



# Snapkick

Dojo student newsletter



## West Valley Martial Arts

"Love many things, for therein lies the true strength, and whosoever loves much performs much, and can accomplish much, and what is done in love is done well."

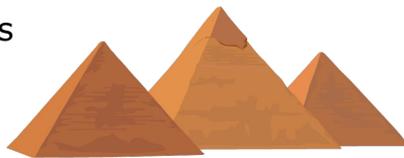
-Vincent Van Gogh

February, 2016

### The Seven Wonders of the World

A group of American school children were asked to list what they thought were the present "Seven Wonders Of The World." Though there were some disagreements, the following received the most votes:

1. Egypt's Great Pyramids
2. Taj Mahal
3. Grand Canyon
4. Panama Canal
5. Empire State Building
6. St. Peter's Basilica
7. Great Wall of China



While gathering the votes, the teacher noted that one student had not finished her paper yet. So she asked the girl if she was having trouble with her list. The little girl replied, "Yes, a little. I couldn't quite make up my mind because there are so many." The teacher said, "Well, tell us what you have, and maybe we can help." The girl hesitated, then read, "I think the "Seven Wonders Of The World" are:

- |             |             |
|-------------|-------------|
| 1. To see   | 5. To feel  |
| 2. To hear  | 6. To laugh |
| 3. To touch | 7. To love  |
| 4. To taste |             |

The room was so quiet you could hear a pin drop. The things we overlook as simple and ordinary and that we take for granted are truly wondrous. A gentle reminder - that the most precious things in life cannot be built by hand or bought by man.

### Mat Chats

#### ABC'S of conflict avoidance

- Week 1. Avoid potentially dangerous situations and create safe habits
- Week 2. Be calm and Breath
- Week 3. Communicate with confidence
- Week 4. Don't make the situation worse by arguing or fighting

#### Parents:

#### We have set our 2016 summer camp schedule!

These camps are available for students of *all skill level* ages 7 and up.

#### 2016 Summer Camp Schedule

All camps run from 9:00am - 2:00pm

- June 20 - 24 *Special Curriculum*
- July 25 - 29 *to be announced*
- August 8 - 12 *to be announced*

\$229.00 Sibling discount is \$30 off

\*All camps will include: **special camp t-shirt, snacks, and lunch on Friday.**

\*Camp sizes are limited to 22 students.

Sensei Dan Wakefield has been running youth summer karate camps for 20 years. These camps always prove to be a *fun, rewarding experience for kids.*

# Zen Bei Butoku-Kai

2016 Annual Registrations are due.

As you may know this is the international organization that our dojo and all of our students belong to. All of our students must maintain current membership with the Zen Bei Butoku-Kai. This is the *non-profit* organization that is committed to carrying on O'Sensei Kim's legacy and that certifies our curriculum, instructors and your ranking in the martial arts. Our long standing agreement with the Zen Bei Butoku-Kai is that all of our students and instructors maintain current membership with the organization.

**Renewal fee for each student is:**

\$10 for Pre-Karate students

\$20 for all other students

(check or cash only please)

**Please make your check out to: ZBBK**

Please pay this amount by February 29th.

If you have any questions please contact me anytime.

Thank you very much!

*Sensei Dan Wakefield*

**Dates and times to remember:**

**Feb. 5th:** Leadership team party

**Feb. 15th:** Closed for Presidents Day

**Feb. 19th:** Movie night-*Hotel Transylvania 2*

**Feb. 25th and 26th:** Testing, regular class times

**March 12th:** Kata competition in Soquel



**KEEP  
CALM  
AND  
TRAIN  
JIU JITSU**

This month we will continue with our Jiu Jitsu curriculum. We will teach more advanced techniques and drills in all of our classes. The goal is to help students feel more confident when dealing with an opponent on the ground.

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

February 2016						
	1	2	3	4	5 Leadership Team Party	6
7	8	9	10	11	12	13
14	15 Closed	16	17	18	19 Movie Night!	20
21	22	23	24	25 <u>Testing</u> Regular Class times Thurs & Fri	26	27
29	29	Notes:				
<p><b>wvmadojo.com (408) 871-8180</b></p>						