Good morning! It's Friday! Can you believe we only have 3 weeks remaining in the regular season? Good luck and safe travels to our friends in the eastern part of the state.....stay safe!

Screens.....illegal screens, good screens, moving screens, back screens. We could devote a weeks' worth of clips and discussion to screens. What is the key to screens and correctly officiating them? Knowing what is legal and seeing the whole play. Seeing the whole play....sort of a theme in our world isn't it?

The rule.....

Currently Viewing: 4-40-1

ART. 1

A screen is legal action by a player who, without causing contact, delays or prevents an opponent from reaching a desired position.

ART. 2

To establish a legal screening position:

- a. The screener may face any direction.
- b. Time and distance are relevant.
- c. The screener must be stationary, except when both the screener and opponent are moving in the same path and the same direction.
- d. The screener must stay within his/her vertical plane with a stance approximately shoulder width apart.

ART. 3

When screening a stationary opponent from the front or side (within the visual field), the screener may be anywhere short of contact.

ART. 4

When screening a stationary opponent from behind (outside the visual field), the screener must allow the opponent one normal step backward without contact.

ART. 5

When screening a moving opponent, the screener must allow the opponent time and distance to avoid contact by stopping or changing direction. The speed of the player to be screened will determine where the screener may take his/her stationary position. The position will vary and may be one to two normal steps or strides from the opponent.

ART. 6

When screening an opponent who is moving in the same path and direction as the screener, the player behind is responsible if contact is made because the player in front slows up or stops and the player behind overruns his/her opponent.

ART. 7

A player who is screened within his/her visual field is expected to avoid contact by going around the screener. In cases of screens outside the visual field, the opponent may make inadvertent contact with the screener and if the opponent is running rapidly, the contact may be severe. Such a case is to be ruled as incidental contact provided the opponent stops or attempts to stop on contact and moves around the screen, and provided the screener is not displaced if he/she has the ball.

ART. 8

A player may not use the arms, hands, hips or shoulders to force his/her way through a screen or to hold the screener and then push the screener aside in order to maintain a guarding position on an opponent.

There is a TON in those 8 articles. It really helps to read the case plays for rule 4-40 also. Video is awesome for screens.

Take a look at the clip by clicking here and see what your first reaction is in regular time, then in slo-mo.

Did the title before the clip give it away somewhat? Was it a bad screen? What did the screener do wrong? Was the screen from the front, side or back? THAT is an important issue. It certainly appears that the screen when it was set was from the side. In this case, the screener may set the screen as close as 'just short of contact' so it is legal to there. Did the screener push into the defender or was it embellished? SEE the WHOLE PLAY! We ALL get caught in these once in a while......just be patient and SEE the play.

Screening is something that we could be better at as a whole, make sure to know the rule AND see the whole play!

Have a great game tonight! Relax this weekend for the stretch run the next three weeks!

Tim