



Time	Monday	Tuesday	Wednesday	Thursday
4:00 – 4:45	Little Dragons	Little Dragons	Little Dragons	Little Dragons
4:30 – 5:30	Glad./Spart.	Warr./Glad.	Glad./Spart.	Warr./Glad.
5:30 – 6:30	Warr./Glad.	Glad./Spart.	Warr./Glad.	Glad./Spart.
6:30 – 7:30	Black Belts	Master Elite	Black Belts	Black Belts
7:30 – 8:15	Adults	Adults	Adults	Adults

Little Dragons: Ages 4 to 6
Warriors: Ages 7 to 12 (White to Green Belts)
Gladiators: Ages 7 to 12 (Camo to Brown Belts)
Spartan: Ages 7 to 12 (Red to Black Belts)
Black Belts: Black Belts All Ages
Adults: Ages 13+ (All Belts)

NEW SCHEDULE AS OF AUGUST 21st 2017