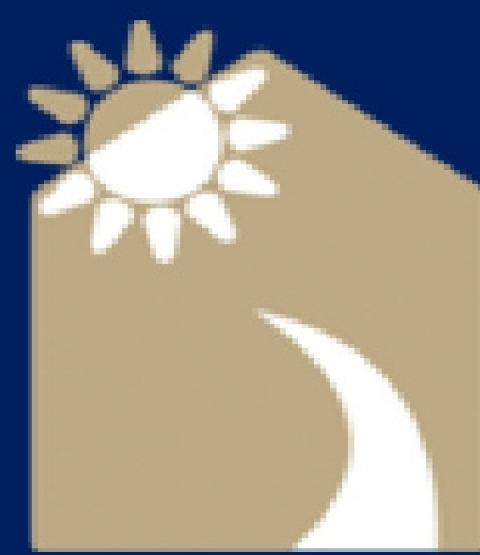




Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street. New York, NY 10038 || Tel: (212)-788-5580

早餐 9 月 5 日起恢复 Breakfast restarting serving from 9/5

Lunch 午餐服務 Monday to Friday 周一至周五 11:30AM - 12:30PM

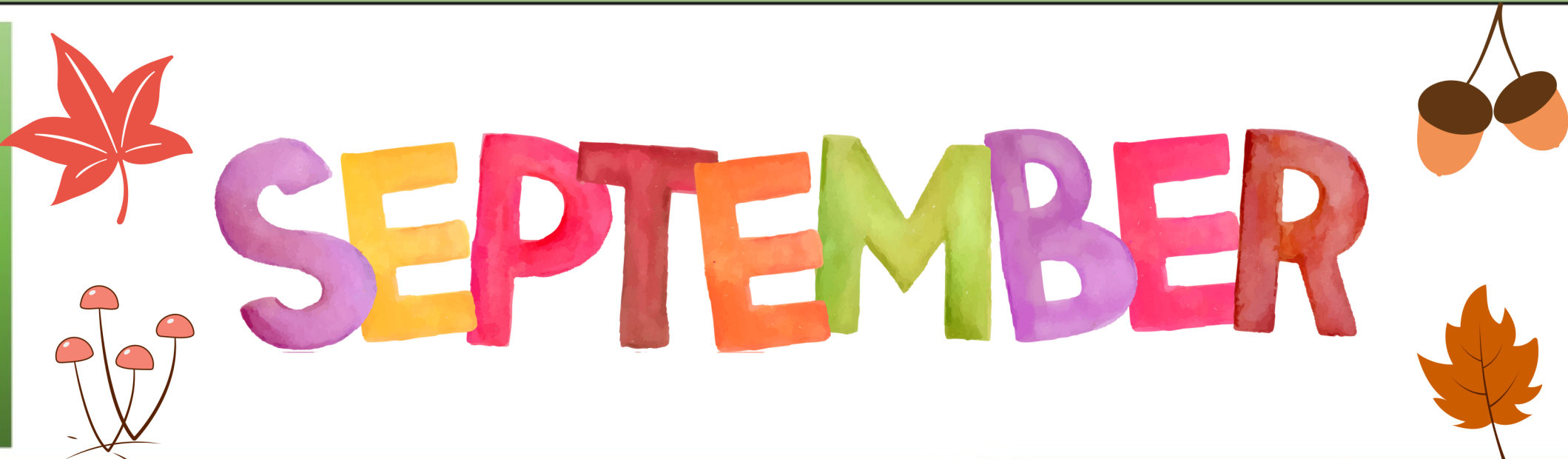
Social Assistance Services 社工服務
Monday to Friday 周一至周五 9:00AM-12:00PM



2023 九月份的中心活動日曆 Calendar September 2023 In person, Hybrid & Virtual

WHOLE DAY 全天活動

- Computer Lab 電腦室/ Library 圖書室 (newspaper& books 當日報紙, 圖書)
- Ping Pong 乒乓球 9am-3pm
- Chinese Chess 象棋 / Multimedia: TV show/ movie day 電影 / 電視 (大厅)



Our dining hall will be closed during the construction.
Please stay tuned for updates on our WeChat account.
維修工程期間, 本中心食堂大厅將會關閉, 圖書館及活動室照舊開放。
詳細信息, 請查看我們微信公眾號通知。

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
9: 00 Breakfast 早餐恢复				
9:30am-10:30am Yuan Chi Dance 元极舞	9:30am-11:30am Calligraphy/ Chinese Painting 書法班/中国画	9:30am-10:30am Tai Chi 太极	9:30am-10:30am Zumba 森巴舞 (9/14; 9/28)	9:30am-11:30am ESL@ Zoom 英文课 Zoom ID 92996188453 Passcode(密碼): 016829
9:30am-11:00am Piano Class Advanced 中级钢琴课	9:30am-11:00am Smart phone and Tablet class (Hybrid) Zoom ID698 491 2039 Passcode (密碼): chscchsc 手機，平板電腦應用課	9:30am-11:30am Origami/ Paper Folding 折纸艺	9/21 10:30am-11:30am Nutrition workshop 膳食营养讲座（控制饮食分量）	10am-11:30am Music Group 音乐组
		10:30am-11:30am Blood pressure 量血壓		10:00 am-11:30am Square Dance 廣場舞
		9:30 am-11:30am English Conversation 英语会话课		9/22 10:45am-11:45am Elderly Abuse Awareness workshop 老年人虐待防範讲座
11: 30am – 12:30pm 午餐 Lunch				
1:00pm-3:00pm Piano Class Beginning 初級钢琴课	1:00pm-2:30pm (Cancelled-取消) Social Dance Class 交谊舞课	1:00pm -3:30pm Chinese Opera 京剧	1:00pm - 2:30pm Dance Class 民族舞蹈课	1:00pm-3:00pm Chorus 合唱團
9/4 Labor Day Center will be closed 劳动节放假一天	1:00pm-3:00pm Computer Class 電腦課 @ Zoom ID 748 6387 504 Passcode 密碼: 3cLnYE	1:15pm-3:15pm Karaoke 卡拉 OK	1:15pm-3:15pm Karaoke 卡拉 OK	9/29 Happy Mid-Autumn Festival! 中秋节快乐!
	1:15pm-3: 15pm Karaoke 卡拉 OK	1:00pm-3:00pm Computer Class 電腦課@ Zoom ID: 748 6387 504 Passcode 密碼: 3cLnYE	1:00pm - 3:00pm Social Dance Group 交谊舞 (Cancelled-取消)	