



Drill Name: U6 Practice Game

Set up :
3 v 3 practice game

Instructions:
This is the practice game to conclude your training session with your players. It should always be 3 v 3. There is less emphasis on team play at this age group and more emphasis on getting players comfortable with the ball

Coaching Points:
Triangle shape (planting the seed in the players for future, don't get too hung up or carried away by demanding they play this shape. Just give them constant gentle reminders)