

BREAKFAST MENU

OMELETS

Served with Home Fries and Choice of Toast

CHEESE

American / Cheddar 5

SPINACH, MUSHROOMS AND SAUTÉED ONIONS

Sautéed Spinach / Cremini Mushrooms / Sautéed Onions /
American Cheese 6

HAM & CHEDDAR

Virginia Ham / Cheddar Cheese 6

DENVER

Virginia Ham / Onions / Green Peppers / Cheddar
Cheese 7

PANCAKES

Served with Butter and Syrup

BUTTERMILK PANCAKES

Two Pancakes 3

BUTTERMILK PANCAKES WITH

Bacon / Sausage Patty / Turkey Bacon 5

BREAKFAST PLATTERS

Served with Home Fries and Toast

*TWO EGGS ANY STYLE 5

*TWO EGGS ANY STYLE WITH

Bacon / Sausage / Turkey Bacon 6.50

ASK ABOUT OUR CATERING SERVICES

703-836-3500



EGG SANDWICHES

*EGG

Extra Large Egg 2

*EGG WITH MEAT

Bacon / Sausage / Ham / Turkey Bacon 3.25
Cheese .50 / Croissant 1 / Bagel .75 / English Muffin .75

SIDE ORDERS

Bagel Cream Cheese 2.50

Bagel butter 1.5

English Muffin Butter 1.25

Toast Butter 1.0

Home Fries 2.25

Boiled Egg 1

*Egg Any Style 1

Bacon (4) 2.5

Sausage Patty (2) 2.5

Turkey Bacon (3) 2.5

COFFEE

Organic fair Trade
1.70 / 2.00 / 2.10

Latte
2.85 / 3.50 / 3.80

Cappuccino
2.85 / 3.50 / 3.80

Mocha
3.35 / 3.70 / 4.15

Chai Tea
2.90 / 3.35 / 3.85

Hot Chocolate
2.40 / 2.75 / 2.95

Hot Tea
1.25 / 1.85 / 1.95

*Consuming raw or undercooked eggs, meat, poultry or seafood could contribute to foodborne illness.

LUNCH MENU

SANDWICHES & SUBS

TURKEY DELIGHT

Sliced Turkey Breast / Bacon / Swiss Cheese / Avocado /
Sprouts / Lettuce / Tomato / Multi Grain 7.50

ITALIAN COLD CUT

Genoa Salami / Cappicola Ham / Mortadella / Provolone/
Hot Peppers / Lettuce / Tomato / Italian Dressing 7.50

SOPHIA'S SPECIAL

1st Cut Corned Beef / 1st Cut Pastrami / Provolone /
Cole Slaw / Russian Dressing 7.50

CLASSIC RUEBEN

1st Cut Corned Beef / Swiss Cheese / Sauerkraut /
Russian Dressing / Grilled Rye 7.25

TURKEY CLUB

Bacon / Lettuce / Tomato / Mayonnaise / white toast 7.25

STEAK & CHEESE

Sliced Rib Eye Steak / Provolone Cheese / Grilled Onions /
Lettuce / Tomato / Mayonnaise 7.50

WEST COAST TUNA

Tuna Salad / Swiss Cheese / Sprouts / Avocado / Tomato
Whole Wheat 7.25

MONTEREY CHICKEN

Grilled Chicken Breast / Provolone Cheese / Lettuce /
Tomato / Chipotle Mayonnaise / Potato Kaiser 7.00

BOSTONIAN

Sliced Turkey Breast / Ham / Provolone Cheese / Lettuce /
Tomato / Mayonnaise / Italian Dressing 7.25

TUNA MELT

American Cheese / Grilled Rye 6.50

CHICKEN PHILLY SUB

Provolone Cheese / Grilled Onions / Lettuce / Tomato /
Mayonnaise 7.50

*ANGUS BEEF HAMBURGER

lettuce / tomato / mayonnaise 4.25

BLT

Bacon / lettuce / tomato / mayonnaise / white toast 4.25

GRILLED CHEESE

American cheese / grilled white bread 3.75
bacon 1.00

PANINI & WRAPS

TURKEY PANINI

Bacon / Cheddar Cheese / Tomato / Dijon Mustard 7.25

GRILLED CHICKEN PANINI

Provolone Cheese / Tomato / Red Onion / Pesto
Mayonnaise 7.25

CHICKEN BACON WRAP

Grilled Chicken / Bacon, Lettuce / Tomato / Avocado / Salsa
7.50

VEGGIE WRAP

Hummus / Shredded Carrots / Sprouts / Avocado / Tomato
/ Cucumber 6.25

TURKEY WRAP

Turkey Breast / Lettuce / Tomato / Sprouts / Italian
Dressing 6.75

CHICKEN FAJITA WRAP

Grilled Chicken / Grilled Onions / Grilled Peppers / Shredded
Cheese / Lettuce / Tomato / Salsa & Sour Cream Side 7.50

CREATE YOUR OWN SANDWICH

CHOOSE MEAT

Turkey 6.00 / Ham 6.00 / Corned Beef 6.75 / Pastrami
6.75 / Tuna Salad 6.00 / Chicken Salad 6.00

CHOOSE BREAD

White / Whole Wheat / Rye / Multi-grain / Potato Kaiser /
Sub Roll .75 / Croissant 1.00

CHOOSE CHEESE

American / Swiss / Provolone / Cheddar .50

CHOOSE TOPPING

Lettuce / Tomato / Onion / Mayonnaise / Spicy Mustard /
Hot Peppers / Sprouts .50 / Avocado 1.00 / Bacon 1.00

SIDES

French Fries 2.50

Soup of the Day 3.50

Breaded Chicken Tenders / French Fries / Cole Slaw 7.75

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