

December 2017/January 2018!

At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
17 Worship 11:15 POTLUCK Arise! Wascana Worship Service	18 AA 8 pm	19 Cards 9:30 TOPS 6:30	20 Christmas Carolling at Brewed Awakening 2:45 pm	21 Blue Christmas Service 7 pm 	22	23 IMCF Breakfast 9 am
24 Worship 11:15 Candlelight Communion 7 pm	25 	26	27	28	29	30
Eastside Office Closed for the Holidays						
31 Worship 10 am Lessons and Carols Triparish!	1 AA 8 pm 	2 Cards 9:30 TOPS 6:30	3	4 Cong Care 10 am	5	6
Russell's sabbatical begins 						
7 Worship 11:15 am Come to Church Sunday Communion World Religions: Islam	8 Meditation 7 pm AA 8 pm	9 Cards 9:30 TOPS 6:30	10 Taste of Skylight Meeting 7pm	11 Craft Study 1:30 Family Dinner 6pm	12	13 Women's Breakfast 8 am
14 Worship 11:15 am Open Hearts	15 Meditation 7 pm AA 8 pm	16 Cards 9:30 TOPS 6:30	17	18 Craft Study 1:30	19 Film & Faith	20

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

December 17, 2017

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)
Follow us on Twitter @Eastside_united
www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
Greeting: Carol Hein
Congregational Care Greeter: Elaine Hill
Prayers: Debbie Menz
PowerPoint: Janet Bjorndahl
Music: Arise! Eastside's worship band
Last week's attendance: 77

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Tuesday through Thursday, working from home Friday

Coffee Shop Office Hours Wednesdays from 2 to 4:30, at the Woodhams Drive Brewed Awakening, December 13 and 20! **We will be Caroling on December 20, arrive between after 2:30 for a 3 pm start time.** Let Russell know if you're interested.

Scripture Reading: Luke 1:26-38; Luke 2:1-20; Matthew 2:1-2

Songs –

It's Christmas
Hope Shines as a Solitary Star MV #220
The Wonder of Christmas
A Candle is Burning VU #6
Breath of Heaven
Joseph's Lullaby
What Child is This?
O Beautiful Star of Bethlehem
O God We Know your Grace and Love Tune VU #541
And the Angels Cried
Joy to the World/Unspeakable Joy
Peace Peace/Silent Night

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the Multipurpose Room and East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are taking a break for Christmas, resuming January 11, studying *The Great Spiritual Migration*. Let the office know by December 22 if you would like a book.

LSC Meditation Group: Resumes Monday, January 8 at 7 pm in the East Sanctuary. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing. For more info, please get in touch with Sheri Nupdal at sherinupdal7@gmail.com.

The next IMCF Breakfast will be chock full of Christmas spirit on Saturday, December 23 from 9 am to 12 noon. If you're looking for a family-friendly, feel-good festivity leading up to Christmas, we are looking for helpers to set up, serve, and clean up following breakfast. Let Peter Braun know of your availability!

Are you missing *A Night in Bethlehem* this year? Over the years, this event has been a wonderful and well-received gift to our community. *A Night in Bethlehem* can't happen at the LSC without coordinators and a planning team, and we are asking that you consider taking on one of these roles. This event has usually been scheduled at the end of November in alternating years. Many of the required costumes and materials are kept in storage at the LSC and past coordinators are available to offer guidance. The LSC Council has also allocated money in the annual budget to offer *A Night in Bethlehem* in November 2018.

Are you interested in helping? Please let the Eastside office know.

Will you be here for our 11:15 am Christmas Eve service and be willing and able to be a part of the Service? Let Russell know.

Alone on Christmas Day? You are welcome to join the Mitchell-Walker's for Dinner. Talk to Brian or Russell.

Registration for Winter 2018 Holy Yoga Holy Yoga classes are offered at two Regina locations: Living Spirit Centre and All Saints Anglican Hall, at different days and times. The winter session of classes will start the week of January 15, 2018. Holy Yoga is exercise, stretching, relaxation, Christian scripture and prayer all in one enjoyable class. For further info and registration go to bigfishyoga.ca. You may also phone Connie at 306-551-6933 or email mokerw@sasktel.net.

Did you know? Russell will be on Sabbatical from January 1 to April 2, 2018. The Faith Formation Committee has worked with Russell to line up a number of great guests to share their faith and experiences over this time – we will hear from other religions, youth, indigenous folk, and learn about oppression and privilege. We are grateful to Ken Powers and Hazel Arbon who have agreed to lead worship and offer pastoral care during this time. When not in Australia or at a conference, Russell will be focusing his sabbatical in the neighbourhood (the Parish), making connections, listening, and seeing where God is at work. This is a fully paid sabbatical so if you wish to give a little extra, it will help with our extra costs each Sunday! **Don't be surprised if you notice that Russell's office is empty in his absence. He will be packing up for renovations that will take place while he is away.**

THE NEW PARISH – Connecting with the neighbourhood he will be spending more time out and about in our neighbourhood. To enjoy this experience even more and engage more fully with area residents, he is offering a free **Dog Walking Service**. If you live in the vicinity of 3018 Doan Drive (University Park, Arcola East, Wascana, etc.) and have a pooch that would appreciate some exercise, please let Russell know. FYI, dog owners are welcome to go on these walks, too!

Also part of Russell's *New Parish* coursework, he is looking for two or three individuals interested in exploring a vision of our neighbourhood. There will be an assignment that will involve people from the congregation; watch for information about this after January 22. Have you put your pin on the *Who is My Neighbour?* map? See where our congregation members live on the map in the narthex.

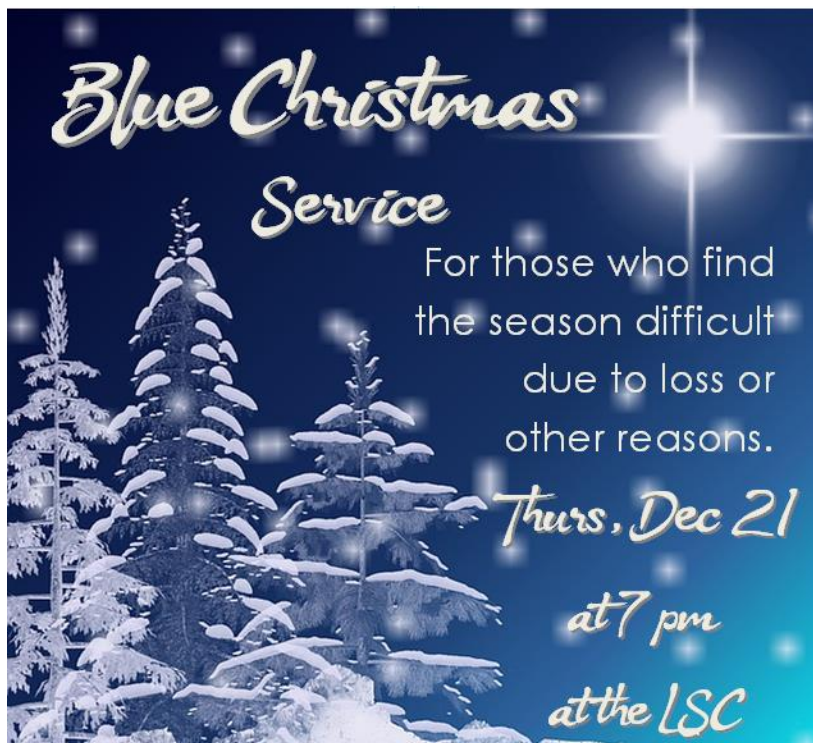
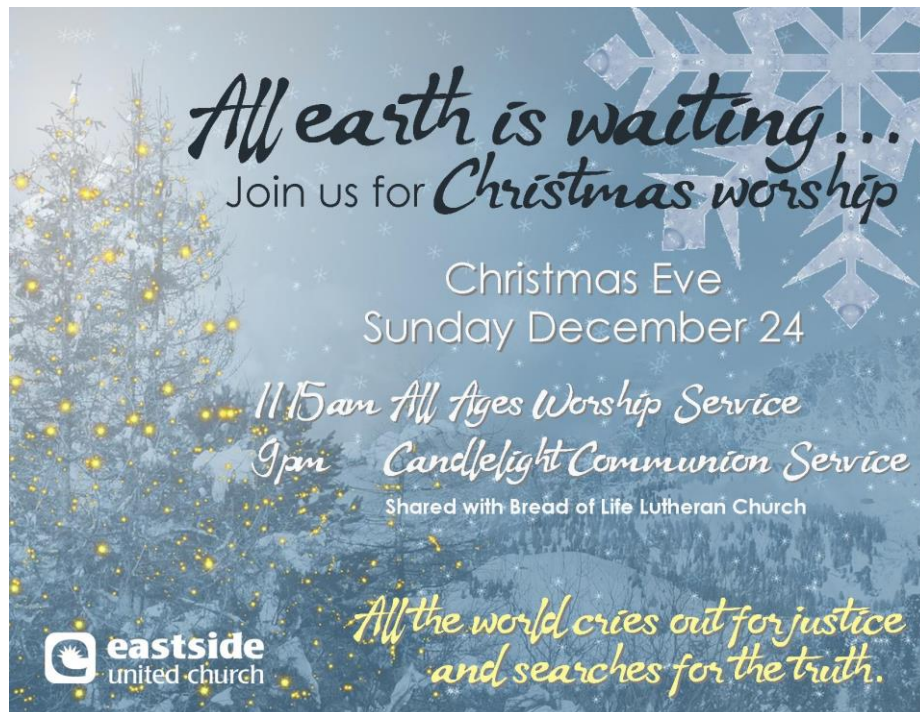
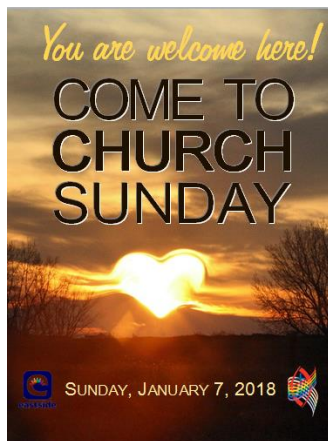
Do you have a group in the neighbourhood that you have coffee with regularly? Russell would love to join you and have a visit with your group as part of his *New Parish* and sabbatical work. You can extend an invitation to Russell to join you between now and April.



Citywide Lutheran ADVENT WORSHIP – Wednesday, December 20 at 5:30 at Trinity Lutheran Church (1909 Ottawa). SOUP & HOLDEN EVENING PRAYER. Come for free soup, bread & a meditative time of worship.

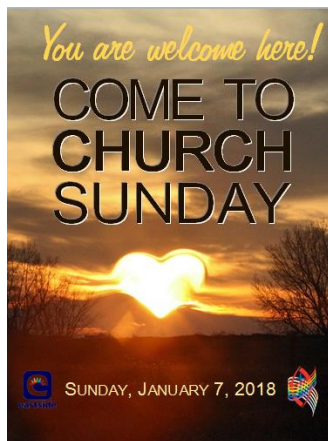
Mark your calendars! A Taste of Skylight event of Arts, Spirituality and Justice will be April 20-21. We have confirmed Zarqa Nawaz, creator of Little Mosque on the Prairie

We are having **Come to Church Sunday** on Sunday, January 7, 2018! Why not invite friends and family you think might enjoy the Eastside experience? Pick up invitations on the table at the back of the sanctuary and watch for a Facebook invite that you can share with online friends as well!



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A poster for Christmas worship with a blue and white winter theme, including a snowflake and a lit Christmas tree. The text reads: 'All earth is waiting... Join us for Christmas worship Christmas Eve Sunday December 24 11:15am All Ages Worship Service 9pm Candlelight Communion Service Shared with Bread of Life Lutheran Church All the world cries out for justice and searches for the truth.' The Eastside United Church logo is in the bottom left.

A poster for 'Blue Christmas Service' with a dark blue background and snow-covered evergreen trees. The text reads: 'Blue Christmas Service For those who find the season difficult due to loss or other reasons. Thurs, Dec 21 at 7 pm at the LSC'.

A poster for 'Lessons & Carols Service' with a light purple and white background, snowflakes, and Christmas ornaments. The text reads: 'Join us for a Tri-parish Lessons & CAROLS Service Sunday, December 31 at 10 am (coffee will be on for 9:30! ☺) in the West Sanctuary of the Living Spirit Centre Thanks to St. Philip Anglican Church for planning and hosting this service!'.