

Race Date  
April 26, 2015

Hammer Sprint 2015  
Age Group Results  
Triathlon Age Group

Female Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	30	Maggs Morris	1	10:11.89	2:33	1:46.68	1	57:32.85	19.4	0:41.44	2	23:48.91	7:41	1:34:01.7
2	41	Rhonnda Cloinger	3	11:52.55	2:58	2:18.60	2	58:01.40	19.2	0:47.12	3	24:57.03	8:03	1:37:56.7
3	43	Andrea Cumpston	2	10:46.68	2:42	2:23.56	3	1:02:57.9	17.7	0:40.05	1	22:06.82	7:08	1:38:55.1

Male Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Jack McAfee	2	7:05.37	1:46	0:37.62	3	50:36.59	22.1	0:24.55	2	16:49.25	5:25	1:15:33.3
2	2	Nicholas Morgan	1	6:56.59	1:44	1:02.46	1	48:15.32	23.1	0:33.95	3	19:01.70	6:08	1:15:50.0
3	3	Alan Horton	3	8:10.89	2:03	1:16.41	2	49:38.05	22.5	0:42.67	1	16:25.28	5:18	1:16:13.3

Female Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	47	Julie Springsteen	1	11:45.19	2:56	1:29.35	1	58:45.84	19.0	1:05.12	1	27:45.15	8:57	1:40:50.6

Male Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Bill Beecher	1	7:45.26	1:56	0:55.59	1	50:54.30	21.9	0:33.23	1	20:00.53	6:27	1:20:08.9

Race Date  
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Hammer Sprint 2015  
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Triathlon Age Group

Male 15 to 19

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Michael Sia	1	10:56.80	2:44	1:00.52	1	53:45.07	20.8	0:53.04	1	17:33.18	5:40	1:24:08.6
2	109	Michael Terry	2	15:22.64	3:51	2:23.45	2	1:32:14.6	12.1	1:44.17	2	29:31.09	9:31	2:21:15.9

Female 20 to 24

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	56	Kane Osborne	5	13:46.84	3:27	1:12.00	1	1:03:58.1	17.4	0:26.58	1	24:03.02	7:45	1:43:26.5
2	82	Laura Tobing	4	13:41.03	3:25	3:07.26	4	1:11:07.7	15.7	1:30.75	4	29:34.86	9:32	1:59:01.6
3	85	Tess Morris	8	14:16.53	3:34	3:00.57	2	1:10:36.9	15.8	1:43.74	6	30:56.21	9:59	2:00:34.0
4	86	Victoria Howe	3	13:36.71	3:24	3:10.33	5	1:14:52.2	14.9	1:13.09	3	27:52.45	8:59	2:00:44.8
5	90	Cayci Gill	1	12:19.76	3:05	2:38.53	3	1:10:58.4	15.7	1:22.11	7	34:04.58	10:59	2:01:23.4
6	102	Mary Katherine Anderson	9	14:19.88	3:35	4:27.73	6	1:19:02.0	14.1	1:40.40	5	29:41.11	9:35	2:09:11.2
7	104	Kacey Hawkins	6	13:59.74	3:30	3:53.88	7	1:25:32.5	13.0	1:01.63	2	26:31.34	8:33	2:10:59.1
8	115	Brittany Schultz	7	14:10.60	3:33	3:20.97	8	1:29:00.6	12.5	0:51.35	10	42:25.80	13:41	2:29:49.3
9	117	Brittany Rooney	2	12:21.54	3:05	3:10.46	10	1:42:27.8	10.9	0:51.60	8	34:32.41	11:08	2:33:23.8
10	119	Jenna Haines	10	18:05.68	4:31	4:20.76	9	1:29:26.9	12.5	1:45.18	9	41:55.01	13:31	2:35:33.6

Male 20 to 24

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	8	Andrew Clark	1	7:52.81	1:58	0:43.69	2	55:32.63	20.1	0:49.84	1	16:59.42	5:29	1:21:58.3
2	14	Hayden Flores	2	8:11.70	2:03	1:17.42	1	53:52.68	20.7	0:44.21	4	21:13.83	6:51	1:25:19.8
3	19	Matthew Lee	5	8:58.83	2:15	2:12.89	4	57:06.89	19.5	0:52.16	2	19:43.90	6:22	1:28:54.6

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Triathlon Age Group

Male 20 to 24

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
4	22	Bradley Maldonado	6	11:23.34	2:51	1:02.78	3	56:12.79	19.9	0:47.88	3	20:51.91	6:44	1:30:18.7
5	24	Kyle Koonjy	3	8:47.98	2:12	2:00.94	5	57:10.01	19.5	1:04.73	5	22:14.61	7:10	1:31:18.2
6	26	Paxton Ivy	4	8:54.40	2:14	1:29.38	6	58:27.28	19.1	0:53.37	6	22:32.03	7:16	1:32:16.4
7	76	Ben Wildman	8	17:00.10	4:15	2:57.38	7	1:09:05.2	16.2	0:31.87	7	24:14.03	7:49	1:53:48.6
8	100	Ron Boothby	7	14:45.76	3:41	3:46.19	8	1:14:12.5	15.0	0:44.47	8	35:14.57	11:22	2:08:43.4

Female 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	75	Mary Vercoe	2	11:41.37	2:55	1:57.06	1	1:09:18.4	16.1	1:34.77	2	29:09.37	9:24	1:53:40.9
2	89	Jenny Carter	3	14:13.13	3:33	3:48.52	2	1:11:50.5	15.5	2:00.03	3	29:26.09	9:30	2:01:18.3
3	95	Ashley King	5	17:28.42	4:22	3:25.73	3	1:14:42.9	14.9	1:42.56	1	27:28.42	8:52	2:04:48.1
4	96	Irene Sewell	1	11:05.58	2:46	2:13.95	4	1:19:40.4	14.0	1:22.55	4	30:46.76	9:55	2:05:09.3
5	111	Shana Henry	7	19:40.38	4:55	3:50.17	6	1:27:10.2	12.8	3:21.54	5	31:30.11	10:10	2:25:32.4
6	112	Sarah Otis	4	17:03.88	4:16	4:52.53	5	1:22:18.6	13.6	2:11.03	7	40:05.93	12:56	2:26:32.0
7	118	Jessica Shepherd	6	17:37.89	4:24	4:40.43	7	1:35:42.0	11.7	1:34.79	6	35:58.42	11:36	2:35:33.5

Male 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Kyle Benge	1	8:02.72	2:01	1:19.70	1	50:01.37	22.3	0:39.36	1	19:02.43	6:08	1:19:05.5
2	12	Viktor Kimmel	2	8:44.95	2:11	0:43.30	2	55:22.67	20.2	0:34.22	2	19:16.49	6:13	1:24:41.6
3	39	Charles Bailey	3	12:02.83	3:01	1:43.45	3	1:00:43.1	18.4	0:36.89	3	22:10.05	7:09	1:37:16.3

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Male 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
4	65	William Otis	4	13:00.36	3:15	2:21.82	4	1:05:45.3	17.0	1:10.74	5	25:02.86	8:05	1:47:21.1
5	80	Nathan Carter	5	14:11.92	3:33	4:42.78	6	1:12:41.2	15.4	1:56.69	4	23:48.36	7:41	1:57:20.9
6	81	Jarrold King	6	15:58.71	4:00	2:58.12	5	1:10:53.7	15.7	0:55.28	6	26:44.80	8:37	1:57:30.6

Female 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	58	Noel Reagan	2	12:17.29	3:04	2:24.85	2	1:04:27.1	17.3	1:01.33	1	24:24.43	7:52	1:44:35.0
2	61	Leslie Evenson	3	13:23.27	3:21	2:21.68	1	1:03:09.0	17.7	0:57.27	3	26:07.87	8:25	1:45:59.1
3	79	Melissa Butler	1	11:38.44	2:55	3:03.81	3	1:13:10.5	15.3	0:53.57	4	28:09.27	9:05	1:56:55.6
4	99	Elizabeth Helton	4	16:09.17	4:02	2:56.33	4	1:21:19.0	13.7	1:33.92	2	26:07.79	8:25	2:08:06.2

Male 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Kendrick Gibson	2	7:46.06	1:57	0:56.17	1	51:18.15	21.8	0:53.32	2	19:35.70	6:19	1:20:29.4
2	7	George News	1	7:32.97	1:53	0:54.66	4	53:42.90	20.8	0:28.61	1	18:50.33	6:05	1:21:29.4
3	13	Joshua Gibson	6	10:14.50	2:34	0:32.64	5	54:02.99	20.7	0:38.73	3	19:47.46	6:23	1:25:16.3
4	15	Eric Wininger	3	8:45.20	2:11	1:11.05	7	54:55.38	20.3	0:41.54	4	20:40.33	6:40	1:26:13.5
5	17	Bruno Martins	8	10:35.31	2:39	1:53.98	2	52:01.27	21.5	0:32.98	6	22:08.82	7:08	1:27:12.3
6	18	Michael Greenlee	5	9:42.94	2:26	1:00.99	6	54:10.25	20.6	0:40.19	5	21:41.58	7:00	1:27:15.9
7	20	Derek Tingle	7	10:15.82	2:34	1:15.80	3	53:10.44	21.0	0:48.14	7	23:39.71	7:38	1:29:09.9
8	42	Jeff Carlton	9	11:17.93	2:49	1:32.91	9	1:00:22.1	18.5	1:20.05	8	24:12.85	7:48	1:38:45.9

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# Hammer Sprint 2015

## Age Group Results

### Triathlon Age Group

#### Male 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
9	50	William Tindell	10	12:38.96	3:10	1:59.94	8	59:46.59	18.7	1:58.02	9	24:44.85	7:59	1:41:08.3
10	53	Brad Burton	4	9:39.85	2:25	1:07.69	10	1:02:54.5	17.7	0:50.47	10	27:33.23	8:53	1:42:05.8
11	68	Thomas O'Lynnger	11	12:49.79	3:12	3:02.51	11	1:04:14.7	17.4	1:13.19	11	28:35.68	9:13	1:49:55.8

#### Female 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	54	Lana Burl	2	12:06.39	3:02	2:24.96	1	1:00:52.3	18.3	0:59.20	1	25:52.47	8:21	1:42:15.3
2	70	Brooke Milanovich	3	12:44.26	3:11	3:15.13	2	1:07:43.5	16.5	1:17.28	2	26:15.49	8:28	1:51:15.7
3	105	Melea Wade	4	14:17.27	3:34	2:02.44	3	1:21:36.0	13.7	1:06.52	3	32:20.63	10:26	2:11:22.8

#### Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	23	Geoffrey Milanovich	5	11:29.81	2:52	2:46.46	1	53:41.65	20.8	0:53.56	1	21:42.09	7:00	1:30:33.5
2	29	Josh Wexler	1	9:12.05	2:18	0:48.31	4	59:44.76	18.7	0:36.97	2	22:36.98	7:17	1:32:59.0
3	33	Douglas Kelly	4	10:32.09	2:38	1:51.68	2	58:05.70	19.2	1:06.96	3	24:02.66	7:45	1:35:39.0
4	44	Jon Allen	3	9:55.72	2:29	2:05.51	3	59:35.24	18.7	1:36.72	7	26:35.47	8:35	1:39:48.6
5	57	James Sharp	9	14:33.07	3:38	2:09.51	5	1:01:28.5	18.2	1:02.26	5	24:58.55	8:03	1:44:11.9
6	60	Andrew Lancaster	6	12:51.15	3:13	2:11.49	6	1:03:00.1	17.7	1:01.01	8	26:40.19	8:36	1:45:43.9
7	64	Douglas Wheelock	2	9:22.52	2:21	3:08.62	7	1:07:19.9	16.6	1:10.94	6	26:12.14	8:27	1:47:14.1
8	77	Mark Steinle	10	14:34.07	3:39	1:32.30	10	1:12:59.2	15.3	0:41.04	4	24:42.57	7:58	1:54:29.2
9	84	Matt Schwartz	8	14:03.35	3:31	3:13.94	8	1:10:06.7	15.9	0:58.07	12	31:01.59	10:00	1:59:23.6

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Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
10	93	Dave Prichard	11	14:47.90	3:42	4:56.72	11	1:16:05.0	14.7	1:38.19	9	26:48.71	8:39	2:04:16.5
11	107	David King	13	28:40.48	7:10	4:08.57	9	1:11:07.9	15.7	1:48.31	10	28:56.87	9:20	2:14:42.1
12	113	Jonathan Knoch	12	15:15.28	3:49	12:22.10	12	1:24:41.0	13.2	5:58.78	11	30:54.27	9:58	2:29:11.4

Female 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	69	Meredith Baker	1	11:42.76	2:56	3:01.27	1	1:08:19.8	16.3	1:42.75	1	25:14.13	8:08	1:50:00.7
2	88	Tamara Edwards	3	15:19.84	3:50	2:04.67	2	1:10:27.1	15.8	0:50.39	3	32:31.64	10:29	2:01:13.7
3	108	Angie Matheny	2	12:25.89	3:06	4:11.03	3	1:26:18.3	12.9	2:45.03	2	31:39.71	10:13	2:17:19.9

Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	16	Scott Fendley	2	9:40.36	2:25	0:55.83	1	53:55.28	20.7	0:52.24	1	20:52.65	6:44	1:26:16.3
2	27	Jonathan Wimmer	1	8:09.96	2:02	2:29.96	4	58:11.98	19.2	1:21.60	2	22:13.02	7:10	1:32:26.5
3	31	Chris Burl	4	10:37.80	2:39	1:41.15	3	55:53.16	20.0	0:57.72	7	25:40.24	8:17	1:34:50.0
4	35	Jay Brodie	3	10:06.33	2:32	2:03.47	5	58:43.54	19.0	1:16.14	4	24:22.09	7:52	1:36:31.5
5	51	Nicolas MacHi	6	10:56.02	2:44	1:50.34	8	1:02:32.4	17.8	0:48.62	6	25:08.86	8:06	1:41:16.3
6	52	Brian Baker	7	11:29.35	2:52	2:50.96	7	1:02:17.3	17.9	0:59.58	3	23:49.07	7:41	1:41:26.2
7	55	John Hall	10	15:06.10	3:47	3:40.61	2	55:32.43	20.1	1:11.76	9	27:22.02	8:50	1:42:52.9
8	59	Lloyd Jones	12	15:33.13	3:53	2:47.17	6	59:28.81	18.8	1:30.75	8	25:58.48	8:23	1:45:18.3
9	67	Cedrick Manalili	9	14:17.77	3:34	1:46.01	9	1:02:45.3	17.8	1:31.42	10	29:15.08	9:26	1:49:35.6

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Hammer Sprint 2015  
Age Group Results  
Triathlon Age Group

Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
10	94	Marc Swain	5	10:47.14	2:42	2:51.06	11	1:25:21.4	13.1	1:04.97	5	24:26.79	7:53	2:04:31.4
11	98	Michael Gerard	11	15:21.13	3:50	4:46.59	10	1:13:14.5	15.2	3:41.37	11	29:18.61	9:27	2:06:22.2

Female 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	62	Connie Petty	2	13:41.37	3:25	2:54.98	1	1:01:59.5	18.0	2:11.55	1	25:41.12	8:17	1:46:28.5
2	114	Rebekah Manley	3	18:06.72	4:32	4:33.98	3	1:26:55.5	12.8	1:58.41	3	37:51.94	12:13	2:29:26.5
3	116	Robbie Akers	4	19:42.66	4:56	3:43.71	4	1:27:14.5	12.8	2:36.25	2	37:16.43	12:01	2:30:33.5

Male 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	9	Lawrence Brede	1	8:14.74	2:04	1:15.20	1	51:37.61	21.6	0:52.15	1	20:43.63	6:41	1:22:43.3
2	10	Todd Wilkens	2	9:15.95	2:19	1:08.55	2	52:10.58	21.4	0:31.35	2	20:56.62	6:45	1:24:03.0
3	28	Stephen Barto	4	9:39.94	2:25	1:26.49	4	57:27.82	19.4	1:02.10	6	23:00.53	7:25	1:32:36.8
4	34	Rommel Sia	9	12:23.89	3:06	2:44.63	3	57:21.26	19.5	1:07.42	5	22:11.24	7:09	1:35:48.4
5	37	Tim Sparer	10	12:35.37	3:09	1:55.12	6	59:49.99	18.7	1:22.84	4	21:21.05	6:53	1:37:04.3
6	40	Max Lemons	6	11:37.05	2:54	2:22.93	7	1:01:25.2	18.2	1:02.29	3	21:19.15	6:53	1:37:46.7
7	46	John Watson	8	11:58.33	3:00	3:18.29	5	57:47.05	19.3	1:03.24	10	26:30.77	8:33	1:40:37.6
8	48	Darryl Wilkens	5	10:59.15	2:45	1:41.78	8	1:01:37.6	18.1	1:01.30	8	25:42.13	8:17	1:41:01.9
9	71	Sean Hobbs	13	15:49.11	3:57	3:18.26	9	1:04:57.1	17.2	1:35.07	9	26:00.74	8:23	1:51:40.3
10	74	Tom Boyd	11	14:04.86	3:31	3:46.36	10	1:05:51.6	16.9	1:30.53	12	27:49.33	8:58	1:53:02.7

Race Date  
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Hammer Sprint 2015  
Age Group Results  
Triathlon Age Group

Male 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
11	83	Eric Pacia	12	14:31.45	3:38	3:07.71	12	1:14:07.9	15.1	1:53.96	7	25:25.36	8:12	1:59:06.4
12	87	Robert Lewis	7	11:40.77	2:55	3:17.49	13	1:17:17.0	14.4	1:55.61	11	26:37.77	8:35	2:00:48.7

Male 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	25	Ronnie Manis	5	13:06.70	3:17	1:29.55	2	57:47.78	19.3	0:54.01	1	18:36.01	6:00	1:31:54.0
2	45	Jeff Reese	7	16:26.58	4:07	2:02.46	1	56:25.97	19.8	1:21.45	3	23:52.65	7:42	1:40:09.1
3	49	Ray Kellum	3	12:03.74	3:01	2:26.62	3	1:01:58.1	18.0	1:15.38	2	23:21.86	7:32	1:41:05.7
4	63	Keith Putman	1	9:51.05	2:28	2:29.57	4	1:02:32.5	17.8	1:26.06	6	30:16.46	9:46	1:46:35.7
5	72	Steve Dittner	4	12:56.90	3:14	1:45.88	5	1:06:16.7	16.8	1:02.62	5	29:57.10	9:40	1:51:59.2
6	78	Michael Schaad	2	12:02.01	3:01	3:49.01	6	1:10:39.5	15.8	1:37.14	4	27:49.15	8:58	1:55:56.8
7	91	Ken Laflamme	6	13:57.84	3:29	1:50.82	8	1:11:57.2	15.5	1:11.83	8	33:08.53	10:41	2:02:06.2
8	101	Greg Webb	8	18:31.61	4:38	4:32.51	7	1:11:52.6	15.5	2:03.12	7	32:04.72	10:21	2:09:04.5
9	122	Samuel Land	9	25:08.19	6:17	4:03.69	9	1:33:50.5	11.9	2:09.82	9	41:10.34	13:17	2:46:22.5

Female 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	110	Karen Goodrick	2	19:50.57	4:58	3:49.28	1	1:19:00.7	14.1	1:29.28	1	40:12.10	12:58	2:24:21.9
2	123	Kim Armstrong	1	18:40.51	4:40	3:20.23	3	1:45:16.5	10.6	0:54.90	2	40:28.44	13:03	2:48:40.5
3	124	Sally Goade	3	21:20.07	5:20	6:42.97	2	1:37:16.0	11.5	2:22.25	3	42:20.09	13:39	2:50:01.4



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Hammer Sprint 2015  
Age Group Results  
Triathlon Age Group

Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Sam Cox	2	11:46.54	2:57	1:07.36	2	57:16.85	19.5	0:48.74	1	24:00.38	7:45	1:34:59.8
2	36	Chuck Babin	3	12:25.40	3:06	1:40.41	1	57:16.35	19.5	1:12.43	2	24:20.21	7:51	1:36:54.8
3	38	Frank Melvin	1	8:46.91	2:12	1:31.13	3	59:34.49	18.7	1:00.43	3	26:18.02	8:29	1:37:10.9
4	103	Robert Bass	4	17:15.75	4:19	4:48.07	4	1:12:34.4	15.4	1:15.65	5	34:26.63	11:06	2:10:20.5
5	121	Randall Holm	5	27:10.87	6:48	4:34.82	5	1:38:39.8	11.3	1:57.57	4	33:58.43	10:57	2:46:21.5

Male 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	21	Bill Schmitt	1	9:25.65	2:21	1:28.59	1	53:20.45	20.9	1:04.91	1	24:01.85	7:45	1:29:21.4
2	66	Norman Cole	3	15:33.36	3:53	1:26.64	2	59:27.18	18.8	1:06.52	4	31:35.09	10:11	1:49:08.7
3	97	Bob Bengé	2	12:10.79	3:03	3:41.74	4	1:16:52.4	14.5	1:43.42	3	31:08.21	10:03	2:05:36.5
4	106	Stephen Lowe	4	18:17.75	4:34	7:02.42	3	1:16:06.6	14.7	1:56.91	2	28:52.88	9:19	2:12:16.6

Female 70 to 74

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	125	Barbara Bogart	1	17:11.21	4:18	5:27.55	1	1:40:23.5	11.1	2:00.91	1	47:39.74	15:22	2:52:42.9

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Hammer Sprint 2015  
Age Group Results  
**Triathlon Age Group**

Male 70 to 74

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Swim</u>		<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>		<u>Total</u>		
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	73	Larry Nelson	2	17:07.76	4:17	2:10.96	1	1:03:19.5	17.6	2:16.46	1	27:32.92	8:53	1:52:27.6
2	92	Roy Fenstermaker	1	14:03.75	3:31	4:58.63	2	1:13:10.7	15.3	1:30.20	2	28:38.35	9:14	2:02:21.6
3	120	Ronald McElhaney	3	19:59.22	5:00	6:23.41	3	1:31:09.1	12.2	4:15.44	3	41:51.01	13:30	2:43:38.2

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Hammer Sprint 2015  
Age Group Results  
Triathlon Clydesdale

Male 40 and Over

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Swim</u>		<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>		<u>Total</u>		
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Dave Sandstrom	1	9:48.54	2:27	1:41.12	1	58:10.16	19.2	0:50.59	1	25:48.37	8:19	1:36:18.7
2	2	Rob Nicholson	3	14:54.16	3:44	2:07.42	2	1:05:32.2	17.0	1:01.31	2	28:49.23	9:18	1:52:24.3
3	3	Donald Rice	4	15:48.26	3:57	3:46.61	4	1:12:07.1	15.5	1:52.01	3	30:29.15	9:50	2:04:03.2
4	4	Michael Grande	2	13:50.11	3:28	4:26.04	3	1:09:22.2	16.1	1:26.43	4	37:21.14	12:03	2:06:26.0

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Hammer Sprint 2015  
Age Group Results  
Triathlon Athena

Female 39 and Under

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Katie Harms	1	14:46.69	3:42	2:44.64	1	1:18:42.7	14.2	1:19.11	1	39:37.34	12:47	2:17:10.5

Female 40 and Over

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Michelle Stallard	1	14:25.58	3:36	2:46.40	1	1:16:32.9	14.6	2:07.87	1	32:48.20	10:35	2:08:40.9
2	3	Lovie Stallworth	2	28:40.13	7:10	3:48.77	2	1:36:42.6	11.5	1:42.24	2	34:52.47	11:15	2:45:46.2