CST

1. What does CSR stand for?
2. Capital Security rate
3. Cranial substance rate
4. Cranial sacral rhythm
5. Cranial sacral pulse
6. What model was used to describe the cranial sacral system?
7. Pressure stat model
8. Hemostat model
9. Tissue model
10. All of the above
11. The central nervous system as discussed entails?
12. The PNS
13. Sciatic and pelvic nerves
14. Phrenic and vagus nerves
15. Brain and spinal cord
16. What is the “webbing” that holds everything in place and is attached to everything?
17. Fascia
18. Muscle
19. Blood vessels
20. Lymph
21. What is the “tube” that connects the occiput to the sacrum as discussed?
22. Dural tube
23. Sacral tube
24. Occipital tube
25. Spinal tube
26. Cranial sacral rhythm and pulse is different than cardiac pulse in what way?
27. It is faster
28. It is erratic
29. It can only be felt in the skull
30. It is slower
31. How many “listing stations” were discussed?
32. 10
33. 2
34. 3
35. 8
36. Placing both hands on the skull and directing energy to the other hand and the fingers spread apart is called?
37. Peace
38. V-Spread
39. An insult
40. Catch and receive
41. When placing hands on client or manipulating the bones how much pressure is to be used as discussed?
42. 5 pounds
43. 1 pound
44. 8 oz
45. Weight of a nickel
46. In discussing “taking an open view of things” what animal was used with the blind men?
47. Cow
48. Elephant
49. Snake
50. Lion
51. What is true about vibrations as discussed?
52. They really don’t exist
53. Travel in only 1 direction
54. Like attracts like
55. We didn’t discuss vibrations
56. What part of the brain as discussed sets us apart from other species?
57. Frontal lobe
58. Parietal lobe
59. Temporal lobe
60. Brain stem
61. Which is true
62. Heart has a stronger electric field than the brain
63. Brain has a stronger electric field than the heart
64. Neither have an electric field
65. Both are equal
66. Conservation of energy is the
67. First law of thermodynamics
68. Einstein’s theory of energy
69. Max Planks law
70. Never heard of it