This letter of support was initially sent on November 1, 2023. This letter remains open, and this version reflects the most current list of 410 supporting organizations. Check back regularly for any updates.

The Honorable Ron Wyden Chairman Committee on Finance United States Senate Washington, DC 20510 The Honorable Mike Crapo Ranking Member Committee on Finance United States Senate Washington, DC 20510

Dear Chairman Wyden and Ranking Member Crapo:

The more than 400 undersigned organizations represent child welfare and health experts, administrators, service providers, community-based organizations, public agencies, those with lived experience, and other stakeholders committed to strengthening and supporting youth and families. We appreciate the attention that Congress is paying to the child and adolescent mental health crisis happening across the country.¹

All children and adolescents deserve access to a full array of high-quality services to meet their individualized needs — including children in foster care. The deadline has passed for implementation of all provisions of the landmark Family First Prevention Services Act. However, due in part to long-standing Medicaid law, we continue to see incomplete, delayed, and in some states no implementation of Qualified Residential Treatment Programs (QRTPs) and the protections they provide to youth in foster care. We write to formally request that Congress pass legislation exempting QRTPs from the Institution for Mental Diseases (IMD) exclusion. This action is needed to support state QRTP implementation efforts and to ensure that thousands of youth in foster care with assessed behavioral and mental health needs can access supports and services from qualified professionals in QRTPs without risking the loss of their federal Medicaid coverage.

Background

All jurisdictions are now subject to the Family First Prevention Services Act (FFPSA), enacted in 2018 and effective in all states as of October 1, 2021. FFPSA was designed to reform the way states address child maltreatment, with a focus on keeping families together. FFPSA created a new category of residential settings to serve children in foster care – Qualified Residential Treatment Programs (QRTPs). QRTPs are one of the few residential settings eligible for Title IV-E reimbursement, and they create an opportunity for increased oversight and accountability while improving outcomes for children who have identified behavioral and mental health needs.

In 2021, the Medicaid and CHIP Payment and Access Commission (MACPAC) created a Fact Sheet to advise Congress about the interaction between QRTPs and the IMD exclusion.³ As the FFPSA deadline approached, the Centers for Medicare & Medicaid Services (CMS) explained the difference between a QRTP and an IMD and confirmed that "given the interconnectedness of these two definitions, a QRTP facility with more than 16 beds will most likely qualify as an IMD." In 2022, the National Association of Medicaid Directors issued a brief explaining how important this issue is to state Medicaid directors across the country and noting that "the IMD exclusion has prevented states from implementing Qualified Residential Treatment Facilities[.]"

When the Family First Act was written, QRTPs were not intended to be considered institutions for mental diseases – the focus was providing safe, therapeutic, effective interventions to help children heal from trauma. Nevertheless, FFPSA puts in place guardrails against institutionalization and inappropriate placement that are more effective than an arbitrary size limit. Children in foster care access QRTP services only if a functional assessment, conducted by a qualified individual, confirms a child's needs cannot be met in a foster family home. The intervention must be approved by a judge and, for longer stays, child welfare officials at the highest levels must provide approval. The QRTP is required to be treatment focused, trauma informed, and family driven. It is also required to provide six months of family-based aftercare to make sure that a youth's reunification or placement in a home setting will be successful.

The IMD Exclusion is a Barrier to QRTP Implementation

In 2021, a diverse coalition of hundreds of national, state, and local organizations signed a joint letter urging Congress to exempt QRTPs from the IMD exclusion.⁶ The coalition predicted that, "without the exemption for QRTPs, thousands of children in foster care who are vulnerable will be pushed into more restrictive placements, non-therapeutic shelters, unlicensed or unstable settings, or they will bounce from placement to placement without addressing their true needs – which is opposite the intent of the FFPSA." Unfortunately, this is exactly what is happening across the country.⁷

In a handful of states attempting to comply with the IMD 16-bed limitation, QRTP capacity has been dramatically reduced, negatively impacting access to care. Some states are sending youth far from home and out of state to access treatment due to inadequate QRTP capacity. Exactly how to count to 16 is also a challenge. Many high-quality, licensed, and accredited residential providers are considered to have over 16 beds because the bed count includes all beds on a campus or under common ownership, rather than the number of beds in each separate unit, cottage, or family-style home. In states that have identified and retained QRTPs that are IMDs, those settings serve a vital role in the continuum of care, but those jurisdictions are filling the federal Medicaid gap using state dollars to cover the entire cost of children's medical, dental, behavioral, and mental health care. At least 18 states are not currently implementing QRTPs.

With broad bipartisan, bicameral support, Congress recently removed the limitation on Medicaid federal financial participation for youth who are incarcerated pending disposition of charges. There is agreement that federal Medicaid is an important support for young people who are in detention and are vulnerable. Like justice-involved youth and pregnant and postpartum women needing residential SUD treatment, foster youth who need a QRTP deserve special consideration by Congress and continuity of federal Medicaid coverage in QRTPs that are IMDs.

FFPSA is a signature achievement for children and their families. We strongly agree with prioritizing prevention, including primary prevention, and stabilizing families so that foster care is not necessary. At the same time, FFPSA also explicitly recognizes a limited but important role for high-quality residential treatment. We need a full array of trauma-responsive services in place. For QRTPs to function as Congress intended, children must maintain their federal Medicaid coverage. Resolving the conflict between the IMD exclusion and QRTPs will help ensure children receive the right care at the right time with both the support of Title IV-E and Medicaid funding to meet their needs.

We appreciate your time and attention to this important issue and look to you for a straightforward legislative solution to this problem that will allow all states to confidently move forward with QRTP implementation. If you have any questions, please contact Lisette Burton, Chief Policy & Practice Advisor at Lburton@togetherthevoice.org.

Sincerely,

National Organizations

Accreditation Guru, Inc.

American Foundation for Suicide Prevention

Arrow Child & Family Ministries

Association for Behavioral Health and Wellness

Association of Children's Residential & Community services (ACRC)

Board of Child Care

Boys Town

CARF International

Centerstone

Child Welfare League of America

Childhelp, Inc.

Chileda

Cornerstones of Care

Federation of American Hospitals (FAH)

Florence Crittenton

KidsPeace

National Alliance on Mental Illness (NAMI)

National Association for Behavioral Healthcare

National Association for Children's Behavioral Health

National Association for Regulatory Administration (NARA)

National Association of Counties (NACo)

National Association of County Human Services Administrators

National Council for Mental Wellbeing

National Indian Child Welfare Association

National Network for Youth

National Organization of State Associations for Children

Nexus Family Healing

One Hope United

Presbyterian Children's Homes and Services

Pressley Ridge

Residential Child Care Project/Cornell University

Rite of Passage

Social Current

Specialized Alternatives for Families and Youth

Teaching Family Association

The Joint Commission

WPM Consulting Inc.

Youth Advocacy & Policy Lab, Harvard Law School

Youth Villages

State Organizations

Alabama

Presbyterian Home for Children

Arizona

Arizona Council of Human Service Providers

Childhelp

Youth Development Institute

California

A Greater Hope

Alliance for Children's Rights

Aspiranet

Avant-Garde Foster Family agency Inc.

Boys Republic

California Alliance of Child and Family Services

California State Association of Counties

Cardenas Consulting Group

Casa Pacifica Centers for Children and Families

Children's Home of Stockton

Children's Hospital of Stockton

Children's Receiving Home of Sacramento

County of Madera

County of Orange Social Services Agency

County of San Diego

County Welfare Directors Association of California

Courage to Change

David & Margaret Youth and Family Services

Diakonia Inc.

Edgewood Center for Children and Families

Ettie Lee Youth & Family Services

Five Acres - The Boys' and Girls' Aid Society of Los Angeles County

Fred Finch Youth & Family Services

Haven of Hope, Inc.

Haynes Family of Programs, Inc

Hillsides Pasadena

Koinonia Family Services

Los Angeles County Department of Children and Family Services

New Beginnings Residential Treatment Facilities

Ninos Latinos Unidos, FFA

Oak Grove Center

Rancho Knights Association

Rancho San Antonio Boys Home Inc.

Sacramento Children's Home

San Diego Center for Children

Seneca Family of Agencies
St. Anne's Family Services
Stanford Sierra Youth & Families
Sycamores
Trinity Youth Services
Vista Del Mar Child and Family Services

Colorado

Colorado Association of Family & Children's Agencies (CAFCA)

Colorado Behavioral Healthcare Council

Common Sense Foster Care Collective

Community Investment Alliance

Cornerstone Programs Corporation

Denver Children's Home

Family Tree, Inc.

Griffith Centers

Laradon

Shiloh House

Tennyson Center for Children

Third Way Center

Connecticut

Klingberg Family Centers, Inc.

Delaware

Pressley Ridge

District of Columbia

Board of Child Care Boys Town DC

Florida

Boys Town Central Florida

Boys Town North Florida

Boys Town South Florida

Children's Home Society of Florida

Circles of Care, Inc.

Citrus Health Network, Inc

Communities Connected for Kids

Directions for Living

EPIC Behavioral Healthcare

Florida Behavioral Health Association

Florida Coalition for Children

Florida Mental Health Advocacy Coalition

Florida United Methodist Children's Home, Inc.

Friends of Children and Families

Hands of Mercy Everywhere, Inc

IMPOWER

LifeView Group, Inc.

New Hope Education and Addiction Services

One Hope United

Patients Not Prisoners

River Region Human Services, Inc.

SMA Healthcare

St. Augustine Youth Services

St. Johns County Family Integrity Program

The Henry & Rilla White Youth Foundation, Inc

Thornwell

WestCare Gulf Coast Region

Georgia

Georgia Alliance of Therapeutic Services

Hillside, Inc.

Murphy-Harpst Children's Centers

The Methodist Home for Children, Macon GA

Thornwell

Together Georgia

Wellroot Family Services

Idaho

Northwest Children's Home

Illinois

Allendale Association

Alternative Schools Network

Arden Shore Child and Family Services

Bethany for Children & Families

Caritas Family Solutions

Chaddock

Garden of Prayer Youth Center

Illinois Collaboration on Youth

Kaleidoscope

Kids Above All

Lakeside Community Committee

Lawrence Hall

Maryville Academy

McHenry County Mental Health Board

Nexus Family Healing

Of Color Inc.

One Hope United

Sankofa Safe Child Initiative

The Baby Fold
The Center for Youth and Family Solutions
Thresholds
VOA Illinois
Youth & Opportunity United
Youth Outlook

Indiana

Bashor Children's Home

Community Fairbanks Behavioral Health
Crossroad Child & Family Services, Inc.
Franciscan St. Francis Center & Franciscan Journey Unit
Gibault Inc.
Indiana Association of Resources and Child Advocacy
Open Arms Family and Educational Services
Paddock View Residential Center, Inc.
TC Harris School and Academy
United Methodist Youth Home, Inc.
Youth Encouragement Services, Inc.

Iowa

Boys Town Iowa
Coalition for Family & Children's Services in Iowa
Crittenton Center - Sioux City, Iowa
Ellipsis
Family Resources
Four Oaks
LSI (Lutheran Services in Iowa)
Midwest Christian Services
Orchard Place
Tanager

Kansas

EmberHope Youthville FosterAdopt Connect KVC Kansas

Kentucky

Children's Alliance of Kentucky
DCCH Center for Children and Families
Holly Hill Child and Family Solutions
Home of the Innocents
Kentucky United Methodist Children's Homes
Kentucky Youth Advocates
Key Assets Kentucky
Maryhurst

Omni Community Health SAFY of Kentucky Sunrise Children's Services, Inc.

Louisiana

Boys Town Louisiana
Cane River Children's Services
Clover
Lighthouse Ranch for Boys
Louisiana Association of Children and Family Agencies (LACFA)
Youth Oasis

Maryland

Board of Child Care Cedar Ridge Children's Home and School, Inc. Maryland Association of Resources for Families & Youth (MARFY) Maryland Nonprofits Nexus-Woodbourne Family Healing Pressley Ridge

Massachusetts

18 Degrees Family Services

Brandon Residential Treatment Center

Bridges Homeward
Communities for People
Fall River Deaconess Home
Gandara Mental Health Center, Inc.
Hillcrest Educational Centers, Inc.
Justice Resource Institute
Massachusetts Adoption Resource Exchange
NFI Massachusetts, Inc.
North Suffolk Community Services, Inc.
Plummer Youth Promise
The Children's League of Massachusetts
The Home for Little Wanderers
Wayside Youth & Family Support Network

Michigan

Bethany Christian Services
Catholic Social Services of the UP
Child & Family Services of the UP
Child and Family Charities
Child and Family Services of Northwestern MI
Christ Child House
Christ Child Society of Detroit
Highfields, Inc.

MCHS Family of Services Michigan Federation for Children and Families New Light Child & Family Institute Teaching Family Homes of Upper Michigan Vista Maria

Minnesota

AspireMN
Association of Minnesota Counties
D.I.V.I.N.E. Institute, Inc.
Minnesota Hospital Association
Nexus Family Healing
North Homes Children and Family Services
Northwood Children Services

Mississippi

Canopy Children's Solutions Hope Village for Children, Inc. Mississippi Association of Child Care Agencies (MACCA)

Missouri

Child Center - Marygrove
Cornerstones of Care
Every Child's Hope
Faith Foundation Children's Home
Hope Ranch of Missouri
KVC Missouri
MBCH Children and Family Ministries
Missouri Alliance for Children and Families
Missouri Coalition for Children
One Hope United
Ozark Center

Nebraska

Boys Town Nebraska

Nevada

Boys Town Nevada

New Hampshire

The Home for Little Wanderers

New Jersey

Bonnie Brae

New Jersey Alliance for Children, Youth & Families (NJACYF)

New York

Abbott House

Andrus

Awixa Home of LI Inc

Catholic Guardian Services

Child & Family Services of Erie County

Children's Home Wyoming Conference

Council of Family and Child Caring Agencies (COFCCA)

Elmcrest Children's Center

Gateway Longview

Good Shepherd Services

Green Chimneys Children's Services

Hillside

JCCA

Jewish Board of Family and Childrens Services

LaSalle School

Little Flower Children and Family Services of New York

Martin De Porres Youth and Family Services

MercyFirst

Mountain Lake Academy

New Directions Youth & Family Services, Inc.

New York Public Welfare Association

New York State Association of Counties

Northern Rivers Family of Services

NYS Coalition for Children's Behavioral Health

Saint Catherine's Center for Children

SCO Family of Services

St. Anne Institute

St. Christopher's Inc.

St. John's Residence for Boys

The House of the Good Shepherd

The NYS Coalition of 853 Schools

Vanderheyden

William George Agency for Children's Services

North Carolina

Benchmarks

Children's Homes of Cleveland County

Methodist Home For Children

NC Child

North Carolina Association of County Commissioners

North Carolina DHHS

North Dakota

Dakota Boys and Girls Ranch

Nexus Family Healing

Ohio

Allen County Children Services

Ashtabula County Children Services Board

Auglaize County Department of Job & Family Services

Belmont County Job and Family Services

Brown County Job and Family Services

Champaign County Department of Job and Family Services

Clinton County Job and Family Services

Columbiana County Department of Job and Family Services

County Commissioners Association of Ohio

Defiance/Paulding Consolidated Department of Job and Family Services

Delaware County Job & Family Services

Erie County Department Job and Family Services

Fairfield County Job and Family Services-Protective Services

Fayette County Children Services

Greene County Department of Job and Family Services

Guernsey County Children Services

Hancock County Job & Family Services

Harrison County Department of Job and Family Services

Jackson County Department of Job and Family Services

Knox County Department of Job and Family Services

Lighthouse Youth & Family Services

Lorain County Children Services

Lucas County Children Services Board

Madison County Dept of Job and Family Services

Medina County Job and Family Services

Meigs County Department of Job and Family Services

Morgan County Job and Family Services

Morrow County Job and Family Services

New Path Child & Family Solutions

Ohio Children's Alliance

OhioGuidestone

Ottawa County Department of Job and Family Services

Perry County Children Services

Preble County Job and Family Services

Pressley Ridge

Public Children Services Association of Ohio

Stark County Job and Family Services

Summit County Children Services

The Ohio Council of Behavioral Health & Family Services Providers

Trumbull County Children Services

UMCH Family Services

Union County Human Services

Wayne County Children Services Board

WCDJFS - Children Services Division

Wyandot County Job and Family Services

Pennsylvania

Board of Child Care Pennsylvania Council of Children, Youth & Family Services Pressley Ridge

Rhode Island

Boys Town New England Communities for People Ocean Tides Rhode Island Coalition for Children and Families Tides Family Services Turning The Corner

South Carolina

Alston Wilkes Society Carolina Youth Development Center Child Abuse Prevention Association Coastal Autism Academy Dominion Family Services Doors to Freedom

Florence Crittenton Programs of SC

Helping Hands, Inc.

Lutheran Services Carolinas

New Foundations Home for Children

Nightlight Christian Adoptions

Oasis of Hope

Palmetto Association for Children and Families

S.C. Department of Children's Advocacy

Selah Grey Foundation

South Carolina Youth Advocate Program

Southeastern Children's Home

Thornwell

Trent Hill Center for Children and Families

Turbeville Children's Home

Waccamaw Youth Center

Tennessee

Childhelp

Tennessee Alliance for Children and Families

Texas

Cal Farley's Boys Ranch Texas Alliance of Child and Family Services

Utah

Utah Youth Village

Virginia

Barry Robinson Center Childhelp ChildSavers

Washington

Children's Home Society of Washington Hutton Settlement Morning Star Boys Ranch Northwest Children's Home Secret Harbor Tamarack Center WA Association for Children and Families

West Virginia

Board of Child Care Davis-Stuart, Inc. Pressley Ridge River Park Hospital West Virginia Child Care Association

Wisconsin

Anu Family Services
Chileda Institute, Inc.
Coalition for Children Youth and Families, Inc
Lad Lake, Inc.
MyPath
Norris, Incorporated
Northwest Passage
Positive Alternatives, Inc
Tomorrow's Children, Inc.
WI Association of Family & Children's Agencies
Wisconsin Counties Association
Wisconsin County Human Services Association

Wyoming

Cathedral Home for Children Wyoming Youth Services Association

https://www.sacbee.com/news/local/article275893376.html; "Each week, NCDHHS is aware of at least 50 children statewide who are waiting in an emergency department or with a county department of social services. The majority of these children and youth are waiting to be admitted to a treatment setting that can address their complex behavioral health needs." Daniel Pierce, Foster children sleeping in jails, emergency rooms, and DSS offices amid a foster family shortage, Queen City News (Mar. 2, 2023), https://www.qcnews.com/news/u-s/north-carolina/foster-children-sleeping-in-jails-emergency-rooms-and-dss-offices-amid-a-foster-family-shortage/.

¹ H.Res.434 - Declaring a mental health crisis among youth in the United States and expressing the pressing need for historic investments in mental health care for students. 118th Congress (introduced May 22, 2023), available at https://www.congress.gov/bill/118th-congress/house-resolution/434/text; Senate HELP Full Committee Hearing, Why Are So Many American Youth in a Mental Health Crisis? Exploring Causes and Solutions. (June 8, 2023), available at https://www.help.senate.gov/hearings/why-are-so-many-american-youth-in-a-mental-health-crisis-exploring-causes-and-solutions.

² Enacted as part of Public Law 115-123 (2018).

³ MACPAC Fact Sheet, Medicaid Coverage of Qualified Residential Treatment Programs for Children in Foster Care (August 2021), *available at* https://www.macpac.gov/wp-content/uploads/2021/08/Medicaid-Coverage-of-Qualified-Residential-Treatment-Programs-for-Children-in-Foster-Care.pdf.

⁴ See Question #5. Centers for Medicare & Medicaid Services, Qualified Residential Treatment Program (QRTP) Reimbursement: Family First Prevention Services Act (FFPSA) Requirements Q & A (Oct. 19, 2021), available at https://www.medicaid.gov/federal-policy-guidance/downloads/faq101921.pdf.

⁵ National Association of Medicaid Directors, Federal Policy Brief: The IMD Exclusion (April 2022), *available at* https://medicaiddirectors.org/wp-content/uploads/2022/04/IMD-NAMD-Federal-Policy-Briefs.pdf.

⁶ Members of Congress introduced The *Ensuring Medicaid Continuity for Children in Foster Care Act of 2021* (117th Congress <u>H.R.5414</u>, <u>S. 2689</u>), bipartisan, bicameral legislation to ensure that children in foster care with assessed behavioral and mental health needs would not be at risk of losing their federal Medicaid coverage if placed in a QRTP over 16 beds.

⁷ Hughes, S., et al., Why Foster Children Are Sleeping in Offices and What We Can Do About It, American Enterprise Institute (April 4, 2023), available at https://www.aei.org/wp-content/uploads/2023/04/Why-Foster-Children-Are-Sleeping-in-Offices-and-What-We-Can-Do-About-It.pdf?x91208. See also, Liz Bowie and Hallie Miller, Disability rights group sues Maryland for housing foster kids in hospitals, The Baltimore Banner (May 30, 2023), https://www.thebaltimorebanner.com/politics-power/state-government/disability-rights-lawsuit-maryland-N7SBE43BZFBH5NAX24XLPITB2Y/; Theresa Clift, California orders Sacramento County to remove all foster children from cells by June 16, The Sacramento Bee (May 30, 2023),

⁸ Enacted as part of <u>Public Law No: 117-328</u> (2022). (pg. 1485-1486, Sec. 5122).