

Anchor Town Sports Volleyball House Rules

All USA Volleyball Rules will be in affect with the exceptions listed below...

- All subs must be done rotating into the server position.
- All walls and curtain are out of play. Point to opposing team.
- Above head basketball hoop is in play and playable as long as the ball stays on the side of the team that initiated contact.
- Center basketball hoop, ropes and beams are out of play. A point is awarded to the opposing team unless at the discretion of the referee a play could be made on the ball. If deemed playable a replay of the point will be awarded.
- No jump serves. (A hop on a serve is not considered a jump serve.) Judgment of jump serve is at the discretion of the referee.
- Coed teams may start play with as few as 2 players of either gender.
- Coed teams may start play with up to 6 women. 3 women taking the place of 3 men. A team may not start with more than 3 men.
- All questions regarding game play and rules need to be directed to the coach/captain of the team who will relay questions to the referee/official. Failure to do so can result in yellow/red cards to offending player(s).
- Ghost spots for missing players can be counted as a point and change of serve against the offending team. This will be presented to the opposing team before the match starts. Whatever is decided prior to the start of the match must be enforced for the duration of the match pending injury.
- Ghost spots may not be counted as a point/change of serve but still need to be accounted for in the rotation.
- One male player from the back row may enter the front row to block once the serve is in play so long as there are not 3 male players in the front row at any given time. This player may not attack the ball.
 - a) An attack is considered as a player making contact with the ball being above the net with no perceivable arc.
- No hats, glasses, specified jewelry or open toe shoes will be permitted on the courts except where specified below.
 - a) Glasses must be prescription or protective eyewear. (No sunglasses)
 - b) Jewelry must be smooth with no ridges. If jewelry is deemed unsafe for play tape can be worn to cover any ridged areas.
 - c) Please refrain from wearing any hoop earrings.
 - d) Hats and headwear can be worn if it is protective head gear or worn for religious reasons.
 - e) Sweatbands and headbands are permitted.
 - f) Bandanas are permitted as long as they are rolled and do not cover entire head.