

BEAMZ & MUSIC BENEFITS IN VARIOUS APPLICATIONS

Memory Care

An important element of a Memory Care program in assisted living and senior care communities is the use of sensory-based programming with the aim to help residents function at the highest level possible for as long as possible. Beamz and active music making is ideally suited for seniors up to stage 5 dementia (moderately severe cognitive decline / “mid-stage” dementia) for mental functioning improvement and maintenance.

Incorporating music cognitive activities at early dementia stages (stage 1 to stage 3) can have a greater impact to the improvement mental functioning.

Beamz: Contributing To Maintaining Highest Level Of Function

Beamz music making activities focus on short, achievable goals given its recreational music making orientation of interactive songs; there are no specific technical skills required, no music theory, no music reading to experience the benefits of interacting with music. Beamz may be used by multiple professionals providing care across professional disciplines including activities professionals, dementia care specialists and therapists.

Brain Fitness

Music in of itself contributes to brain fitness given that the brain uses both hemispheres to process just the listening of music. Interacting with and/or making music utilizes critical cognitive skills for overall brain health: focus, sequencing and concentration. Structured activities with the Beamz additionally also include elements specifically for working on problem solving and memory skill building.

Music Making & Beamz

Music is a great means to spark interest with patients and residents, which creates engagement, then motivation to complete brain fitness activities for cognition, which is an important element of memory care programs.

Music is an enjoyable activity for most people – and combining movement and interaction and/or creation of music provides even greater benefits. Music also naturally promotes increased socialization and may prevent isolation and depression.

Using laser beams as the “trigger” means for making music enables Beamz to be used with patients and residents of varying physical skills. Without requiring tactile feel or pressure to make the music, Beamz is an effective low intensity therapy/intervention device – and the actions controlled by the buttons are responsive and soft to touch.