

August Edition

CTB Newsletter

Hello August

- Authenticity starts with
- Understanding your worth and
- Glowing in your way because a
- Unique, imperfect, and different
- Self is much better
- Than the perfect clone



OurMindfulLife.com

In this Issue:

- Torah Study Facilitators
- Friday Night Speaker
- August Celebrations
- High Holy Days
- Community Events/Activities

Torah Study

August 5 Rabbi Best
August 12 Lady Pleasant
August 19 - Zaken Gladden
August 26 Zaken Witherspoon

SATURDAYS 9:00AM

Friday Night Speakers



August 4- Rabbi Glover
August 11 Zaken Israel LaPrince
August 18 Lady Woods
August 25 Rabbi Best

Charles Register, Jr.
Benjamin Twiggs
Moshe Howze
Diana Jonas
Elder Samuel Jones
Lamont Bell
Lady Phyllis Smith
Sara Pleasant
Michael McCoy
Alexander Gary
Rabbinit Nina Glover
Nathan Harris
Yakayla Howze

Lady Dinah Weaver
Lady Shoryn Evans
Rabbinit Tangela McClam
Hezekiah Grimmage Jr.
Elder Robert Eckells
Ava Bell
Kameron Allen
Dominique Best
Ebram Evans
Cali Green
Yael Howze
Leah Faulk
Emmah Judith Samuels



Rosh Hashanah

Begins sunset of **Friday, September 15, 2023**



Yom Kippur

Begins sunset of **Sunday, September 24, 2023**



Sukkot

Begins sunset of **Friday, September 29, 2023**

Ends nightfall of **Friday, October 6, 2023**

Upcoming COMMUNITY EVENTS

CONGRATULATIONS!

CTB CELEBRATES THE

class of

2023

JOIN US @ SUNDOWN ON SATURDAY, AUGUST 26TH,
2023 AS WE CELEBRATE OUR GRADUATES
7350 LOWBER AVE.
PHILADELPHIA, PA 19138

GRADUATES PLEASE EMAIL NAVONESHA @
TANGELAMCCLAM@GMAIL.COM BY 8/20/23 SO
THAT WE CAN PROPERLY PREPARE

Community Members with advanced degrees are asked to
wear academic regalia and participate in a processional

LIGHT & LOVE
VIRTUAL GRIEF MEETUP
A Safe space to discuss grief and loss
Mondays @ 8PM (EST)
Zoom Meeting ID: 839 7486 8514
Contact: Taleah Grimmage for more info
215-526-1924

*Light&Love does not replace professional counseling or therapy.




This is a virtual meetup with others who are also grieving a
significant loss. Professional counseling is often an important
tool in healing.

Resources can be found online or through your healthcare provider.

ILA PRESENTS: INTRO TO FINANCE

The ILA invites you to join us for our Introduction to Finance session to go over basic information to prepare for financial stability



 Date: August 20, 2023
 Time: 12:00 PM
 Zoom ID: 874 2216 5576
Zoom Passcode: 542938

Topics:

- Saving and Budgeting
- Credit History/Score
- Financial Independence

Speakers:



Yirmeyahu Naftali



ILA Committee Members

"A good man leaves an inheritance
to his children's children"
Proverbs 13:22

PLEASE JOIN US FOR A CO-ED

BABY-Q

HONORING

KARINN & MOSHE

AND THEIR SOON-TO-ARRIVE BABY GIRL!



SUNDAY **AUGUST 27TH** 2023 3PM & UNTIL

HOSTED BY
MARLENE & GABRIEL KENDALL
LOCATION PROVIDED AFTER RSVP

BY **RSVP** AUGUST 13TH

NINA CLOVER (267) 295-1705
MARLENE KENDALL (609) 346-9908
HANNAH WITHERSPOON (484) 638-8053

REGISTERED AT TARGET & AMAZON

Rabbi Ramond Grimage, Jr.
& Taleah-Renee Grimage
invite you to share
in our happiness as our son

Caleb-Joshua Grimage

is called to the Torah as a Bar Mitzvah

Shabbat, September 23, 2023
10:30 A.M.

Congregation Temple Beth-El
7350 Lowber Avenue
Philadelphia, PA 19138

Torah Portion: Ha'Azinu
Deut. 32:1-52

My son, forget not my teaching; but let
your heart keep my commandments.
For length of days and years of life will
they bestow on you. - Proverbs 3:1

Please wear
Royal Purple & Gold
RSVP to: 215-526-1924



*You Have Been Cordially
Invited to*

*Frances
Miller's*
80th BIRTHDAY BRUNCH

OCTOBER 8, 2023
PHILADELPHIA MARRIOTT WEST

111 CRAWFORD AVE
WEST CONSHOHOCKEN, PA

12pm-3pm
Attire: Tea Party
Tickets - \$60