



4332 N. Milwaukee Ave. 60641 | 773.685.8812 | [www.thekidsinharmony.com](http://www.thekidsinharmony.com) | OCTOBER 2024

## DIRECTOR'S CORNER

Happy October! We've officially entered one of the most exciting and fun-filled months of the year at our childcare center. As the days grow crisper and the leaves turn brilliant shades of orange and red, we've got so many "spook-tacular" activities planned to celebrate the beauty of autumn and the excitement of Halloween!

Here's a sneak peek at what we've got brewing this month:

### AUTUMN ADVENTURES

The children have been embracing all things fall! From exploring the changing colors outside to creating leafy masterpieces and learning about pumpkins, this season offers endless fun and learning opportunities. We've also set up the classrooms full of fall-themed books, where we've been reading stories about autumn animals, pumpkins, apples, harvest time, and the magic of the season!

### PUMPKIN PATCH DAY

On October 10th, we're asking children to bring in a mini pumpkin or two to the center! The children will decorate their pumpkins using arts and crafts supplies. It's a wonderful hands-on experience that helps with fine motor skills and lets their creativity shine. We can't wait to see all the silly, spooky, and colorful pumpkin creations they come up with which we will use to decorate the center!

### HALLOWEEN COSTUME PARADE & PARTY

Mark your calendars for October 31st, because it's our annual Halloween Costume Parade and Party! The school parade will take place in the morning, where the children will show off their adorable, heroic, and sometimes wacky costumes. We'll follow it up with some ghoulishly good snacks, games, and crafts. Weather-permitting, we will visit few of our neighbor businesses for "Trick-or-Treating." It is sure to be a day full of spine-tingling fun (in a totally non-scary way)!

Please remember, costumes should be comfortable for your child to wear throughout the day. Avoid masks and anything too scary for our younger children. Do not send anything that is pointy or sharp that can accidentally hurt the children.

Halloween Class List will be sent out soon for those who wish to make treat bags for the class. Just a friendly reminder that the following food items are not allowed in school, as per DCFS regulation: Hard Candy, Chewing Gum, Homemade Treats, Popcorn, Raisins, Nuts, Peanuts, Blueberries, and Unwrapped Candies.

We want everyone to have a frightfully fun time!

### SEASONAL LEARNING

This month, we're incorporating the autumn season into our learning. Whether it's counting pumpkin seeds, practicing fine motor skills by sorting leaves, or exploring the whimsical world of spiders and bats in a science lesson, our fall curriculum is designed to keep the children engaged and curious about the world around them.

### SAFETY FIRST!

As we enjoy all the fall festivities, we'll also be focusing on staying safe. Whether it's learning about Halloween safety during trick-or-treating or practicing good hygiene, we want to ensure the children have a safe and healthy time. Along with this, we will also focus on Fire Prevention during this month.

We hope you and your family are enjoying all the cozy, festive moments that October brings. We are thrilled to celebrate this magical season with your children and look forward to all the fun to come!

Stay warm and have a fang-tastic October!

- Ms. Genny 

## OCTOBER CALENDAR

02 (W)	Rosh Hashanah
11 (F)	Yom Kippur
14 (M)	<b>STAFF INSERVICE</b> <i>(No School)</i>
19 (Sat)	Sweetest Day
21 (M)	Jacob's Birthday
25 (F)	Holiday Picture Day @ KIH
28 (M)	National First Responders Day
31 (TH)	Halloween Parade & Party

## OCTOBER IS BREAST CANCER AWARENESS MONTH

Breast cancer occurs due to uncontrolled division of abnormal cells in the breast tissue. It usually begins with the formation of a small, confined tumor (lump).



**1 in 8 women**  
are diagnosed with breast cancer.

Leading form of cancer killer  
among women aged  
**20-59 years.**

### Risk Factors For Breast Cancer



### Treating Breast Cancer



### Mammography Day



Mammography Day is observed annually on the third Friday in October to encourage women to get themselves screened for breast cancer. Mammography is still the best way to detect breast cancer early. It can find breast lumps when they are too small for a woman or her doctor to feel. A mammogram is a low-dose x-ray picture of the breast.

There are two types of mammograms:  
Screening Mammograms are done for women who have no symptoms of breast cancer.  
Diagnostic Mammograms are used to check for breast cancer after a lump or other symptom of breast cancer has been found.

Sources:  
WHO ([www.who.int](http://www.who.int))  
Women's Health ([www.womenshealth.gov](http://www.womenshealth.gov))  
WebMD ([www.webmd.com](http://www.webmd.com))

Disclaimer: This document is for information purposes only and is neither medical advice nor meant to substitute you consulting your doctor.

MedCetera ([www.medcetera.com](http://www.medcetera.com))  
Mayo Clinic ([www.mayoclinic.org](http://www.mayoclinic.org))  
CDC ([www.cdc.gov](http://www.cdc.gov))

## Thank You

Special Thanks to  
Emery and Ronan's Parents for  
donating the following items  
to the school: Boxes of Facial  
Tissues, Hand Sanitizers, School  
and Office Supplies.

Ha Linh's Parents – School  
Supplies

Caden's Parents – Lysol Wipes

Penny's Parents -Children's  
Books

## EXTRA SET OF CLOTHING:

As we transition into the colder months, we kindly ask that you send an extra set of winter-appropriate clothes for your child to keep in school. With chilly weather and the occasional spill or outdoor fun, it is important for your child to have warm, comfortable clothing on hand.

Please include the following items: Long-sleeve Shirt, Warm Pants, Socks, and Underwear. Kindly ensure all items are labeled with your child's name, and consider adding an extra pair of shoes for indoor use.