
PREPARING FOR YOUR COLONOSCOPY – PEG3350/GOLYTELY

What day is my procedure?

What time is my procedure?

- Arrival time is provided by SPACE COAST ENDOSCOPY CENTER a few days prior to your procedure.
- (Please note: if you have questions about your arrival time, please call Space Coast Endoscopy Center directly at 321-504-4440. Dr. Seara’s office does not have knowledge of arrival times for procedures.)

Where do I pick up my prep?

- **PEG3350/Golytely** is a prescription- it has been sent to your pharmacy.
- You will also need to purchase MIRALAX- this portion of the prep is available over the counter on the laxative aisle.

Should I stop taking BLOOD THINNERS prior to the procedure?

YES

NO

For ____ days

When should I start my clear liquid diet?

- Start when you wake up the day before your procedure. You **MUST** remain on CLEAR LIQUIDS ALL DAY!! NO breakfast, lunch, or dinner of ANY kind!!

How/when do I use the PEG3350/Golytely?

- Mix the PEG3350/Golytely with a clear liquid. Between 2:00pm and 6:00pm on the day before your procedure, drink one 8oz glass of PEG3350/Golytely every 10-15 minutes. *If you feel nauseous, take a one-hour break from drinking the mixture.*

How/when do I use the MIRALAX?

- On the day of your procedure, 5 hours before your scheduled arrival time, drink ____ 8oz glasses of Miralax all at once. Can be mixed with ANY clear liquid.

NOTHING BY MOUTH 4 hours prior to your procedure! (This means no gum, no hard candy, no water, etc)

Notes/Additional Instructions
