

## Instructor

### Sheri Peters

- Retired paramedic and firefighter from two local services
- Healthcare profession for over 35 years
- Instructing CPR class for over 30 years
- Medic First Aid, American Red Cross and American Heart Instructor



Call for a class  
today

Choice of Classes:

Medic First Aid

Or

American Heart

(Prices may vary)

On Site

Or

Blended



Sheri Peters

515-491-9992

[www.apluspcprtrainers.com](http://www.apluspcprtrainers.com)



# Heartsaver

## CPR and AED

- 2 hour course
- Adult and Child provided, Infant (optional)
- Provides knowledge and skills necessary to recognize emergency
- Prepares students to provide basic life support
- CPR/AED Certification Card
- Price: \$40 per student

## CPR, AED and First Aid

- 4-hour course
- Adult and Child provided, Infant (optional)
- Helps students to recognize and treat a variety of medical complications
- Topics covered- Poisonings, bites, stings, sudden illnesses, control bleeding, and more!
- CPR/AED and First Aid Certification Card
- Price: \$60 per student



## Blended Classes

- Contact Sheri for online sign on, take the online portion, print out the certificate on completion, schedule a skills check with Sheri
- Price: \$40 per student for skill check

## Bloodborne Pathogens

- This training program teaches the information every employee who may have occupational exposures and what they need to know in order to avoid accidental exposure to potentially infectious materials and to manage an accidental exposure if one occurs.
- Price:

## Q&A

### Where are the classes provided?

- On-line/Blended
- Your place of employment or another convenient location.

### What time are the classes offered?

- Your time
- Business hours, evenings, weekends. Any time of day, seven days a week.

### How is the class presented?

- Blended classes are taken online, then meet for a skills check
- By audiovisual presentations and hands on training.

### What does the price of the class include?

- Student Manual and a 2-year certification card