

2016 SUMMER TRAINING

Cadet	Training
CPO Holman	UCOIN (Urban Counter Insurgency Training) at Camp Atterbury Joint Maneuver Training Center, Indiana



What did you do at training?

We learned to work as a team to accomplish tasks that we thought were impossible. We learned special operations / forces tactics and more. The training involved very intense PT, little food, and very little sleep. We also conducted missions (most parts are classified), which involved high stress situations. It was stress on top of stress. After the training is over, everyone who went appreciated everything so much more. For example, bed sheets. We got only a pillow and mattress, and it was cold. You will find your heart at this training.

What was particularly awesome, surprising, or memorable?

We shot a .50 caliber machine gun, had a class on man tracking, learned hand-to-hand combat (and with knives too), went through an IED class and field (hid explosives all around a path), learned about police dogs and how they work, went on many missions (especially at night), learned to sleep anywhere, went through an old insane asylum (haunted), and met great people.

Anything else about the training you would like to share?

This training is very intense. Go only if you wish to be pushed to your limits and then a little further. This is the hardest training Sea Cadets has to offer. Its purpose is to prepare you for special warfare communities. Graduates have become SEALs, SWCC, Rangers, etc. Some even say this training was harder than the ones they had to go to to become part of the specialized communities.

Would you recommend the training to your fellow cadets?

Yes, but only if you intend to become part of the special warfare communities. This training is NOT for the faint of heart!

More information about UCOIN training from <http://www.usnsscatterbury.us/Advanced-Training.html>

This is an advanced training teaching small squad tactics in a hostile urban environment. Based off the Special Warfare Command tactics, this is the ideal training for those who are interested in SEAL, EOD, SWCC, or other special operation communities. Cadets will experience rapid training followed by a real-world scenario based evolution. Beyond the normal field operations, this will be unlike anything offered elsewhere. Cadets are expected to be in excellent mental, physical, and emotional status. Selection is very competitive.

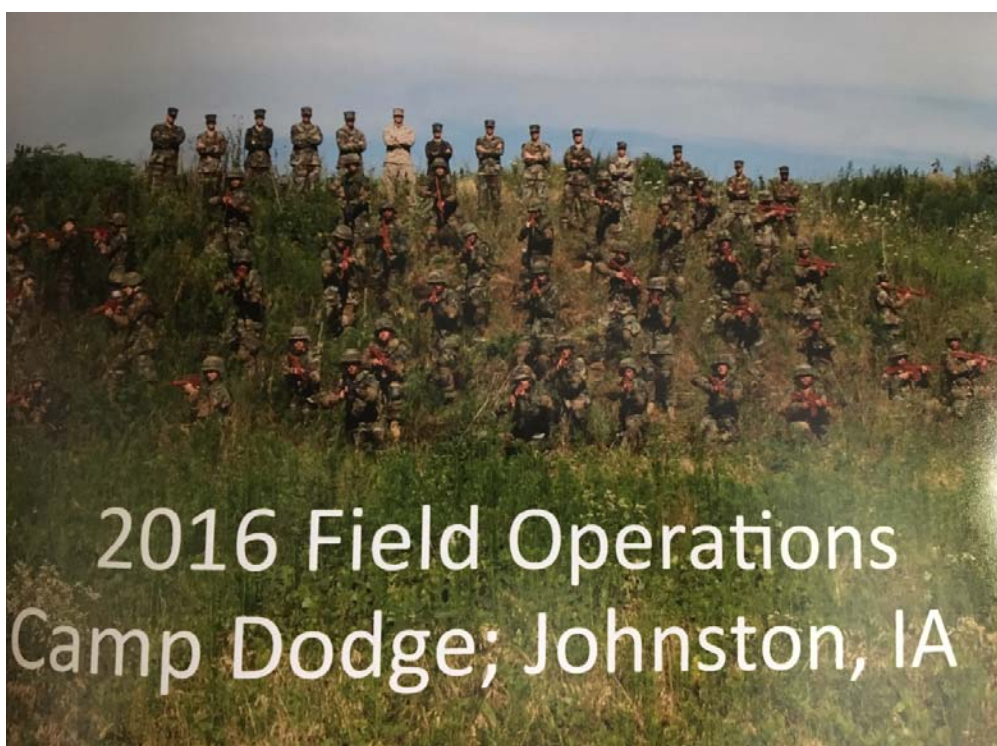
2016 SUMMER TRAINING

Cadet

Training

AA Erickson, James

Field Operations at Camp Dodge, Iowa



What did you do at training?

The training involved a lot of activities including building a FOB (field operations building), defending a FOB, coercive engagements and various patrols, room clearing, setting up security for room clearing, and interrogation / POW handling.

What was particularly awesome, surprising, or memorable?

Looking back on all the crazy stuff I did while at training!

Anything else about the training you would like to share?

Be prepared.

Would you recommend the training to your fellow cadets?

Yes, if it's for you.

More information about Field Operations training from a Contingent web site

Cadets will be exposed to a very rigorous daily physical training regime and will conduct numerous patrols, foot marches with rucks, and movements through difficult terrain. Cadets should expect to run between two and four miles per day and march or hike with field pack, helmet, flak vest, boots, and weapon additional distances. Cadets who cannot perform to training standards, who become injured in training due to a lack of physical readiness, or who are prone to whining or complaining will be sent home. No allowances will be made for quitters or those with a lack of physical readiness. You are forewarned; the expectations are high. Come ready to train, work hard, listen/learn from the subject matter experts, and you will have a great experience.

2016 SUMMER TRAINING

Cadet

AA Jallow, Mustapha

Training

Aviation, Basic Airman at NAS Whidbey Island, Washington



What did you do at training?

We learned about the P-3 Orion and its replacement, the P-8 Poseidon. We also learned about the EA-18G Growler.

What was particularly awesome, surprising, or memorable?

I learned a lot and could teach other cadets.

Anything else about the training you would like to share?

Would you recommend the training to your fellow cadets?

Yes, it was amazing.

More information about Basic Airman training from HomePort

Basic Airman Training is a challenging and rewarding training course. It is designed to test trainees' abilities and indoctrinate them into the various facets on Naval Aviation. Trainees receive classroom, practical instruction, and hands-on training in the different segments of Naval Aviation. They will be challenged academically, mentally and physically throughout this two week-long course. Instruction includes academic lessons, on-the-job-training and classroom instruction. Training includes flight line and maintenance operation on the P-3C, P-8A, EA-18G, and SH-60R aircraft, aircraft firefighting, intermediate aircraft support maintenance, airfield operations, and naval aviation history and heritage.

2016 SUMMER TRAINING

Cadets

AR Brown, Mitchell
AA Brown, Cameron

Training

MANATRA (Marine Navigation and Training) on Lake Michigan out of Chicago, Illinois



(photo from the MANATRA web site)

What did you do at training?

We sailed on the YP-671 Manatra, and got to sail across Lake Michigan. The trip from Chicago to Grand Haven, Michigan took 10 hours. We also learned about seamanship and new knots.

What was particularly awesome, surprising, or memorable?

The most memorable part was when we jumped in the middle of Lake Michigan.

Anything else about the training you would like to share?

I can now teach a class about knot tying.

It was very fun because you get to meet new shipmates.

Would you recommend the training to your fellow cadets?

Yes!

More information about Field Operations training from the MANATRA web site

This training is a week-long learning adventure aboard the 80-foot yard patrol craft - Training Vessel Manatra (ex YP-671) moored in the Chicago River in downtown Chicago, IL. Cadets are considered vital members of the ship's company, expected to stand their watches, be highly motivated to learn all about the vessel, and do their full share of the work. The typical training cruise includes two days of dockside orientation in ships nomenclature, cleanliness, safety, lifejacket drills, line-handling, and watch standing duties both in-port and underway. When underway, cadets not on duty participate in piloting and marlinspike seamanship classes or ship's work. When on duty they stand lookout, helmsmen, and messenger watches, assist the Officer of the Deck in basic chart work, and may assist in the galley and engine room. Firefighting, man overboard, and abandon ship drills are conducted. In port, cadets carry out morning and evening colors, clean the ship, stand night security watches, and may, if earned, be granted liberty ashore.

2016 SUMMER TRAINING

Cadet

Training

AA Foley, Benjamin

Minnesota Aviation Career Education (ACE) Camp at the 934th Air Force Reserve Base at MSP



What did you do at training?

We flew planes, helicopters, and gliders on simulators.

What was particularly awesome, surprising, or memorable?

The location and people.

Anything else about the training you would like to share?

I made a lot of friends.

Would you recommend the training to your fellow cadets?

Yes.

More information about ACE Camp from www.mnacecamp.org

The Minnesota Aviation Career Education (ACE) Camp is a week long, residential, camp for high school students going into 10th through 12th grades. The camp allows these students to explore many different careers in the aviation field, including piloting, air traffic control, engineering, military, etc. Throughout the week, students will get classroom instruction, go on lots of tours, and even get to fly different types of aircraft (including single-engine planes, helicopters and gliders.) During week we are based at the 934th Air Force Reserve Base at MSP International Airport.

2016 SUMMER TRAINING

Cadet

Training

AN Michael, Logan

Public Safety, Police/Master-At-Arms (MAA) at Camp Robinson, Arkansas

What did you do at training?

Lots of classroom time doing the actual MAA course and coursework. Some highlights:

- Take downs and pain compliance
- Flying in Blackhawks
- Driving course
- Shoot/don't shoot scenarios
- Intense PT at 4:30am
- Squad movements
- Breaching
- Live fire
- Basic medical
- Gate guarding
- Handcuffing
- Basic firefighting
- Traffic stops
- Room clearing
- Behavioral studies
- Searching people, places, and vehicles
- Interrogation

What was particularly awesome, surprising, or memorable?

Live fire MIGs, and training at the Arkansas Law Enforcement Training Academy, along with the actual Police recruits.

Anything else about the training you would like to share?

During the 2-week training, you get up early and go to bed late, and don't get much food. The training required a 9-mile run at the end of the training. Sunday was "liberty" – a little classroom then sitting in the barracks all day. DIVO was a police chief, and his wife ran the police academy we trained at.

Would you recommend the training to your fellow cadets?

Yes.

More information about MAA training from Home Port

MAA is a basic law enforcement oriented class. We will focus on Constitution law and case law as it applies to law enforcement duties both in the military and in civilian law enforcement. We will discuss the differences between Civilian Law enforcement and Military Law enforcement. We will be teaching basic self-defense, handcuffing techniques, car stops, arrest and control techniques, baton tactics, building searches, base and ship security, introduction to NCIS, interviewing techniques, report writing, active shooter scenarios, and firearms safety training. This training evolution is very dynamic in nature. It will focus on not only the role of a military police officer in protecting people and property (enforcement), but also on the importance of crime prevention as it relates to teenagers today. This includes guest speakers from the law enforcement community police officers, attorneys, and county prosecutors/criminal investigators. Some of the discussions and supporting visual aids will be graphic in nature and include candid discussions (nothing worse than you see on TV or in the movies). With regards to physical fitness, this training is physically intense in that each day will include running and physical challenges outside of the normal PT session. Although the PT Minimum Standards are required to attend, cadets need to be prepared to participate in other physically-involved exercises.

2016 SUMMER TRAINING

Cadet	Training
AN Erickson, Jonathan	POLA (Petty Officer Leadership Academy) in Cascade, Wisconsin
What did you do at training?	
A primary focus was on activities related to confidence building. We were brought into outside environments and placed into situations that were out of our comfort zone. What was particularly awesome was beating warrior strike at ICOMBAT and the ropes course. This training is very engaging with little classroom time.	

Cadet	Training
AR Erickson, Rebekah	STEM/SeaPerch/Robotic/Cyber Training in Osceola, Wisconsin
What did you do at training?	
We built a sea perch, led STEM cadets, shot a gun, swam, learned to solder, and wired controls and motors. We went on a field trip to Duluth. I had never been there, and ended up going again after the training because it was so fun there. Something surprising about my training was how much it changed me. I'm looking into IT now. I got to lead, and now I will work harder to become a leader.	

Cadet	Training
PO2 Kubes, Bradley	Navy Shore training in Galveston, Texas
What did you do at training?	
We learned about various kinds of ships and their uses. We also learned about the shipping industry and used some very high end simulators.	

Cadet	Training
AA Arndt, Ryan	Recruiter Shadowing in Roseville, Minnesota
What did you do at training?	
Followed a Navy Recruiter. The highlight was touring the Federal building where MEPS and Minneapolis Recruiter headquarters is located. If you enlist, take it seriously. It's a great opportunity and don't take it for granted!	

2016 SUMMER TRAINING

Cadets

AA Jenneke, Jocelyn
AR LeClair-Sura, Ryan
AR Doyle, Vladimir
AR Akehurst, Andrew
AR Naumann, Owen
AR Carik, Casey
AR Naumann, Owen
AR Carik, Casey
AR Arnould, Armand
AR Link, Garrett
AR Barfknecht, Andrew
AA Gorshe, Ezekiel

Training

NSCC Recruit Training at Recruit Training Command Great Lakes, Illinois and Camp Dodge, Iowa



(photo from RTIL Great Lakes Facebook page)

What did you do at training?

- Became a cadet.
- Learned how to be a better person.
- I learned how to be confident.
- I was squad leader for the leadership course, and had to get my squad through the obstacle course.
- Lots of marching.
- Night watch.
- RT, PT, firefighting, marching, and rack-making.
- PT... lots and lots of PT.

What was particularly awesome, surprising, or memorable?

- The bonding of fellow cadets.
- We had amazing DIVO officers.
- I smashed my fingers in my rack.
- We won honor division!
- Meeting our PO and hearing his story about why he is in the military.
- When Chief threw our mail at us... because he's good at Frisbee.
- The confidence course was the most exciting thing at training. Each company had to go through 15 courses. On one, we had to climb super high in the air!

Anything else about the training you would like to share?

- It was lots of fun.
- We retired our division.
- A different RDC get really mad at us and threw an expensive water bottle on the ground, shattering the bottom of it. We all signed the broken bottle and gave it back along with a new one at graduation.
- The competition is real!

Would you recommend the training to your fellow cadets?

Yes, it was a great experience. It's hard, but in the end it's totally worth it!

More information about Recruit Training

After enrolling in the program, all Sea Cadets must attend a mandatory two-week recruit training session. These training sessions are taught at the Navy's Recruit Training Command, at other naval bases or stations and at regional recruit training sites using other military host resources.

The curriculum of this training is approved by the U.S. Navy and standardized at all training sites. Cadets receive 106 hours of instruction, with a focus on the Navy's core values of honor, courage and commitment. Both tone and tenor of instruction are modeled after the Navy's recruit training.