

J&J Competition Guidelines and Format

Thank you for registering to attend the J&J Competition. In order for our competition to be a success and operate within current Illinois COVID-19 Guidelines, we have changed the competition format from that of a traditional competition.

*****PLEASE READ AND PRINT FOR EACH OF THE ATHLETES ATTENDING THE COMPETITION*****

PARKING – Very limited, parking lot and street side parking

Concessions – Selling bottled water ONLY

Seating – 25 chairs only in balcony access by stairs

Sessions: Each group of athletes have been divided by age into 4 sessions (3 rotations per session)

Entrance: **North Double Doors** - Athletes will enter the building through the North double doors with no more than **one** adult. Athletes and adult will be stationed at 6 ft increments along the hallway and a screener will complete temp checks and questions. Restrooms will be available in the main hallway.

Staging: When the previous group has completed their final rotation and exited the building, athletes waiting in the hallway will be sent to staging room 1,2 or 3. There they will have a designated/marked area to put their belongings and will have 15 min to stretch. Parents will go to the balcony area for viewing. Athletes will be given bags to place trampoline shoes in, braces, etc. to carry from rotation to rotation once on the competition floor.

Competition: Athletes will be divided into 3 groups of 8 athletes. All athletes will rotate from one event to the next together. Athletes who may not compete a specific event, will remain in the waiting line and can stretch and prepare for their next event. In the event the athlete only completes 1-2 of the 3 events, they will be allowed to exit the gym to meet their parent in staging and then exit the building upon completion of their final event.

