



New book offers helpful guide to prevent attacks

FOR THOSE who want to beat heart attacks before they occur, a fascinating new book, "Hidden Causes of Heart Attack and Stroke," provides a wealth of up-to-date practical information, much of which even some doctors aren't fully up on.

Authored by businessman and heart patient Christian Wilde, the book is written in simple nontechnical language, yet covers the latest research on a variety of cardiac risk factors, including the tissue inflammation and blood clotting factors.

And even though Wilde is a layman, top medical experts love the book.

"The information is timely and important," commented Dr. Michael Miller, director of Preventive Cardiology at the University of Maryland Medical Center. "A must-read for anyone who wants to help themselves or a loved one avoid a heart attack or stroke."

Adds Dr. Gregory Guldner, director of the emergency medicine residency program at Loma Linda University: "Much of what Christian Wilde suggests today is destined to become standard medical practice in the next decade."

"Until this book, a reliable resource for the patient was simply not available," comments John Rumberger, clinical professor of medicine at Ohio State University and former clinical professor at the Mayo Clinic.

The book is available at bookstores across the country or you can log on to www.abigon.com or call toll-free 1-888-281-5170.

SIMPLE TREATMENT DRAMATICALLY CUTS RISK OF DEATH FROM HEART ATTACK

A CHEAP intravenous solution of mostly sugar can slash the death rate for heart attack victims by an incredible 71 percent with absolutely no negative side effects!

That's the remarkable finding of a dramatic new Dutch study published recently in the Journal of the American College of Cardiology.

"If this simple, inexpensive treatment was administered to every American suffering a heart attack, we could save 30,000 lives a year," declared Dr. Carl Apstein, professor of medicine at the Boston University School of Medicine.

The IV solution, known as "GIK," contains

HEART ATTACKS don't have to be fatal. A new technique could save 30,000 lives a year.



glucose, insulin and potassium. It saves lives by providing fuel in the form of sugar to struggling heart muscles while the insulin and potassium widen blood vessels to improve blood flow.

Dutch researchers, headed by Dr. Iwan C.C. van der Horst, came up with their findings after looking at 940 patients who were each rushed to the hospital following a heart attack.

Nearly all patients had angioplasties, the insertion of a balloon catheter into a blocked artery to increase blood to their hearts. Half were put on intravenous GIK and kept on it for at least eight hours after the angioplasty, while the others did not receive the treatment.

Of those who didn't get GIK therapy, 4.2 percent died. But of those who received the solution, only 1.2 percent died — a 71 percent drop in the death rate!

So why isn't every hospital in the U.S. treating heart attack victims with GIK?

Even though it has been around for 40 years, Apstein says very few hospitals are using it because the big drug companies can't make money off sugar — so they can't be bothered doing the studies necessary to approve it.

"It is absolutely pathetic that the medical community is still debating the benefits of GIK therapy, still awaiting definitive results from studies," Dr. Apstein declared.

"Hundreds of thousands of lives could have been saved if it had been studied thoroughly."

"Typically, pharmaceutical firms sponsor such research. But, none of the elements of GIK therapy can be patented, meaning there is no profit motivation for them. And if they can't make a profit on it, they aren't interested in it!"

Apstein says it will take millions of dollars to conduct the studies needed to answer all of the questions associated with GIK therapy. He hopes that a nonprofit organization or a private philanthropist will pick up the tab.

Adds the doctor: "If Bill Gates would underwrite a study on GIK therapy, I would kiss his shoes!"

— FRANKLIN RUEHL