Thursday

Dinner

Spicy Seared Ahi Tuna or Spicy Thai Tofu(V) with Cucumber Ginger Sunomono Salsa
Sautéed Green Beans & Roasted Japanese Purple Sweet Potato
Cabbage & Mango Salad with Red Bell, Carrot, Tomato, Jicama, Cucumber, Toasted Almonds, & Sweet
Orange & Chili Vinaigrette

Friday

Breakfast

Tortilla Espanola-Spanish Omelet with Layers of Onion, Pasilla Pepper, Potato, Manchego & Fontina Cheese Served with Smoked Bacon, Spanish Chorizo, Avocado, Salsa Roja, Gypsy Fruit Salad

Dinner

Grilled Moroccan Chicken or Roasted Eggplant(V) with Tzatziki Sauce
North African Cous Cous with Cauliflower, Red Bell Pepper, Garbanzo Bean, Zucchini, Green Onion
Mediterranean Salad with Arugula, Romaine, Radicchio, Artichoke Hearts, Cucumber, Cherry Tomato, Roasted
Red Pepper, & Champagne Shallot Vinaigrette

Saturday

Breakfast

Veggie Scramble with Cheddar /Tofu & Spinach Scramble Deep Playa Potatoes, Smoked Bacon, & Gypsy Fruit Salad

Dinner

Porcini Mushroom Seared Filet Mignon with Red Wine Sauce or Sautéed Garlic Tempeh(V)

Sautéed Broccoli Rapini & Roasted Baby Potatoes

Mixed Greens & Endive Salad with Crushed Hazelnuts, Roasted Pears, Avocado, Crispy Fennel, Roasted Beets,

Goat Cheese, Tomato, & Balsamic Vinaigrette

Sunday

Breakfast

Belgian Waffles with Berries & Whipped Cream, Scrambled Eggs, Bacon & Sausage, Gypsy Fruit Salad **Dinner**

Grilled Tarragon Salmon or Grilled Polenta Cake(V) with Lemon Oil, Capers, & Roasted Baby Tomato Vegan Quinoa Succotash with Red Pepper, Onion, Carrot, Corn, Peas, & Zucchini Kale & Butter Lettuce Salad with Marinated Red Onion, Cucumber, Dried Cranberries, Toasted Pepitas, Tomato, Feta, & Honey Citrus Vinaigrette

Early Arrival Only

Wednesday Dinner

Jamaican Jerk Chicken or Jerk Tofu
Toasted Coconut Rice & Grilled Garlic Asparagus
Organic Mixed Greens, Daikon, Cantaloupe, Snap Peas, Tomato, Marinated Cucumber, Carrots, Crisp Noodles,
Bean Sprouts, & Sesame Lime Dressing

Thursday Breakfast

Veggie Scramble with Cheddar /Tofu & Spinach Scramble Deep Playa Potatoes, Smoked Bacon, & Gypsy Fruit Salad