

My promise ...

I will help you find out what you really want and then I will show you how to get it!

Using my unique and simple personal development coaching and business soft-skills training process, together we can achieve your personal goals and professional objectives.

This proven process enables you to transform yourself into what's next.

The next you.



Free Consultation

(425) 977-3361

Success@mike-sanders.com

Mike's TEDx Talk

Mike Sanders' TEDx talk is a unique approach to personal development.

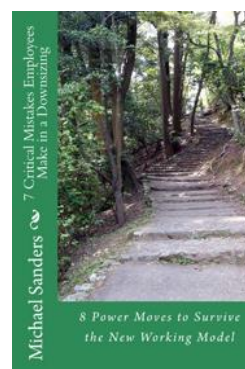


[Freedom and the Third Brain](#)

Mike's Books on Amazon

["Advanced Multitasking"](#)

["7 Mistakes Employees Make in a Downsizing"](#)



Coaching and Training

Mike Sanders provides unique and customized personal development coaching and business soft-skills training for success using a simple and successful process.

Together, we identify who you really are, find out what you really want, and then I show you how to get it!



I have provided personal and professional success coaching and skill training to individuals and organizations for over 10 years.

Call, text, or email me for a free consultation.

Success Formula

Who are you?

We always function in one of our three brains: primal, emotional or higher brain. To get started, we give you the tools to move you into your higher brain, the real you.

What do you want?

Once in your higher brain, we find out what you really want. I do this through a set of simple exercises to identify your real goal, what you really want.

How do you get it?

Once we know what you really want, I provide the personal development coaching and soft-skills training to achieve it. It's very simple.

Development Coaching

Personal development coaching crystalizes your goals and provides the tools to prioritize your time, and help you manage your tasks for "extreme" effectiveness.

Soft-Skills Training

Soft-skills training supports your personal and professional goals. Training includes power writing, SuperConnectivity™, presentations, effective communications, Advanced Multitasking™, stress management, and conflict management.

Testimonials

"Your coaching truly changed my life! I now have confidence and a new attitude. My work and personal life have greatly improved."

Cynthia R. - Laguna Hills

"I was down and not hopeful of career advancement. Your coaching gave me incredible confidence and improved my skills! I just got a great promotion and my new skills set me apart from my peers."

Ken E. - Redmond

"I had been out of a job for 6 months when you began working with me. In just a couple of weeks my outlook improved dramatically. Soon I got a great job, even better than I imagined."

Linda M. - Los Angeles

Clients

In addition to providing coaching and training to hundreds of individuals. These are a few of my past corporate, university, and business association clients.

- California State University Long Beach (CSULB)
- SoCal Quality Assurance Association (SCQAA)
- Association for Supply Chain Mgmt (APICS)
- Inst of Elec and Electronic Engineers (IEEE)
- California State University Fullerton (CSUF)
- Society for Technical Communication (STC)
- Project Management Institute (PMI)
- Int'l Institute of Bus Analysis (IIBA)
- American Society for Quality (ASQ)
- Southern California Edison (SCE)
- Pacific Gas & Electric (PG&E)
- Amgen Biopharmaceuticals
- Department of the Navy
- Ashford University
- United Healthcare
- Molina Healthcare

Success Coaching

A key advantage I offer in your personal growth is years of success in personal development coaching and soft-skills training for hundreds of clients.

My personal success formula is a simple and proven three-step process. Having worked within small, medium and large organizations for over 20 years, I have the soft-skills expertise needed for professional success. Clients view me equally as a mentor and a coach.

Mike Sanders MA
Success Coach



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