region in writing. Once it is confirmed that the player is not listed on any roster, the membership will be reduced to a Training Membership and a refund will be sent. This refund will most likely happen in February when registration is completed.

# What do I bring to tryouts?

- What to bring:
  - Printed copy of your current USAV Membership
  - Region Forms (all sides filled out and signed)
  - Tryout Fee Check \$20 (Where does this money go?)
  - **2 Copys of Birth Certificate, all priors have been destroyed**
  - Water Bottle, Snack and Proper Playing Equipment
- ***ALL FORMS & INSTRUCTIONS ARE AVAILABLE ON NorthernAceVBA.com***

# What should I expect at tryouts?

- Registration
- Individual Agility Tests
- Individual Skill Assessment
- Team Skill Assessment
- Start out on requested court
- Move around to different courts
- Coaches/Director will ask athlete questions throughout tryouts to determine the best fit for each team.

# What happens after Tryouts?

- Coaches will meet for 2-3 hours after tryouts to discuss each player.
- You will receive an email 3-4 hours after the conclusion of tryouts to inform you of our decisions.
  - Team Placement
  - Alternate
  - No team placement
- You will be required to commit to the offer 48 hours after the sent time of the email.

# Things to expect after committing to Northern Ace

- Your Commitment Fee of \$375.00 will be due within 48 hours of acceptance.
- Budgets/Payment Schedules will be determined after finalization.
- Team Information meetings in Early December.
- Practice begins first week in December



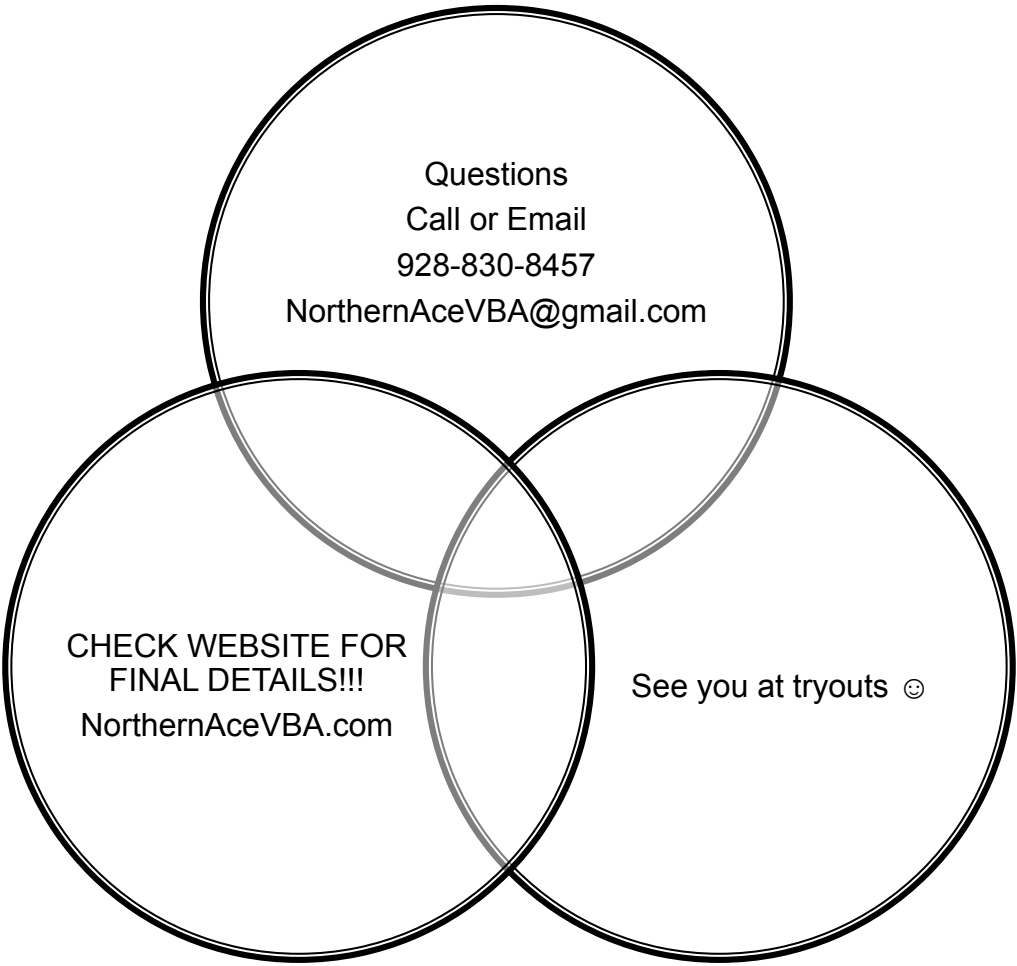
# Important Dates

- Nov 13th Open House All Ages
- November 16th Tryouts for 14 and Under  
@Yavapai College
- November 20th, Open House Clinic for 15 and Over  
@Yavapai College
- November 23rd, Tryouts for 15 and Over  
@Yavapai College

# Questions?



# Thank You...



Questions  
Call or Email  
928-830-8457  
NorthernAceVBA@gmail.com

CHECK WEBSITE FOR  
FINAL DETAILS!!!  
NorthernAceVBA.com

See you at tryouts ☺