

HERTFORD HEATH RANGERS NEWSLETTER 2014-15 SEASON

In the club's 23rd year, Rangers reflects back on yet another fantastic netball season...

County winners

Dedication, passion, skill and the love for the sport really shines when you see many of our Rangers girls play and these key elements really helped our County team to take first place in the Hertfordshire County division 2.



The First team played 18 games throughout the season. The matches were thrilling to watch and be a part of and our Rangers girls displayed some really skillful netball. Rangers kept their heads in the game when the challenges became really intense and showed how much fight they could endure.

As the season progressed, we worked our way in to the top 5 and our opposition knew we were the team they had to beat - our main rivals being Crosskeys, Asco, Hornets and Harpenden all fighting for league promotion, but Rangers outclassed and secured first place by a good amount of points. Rangers 1 have really stormed their way through the county divisions (moving up each year) and hopefully entering division 1 in September will prove yet again, why Hertford Heath Rangers are a team to recognise.

The main team consisted of Vicky Perez, Amy Law, Jodie Butcher, Molly Brett, Lucy Hoskin, Eloise Bishop and Claire Daw.

A huge thank you to those girls that helped out throughout the season when we were short, even if you only played once or subbed, your dedication to the club is important to us; Alice Martin, Miami Choudhury, Sian Butcher, Becca Harris, Liv Pottinger, Phoebe Hoskin and Hayley Varney.



Rangers 1 promoted to county division 1

U11s summer league runners up!

Rangers 2 promoted to Turnford summer league division 3

Rangers 1 Hertford & District winter league winners

Rangers 1 Charity Tournament winners

Ranger's success in Satellite and Mavericks trials!

Charity tournament cup winners

On Sunday 5th July, two of our Rangers teams took part in the Crosskeys Charity tournament which was held in aid of a young Crosskeys player that had caught Lymes disease, all money raised was to help this player in her battle against the disease, so a very worthy cause.

The tournament was from 10am to 4.30pm so it was a long day of netballing action which consisted of twelve minute games.

Sixteen teams had entered the tournament and there were two groups of eight in the first round and after this set of matches, teams would then either be placed in the plate or cup group (in total, each team played fourteen matches throughout the day).

Rangers 1 had an outstanding day losing only one game but we then beat that same team when we met in the cup games. We battled against some really strong teams that were Regional and Premier standard, but not even the fact that some players we came up against could have maybe played for England phased us. All seven players that played for Rangers 1 that day gave everything to display some fine netball, excelling us to victory.



The team was Amy Law GS, Vicky Perez GA, Molly Brett WA, Lucy Hoskin C, Hannah Hersant WD, Claire Daw GD and Ainslie Drysdale GK. We had also welcomed back Hannah from University who stepped in to play that day with us and even though she played out of position, she had a superb day as WD.

Triumphant trials for Ranger's youth players

Ashleigh Cooke (Right) and Holly Mayes (Left) who both play in our U13 Rangers team, trialled for a space in the Mavericks development squad last year and were successful to gain a place. Well done to both players who have proved that hard work in training alongside Rangers pays off. This year, our successful players were in our year 8 squad, Kelsey Mitchell and Yasmin Jenkins. The girls have to re-trial every year and we wish you and all other Rangers girls trialing all the very best!

Ashleigh Cooke was also successful in trialing for Satellite, well done Ashleigh!



U14 Coyotes grasp third place this summer!

Our U14 Coyotes played in their last junior league this summer before they start the adult leagues in September.

Even though the first game of the league wasn't played to their best ability, we soon stepped up a gear following this defeat and didn't disappoint. The girls had 9 games to play over the



summer and the matches had certainly got tougher as the girls have got older. We have had to change our game and meet new tactics in some matches in order to help us secure them all important goals. The girls took this on board and they learn fast, which is why they still always remain in the top half of any league they have played.

We had nearly secured second place but Tegate just pipped us on points, nevertheless, we had still scored more goals than them which is a credit to the Rangers girls showing that they

keep pushing for high scores even in the easier games.

The Coyotes have always been a strong team and have the silverware to prove it. From winning leagues back to back in the early years to winning various tournaments and really making the club proud. Now, as they enter senior level, we wish them all the best, it will be tough at first but this talented side will shine from the experience they will gain and we know that we have the players to help represent the club in higher competitions.

The squad; Ellie Hackworthy, Emily Mathieson, Georgia Gvero, Angelica Bowring, Natalie Grimes, Milly Davies, Amy Light, Phoebe Hoskin and Darcy Lowe. Phoebe and Darcy being our players of the season by getting the same amount of match player votes.

Turnford Results U14

Pos	Team	Pld	W	D	L1	L	GF	GA	Diff	P/D*	Pts
1	TURNFORD TURBOS	9	8	0	1	0	349	151	198		41
2	TEGATE YR 9	9	7	0	1	1	284	122	162		36
3	HHR COYOTES	9	6	0	2	1	320	179	141		32
4	CROSSKEYS WHITE	9	6	0	2	1	280	196	84		32
5	TURNFORD TIGERS	9	6	0	2	1	218	192	26		32
6	ASCO	9	5	0	3	1	202	182	20		28
7	HORNETS U14A	9	3	1	1	4	146	284	-138		19
8	HORNETS U13A	9	2	0	3	4	184	281	-97		13
9	CROSSKEYS PURPLE	9	1	0	2	6	101	200	-99		7
10	HORNETS U14B	9	0	1	1	7	67	364	-297		4

Wildcats on the prowl do themselves proud!

Like most of our Rangers teams, Wildcats show true passion for the game. The girls are progressing nicely as a team and are proving to their opposition that they are a real tough team to handle.



Report by Mo: I am delighted to coach and get to know each player in this team, they are an amazing bunch of girls. The girls were second in the Broxbourne and District Winter League, a great achievement and well deserved. The recent Turnford Summer League we finished in 5th position out of 12 teams - well done in keeping in the top 6! All the girls have been on a rota system and it has worked by giving each player a chance to show what they are made of

and apply what they have learnt in training to their games. I am very proud of each and every one of them and look forward to working with them further. There will be tough competition to come, but at Hertford Heath Rangers, we have every confidence in them that they will do well in the future. Thank you to Ellen Hernandez who recently held an end of season tea party for the girls. They are a brilliant team with great enthusiasm for netball - they listen well and focus during their games and training.



Player of the Season, Alex Povey (GD), who has played outstandingly throughout the winter and summer seasons -her determination to do well shows in her training and league games. Wildcats Squad: Alex, Jess, Hannah, Josephine, Josie, Yasmin, Lucy, Kelsey, Amelia M, Maisie, Emma, Kitty, Amelia S, Angelina.

Turnford results U12

Pos	Team	Pld	W	D	L1	L	GF	GA	Diff	P/D*	Pts
1	TURNFORD TERRORS	11	11	0	0	0	421	96	325		55
2	HATFIELD ROBINS	11	10	0	1	0	299	127	172		51
3	TURNFORD TROOPERS	11	9	0	1	1	379	184	195		46
4	TEGATE YR 7	11	7	0	3	1	305	195	110		38
5	HHR WILD CATS U12	11	7	0	2	2	285	198	87		37
6	ASCO	11	6	0	1	4	217	183	34		31
7	HORNETS U11A	11	5	0	3	3	206	210	-4		28
8	CROSSKEYS	11	4	0	0	7	98	238	-140		20
9	STORM	11	3	0	4	4	180	221	-41		19
10	HORNETS U12B	11	3	0	2	6	121	333	-212		17
11	HATFIELD SWALLOWS	11	1	0	2	8	95	334	-239		7
12	TURNFORD TELSTARS	11	0	0	1	10	65	352	-287		1

Brilliant Bears!

Report by Mo: Bears over the last few months have really demonstrated some great netball, not only have they improved in their game but they have also matured. Their attitude and focus during their training has been spot on, they have settled down and long may it continue. There have been some losses throughout the season but not by a large margin at all. As their coach I am looking forward to working with



them come the new season, there is always room for improvement and we are sure the girls will meet this with the hard work we know they can apply.

Bears finished 5th recently in the Summer Turnford League out of 11 teams. Mid table is a

decent effort and we will strive to get even higher next year!

Player of the Season goes to Laura Butcher who has really stepped up her game with great determination.

Squad: Ashleigh, Laura, Amber, Grace, Jessica, Charlotte, Lily, Freya, Olivia, Odette, Ceira, Holly and Charlie.

Turnford Results U13

Pos	Team	Pld	W	D	L1	L	GF	GA	Diff	P/D*	Pts
1	TURNFORD TOPGUNS	10	9	0	1	0	345	150	195		46
2	TEGATE YR 8	10	9	0	1	0	328	150	178		46
3	TURNFORD TORPEDOS	10	9	0	1	0	297	156	141		46
4	CROSSKEYS WHITE	10	7	0	3	0	386	201	185		38
5	HHR BEARS U13	10	5	0	4	1	284	242	42		29
6	HORNETS U12A	10	5	0	4	1	270	285	-15		29
7	ASCO	10	5	0	2	3	179	228	-49		27
8	HATFIELD KESTRELS	10	3	0	4	3	264	308	-44		19
9	HORENTS U13B	10	2	0	2	6	138	317	-179		12
10	CHESHUNT U13	10	1	0	4	5	162	292	-130		9
11	CHESHUNT U12	10	0	0	0	10	17	341	-324		0



Tigers hear them ROAR!!

Report by Julie Francis: Our U11 Tigers team entered this winter season playing in their own age group having played up an age group last year. It was a tough winter season but the girls learnt from each game and played with determination and conviction.

The summer season saw the Tigers come into their own, a wobble on their first match saw them lose their only match all season. Just one game behind the winners Turnford (we were the only team to beat them!) put the Tigers in second place giving them some lovely runners up medals. Unfortunately we had to cancel a game that would have seen us tie for a much-deserved first place. They all played outstandingly and their improvement and dedication over the last season has seen them play some awesome TEAM



games and tournaments where they have just missed runners up each time placing a very pleasing 3rd place in each, but we're sure the Tigers are going to be the ones to watch out for this year. Player of the year goes to Grace Mathieson whose dedication both at training and in matches has been second to none. This shows in her weekly awards gaining Gold this term, she is a very versatile player in league matches

and is a valuable member of the team. Tigers Squad: Grace King, Ruby Brett, Emily Mayes, Jasmine Barnard, Emily Rollins, Libby Evans, Rebecca Sheffield, Alana Canatella, Ruth Pattison, Scarlett Spavin and Faith Wonfor. Thank you to youth player Emma Butcher who has worked alongside Julie at training - her help and commitment is appreciated by us all.

Turnford Results U11

Pos	Team	Pld	W	D	L1	L	GF	GA	Diff	P/D*	Pts
1	TURNFORD TROJANS	11	10	0	1	0	289	67	222		51
2	HHR TIGERS U11	11	9	0	1	1	216	90	126		46
3	TURNFORD THUNDERS	11	8	0	1	2	191	96	95		41
4	HORNETS U11B	11	8	0	1	2	198	117	81		41
5	TEGATE YR 5	11	7	0	3	1	170	119	51		38
6	TEGATE YR 6	11	6	1	2	2	174	138	36		35
7	CROSSKEYS	11	5	2	2	2	139	118	21		33
8	HATFIELD FINCHES	11	5	1	3	2	157	151	6		31
9	HORNETS U10A	11	3	0	3	5	157	207	-50		18
10	TURNFORD TOPAZ	11	2	0	1	8	45	256	-211		11
11	HHR JAGUARS U10	11	1	0	0	10	52	182	-130		5
12	CESHUNT	11	0	0	0	11	15	262	-247		0

Rangers 2 bulldoze their way to promotion

Rangers 2 have had a great season and adjusted well to each other as they worked out what players were best suited in certain positions.

Again, showing true Rangers spirit the girls smashed their way into second place in the Turnford summer League. Not all the games were easy but it's nice to reflect back on the games where Rangers got some really outstanding wins beating A10 Ladies 36-13,



MW Lasers 51-28 and Cheshunt 3 38-10, the last game of the season was against Cuffley who were on equal points as Rangers and fighting for that runner up spot to get promoted, but rangers convincingly lead from

the start and dominated the game giving them that all important position to take on 3rd division next summer. Well done girls. Team: Gemma Cranfield, Chloe Hart, Alice Martin, Charlotte Windsor, Chloe Bass, Kirst Paget, Lizzy Dawson, Sarah Jenkins, Olivia Pottinger, Hayley Varney, Michelle Rawlings and Cheryl Hodge.



Rangers meet Welsh club Llantwit

Rangers were approached by Inspire Sport who were given our details from Wodson Park. Inspire sport organise sports tours and had put together a tour for Welsh club Llantwit, whose youth team were travelling to the county to undergo training sessions with some Mavericks coaches and also play



some local teams. Rangers were more than



happy to provide a team for a few hours so we selected from our U14 and U15 girls to field a team.

The match was played in great spirit and even though it was a friendly both teams displayed some fantastic Netball. For our girls, being a mix of year

9 and 10, it was good to see how well they could play together as a team. Each Rangers girl really gave their all and made the club proud.

Player of the match, as chosen by Llantwit, was Eloise Bishop who played exceptional. Eloise has really improved in her game and playing alongside the Rangers County team has really helped her develop into a tremendous talent. The girls that took part are pictured. Team being Phoebe Hoskin, Darcy Lowe, Georgia Gvero, Emily Mathieson and Amy Light from our U14s and Eloise Bishop, Emma Butcher, Abbi Ross and Charlotte McCollum from our U15s. Thank you to all that took part and without expecting it, the club received a £100 donation from Inspire Sport for our support on the day!

Jags a team in the making

Report by Helen Lindars: When HHR made the decision to play the Jaguars up in the winter league 2014, it was done so for a number of reasons. We wanted to give the team a solid understanding of club netball (which is very different to school netball) to offer them a wealth of experience playing the game against a variety of different and older teams, but most importantly, to give the girls as much confidence as possible and for them to start to feel happy and relaxed at attempting to play other positions. It is very important that all players can play as many position as possible.

We started the winter league very well, with the whole team turning out some very good netball. It was very consistent and the girls fought hard during all their games. This was a great start, as it's not always easy having to brave the winter elements and play in very cold and wet conditions. All the Jags showed signs of making lovely progress with the game, which was exactly the result we wanted. Entering the summer league, we wanted to use this opportunity to once again, get the girls settled into playing more than one position and both understanding and making the right choices when dealing with umpiring calls. This, I believe has been very successful and will most certainly be a big advantage for the team and will support them well in future games. Yes, we have been unlucky for a whole host of reasons this league with not being able to field a team for a number of games. We have however done the best we can and the Jags all really stepped up, when wearing different bibs when we have been players short.



Lauren Hart, a very dedicated and committed player and whose hard work has paid off playing both WA and WD. Georgia Shanley, a very consistent and steady player doing fab at GD and GK also showing signs of playing a very nice C. Emily McAllister a very sound and thoughtful player who receives the ball beautiful, doing great work at GA and GS. Lucy Balaam a player who

listens to every word and who works very hard, super at GD and GK. Millie Rowland, a player who has wonderful potential and reads the game well, plays GA and GS, also shown good work as defence. Isis Cooke, has a great knowledge for the game and reads the court play very well, plays C and WD. Molly Cable, a nippy player who can whiz about the court, wonderful work as WA, C, WD. Jess, a player who is making very quick progress and one to watch, excellent all round support, plays mostly WA and WD. I would also like to mention Isabel Allan who very sadly has decided to leave the team due to other commitments. Isabel was a great WA, who had made super progress and who we will miss. You have all done really well girls and the club continues to believe that Jags have the talent for success. Player of the season goes to Lucy Balaam.

Vixens

Report by Tracey Reece: Our young development squad, the Vixens, have had a fantastic last two seasons with me learning the basics of netball. We have been working hard on all different types of passing, footwork, different stages of defence, shooting and the rules of the game. The



girls have shown real enthusiasm and have been an absolute pleasure to coach and I especially love hearing about what they have been up to at school or the netball practice they have been doing at home! It's great to see these young girls start to develop and we can start to see already that we will have some really strong players in the pipeline for when they start to play matches. I have also been impressed that some of the Vixens haven't actually missed one week of training which shows real dedication. My player of the season is Ruby Spavin who has worked really hard, is always listening and her confidence and skills have come on in leaps and bounds - well done.

Rangers 3 show great potential

For several years, Rangers 3 has been quite inconsistent with many new players joining this squad or, it being a stepping stone for many of our youth players entering senior netball. There are some very dedicated youth players who play for this team and in the new season, Mo, will be developing this senior team to make them stronger so that, in their own right, they become a team to be reckoned with and no longer a development team – we expect to see them flying high so watch this space...

Ranger's youth shining through!

We always see improvements in our girls and when players have had such a fantastic year it's important to congratulate them for the hard work they put into their games and training. Our older teens don't get as much recognition as the younger players in the club so this article is dedicated to these super star players:

Eloise Bishop, Emma Butcher, Alice Martin, Becca Harris, Phoebe Hoskin, Emily Mathieson, Amy Light and Natalie Grimes. Well done girls keep it up next season, you are a credit to the club and your hard work and progress hasn't gone un-noticed.

Good luck at university!

We say goodbye to Lucy Hoskin as she goes off to university - we wish you all the best at uni and hope that you have a fantastic time as you enter this new chapter. Lucy has played with the club from a very young age and seeing how she has progressed throughout the years has been very special.

Lucy (right) became a key player in the Rangers first team in local league and county level, her energy is incredible and she shows great talent in many areas of the court. Lucy has always been a very committed player to Rangers and we thank her for being a part of us! We look forward to having you back in the holidays :)



League player of the season!

Miami did extremely well in the Hertford & District winter league because she had been nominated as young player of the season coming in at first place (with Lucy coming in at third place)! Miami (left) has flourished over the years with Rangers and has always been a very fair and willing player, happy to swap positions to accommodate other players and step up to the plate in higher level netball when needed.

C Award for Cranfield

One of our dedicated members qualified for their C award in umpiring this year so a huge congratulations to Gemma Cranfield. Gemma not only plays for the club but she is also a level one coach and sits on the committee giving her time to help the club and organise our social gatherings. Well done Gemma!



Keep up with Rangers on social media

If you didn't already know, please follow us on Facebook and Twitter, Facebook is where we write up all our match reports so you can see how the teams are doing. You can also



see what events are up and coming with the club, whether it be tournaments or fundraising events. At Rangers we are one big happy family so you can keep in contact with our coaches and players by being a part of our group. We want to inspire the next generation of Rangers Netball fans, so we aim to keep our younger girls in the loop on how the club is progressing through the higher leagues, and show what our players have accomplished. Rangers is ever-growing and certainly has the players that can strive for a successful netball future.

Recognising and thanking those who help at Rangers

Running a club is hard work and takes time, devotion and passion for the sport. We are lucky at Rangers to have ladies on board that give all they can to help the club run smoothly and be as successful as it can. Maureen, Julie, Helen and Tracey turn out every week at training come rain or shine, they have given so much in teaching our Rangers junior teams to be the best they can. Maria, who does all the administration for the club and with over a 100 members that's no easy task. Gemma, Hayley, Amy and Vicky helping support and give their coaching advice to the senior teams they play in and also the junior teams they work with, be it at training or just matches. Emma Butcher one of our U15 players who has given her time endlessly at the junior training sessions, and as a player herself has come on leaps and bounds, a real star in the making.

We also have Charlotte Bower to thank! Since she has come on board she has helped with scoring at junior, senior and county games. Charlotte has also taken on the role of kit manager and helps make sure our players are organised at matches when it comes to signing score cards and registration forms. Just one slip up with a scorecard can mean us losing points in a league and Charlotte manages to keep all in order for us – no easy feat with so many different teams and various leagues (all with different rules).

As we again end on yet another successful year we can go into the new season knowing that Hertford Heath Rangers have the players and the coaches to positively impact the netballing world we all love so much.

As Rangers is now in its 23rd year and bigger than ever, we are always looking for ways to make sure the club can keep on improving, we have a new coach starting alongside our County squad and we hope that we can inspire our girls to assist in coaching or learn to become umpires.

Thank you to all the HHR community, including our parents and supporters – here's to another great season in 2015-16!

Newsletter by Vicky Perez.