

## PARK'S MARTIAL ARTS WWW.PARKSTAEKWONDO.COM

## **CLASS SCHEDULE**

EFFECTIVE December 1 ~ March 31, 2025

217 E. Park Ave. Long Beach, TEL: 516) 432-6006

**MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY SATURDAY** RESPECT, HUMILITY, PERSEVERANCE, SELF-CONTROL, HONESTY 10:00am ~ 10:50am 4:40 - 5:104:40 - 5:10**INSTRUCTORS** 4:00-4:304:00-4:304:00-4:30LITTLE TIGER LITTLE TIGER **PRIVATE CLASS! LEADERSHIP &** PRIVATE CLASS! PRIVATE CLASS! All Belt  $4 \sim 6 \text{Yr}$ . All Belt  $4 \sim 6 \text{Yr}$ . **DEMO TEAM** 5:15 - 5:555:15 - 5:555:15 - 5:555:15 - 5:555:15 - 5:5511:00am ~ 11:45am **CHILD** CHILD CHILD **CHILD** CHILD **CHILD Orange to Brown Belt** Orange Belt & UP Orange to Brown Belt White to Yellow Belt **Orange Belt & UP** All Belt 6:00 - 6:406:00 - 6:406:00 - 6:406:00 - 6:406:00 - 6:4011:45am ~ 12:30 CHILD **CHILD CHILD - SPARRING** TEEN / ADULT CHILD CHILD Red/Black Belt & Up Red/Black Belt & Up White to Yellow Belt White to Yellow Belt Orange Belt & up All Belt **CH - BLACK BELT CH - BLACK BELT** 6:45 - 7:30**AVAILABLE** 6:45 - 7:306:45 - 7:306:45 - 7:306:45 - 7:30TEEN / ADULT TEEN / ADULT TEEN / ADULT TEEN / ADULT TEEN / ADULT **BIRTHDAY PARTY SPARRING ALL BELT** ALL BELT ALL BELT ALL BELT 1:30pm ~ 3:00pm Yellow Belt & up

This schedule was prepared with your best interest in mind.

- Students will attend class with uniform and belt.
- Students must be here at least 10 minutes before class.
- Students must take out their attendance cards before entering class.
- Students must ask permission to enter class if they are late.



Sparring - Orange Belt and Up Little Tiger - 4~6 Years Old. Children - 7~13 Years Old. Teen - 14~17 Years Old. Adult - 18 Years old and Up