

**4th Kup Blue Belt Test**

1. Taegeuk 5 (Oh Jang, Wind, 20 moves -Seon)
2. Taegeuk 4 (Sah Jang, Thunder)
3. Combination kicking – side kick/back kick
4. combination kicking – skip turning kick/back kick
5. 1 step sparring attack left and right simple techniques with some legs £ variations same each side.
6. 1 for 1 kicking & 3 step kicking with counter kick
7. Free sparring own protective equipment

8 Line up measure up & then Break using back kick