

Phoenix Fitness



357 N. Sheridan St.
Suite 130
Corona, CA 92880

Phone: 951-733-8556
Email: PhoenixFitCorona@aol.com
Website: www.PhoenixFitnessCorona.com

ANY CHANGES TO CLASS HOURS WILL ALWAYS BE POSTED ON OUR WEBSITE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning classes: 5:15a Circuit Training 6:00a Phoenix Strength 6:45a Cardio/Core trng 7:30a Glute Fusion	Morning classes: 5:15a Phoenix Strength 6:00a Cardio/Core trng 6:45a Glute Fusion 7:30a Circuit Training	Morning classes: 5:15a Cardio/Core trng 6:00a Glute Fusion 6:45a Circuit Training 7:30a Phoenix Strength	Morning classes: 5:15a Glute Fusion 6:00a Circuit Training 6:45a Phoenix Strength 7:30a Cardio/Core trng	Morning classes: 5:15a Circuit Training 6:00a Phoenix Strength 6:45a Cardio/Core trng 7:30a Glute Fusion	By appointment only	By appointment only
Afternoon/Evening Classes: 4:15p Phoenix Strength 5:00p Cardio/Core trng 5:45p Glute Fusion 6:15p Cardio Dance	Afternoon/Evening Classes: 4:15p Cardio/Core trng 5:00p Glute Fusion 5:45p Bolly-X (1 hour dance class)	Afternoon/Evening Classes: 4:15p Glute Fusion 5:00p Circuit Training 5:45p Phoenix Strength 6:30p Cardio/Core trng	Afternoon/Evening Classes: 4:15p Circuit Training 5:00p Phoenix Strength 5:45p Cardio/Core trng 6:30p Glute Fusion	Afternoon/Evening Classes: By Appointment Only		



**DON'T FORGET:
FOR EVERY PERSON YOU REFER THAT JOINS,
YOU GET **50% OFF** YOUR NEXT MONTH!**