



## 1999 Honda Suspension Specs

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Model	Fork Size	Manufacturer	Fork Rate	Oil Level	Rear Spring	Race Sag	Weight	Suggestions
CR80	37mm	Showa	0.27	105	4.9kg	95mm	125lbs ±10	fork mod with 3 stage rear shock valve. spring to racers weight
CR125	46mm	KYB	0.41	100	4.6kg	105mm	175lbs ±10	rear shock 3 stage, fork 2 stage
CR250	47mm	Showa Chamber	Twin 0.42	12.7oz	4.9kg	105mm	170lbs ±10	Tech-Care fork mod, 3 stage rear shock mod
CR500	46mm	KYB	0.41	125mm	5.6kg	105mm	165lbs ±10	forks soft
XR250		KYB						
XR400		KYB						
XR600		KYB						

## 1999 Honda Suspension Tips

Model	Tips
CR 125	If your a 160 pound aggressive racer a .42 fork spring will work for you or a rear valve if needed
CR 250	Honda finally went to a .42 spring in their twin chamber fork which balanced the bike out. Remember, when you care, call Tech-Care!



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