



MY CHILD MUST SELF-ISOLATE – FOR HOW LONG?

January 10, 2022

Child/Student has symptoms*** of COVID-19 or has tested positive

If Child/Student is:

- 12 years of age and older AND fully vaccinated, OR
- 11 years or younger, regardless of vaccination status

Stay home & Self-isolate:

- Must self-isolate for at least 5 days from the day symptoms started and until symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer
- Use test date if no symptoms

If Child/Student is:

- 12 years of age or older AND either partially vaccinated or unvaccinated, OR
- Immune compromised

Stay home & Self-isolate:

- Must self-isolate for 10 days from the day their symptoms started, or longer if symptoms last longer than 10 days
- Use test date if no symptoms

Someone in the household has symptoms*** of COVID-19 or has tested positive

Stay home & Self-isolate:

- The child/student must self-isolate for the duration of the household member's isolation period

If the household member is:

- 12 years of age or older AND fully vaccinated, OR
- 11 years or younger, regardless of vaccination status

Stay home & Self-isolate:

- The child/student must self-isolate for at least 5 days from the day the household member's symptoms started and until their symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea)
- Use test date if no symptoms

If the household member is:

- 12 years of age or older AND is not fully vaccinated, OR
- Immune compromised

Stay home & Self-isolate:

- The child/student must self-isolate for 10 days from the day the household member's symptoms started

Child/Student has been notified as a close contact of someone with COVID-19 outside of the household, or received a COVID Alert notification

If Child/Student is:

- Fully vaccinated AND no symptoms, **Do not need to self-isolate**
- Monitor for symptoms for 10 days and self-isolate immediately if symptoms develop
- If leaving home, they should maintain masking, physical distancing and all other public health measures. They should NOT visit any highest risk settings or individuals who may be at higher risk of illness (e.g., seniors) for 10 days from their last exposure.

If Child/Student is:

- 12 years and older AND either partially vaccinated, unvaccinated OR
- Immune compromised

Stay home & Self-isolate:

- Must self-isolate for 10 days from their last exposure

If Child/Student is:

- 11 years and under AND either partially vaccinated, unvaccinated

Stay home & Self-isolate:

- Must self-isolate for 5 days from last exposure

All household members, including students and siblings, must self-isolate for the duration of time that the person with symptoms/COVID-19 positive person is isolating.

If the Child/Student/Household member's symptoms are improving for 24 hours AND tests negative on a PCR test OR 2 rapid antigen tests taken 24 to 48 hours apart, self-isolation ends.



***Symptoms include 1 or more symptom from 1.A or 2 or more symptoms from 1.B on the screening tool

- If the student/child has one symptom from 1.B, other household members do not have to self-isolate.
- This tool is consistent with provincial guidance: [Coronavirus \(COVID-19\) self-assessment \(ontario.ca\)](https://www.ontario.ca/coronavirus) and [COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge \(gov.on.ca\)](https://www.gov.on.ca/covid-19)



If the child/student travelled outside of Canada in the last 14 days:

- The child/student must follow federal [requirements](#) for quarantine and testing after returning from international travel.
- If the child/student is not fully vaccinated, they are not to attend school/child care for 14 days, even if they traveled with a vaccinated companion.