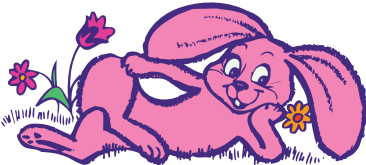



ST. CHARLES AREA AGENCY ON AGING • MARCH 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Your Contributions are Greatly Appreciated.</p> <p>Please Help Your Council on Aging Help Others.</p>		<p>All Meals are Served With 1/2 Pint of 2% Milk.</p>	<p>Chicken Noodle Soup Broccoli Cuts Whole Kernel Corn Saltine Crackers Fruit & Grain Bar Margarine</p> <p style="text-align: right;">1</p>	<p>Shrimp Etouffee w/Rice Southern Green Beans Apple Juice Whole Wheat Bread Chocolate Pudding</p> <p style="text-align: right;">2</p>
<p>Meatball Hoagie w/Creole Sauce Lima Beans Capri Blend Vegetables Applesauce</p> <p style="text-align: right;">5</p>	<p>Red Beans & Sausage w/Brown Rice Garden Salad w/Dressing Seasoned Turnip Greens Cornbread Raisins</p> <p style="text-align: right;">6</p>	<p><u>BREAKFAST SPECIAL</u> Brkfst Sausage or Ham Grits / Biscuit Orange Juice Escaloped Apple/Cranb Fruit & Grain Bar Jelly / Margarine</p> <p style="text-align: right;">7</p>	<p>Hamburger on a Bun Lettuce/Tomato/Pickle Mayo/Mustard Baked Beans Cardinal Citrus Gelatin Chocolate Milk</p> <p style="text-align: right;">8</p>	<p>Shrimp Creole w/Brown Rice Southern Green Beans Mixed Fruit White Dinner Roll Strawberry Crunch</p> <p style="text-align: right;">9</p>
<p>Chicken & Sausage Jambalaya Cabbage Glazed Carrots White Dinner Roll Fresh Fruit</p> <p style="text-align: right;">12</p>	<p>Hearty Beef Vegetable Stew Brown Rice Chuckwagon Corn Whole Wheat Bread Fruit Punch Margarine</p> <p style="text-align: right;">13</p>	<p><u>BIRTHDAY SPECIAL</u> Chicken & Sausage Gumbo w/Rice Okra & Tomatoes Potato Salad Saltine Crackers Cake/Ice Cream Cup</p> <p style="text-align: right;">14</p>	<p>A-1 Chopped Steak w/Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Bread Fruit & Grain Bar</p> <p style="text-align: right;">15</p>	<p>Tuna Salad Sndwch or Ham/Cheese Sndwch on Whole Wheat Bread Potato Chowder Winter Blend Vegetables Peach Crisp</p> <p style="text-align: right;">16</p>
<p>Beef Chili w/Beans Steamed Spinach Whole Kernel Corn Saltine Crackers Mandarin Oranges Margarine</p> <p style="text-align: right;">19</p>	<p>Turkey & Cheese Sandwich on Whole Wheat Bread Lettuce & Tomato Mayo / Mustard Pickled Beets Fresh Orange</p> <p style="text-align: right;">20</p>	<p>Ham w/White Beans & Rice Carrots Coleslaw Cornbread Variety Moon Pie</p> <p style="text-align: right;">21</p>	<p>Spaghetti w/Meat Sauce Garden Salad w/Italian Italian Blend Vegetables Garlic Bread Apple Cobbler</p> <p style="text-align: right;">22</p>	<p>Seafood Salad or Chicken Salad Italian Dressing Vegetable Soup Broccoli Cuts Saltine Crackers Bread Pudding/Raisins</p> <p style="text-align: right;">23</p>
<p>Sliced Roasted Turkey w/Gravy Smothered Potatoes Carrots Whole Wheat Bread Fresh Orange Margarine</p> <p style="text-align: right;">26</p>	<p>Ham & Blackeyed Peas w/Rice Coleslaw Steamed Spinach Cornbread Fresh Banana</p> <p style="text-align: right;">27</p>	<p>Hamburger w/American Cheese on a Bun Lettuce/Tomato/Onion Baked Beans Peach Cobbler</p> <p style="text-align: right;">28</p>	<p><u>EASTER SPECIAL</u> Roast Pork w/Gravy Steamed Rice Candied Sweet Potatoes Mandarin Oranges White Dinner Roll Coconut Bar</p> <p style="text-align: right;">29</p>	<p><u>CLOSED FOR HOLIDAY</u></p>  <p style="text-align: right;">30</p>