




Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069

COME JOIN US!!!
 Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm

MAY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
					1 County Beef Noodle Casserole, Broccoli, and Strawberry Shortcake	2
3	4 Chicken Fajitas w/Peppers & Onions, Whole Wheat Tortillas, Mexican Spinach Salad and Pineapple & Coconut	5 Baked Potato Bar, Broccoli Onions, Tossed Salad, Whole Wheat Roll and Apples	6 Chinese Chicken Salad w/Chow Mein Noodles, Whole Wheat Roll, Mandarin Oranges and Fortune Cookies	7 Meat Loaf, Mashed Potatoes w/Gravy, Steamed Carrots, Romaine Salad w/Tomatoes & Peppers, Whole Wheat Bread	8 <i>Happy Mother's Day</i> Pulled Pork Sandwich, Sweet Potato Fries and Cherry Crisp	9
10	11 Chicken & Pasta Marino, Spinach Salad w/Green Peppers, Garlic Bread	12 Pasta Primavera, Italian vegetables, Orange and pudding cup	13 Crispy Baked Chicken, Mashed Potato, Peas, Tossed Salad and Whole Wheat Roll	14 Sweet & Sour Pork, Oriental Vegetables, Sesame Coleslaw, Brown Rice and Strawberries	15 Roast Turkey w/Gravy, Mashed Potatoes, Broccoli, Romaine Salad, WW Roll and Fresh Fruit	16 <i>Memorial Day</i> 
17 Senior Information 464-3069	18 Spaghetti w/Meat Sauce, Green Beans, Romaine Salad, WW Garlic Bread and Fresh Fruit	19 Spinach Enchilada Casserole, Romaine Salad w/Tomatoes, and Apple Sauce	20 Salisbury Steak, mashed potatoes, Broccoli Normandy, Sunny Fruit salad and whole wheat roll	21 Chicken Salad Wrap, Apple Poppy Seed Coleslaw, and Mandarin Oranges	22 <i>Memorial Day</i> Hamburger on WW Bun w/Lettuce, Tomato & Onions, Potato Salad, Fruit Salad and Corn	23
24 <i>Memorial Day</i> 	25 Site Closed in Honor of Memorial Day	26 Vegetarian Taco Salad and Orange	27 Chef Salad, Whole Wheat Roll and Strawberries	28 Chili Con Carne, Coleslaw, Cornbread and Pears	29 <i>Happy Birthday!</i> Roast Pork w/Gravy, Mashed Potatoes, WW Bread and Banana Cake w/Cream Cheese Frosting	30