

Mount Olive Junior Wrestling

Wrestle-Off Guidelines & Policies

1. Wrestle-offs will be held to determine the Tri-County League wrestler for each weight class prior to the start of the Tri-County season. The coaches will determine who is eligible to wrestle-off based on attendance and skill level.
2. The Northwest Jersey Midget Wrestling and NNJ Youth Wrestling teams will be selected by the coaching staff. Wrestle-offs may also be used as part of the NWJMWL and NNJYWL team selection process. Some wrestlers may participate in multiple leagues during the season.
3. The coaches reserve the right to move (“bump”) wrestlers up one weight classes on the day of a match in order to obtain better pairings for the team as a whole. This maintains the component of wrestling as a “team” sport..The safety and welfare of the wrestler will always be given first consideration.
4. Wrestlers should be no more than approximately 2% (1-3 lbs.) over the certified weight class they are challenging at the time of wrestle offs. That is, the younger, lighter boys (50-80 lbs.) should be no more than 1-1/2 lbs. over, while the upper weights, (100-147 lbs.) have 2-3 lbs. Again, coaches’ discretion will apply.
5. Wrestlers not winning the wrestle-off at their weight class may challenge up one weight class as per Tri-County rules.
6. Wrestle-offs will be refereed by a coach, consist of three periods each having 1.5 minute duration. They will follow the Tri-County Youth Wrestling League rules and will typically be scheduled during normal practice sessions
7. Wrestle-off coaches and a carded ref (when available) will be determined by the coaching staff prior to the wrestle-off. The coach may not referee a bout in which his son is wrestling.
8. If there are two challengers for the same weight, wrestle- offs will be the best of 2 out of 3 match format. Wrestle-offs will be conducted during regular practice sessions, and prior to the start of the Tri-County season. The wrestler may have to participate in more than one match in a night, but will participate in a maximum of two.
9. In the event that there are more than 2 wrestlers challenging for the same weight class, the final 2 wrestlers will be determined using a round robin format. The wrestlers that finish first and second in the round robin will then continue with the best 2 out of 3 format (their first match from the round robin will count as part of the final 2 out of 3)
10. At the approximate mid-point of the Tri- County schedule wrestlers will be eligible to challenge again, along the same previous guidelines. The winner of this wrestle-off will wrestle in the Tri-County tournament.

Wrestle –Off Guidelines & Policies cont...

1. As it is impossible to project every scenario and possibility, these aforementioned “rules” should be viewed as guidelines to treat each wrestler as fairly and objectively as possible. In the event that an unforeseen case arises, the coaches will have the final decision as to the method applied to solve the issue(s).

FINAL NOTE

It is ultimately the wrestler’s responsibility to make the weight he challenges at. Failure to do so causes the team to possibly forfeit that class and lose team points as well as depriving another wrestler the opportunity to compete. The coaches reserve the right to impose penalties at their discretion.

Addendum

1. Wrestlers who register by 12/1 may have full wrestling privileges. After the 1st, they may only wrestle-off for a spot that is not taken or upon a vote of quorum of the Board and JV/Varsity Coaches. A 2/3’s majority is required to prevail. (Exceptions will be made for new Mount Olive residents who have been participating in another wrestling program for the current season.)