



EXPECTING TO BREASTFEED?

Three skills to learn before your baby is born:

1. What is good latch?
2. How can I help my baby with latch if needed?
3. How can I make more milk sooner?

Point your camera at the QR code to watch a video,
or visit www.firstdroplets.com

Breastfeeding in the First Hour

Duration: 15:25



Hand Expression

Duration: 7:54



Expecting to Breastfeed Your Premature Baby

Duration: 14:35



Attachment/Latch

Duration: 7:25



A Mother's Touch

Duration: 11:50



Hands-on Pumping

Duration: 9:37

