

AARP CHAPTER 1917

May 2010

CALENDAR OF EVENTS

OFFICERS

President

Nancy Howard
410-524-1881

Vice President

James Watts
410-524-1224

Recording Secretary

Sue Harting
410-250-3497

Corresponding Secretary

Gertrude Apple
410-250-3384

Treasurer

William Shoop
410-723-6409

DIRECTORS

Frank Hoover
410-289-4995

Ray Jackson
410-251-5800

Barbara Murphy
302-537-6363

Carlyn McMullen
410-250-0676

Marianne Eby
410-250-4687

Alcea Sprung
410-352-5748

COMMITTEE CHAIRS

Membership

Louise Fox
410-250-5788

Tours

Barbara Murphy
302-537-6363

May 13, 2010 – 9:30 AM – *Membership Meeting* - Speaker will be Joe Colantuoni, the Assistant Branch Manager of the Ocean City Branch of the Worcester County Library system. Mr. Colantuoni will discuss the Modern Library. Other: [Note National Day of Service on next page.](#)

September 8, 2010 – 11 AM - *Chapter Picnic* – Details next page.

December 14, 2010 – 10 AM - *Holiday Luncheon* – Details last page.

Membership Meetings are held in the Community Center at Northside Park, 125th Street, Ocean City, on the second Thursday each month. Coffee & Conversation at 9:30 a.m. No meetings in July & August.

Board Meetings are held at the Senior Center next to the Convention Center in Ocean City on the first Thursday each month.

Travel News ...

2010 Trips

1. New York City, Statue of Liberty & Ellis Island - May 17. This is a one-day trip. We will take the ferry to the Statue of Liberty and then to Ellis Island. We will stop at a rest area for a quick lunch on the up. We will also stop at Mastoris in NJ for dinner (both meals “on you”). We are full at this time, but you may sign up for a cancellation. Cost is \$69. Barbara 302-537-6363.
2. Alaska Cruise - July 11. This has been filled. However, you might be able to sign up. We had one cancellation, but I’m not sure if we can add a new passenger at this time. Mary Ann 302-988-1149.
3. Mackinac Island, MI. - Sep. 27-Oct. 1. If you are interested, I will have flyers. Sounds like a great trip. I will also have the pricing at the May meeting. Barbara 302-537-6363.
4. Foxwood & Newport, RI - Oct. 18. Three nights and 6 meals (3 breakfasts, 3 dinners). Visit to Mohegan Sun Casino and guided tour of Newport which includes an old mansion and surrounding grounds. \$470.00. Frank 410-289-4995.
5. Williamsburg, VA. - December 5-8. Three days and two nights. See flyer for more details. Cost is \$380 per person, double occupancy. Norma 410-641-5450.

2011 Trips

1. Taj Mahal - Atlantic City, Jan. 10-12. Cost is \$190.00 with \$30 cash to gamble. We will not be paying for dinners (they charge us \$20 for dinner), but if you go to the cafeteria, it only costs you \$17, or you can go to the Resorts via the skywalk and eat at their cafeteria for \$13. There are also reasonably priced restaurants in the Taj. Barbara 302-537-6363.

May 13 is the AARP National Day of Service and members are asked to bring to the meeting non-perishable food stuffs that will be distributed to Diakonia and personal products (no glass) that will be distributed at the Berlin Nursing Home.

Be Someone's Hero. Give Blood.



Join the Blood Bank !

If you are not currently a member of the Blood Bank of Delmarva, you should consider the benefits of joining the group membership.

Find out why you should join the "Group Membership" by picking up an application at our AARP monthly meeting at a table in the rear of the meeting hall.

If you want to know more about it and cannot be at our meeting to pick up an application, please call Alcea Sprung at 410-352-5748 or e-mail your request to asprung@comcast.net.



Annual Picnic

Our annual AARP picnic will be September 8, 2010 at the Northside Park Patio, 127th Street, Ocean City from 11 AM to 3 PM. Food will be catered by Jimmy's Grille in Bridgeville and DJ Rupe will provide the entertainment. There might be some surprises! All of this for just \$16.00! It's the best deal in town! Tickets go on sale at our May and June meetings. Guests are welcomed, so tell your friends about the delicious food Jimmy's serves and bring them to the picnic. Make your check payable to AARP, Chapter 1917. Reservations are needed so if you need additional tickets, please send your check to Dubby Eby, 610 Oyster Lane, Ocean City, MD 21842 along with a self-addressed STAMPED envelope. Lunch will be served around noon.

Menu

Fried Chicken – Hamburgers – Hot Dogs
Salads (Potato, Macaroni, Strawberry Pretzel)
Baked Beans – Cole Slaw – Melon Tray
Cucumbers and Onions – Corn on the Cob
Tomato, Onion, and Pickle Tray – Rolls
Desserts – Iced Tea - Lemonade

Maryland AARP Regional Summit – April 28, 2010

Nancy Howard, Jim Watts, and Garry Fox represented the chapter at this meeting in Pocomoke. Topics covered included social Media/Networking, Best Practices, the AARP Mission, Networking, and the New Health Care Law. The attendees felt the meeting was very informative and will contribute to future chapter activities.

AARP Regional Board Meeting – May 2010

Chapter 1917 Board Members met earlier this month with board members from other AARP Chapters on the Lower Eastern Shore. This introductory get-together was productive. It seems that all the chapters are experiencing many of the issues we face. It was decided to meet again in six months in a more 'formal' meeting. As a Chapter, we can formulate the issues we want to take to that meeting. We'll keep you posted.

Did you know?

Cash for appliances:

Maryland and Delaware will give you rebates for qualified energy efficient appliances. Maryland has rebates for specific clothes washers, refrigerators, and heat pump water heaters, and Delaware has rebates for specific clothes washers, dishwashers, room air conditioners, and gas water heaters. See <http://www.energy.maryland.gov/appliancerebateprogram.asp> and <http://www.energizedelaware.org/residential/appliance-rebate-program> for more details.

Alternative Cancer Treatments:

There is a web site devoted to alternative treatments for cancer. The project was started by a breast cancer survivor and the web site is <http://www.annieappleseedproject.org>. There is more information about it the "Battling Cancer" article in the April AARP Bulletin.

Free Health Magazine:

How about a bi-monthly magazine that gives expert, unbiased information on the latest news and research on wide-ranging topics such as PAD, heart disease, senior citizen abuse, diabetes and many other issues? Delivered to your door and absolutely free! Pick up a copy of the Medlineplus magazine at our May meeting at a table in the back of the room. There is a subscription sign-up card inside the magazine or you can subscribe online at <http://www.nlm.nih.gov/medlineplus/magazine/>.

AARP Driving Course

June 4, 9:30 am. - 3:30 pm, \$12 members, \$14 non-members
Reservations required: Dave Lloyd 410-641-6278





AARP Holiday Luncheon 2010

The AARP Holiday Luncheon will be held at the Clarion Hotel on Tuesday, December 14, 2010. A cash bar will be available. The Meeting will take place at 10:00 AM and will include:

- The discharge of officers and board members ending their term.
- Induction of new officers and board members.
- Entertainment will start at 11:00 AM
 - The Ocean City Stars (OC Elementary School)
 - Seaside Dancers
 - Stephen Decatur Performers
 - Comedian Dubby Eby
- Welcome and Blessing before lunch is served, will be given by Grace Jenkins.
- Luncheon will be served at 12:00 noon. The menu will include:
 - + Cranberry Juice and Special Crackers
 - + Fruit Cup – Strawberries, Grapes, Cantaloupe, Pineapple
 - + Chicken Sonoma – Boneless Breast of Chicken filled with Spinach, Ricotta Cheese and Sun Dried Tomatoes, in a Cream Sauce
 - + Chef's choice of Pasta
 - + Chefs Choice of Vegetables
 - + Rolls and Butter
 - + Beverages: Coffee, Tea, Decaf, and Iced Tea
 - + Lemon Meringue Pie

Tickets: \$20.00 per person, can be obtained at the AARP meeting or by sending a self-addressed STAMPED envelope along with the check to:

Alcea Sprung
12300 Point View Road
Bishopville, MD 21813
Telephone: 410-352-5748

Tables of 10 or 12 can be arranged.



Newsletter Feedback: Please send constructive feedback or suggestions to Garry Fox at susaf@uahoo.com or call him at 410-250-5788.