

Koinonia Pantry Needs

June 2015



Eggs

Milk

Dried Beans

Cooking Oil

Comet, Mr. Clean, Etc.

Hot Dogs

Coffee

Flour

Mayonnaise

Dried Beans

Dishwasher Detergent

Fresh Fruit/Vegetables

Dollar Tree and Grocery Store Gift Cards

Tips for Healthy Food Donations

- *Limit foods high in fat and sugar*
- *Consider making half your donation in fruits and vegetables (canned, frozen or fresh)*
- *Look for foods with low or reduced sodium*