

Mod6 test

1. Which form of estim did Dr Hawley say he used mostly
 - a. Russian
 - b. Interferential
 - c. Pre mod
 - d. Galvanic
2. Which is not ok to use Estim on
 - a. Spastic muscles
 - b. Muscle bellies
 - c. Chronic muscle pains
 - d. Open wounds
3. Ultrasound works by
 - a. Light energy
 - b. Sound energy
 - c. Vibrational energy
 - d. Cold energy
4. When performing ultrasound you should
 - a. Hold the head of the device in one spot without moving
 - b. Use no coupling agent (lotion)
 - c. Use over open wounds
 - d. Keep the head moving so as to not "cook the tissues"
5. Which type of laser did Dr Hawley state was used in the clinics for rehab work
 - a. Hot
 - b. Cold
6. Which will penetrate the tissues deeper.
 - a. Dry heat packs
 - b. Moist heat packs
7. What does AROM stand for
 - a. Activities Randomized over Motion
 - b. Active Routines on Monday
 - c. Active Range of Motion
8. When do you use AAROM
 - a. During initial rehab
 - b. When you turn 65 just like AARP
 - c. When you get car insurance just like AAA
 - d. During later stages of rehab
9. How do you know when to go from passive to active rehab
 - a. When the client tells you to
 - b. On the 1st Monday of the following month
 - c. After the patient has been in for 2 weeks
 - d. When the patient can perform normal (or close to) normal ROM without pain

10. When you are performing a biceps curl you are essentially doing
- a. Isometrics
 - b. Isotonics
 - c. Isotoner
 - d. Isoelectrics