

Sailing Camp
Indian Lake Yacht Club
June 19 – 23, 2023 9:00 – 3:00

Ages 10 – 17 years
Cost: \$95.00/Student
\$70.00 ILYC Members

What To Expect

- Campers will receive instruction in basic sailing through hands on activities and games. Skills are practiced on the water sailing Sunfish and 420 sailboats.
- Students sail with a partner and receive on the water coaching and support by adult instructors
- The goal is to learn the basics of sailing in a safe environment and to have FUN!
- Each student will receive a camp T-shirt.
- Space is limited and camp can fill up quickly.
- If you would like to be contacted for more information visit www.indianlakeyachtclub.com

Registration Form

Students Name: _____ DOB: _____ Age: _____

Address: _____

Parent/Guardian Name: _____

Primary Phone: _____ Secondary Phone: _____

Email Address: _____

Payment Enclosed – Make checks payable to ILYC \$ _____

T-Shirt Size: Adult S _____ M _____ L _____ XL _____

Mail completed registration form with payment to: ILYC Sail Camp
c/o Jonathan Eckels
722 Deerfield Trail
Springfield, OH 45503

Bring remaining Medical, Permission & Liability forms at registration and check-in on first day of camp.

Indian Lake Yacht Club

Sailing Camp Information

Sailing Camp is hosted by the Indian Lake Yacht Club. Camp is open to youth who are interested in learning the basics of small boat sailing and can be introduced to the sport of sailboat racing. Each day's program will begin at 9:00 AM and end at 3:00 PM, with the exception of the first day, which begins at 8:45 for registration. Each student will receive a camp T-shirt and certificate of attendance.

Swim Test

Each student will be required to pass a swim test as a prerequisite to sailing instruction. The swim test consists of floating or treading water for 1 minute without a lifejacket or PFD (personal flotation device). Swim any stroke for 25 yds without a PFD & swim any stroke for 25 yds while wearing a PFD.

Basic Small Boat Sailing

Students will be instructed in sailing basics, knots, water safety and weather. These skills will be practiced and reinforced on the water sailing in Sunfish and 420 sailboats. Students will sail with a partner and are coached and supported by adult instructors.

Conduct

Students are expected to follow the safety and personal conduct rules for camp. Sailing is an active, high adventure sport and requires that students listen to instruction and follow the direction of the instructors while onshore and on the water.

If a student is disrespectful or disruptive and affects the instruction of other students or becomes a safety concern for the student or others, the problem will be explained to the student and their parent. A plan for corrective action will be made. The parent may be required to attend the remainder of the camp or the youth may be asked to leave without refund of the camp tuition.

What To Bring

- Students must bring a US Coast Guard approved lifejacket (PFD) and it must be the proper size for the student (snug fit).
- Bring clothes to wear in the water, including a t-shirt, shorts or swimming suit, shoes and a windbreaker. Plan on getting wet every day. Most students bring a towel and dry clothes and shoes to change into.
- Everyone must bring a hat, water bottle, sunscreen and UV protective sunglasses are recommended.
- Everyone is required to wear closed toe shoes on all boats. Deck shoes, tennis shoes, fitted waterproof sandals (Tevas) or dinghy boots are recommended. Sandals with only toe straps are not appropriate.
- Everyone should bring a packed lunch and drink each day. Refrigeration and microwave are available at the club
- Please do not bring valuables to camp. ILYC is not responsible for loss or theft of items.
- If you own a Sunfish the student may use it for camp. Please contact for arrangements.

Indian Lake Yacht Club
Medical/Emergency Treatment Information

Participant's Full Name: _____
Date of Birth _____ Age _____ Grade Completed _____
Height _____ Weight _____
Parent's Names _____
Local Address _____
Cell Phone # _____
Work Phone # _____
Alternate Phone # _____
Guardian's Name (if appropriate) _____
Guardian's Local Address _____
Family Physician _____ Physician's Phone _____
Physician's Address _____

Chronic Conditions – checks is yes and provide details

_____ Asthma or other respiratory problems _____
_____ Circulatory or heart problems _____
_____ Diabetes or hypoglycemia _____
_____ Epilepsy or convulsions _____
_____ Hemophilia or other bleeding problems _____

Allergies

_____ Foods _____
_____ Medications _____
_____ Other _____

Other

_____ Ear Infections _____
_____ Serious Injury _____
_____ Physical Problems or Handicaps _____
_____ Other Health Related Issues _____

Date of last tetanus shot _____
Current Medications _____
Health Insurance Company _____
Policy Number _____ Group Number _____

Blanket Permission Form

My child has permission to attend trips, lessons, regattas, and any other Junior/Advanced Sailing functions, either on or off the Indian Lake Yacht Club premises. She/he may sail, walk, ride a bike, or be transported by private car or powerboat.

Students Name _____

Parent or Guardian Signature

Date

Emergency Treatment Permission Form

Student's Name: _____

If the event the above named child is injured, I hereby give my permission for the administration of minor first aid procedures, by ILYC staff. I also give my permission for the ILYC staff to exercise their own judgment in calling the physician above, or to arrange transport for the child to the emergency room. Further, if I cannot be reached in an EMERGENCY, I hereby give my permission to any physician to secure proper treatment for, and if required: to hospitalize, order injections, anesthesia or surgery for my child.

Parent or Guardian Signature

Date

WAIVER OF LIABILITY AND ASSUMPTION OF RISK

Student's Name: _____

I am familiar with the activities my child will be undertaking as a participant in the ILYC Junior Sailing Program. As the parent or legal guardian of the child named above, I hereby give my full consent and approval for my child to participate in these activities. I also understand there are certain risks of injury inherent in these activities, as well as in traveling, and other related activities incidental to my child's participation. These risks include but are not limited to sunburn, heat stroke, dehydration, hypothermia, cuts, bruises, head injuries, drowning and broken bones. I am willing to assume these risks on behalf of my child. I hereby certify that my child is healthy and has no physical or mental disabilities, or infirmities that would restrict full participation in these activities, except as listed below:

In addition to giving my full consent for my child's participation, I do hereby waive, release, and hold harmless the Indian Lake Yacht Club, its trustees, members, flag officers, employees, parent leaders, program directors, coaches, and any affiliated organizations, and the representatives of any of them, from any and all claims for damages caused by property damage, injury or death to my child or any other person, arising from my child's participation in the ILYC Junior Sailing Program, whether the result of negligence or any other cause.

Student's Signature

Date

Parent or Guardian Signature

Date

Witness Signature

Date

Minor Photo Release Form

I, _____, the parent or

Legal guardian of _____ (student) grant

Indian Lake Yacht Club my permission to use photographs taken during

the week of sailing camp to use for illustration or advertising.

I understand that no royalty, fee or other compensation shall become payable to me by reason of such use.

Parent/Guardian's Signature: _____ Date: _____

Parent/Guardian's Name: _____

Student's Name: _____