

PA Xcel
State Championship
Flight Times



May 2nd & 3rd 2015

Bayfront Convention Center Erie, PA

Hosted by Team Lightning & Erie Gymnastics Center

Dear Gymnasts, Parents, Coaches, & Gymnastics enthusiasts,

Erie Gymnastics Center & Team Lightning are proud to be the hosts of the 2015 PA Xcel State Gymnastics Championships. We've put our best foot forward and hope you enjoy the meet & venue. We also hope you enjoy your stay in Erie. Please check our website www.eriegymnastics.com for information on Hotels & things to do in the area. It's a beautiful city with lots to see & do! We look forward to seeing you soon and congratulate all of the talented athletes who qualified for the State Championship. We wish you all Good Luck!

Douglas Pershun
Meet Director

- Coaches please note additional information concerning the meet & your athletes at the end of this file.

Flight 1 - Saturday - May 2nd - **Platinum - Age 13 & under** (64 gymnasts)

Stretch: 8:00 - 8:30am

Warm-up: 8:30 - 8:45am

March-in: 8:50am

Individual Awards: 11:40am

Flight 2 - Saturday - May 2nd - **Platinum - Age 14+** (63 gymnasts)

Stretch: 12:00 - 12:30pm

Warm-up: 12:30 - 12:45pm

March-in: 12:50pm

Individual & Team Awards: 4:15

Flight 3 - Saturday - May 2nd - **Gold - Age 12** - (59) **and Age 9** - (24) (total- 83 athletes)

Stretch: 4:30 - 5:00pm

Warm-up: 5:00 - 5:20pm

March-in: 5:25pm

Individual Awards: 8:45pm

Flight 4 - Sunday - May 3rd - **Gold - Age 8** (4) and **Age 10** (32) and **Age 11** (40) (total - 78 athletes)

Stretch: 8:00 - 8:30am

Warm-up: 8:30 - 8:50am

March-in: 8:55am

Individual Awards: 11:40pm

Flight 5 - Sunday - May 3rd - **Gold - Age 13 & up** (78 gymnasts)

Stretch: 12:00 - 12:30pm

Warm-up: 12:30 - 12:50pm

March-in: 12:55pm

Individual & Team Awards: 4:00pm

Flight 6 - Sunday - May 3rd - **Diamond** (45 athletes)

Stretch: 4:00 - 4:30pm

Warm-up: 4:30 - 4:45pm

March-in: 4:50pm

Individual & Team Awards: 7:00pm

Dear Coaches,

I am sorry about the late notice for times & such. I realize that some teams and families were/are considering flying to Erie for the weekend. Unfortunately, athletes for the State Meet technically have until 2 weeks prior to the State meet to qualify. That means the deadline was the weekend of April 18th & 19th. There were numerous teams holding their entries till the deadline to try to qualify. I could not make a determination on schedule until I at least had 'most' of the entries.

I also had numerous requests for scheduling for the meet. This weekend is a popular weekend for Proms, SAT Testing, First Communions, School Plays.... I did my best to consider the greater number of requests and have honored most. Unfortunately with 400 gymnasts, I couldn't honor every request and make everyone happy. But we did our best to accommodate most.

Please take note of your athletes ages to ensure they come to the correct Flight. Again, we look forward to seeing you soon.

Douglas Pershun

Meet Director

*Important Notes:

- Equipment is provided by Sports Equipment Specialists: AAI Equipment
- Age determination is as of the PA Xcel State Date - May 3rd 2015.
- All Flights are - Non-Traditional Capitol Cup (2 sets of equipment - 1 warm-up / 1 competition)
- All Athletes MUST be USAG Registered Athletes
- All Coaches MUST be USAG Professional Members - and MUST present Card / ID at Registration. NO Non-Credentialed persons are permitted in the competitive area! We will check ALL!

Age Groups:

Gold: Age 8 / Age 9 Jr. & Sr. / Age 10 Jr. & Sr. / Age 11 A, B, C / Age 12 A, B, C, D / Age 13 A, B, C / Age 14 all / Age 15 all / Age 16+

Platinum: Age 10 & under / Age 11 / Age 12 A, B / Age 13 A, B / Age 14 A, B / Age 15 A, B / Age 16+

Diamond: Age 14 & under / Age 15 / Age 16 / Age 17+