

**Maintain your health and look fresh and young at any age!**  
**Hair Skin & Nails Plus** is multi-nutrient formula designed to support the nutritional needs of women. We have formulated a unique blend of vitamin, minerals, free-radical fighters and herbs to help keep you going in the busy lifestyle you lead. \*\*

**SUGGESTED USE:** Adults take two (2) capsules daily with a meal

**KEEP OUT OF REACH OF CHILDREN.** Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant.

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**Doctor's Blend™**



1200 EAST WALNUT AVE · DALTON GA 30721 · WWW.DOCTORSBLEND.COM

Warning: •Store at 15-30°C (59-86°F).

•Protect from heat, light and moisture. •Do not purchase if seal is broken.



100%  
Pure



# HAIR, SKIN & NAILS PLUS

\*\*21 Essential Vitamins & Minerals

\*\*Hair, Skin & Nails Blend

\*\*Bone Support Blend

\*\*Hormone Blend

\*\*Plus More

DIETARY  
SUPPLEMENT

30 Day Supply  
60 Capsules

\*Prohibited to be sold through auction websites!



## Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin D (as D3 Cholecalciferol)	600 IU	150%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Vitamin K (as Phytanadione)	150 mcg	188%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	80 mg	5333%
Riboflavin (Vitamin B-2)	80 mg	4706%
Niacin (as Niacinamide)	80 mg	400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	80 mg	4000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	80 mcg	1333%
Biotin (as d-Biotin)	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg	800%
Calcium (as calcium Carbonate)	500 mg	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodine)	150 mcg	100%
Magnesium (as magnesium Oxide)	250 mg	63%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Alpha Lipoic Acid	25 mg	*
Hesperidin Complex	.5 mg	*
Vanadium	100 mg	*

## Amount Per Serving ..... %Daily Value

Hair Skin & Nails Plus		
Proprietary Skin, Hair, Nail Blend	100 mg	*
Collagen (Hydrolyzed Gelatin), Choline Bitartrate, Inositol, Silica (as SiliconDioxide)		
All-In-One Women's Multivitamin		
Bone Support Blend	100 mg	*
Soy Isoflavones, Boron (as Sodium Borate), Fish Oil Concentrate, Ipriflavone		
All-In-One Women's Multivitamin		
Energy Blend	100 mg	*
Green Tea Extract (Camellia sinensis) (leaf), Korean Ginseng (Panax Ginseng) (root), Spirulina		
All-In-One Women's Multivitamin		
Antioxidant Cardio Blend	100 mg	*
Citrus Biflavonoids (Citrus limon) (fruit), Garlic (allium sativum) (bulb), Black Currant (Ribes nigrum) (fruit), Bilberry (Vaccinium myrtillus) (fruit), Elderberry (Sambucus nigra) (fruit), Grapeseed Extract (Vitis cinifera), Brussels Sprouts Extract, Astaxanthin Complex, Kale Extract, Cauliflower Extract, Lutein, Celery Seed Extract (Apium graveolens), Carrot Extract, Broccoli Extract, Cabbage Extract, Zeaxanthin, Super Oxide Dismutase, Lycopene, Coenzyme Q-10, Pycnogenol® (pinus pinaster) (maritime Pine Bark Extract)		
All-In-One Women's Multivitamin		
Herbal Blend	100 mg	*
Ginkgo Biloba (Ginkgo Biloba) (leaf), Barley Grass (Hordeum Vulgare) (areal), Chamomile (Matricaria recutita) (areal), Cranberry (Vaccinium macrocarpon) (fruit), Vitex Chasteberry (Vitex agnus-castus) (fruit), Red Raspberry (Rubus Idaeus) (leaf), Red Clover (Trifolium pratense) (flower), Dong Quai Extract (Angelica sinensis) (root), Wild Yam Extract (Dioscorea villosa) (root)		

† % Daily Value not established.

\*Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, Calcium Carbonate and Magnesium Stearate. Contains milk, soy and fish (sardine, anchovy, menhaden) ingredients