

- All sessions will be held at the St. Margaret's Centre. Protocols keep changing .Please stay up to date on the latest version. Dates and times are subject to change. Please check website and Facebook regularly. All changes will be posted on website and Facebook. Website Address is www.smb skating.com.
- Buy ins only if space is available. Cost for a buy in session will be \$25 an hour or any part of an hour. Skate Canada Fees must be added to your registration. All skaters must be registered with Skate Canada. Skate Canada fee is \$45 .Any one who already skated fall would of paid this fee with their registration. Any discounts are not applicable to Skate Canada fees.
- Cheques, cash, e-transfer or direct deposit on Uplifter are the only accepted methods of payments. Post dated cheques for October 20,2020 and November 21,2020. Please make cheques out to St.Margaret's Bay Skating Club. NSF cheques will have a \$35 surcharge. Once an NSF occurs cash payment will be required for rest of season.
- SMBSC reserves the ability to limit numbers on sessions and prioritize level of skaters on sessions. Please do not wait to register. Limited numbers on sessions. All registration questions will be taken by Charleen at skatecoach@gmail.com. Sessions missed due to weather will only be made up if more than one session per season is missed.

Adult Programs

ADULT GROUP LESSON Adult session will consist of a 20 minute group lesson on various skills, dance, and freeskate elements. The rest of the time is independent practice time. Multi level lesson and will focus on the basics. Suitable for former skaters that want to have some fun, learn new skills or practice some forgotten ones.

SUNDAYS 9:30AM-10:20AM

\$175/10 weeks

Adults are welcome to register on any other session that is appropriate for their skill level. Most sessions are freeskate based. If you have any questions on which sessions might be appropriate for you please email:

skatecoach@gmail.com

Private lessons are available.



All sessions held at St. Margaret's Centre, 12 Westwood Blvd, Upper Tantallon, B3Z 1H3

Snow cancellations will be put on SMBSC facebook page.

SCHEDULE

Winter 2020 10 weeks	Sunday	Monday	Wednesday	Thursday	Saturday
October	18,25	12,19,26	14,21,28	15,22,29	17*,24,31
November	1,8,15,22,29	2,9,16,23,30	4,11,18,15	5,12,19,26	7,14,21,28
December	6,13,20	7,14	2,9,16,	3,10,17	5,12,19
					*No off ice Oct 17th

*Please take careful notes of the dates and times and retain this schedule as a reminder of lesson dates. *Times/dates may change due to tournaments etc. Please check the Uplifter calendar frequently for any changes.*

INFORMATION

St. Margaret's Bay Skating Club



To Register
www.smbskating.ca

Winter 2020
10 weeks
October 12–
December 20,
2020

SESSION

MONDAY

- #1 4pm-5:20pm Intermediate/Senior \$200/10 weeks
- #2 6:10-7:10 Intermediate/ Senior \$150/10 weeks
- #3 7:20pm-8:20pm Intermediate/Senior \$150/10 weeks

WEDNESDAY

- #4 4pm-5:20pm Junior/Intermediate \$200/10 weeks
- #5 4:30pm-5:20pm **Junior Group** \$175/10 weeks
- #6 6:10pm-7:10pm Intermediate /Senior \$150/10 weeks
- #7 7:20pm-8:20pm Senior \$150/10 weeks

THURSDAY

- #8 4pm-5:20 Junior/Intermediate /Senior \$200/10 weeks
- #9 6:20pm-7:20pm Intermediate /Senior \$150/10 weeks
- #10 7:20pm-7:50pm Pairs group lesson **half ice** /singles group lesson **half ice** \$85/10weeks

SATURDAY

- #11 1pm-2:20pm Junior/Intermediate \$200/10 weeks
- #12 1pm-1:50pm **Junior Group** \$175/10 weeks
- #13 2:30pm-3:50pm Seniors \$200/10 weeks
- #14 4pm-4:30pm Off Ice Jump (MPR) \$36/9 weeks
- #15 4pm-4:50pm Pairs/Choreography \$125/10 weeks
- #16 5pm-5:30pm pairs off ice (MPR) \$36/ 9 weeks

SUNDAY

- #17 9:30-10:20am **Adult Group** \$175/10 weeks
- #18 9:30am-10:20am **Junior Group** \$175/10 weeks
- #19 9:30am-10:20am Junior \$125/10 weeks
- #20 10:30am-11:50am Intermediate/Seniors \$200/10 weeks
- #21 12pm-12:30pm Off Ice Jump (MPR) \$40/10 weeks
- #22 12:00pm-1:05pm Pairs/Choreography\$160/10 weeks
- #23 1:15-1:45pm Pairs Off ice (MPR) \$40/10 weeks

OFF-ICE SESSIONS have lessons INCLUDED. GROUP SESSIONS have lessons INCLUDED.

PRICE (10 weeks)

Buy 5 or more sessions take 5% off!

Buy 10 or more sessions take 10% off!

Have registration questions or payment questions email smbcanskate@gmail.com
Buy in or session questions email skatecoach@gmail.com

SPECTATOR PROTOCOLS

- ◇ Must wear masks at all time
- ◇ Must sit in designated seating
- ◇ Must be screened in/contact traced. Book will be by the stands to fill out.
- ◇ No food or drink
- ◇ No standing beside the glass or in players boxes.
- ◇ Must enter no more than 5 mins before the session and must exit within 5 minutes of the session
- ◇ No waiting in lobby or hallways
- ◇ ONLY ONE spectator per skater/participant

Reminder to parents that need to help their skater with their skates. Please tie skates and snap helmet then exit dressing room area.



PAIRS INITIATIVE

The SMBC is currently following Skate Canada's direction of pair initiative. It's a fun and great way to learn new skills. You have many opportunities to progress and compete. You can continue to compete and train singles at any club/coach of your choosing. If you are interested please let Charleen know .