



Adult Transition

A Newsletter for Teachers Working With High School and Transition Age Students 18-22
Educational Equity for All
December 2019

Digitability

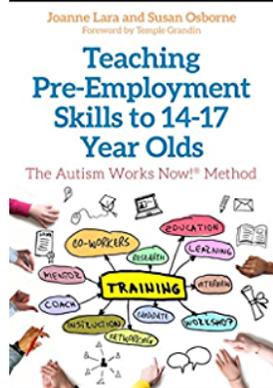
Digitability's transition curriculum teaches digital literacy and work-ready skills to people with cognitive disabilities. Our award-winning platform prepares students for our tech-driven society and aligns Individual Education Programs goals to project-based learning. This increases outcomes and enable students to successfully transition into the workforce as self-advocates.

Digitability is a STEM-focused, work-ready program that also develops critical "hard and soft skills." Digitability is able to deliver highly effective, work-ready training to students with intense special education needs.

We provide schools with differentiated lesson plans, an online platform, data features and teacher professional development. In return, special education students develop the workplace readiness portfolio and the social skills they need to be employed.

<http://www.digitability.com/>

TRAINING



Teaching Pre-Employment Skills to 14-17-Year-Olds: The Autism Works Now!® Method

Based on the Autism Works Now!® Workplace Readiness Workshop, this interactive resource shows how to help

students aged 14-17 develop the necessary transition skills for getting and keeping a meaningful job, with accompanying worksheets available to download.

EMPLOYMENT



15+ Fundraising Ideas / Class Businesses

Food Sales

- Coffee cart - see my blog post here
- Snack cart
- Hot Dogs
- Popcorn

Vending Sales

- Pencils
- Snack or Drink vending machines

Baking

- Dog biscuits
- Bath bombs
- Bath salts
- Jar mixes

Crafts / Creating

- Greeting Cards - see this blog post for more info
- T-shirts (with Cricut and Heat Press)
- Twisted Pens (perfect for those you live in a touristy area. I saw them at many restaurants and small businesses while vacationing in Florida)

Services for Teachers

- Car Wash and Vacuum
- Grocery shopping for staff
- Staff luncheon
- Place orders for lunch delivery (Subway, chipotle, etc and students can input orders on a computer)
- Christmas gift wrapping

t.ly/yvv1G

FEATURED IDEA OF THE MONTH



It's not too early for your middle school students to start thinking about their future careers! Use these ELA lessons, engaging real-world informational text, and interactive activities to introduce them to apprenticeships. Open their eyes to paid training and experience in the fastest-growing fields of tomorrow!

LESSONS & ACTIVITIES

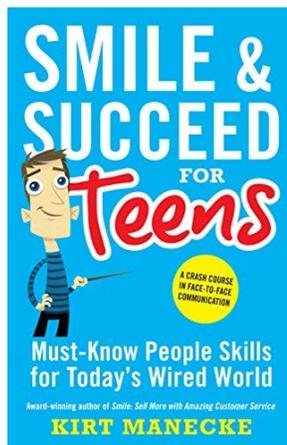
Research and interview activities to boost ELA skills and job awareness

https://www.scholastic.com/apprenticeship/#jobs_resources

The New Jersey Department of Education
Office of Special Education Programs
Sample Activities/Strategies for Statements of Transition Services

INSTRUCTION
RELATED SERVICES
COMMUNITY EXPERIENCES
EMPLOYMENT
POST SCHOOL ADULT LIVING
DAILY LIVING SKILLS
FUNCTIONAL VOCATIONAL EVALUATION
SAMPLE INTERAGENCY LINKAGES

Although this resource is from New Jersey, the verbal, samples and ideas are still applicable in California. Check it out. [t.ly/WwwYE](https://www.ny.gov)



Smile & Succeed for Teens: A Crash Course in Face-to-Face Communication

Each lesson is presented in an entertaining style, with quips, tips, and easy-to-adopt strategies that will teach your teenager the critical elements of good communication. Filled with fun and informative illustrations with educational captions. And the best part is, teenagers enjoy reading it!

WEBSITES AND RESOURCES

t.ly/bvV11

<https://www.attainmentcompany.com/curriculum/life-skills>

http://www.tasksgalore.com/html/tasks_galore_for_the_real_world.html



INDEPENDENT LIVING SKILLS



Evidence-Based Prevention Programs for Schools, Families, and Communities

Botvin LifeSkills Training High School Program

The Botvin LifeSkills Training (LST) High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in grades 9 or 10. A study in the World Journal of Preventative Medicine found that this program cuts drug abuse in half by helping adolescents navigate the challenges of their high school years and preparing them for the independence and responsibilities that they will encounter as young adults. The LST High School program uses developmentally appropriate, collaborative learning strategies to help students achieve competency in the skills that have been shown to prevent substance use, violence, and other health risk behaviors.

Program Learning Objectives

The LifeSkills Training High School program is an integrated approach that helps to develop personal, interpersonal, and drug resistance skills. The curriculum is designed to strengthen student abilities in the following areas:

- **Personal Self-Management Skills**
Students develop strategies for making healthy decisions, reducing stress, and managing anger.
- **General Social Skills**
Students strengthen their communication skills and learn how to build healthy relationships.
- **Drug Resistance Skills**
Students understand the consequences of substance use, risk-taking, and the influences of the media.

<https://www.lifeskillstraining.com/botvin-lifeskills-training-high-school-program/>

Provider Training Overview

LifeSkills Provider Training Workshops prepare teachers, school counselors, prevention specialists, police officers, community youth educators, and other program providers to effectively implement the state-of-the-art prevention education activities and teaching strategies found in the LST program.

Online Training Workshops & On Site Training Workshops