Our Lady Star of the	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sea School OCTOBER 2016 LUNCH	3 Breakfast for Lunch: Scrambled Eggs, sausage or ham, hash browns, & fruit	4 Cheese or pepperoni pizza	5 Pulled pork sandwich with fries & vegetable	6 Chicken tenders, mashed potatoes, vegetable, gravy, & pudding	7 NO SCHOOL
MENU	10	11	12	13	14
	"Slamming" Sloppy Joes with tater tots & vegetable	Cheese or sausage pizza	"Banging" baked potatoes with butter, sour cream, chili, chili, bacon bits, vegetable, & salad	"Fantastic" fish sandwich with or without cheese, fries, & vegetable	"Mean" meatball subs with tater tots & vegetable
Daily Alternatives: - Ham & cheese sandwich with chips - Peanut butter & jelly sandwich with chips - Salad Bar	17 Chicken sandwich with fries, vegetable, & fruit	18 Cheese or pepperoni pizza	19 "Knockout" nachos with or without meat, refried beans, cheese, salsa, & all the fixin's	20 Pasta bake with or without meat, vegetable & bread	21 "Perfect" pancakes with fruit toppings & ham - Plain - Blueberry - Chocolate chip
	24	25	26	27	28
Effective Oct. 1, lunch tickets are \$3; purchase at School Office or through online school store	Homemade hamburger or cheeseburger with fries & vegetable	Cheese or bacon pizza	"Marvelous" meatloaf, mashed potatoes, gravy, vegetable, & bread	Spaghetti with or without meatballs, salad, vegetable, & grilled garlic bread	Subway 6" sub & chips - Ham & cheese - Turkey & cheese - Veggie & cheese - Tuna
 Milk, chocolate milk, & 100% juice pouches available for 75¢	31 Corn dogs, mashed potatoes, gravy, vegetable, & bread	Please note that the menu is subject to change A School Messenger notification will be sent out to announce any menu changes			