



Swim & Tennis Club - Pool Rules

The pool facilities are operated to provide enjoyment to our members and guests. The following rules have been established to assure safe and sanitary operation of the pool facilities. Parents are urged to read and discuss these rules with their children. **The club is not responsible for loss, theft or damage to personal property.**

The enforcement of these rules, which apply any time the pool is open, is the duty of the Pool Manager and Lifeguards. Violators of these rules may be immediately expelled from the pool area and repeat violators will be referred to the Board of Directors of the Swim & Tennis Club for further action. Members should contact the pool manager regarding any issues or concerns and may follow up by contacting the HOA property manager, at hiddenbrook_homes@hotmail.com or 703-318-7159. Any concerns with the operation of the pool facilities, lifeguard duties/behavior, or actions of other members, should be addressed **in writing** to Lisa Cornaire using the forms provided at the restroom doors and placed in the lock box on the clubhouse front door.

General

1. All members and guests shall obey all instructions and directions of the Pool manager and Lifeguards.
2. No person is allowed in the pool unless a Lifeguard is on duty.
3. A responsible parent or guardian must closely supervise all children, swimming and non-swimming, at all times.
4. No diving into shallow water (less than 4 feet).
5. Proper swimming attire shall be worn when in the pool.
6. No distracting Lifeguards on duty or in the Lifeguard stand. Direct all questions to Lifeguards in the pool entry area.
7. No loitering in the Lifeguard office area.
8. No loud, abusive, or profane language or other breach of good behavior will be tolerated.
9. No running on deck, no climbing on the gates, no exiting/entering through the fence.
10. No roughhousing, dunking or rough play will be permitted on the deck, in the pool, on the diving board or in the changing rooms.
11. No jumping or diving into or over the lap lane when it is in use.
12. No spitting, spouting water, or blowing nose in the pool.
13. No intoxicated persons shall be allowed in the pool area.
14. No chewing gum while in the pool.
15. Floatation devices may be used at the discretion of pool management.
16. No tennis or hard balls shall be permitted in the pool area.
17. No glass or other breakable objects shall be permitted in the pool enclosure.
18. No tobacco product is permitted anywhere on Hiddenbrook grounds.
19. Food must be consumed either in the picnic area or at a table on the pool deck. Users are responsible for cleaning up.
20. No food or drink is permitted at the Foosball table. Noise levels must be kept reasonable. The table is for use by everyone, please take turns.
21. Trash and litter shall be placed in proper containers.
22. Bikes shall be parked in the designated area.
23. Drive slowly in the parking area.
24. No overnight parking.

25. Do not blow vehicle horn when summoning children.

Admission

1. **Unpaid dues or late fees prohibit entry to the pool area.**
2. A photograph of all pool members over the age of two will be kept in a photo album to be used by the lifeguards for identification purposes. A current photograph must be on file in order to enter the pool facility. All members bringing a guest must have a pre-paid guest pass or pay by check only, three dollars per guest payable to the Hiddenbrook Swim and Tennis Club to be given to the lifeguard at the gate. Guest passes may kept on file at the pool or retained by the member.
3. Children under 11 years of age must be accompanied by a parent, guardian, or designated person 13 years or older (latter must have written permission) while in the pool area. Parents must accept all liability for their children's actions.
4. **Members age 11 and 12 shall be admitted without adult supervision (as stated in item 2) only if they have passed the advanced swimming test and written permission has been given by the parent and filed in the membership photo ID book. A parent or legal guardian shall be present when the child takes the swimming test. Guards may re-test at any time they feel swimming ability is questionable.**

The Advanced Swimming Test shall consist of:

Swimming 50 yards of the pool (across and back) non-stop, and treading water for a 2 minute period

Guests

1. A guest is anyone who does not permanently reside at the home of the certificate holder. Membership certificate is for one household only. A seasonal nanny pass may be requested for adults who do not reside in a member household that wish to accompany member children under the age of 13 to the pool. If approved, a photo of the adult must be provided and cost of \$50 per season paid to the Hiddenbrook Swim and Tennis Club prior to use. Members may bring guests to the pool under the following provisions:
2. Guest must register with the gate attendant. Guest fees (per day) will be \$3 or 1 guest pass unit. Guest passes with 10 units will be available to members for the following costs:
 - Pre-season: (Limit two per membership).....\$10.00
 - Throughout the season.....\$20.00These passes are valid from year to year.
3. The guest fees may be prepaid, but under no circumstances will credit be extended.
4. Persons not in swimwear will be allowed to watch without paying a guest fee.
5. **Members must accompany and remain with their guests** while using the facility. **Guests will not be allowed to remain at the pool if their sponsoring member has left.** Members are responsible for the conduct of their guests.
6. No member family shall have more than four guests (or one guest family) at one time.
7. The pool may be closed to guests at the discretion of the Pool Manager.
8. Members must be at least 13 years of age to bring a guest.

9. Birthday parties are allowed; up to 3 tables may be reserved (48 hours in advance) by scheduling with the lifeguards. There is a max of 20 people, 1 adult must be present for every 5 children. Please do not plan parties on holidays. All guest policies apply.

Pool Operations

1. Check the www.hiddenbrookhomes.org website for schedule of operations.
2. The pool may be closed for inclement weather, swim team meets, or other extraordinary conditions. **Users must be out of the pool and off the deck area during this time.**
3. All injuries must be reported to the pool management.
4. There will be a 15-minute break every hour, starting at 11:45pm. Only persons 16 years of age and older are allowed in the pool at this time. Infants under 1 year old will be allowed in the shallow end of the pool during break, in the arms of an adult.
5. **Persons must stay clear of the Lifeguard stations and must not engage the guards in lengthy conversations.**
6. **CHILDREN SHALL NOT BE LEFT UNATTENDED.** Supervision of children in the wading pool is the responsibility of an adult or responsible person of at least 13 years of age. Use of the wading pool shall be limited to children 5 and under.
7. Infants, babies, and toddlers who are not toilet trained are required to wear swim diapers. Swim diapers are to be changed frequently and disposed of properly.
8. **Children 10 and under (members and guests) must pass the ‘basic swimming test’ administered by the lifeguards and receive a wristband permitting them to swim in the deep water. Guards may re-test at any time they feel swimming ability is questionable.**

The Basic Swimming Test shall consist of:

Swimming 25 yards of the pool nonstop, and floating or treading water for a one-minute period.

Diving Rules

1. Children must have passed the basic swimming test to use the board.
2. Only one person on the diving board at a time. No more than one bounce, no horseplay allowed.
3. Know the water depth
4. Look before you dive
5. Complete your dive, then clear the diving area immediately
6. Diver must be out of the diving area before the next diver enters the pool.
7. No dive may be made from the side of the board, or in a direction other than forward.
8. No floats, balls, or toys are to be taken onto the board.

Slide Rules

1. Children must have passed the basic swimming test to use the slide.
2. Slide user must be out of the slide area before the next person uses the slide. No sitting at the bottom of the slide.
3. No one is allowed to take artificial devices such as arm floats, life vests, noodles or paddle boards on the slide.

4. All slide users must go feet first, in a sitting position when using the slide. No one will be allowed to go head first or on his/her stomach.
5. Only one person on the slide at a time. Anyone waiting must stand on the ground (not the slide ladder) until the person in front goes down the slide and gets to the ladder.
6. No one will be allowed to throw a ball or any other object at any person while using the slide.
7. The lifeguards have the right to close the slide at any time, for any reason. For example: should there be a high number of people in the pool, or the slide rules are not being followed.

Slide Rules - (As Posted on Sign)

1. No head first sliding- feet first only
2. No standing at top of slide
3. No jumping or diving from the slide
4. Stay clear of the slide runway exit
5. Adult supervision is required anytime children are using the slide
6. Children under 48" tall must be supervised closely at all times when using the slide or stairs
7. Weight Limit: 325 lbs
8. Make sure slide runway exit is unobstructed before descending
9. One person on slide runway or steps at a time
10. No roughhousing on or near the slide
11. Do not consume alcohol or drugs before or while using the slide
12. Do not use slide if you are pregnant
13. Do not use slide if it is damaged
14. Do not use the slide if you are alone
15. Non-swimmers shall not use the slide
16. Hold on to the handrails at all times
17. People with medical conditions should consult their physician before using the slide

Sanitation

1. Fairfax County code states that a shower must be taken before entering the pool area. The shower removes body oils, perfumes, etc., which reduces the amount of chemicals that must be added to keep the pool chemically balanced.
2. Misuse of the showers can mean expulsion from the pool area. (Playing in the water, running in the restroom, wasting paper products).
3. Parents should encourage children to use the toilet facilities before entering the pool and whenever necessary thereafter.
5. No pets are permitted in the pool area.
6. Street clothes, especially cutoffs, will not be permitted for swimming.
7. Persons who have any communicable health problems will not be admitted to the pool.
8. If fecal material is found in the pool, access to the pool will be closed according to the appropriate amount of time specified by county health codes. The contaminated area must be cleaned up and chemicals added. For informational purposes, it takes the filtering system 7 hours to completely recycle the pool water.

Thank you for cooperation and enjoy the season!

Hiddenbrook Board of Directors

Amended May 2015