

*“New Client Special”*

Buy three **STANDARD** services and receive \$20 off your next bodywork session

OR

Buy three **SPECIALTY** services and receive \$30 off your next bodywork session.



*“Referral Special”*

We love referrals, and you should too. For every 5 referrals we receive you will get One – 60 Minute Standard massage for \$25.

\*Please ensure they mention your name when booking.

\*Specials are subject to change without notice please contact your therapist for current specials.



Kamakea Bodyworks is a husband and wife massage team serving Tiburon and Mill Valley, CA areas.

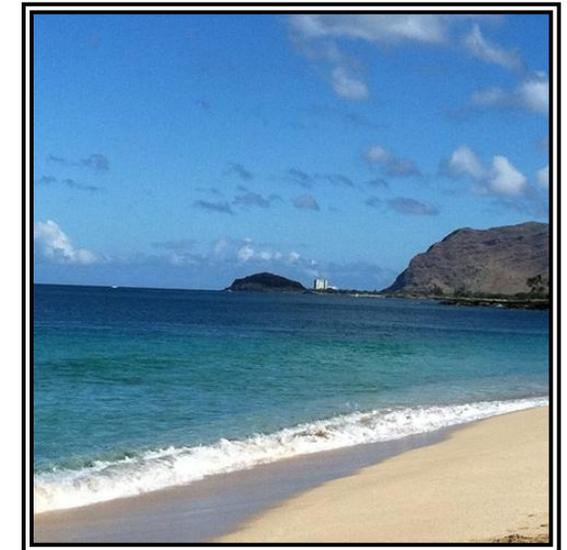
We at Kamakea Bodyworks stand by our philosophy:

*“Massaging One Knead at a Time ©”*

We offer a variety of relaxing massages and customize each massage session to fit each client’s needs.

# *Kamakea Bodyworks*

*“Massaging One Knead at a Time©”*



**OUT CALL BASIS  
BY APPOINTMENT ONLY**

**Phone: 808.428.6482**

**[KamakeaBodyworks@gmail.com](mailto:KamakeaBodyworks@gmail.com)  
[www.Kamakeabodyworks.com](http://www.Kamakeabodyworks.com)**

**We accept Cash, Visa,  
MasterCard, American Express,  
and Discover card.**



## Standard Services

**60 Minutes ~ \$85.00**  
**90 Minutes ~ \$115.00**  
**120 Minutes ~ \$135.00**

### SWEDISH MASSAGE (60/90/120 min)

Swedish massage is a light touch, relaxing massage using long strokes and kneading techniques.

### SHIATSU MASSAGE (60/90/120 min)

Shiatsu massage is an acupressure massage technique. Shiatsu concentrates on unblocking the flow of energy and restoring balance to the meridians in order to promote self-healing.

### LYMPHATIC MASSAGE (60/90 min)

Lymphatic massage is a gentle massage that helps stimulate the lymphatic system to increase metabolism, remove toxins, and promote a healthy immune system.

### PREGNANCY MASSAGE (60 min)

Pregnancy massage is designed to relieve and help minimize the discomfort during pregnancy. Massage during pregnancy also promotes relaxation and helps prepare the body for child birth.

*\*All prices are subject to change without notice.*

\* Gratuities are not included in prices but are **ALWAYS** welcome!



## Specialty Services

**60 Minutes ~ \$115.00**  
**90 Minutes ~ \$135.00**  
**120 Minutes ~ \$155.00**

### SPORTS MASSAGE (60/90/120 min)

Sports massage techniques are specific to the athlete's sport of choice, focusing on areas of the body that are overused and stressed from repetitive and often aggressive movements.

### DEEP TISSUE MASSAGE (60/90/120 min)

Deep massage is a great for those who like deeper pressure. Deep tissue massage uses a variety of different techniques to relax the deeper layers of the muscles.

### MYOFASCIAL RELEASE TECHNIQUE (60/90/120 min)

Myofascial work is done slowly with concentration on specific muscles, to help restore balance and assist in self-healing to fascia connective tissue.

### HAWAIIAN LOMI LOMI (60/90/120 min)

This is a traditional form of Hawaiian massage. It combines rhythmic kneading and flowing strokes to soothe pain, relieve muscle tension, and improve overall blood circulation.



## Package Deals

**\*PACKAGES EXPIRE 12 MONTHS FROM DATE OF PURCHASE**

### STANDARD SERVICE PACKAGES

#### 60 - MINUTE STANDARD PACKAGES

**Three 60-Minute Sessions: \$240.00**  
**Six 60-Minute Sessions: \$450.00**  
**Twelve 60 -Minute Sessions: \$840.00**

#### 90 - MINUTE STANDARD PACKAGES

**Three 90-Minute Sessions: \$330.00**  
**Six 90-Minute Sessions: \$630.00**  
**Twelve 90 -Minute Sessions: \$1140.00**

#### 120 - MINUTE STANDARD PACKAGES

**Three 120-Minute Sessions: \$390.00**  
**Six 120-Minute Sessions: \$750.00**  
**Twelve 120 -Minute Sessions: \$1380.00**

### SPECIALTY SERVICE PACKAGES

#### 60 - MINUTE SPECIALTY PACKAGES

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#### 90 - MINUTE SPECIALTY PACKAGES

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**Six 90-Minute Sessions: \$750.00**  
**Twelve 90 -Minute Sessions: \$1380.00**

#### 120 - MINUTE SPECIALTY PACKAGES

**Three 120-Minute Sessions: \$450.00**  
**Six 120-Minute Sessions: \$870.00**  
**Twelve 120 -Minute Sessions: \$1620.00**