

Serving Your Community Since 1987!

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16 Pages



Painesville City Council Front Row: Lori DiNallo, Paul Hach, Tom Fitzgerald Back Row: Nick Augustine, Christine Shoop, Katie Jenkins and Jim Fodor

Consensus vs. Majority Rule

While council members of government are duty-bound to be independent and objective, we are also required to authorize or give direction as a group that is deemed to be in the best interest of our citizens. As such, city council meets both in public work sessions and in private executive meetings to discuss important issues and arrive at a consensus, or a generally agreed upon direction.

The term 'consensus' has its origin in the Latin word consensus (agreement), which is from consentio, meaning literally feel together. Instead of 'majority rule' or simply voting and having the majority of the group get their way, a group using consensus is committed to deliberate openly and respectfully on a topic with the intent to find a solution that everyone can support or live with. To avoid dissent, each individual in the group must be allowed the opportunity to be heard and ask their own questions.

The purpose of meeting together as a whole body rather than in small groups is to make sure that all city council members have the opportunity to receive information, understand facts and hear answers on a first-hand basis (remember the telephone game). Having the same information at the same time is critical to outcomes and prevents swaying (control or influence).

Using agreed upon procedures and codes of conduct ensures that each member of the group has the opportunity to influence, work as a team to focus on the topic at hand and jointly develop the agreed upon direction, so that city administration can act in confidence.

Regard for this process ensures a higher rate of success and provides for the efficient and effective administration of city affairs. A council that serves its citizens well, makes sure that the public interest is considered in all matters and that their resources are used for the intended purpose.

Lori DiNallo Councilwoman at Large ldinallo@painesville.com, 440-669-2284

Permit #621 Mentor, Ohio ЫАВ U.S. Postage Presort Std

Census 101: What You Need to Know

The 2020 Census is closer than you think! April 1 is National Census Day. However, most citizens will start receiving mail in March. Here's a quick refresher of what it is and why it's essential that everyone is counted.

Everyone counts: The census counts every person living in the United States once, only once, and in the right place. Citizenship is not a question.

It's about fair representation: Every 10 years, the results of the census are used to reapportion the House of Representatives determine how many seats each state gets.

It's in the U.S. Constitution: The U.S. Constitution mandates that everyone in the country be counted ever 10 years. The first census was in 1790.

It's about \$675 billion: The distribution of more than \$675 billion in federal funds, grants and support to states, countries and communities are based on census data. That money is spent on schools, hospitals, roads, public works and other vital programs.

It's about redistricting: After each decade's census, state officials redraw the boundaries of the congressional and state legislative districts in their states to account for population shifts.

Taking part is your civil duty: Completing the census is mandatory - it's a way to participate in our democracy and say "I COUNT!"

Census data is being used all around you: Residents use the census to support community initiatives involving legislation, quality-of-life and consumer advocacy. Businesses use census date to decide where to build factories, offices and stores which create jobs. Local government use the census for public safety and emergency preparedness. Real estate developers use the census to build new homes and revitalize old neighborhoods.

Your privacy is protected: It's against the law for the Census Bureau to publically release your responses in any way that could identify you or your household. By law, your responses cannot be



Mentor Monitor Willoughby Times

Eastlake Gazette Willowick Courier

Painesville Pride

used against you and can only be used to produce statistics.

2020 will be easier than ever: In 2020, you will be able to respond to the census online!

You can help: You are the expert - we need your ideas on the best way to make sure everyone in your community gets counted. Find out how to help at 2020census.gov/partners

Painesville State of the City

Painesville City Manager Monica Irelan Dupee will give a city overview of challenges and accomplishments from the past year and preview what's ahead for Painesville in 2020 on Wednesday, February 5 at 8:00 a.m. at Steele Mansion located at 348 Mentor Avenue, Painesville.

The event is open to the public, but attendees are asked to register with the Economic Development Office at 440-392-5795. There is a 100 person limit to the event space, with video available online afterwards on painesville.com.

Parking Bans

No Street Parking During **Emergency Snow Bans**

All Painesville residents and visitors are reminded to move vehicles off the street during heavy snowfall to allow for plowing.

Whenever there is a snow fall of two (2) inches or more within a 24 hour period, an emergency snow ban takes effect and parking is prohibited on the street.

Make a Plan for Winter Storms

Painesville is no stranger to severe winter weather. Whether it's a lake effect snow dump or an ice storm, being prepared for an emergency can ease your worry.

Severe storms mean you could lose electricity and heat for several hours, so take time to create an emergency plan for severe winter weather. Here are some tips from the Federal Emergency Management Agency:

• Stay indoors and off the roads. If you must drive, keep emergency supplies in your car.

• Close off rooms in your home to consolidate and retain heat.

• Dress in layers and use blankets to stay warm.

• Never use a generator, camp stove, charcoal grill or gasoline/ propane heater indoors, as these items can start accidental fires, cause electric shock and/or cause deadly carbon monoxide poisoning.

• Never heat a home with a cooktop or oven.

 Monitor local news and alerts for emergency information and instructions.

Remember to only call 911 if you have an actual emergency during a winter storm.

Report power outages to Painesville Electric by calling 440-392-5954 or follow Painesville City's Facebook page @CityofPainesville for updates.

Lake County Master Gardeners Offer Gardening Workshop March 7th

The Lake County Master Gardener Volunteers and Lake County OSU Extension are hosting their Home Gardeners' Workshop on March 7, 2020 at Lakeland Community College in Kirtland.

The program starts at 8:45 am, and the last session ends at 3:30 pm. All who enjoy gardening are welcome! Keynote speaker is Laura Deeter, PhD, Full

Painesville's

Get the kids out of the house

this winter and join Painesville

Recreation for their annual

Winter Social Kids Party at

Morse Ave Community Center.

Professor of Horticulture at Ohio State University ATI, who will present "kNOw Maintenance Perennials."

Attendees will choose three additional presentations from the following speakers: Ann Budziak, Holden Rzepka Forests and Gardens; Bill Hendricks, Klyn Nurseries Inc.; Danae Wolfe, OSUE; Garrett Ormiston, Cleveland Museum

Winter Social

loved one: parent, grandparent,

older sibling, etc and dance the

Cost is \$15 per couple and \$5

night away.

per additional person.

of Natural History; John Barber, Friends of Lower Lake; Laura Bonnell and Natalie Gertz-Young, Master Rain Gardeners; Margaret Rivera, OSUE; Mary Slingluff, Avalon Gardens; and Sarah Short, OSU.

Topics include: Planting Plants for Birds, Native Shade Gardening with Native Woodland Wildflowers, Ticks

for Kids 4-1

Activities include games and

Pizza, soft drinks, dessert and

prizes, music, dancing, crafts

and every child goes home with

coffee (for adults) is included.

a goodie bag.

and Lyme Disease, Propagating Native Plants from Seed, Stories of the Garden with Photography, Rain Gardens 101, Community Gardens, and Trees for Bees.

The program fee of \$48 includes continental breakfast, lunch, snacks, and a parting gift. A variety of garden-related items will be available for purchase.

To register for the workshop,

Winter Social will be February

7th from 6-8PM, register by

February 5 by calling the

recreation office at 440-392-

5912. Recommended ages is 4 to

12, however all kids are welcome.

on red.

7th

MGVLakeCountv@ email gmail.com for a brochure and registration form or download a form on our website https:// lake.osu.edu/program-areas/ master-gardener-volunteers. Call the Extension office at 440-350-2254 for more information or a registration form.

The deadline for registration is February 26.

Visit us on Facebook at OSUE Lake County Master Gardeners. We hope to see you March 7!

Pinochle Players of all Levels Needed

Lake County senior residents, 55+, are invited to play pinochle at the Willoughby Hills Community Center. We meet the first four Saturdays of each month. Play begins at 6:30.

Boys and girls can bring any 8th Lake Erie College Science Day: H *February*

Lake Erie College will be hosting their annual Local Science Day for students wishing to qualify for entry to a District Science Day. Students in The Ohio Academy of Science Districts 5 (Lake, Geauga, Cuyahoga, Summit and Portage counties) and 15 (Ashtabula, Trumbull, Mahoning, and Columbiana counties) are encouraged to register if their school does not host a local

science day or if they want another opportunity to practice/qualify for a District Science Day.

Students earning a superior rating at Local Science Days are eligible for entry to a District

Science Day. Merit scholarships will be awarded as well as school sponsored registration for select students. Please visit lec.edu/ scienceday2020 for more info and to register your students.

contact Pat O'Donnell at 440-665-9281. Players of all levels are

For more information, please

welcome.

Keeping Painesville's Roads Clear When will my street be plowed? to benefit the greatest number of corporation limits with public

It's an important job to keep the roads clear of snow and ice and Painesville's Public Works Department works hard to keep up with snow accumulation.

During a snow fall, plows focus initially on the main roads



Submissions can be sent to P.O. Box 814, Mantua, OH 44255.Telephone

number is (440) 946-2577. Send emails to lakecommnews@aol.com. Deadlines are the 10th of each month.

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motorists.

Once main roads are cleared and salted, side streets and then dead ends and cul-de-sacs are plowed. Painesville's Public Works Department is responsible for maintaining 164 streets within safety as the number one concern.

Please be kind to plow drivers and move vehicles off the street during snow falls. To avoid accidents, give yourself extra time to reach your destination and drive with caution.

Reminder to Keep Sidewalks and Fire Hydrants Clear of Snow/Ice

Residents and business owners are reminded that it is their responsibility to keep sidewalks and fire hydrants clear after heavy snowfalls.

Residents are responsible for snow removal of any sidewalk, curb or gutter abutting their property. Removal of ice, snow or any nuisance must take place may be fined.

The area around fire hydrants should also be kept clear after heavy snowfall. Shovel around your hydrant to be ready if an emergency occurs.

within a reasonable timeframe (generally within 12 hours) after a snow storm has passed to allow for safe walkability. Violators



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February 26th College Transfer Fair to Host Over 20 Institutions

Lakeland Community College will host its annual Spring Transfer Fair Wednesday, Feb. 26, from 10 a.m. to 2 p.m. in the H-Building, ground floor, on the campus, 7700 Clocktower Drive, Kirtland, 44094. The event is free and open to the public.

with college representatives to help plan for a bachelor's degree and beyond.

Current and former Lakeland students are encouraged to have their unofficial transcripts pulled. Visit lakelandcc.edu/transfer for

Spring Transfer Fair

Visitors can speak one-on-one information on viewing unofficial transcripts and to request a transcript pull before the fair for representatives to provide an onthe-spot evaluation.

Lakeland was recently ranked No. 2 among two-year public colleges nationwide based

on a combination of three student success measures that included transferring to a fouryear institution, according to a report by The Chronicle of Higher Education, the leading publication for higher education.

To see approximate cost savings by transferring credits from Lakeland to a four-year institution, visit the 2-plus-2 calculator at lakelandcc. edu/2plus2calculator.

The following are scheduled to attend as of Jan. 15, 2020: Baldwin Wallace University, Bowling Green State University*, Cleveland State University*, Duquesne University, Edinboro

University, Franklin University*, Grand Canyon University, Hiram College*, John Carroll University*, Kent State University*, Kent State University*, Lake Erie College*, Malone University, Miami University of Ohio, Notre Dame College*, Thiel College, The University of Akron*, University of Cincinnati, The University of Toledo, Wilmington College, and Youngstown State University*. Please visit lakelandcc.edu/ transfer to see updates to the list of participating institutions.

*Including Lakeland's Holden University Center partnership

For information, call 440.525.7338.

"Everyone Loves Dancing" Presented on March 11th

The Women's Committee of the Fine Arts Association Second Wednesday Program Luncheon will be "Everyone Loves Dancing" on March 11.

The Fine Arts premier dance ensemble will present a glimpse into the life of dance.

All programs begin at 11:00 a.m. at The Fine Arts Association, 38660 Mentor Avenue, Willoughby, Ohio followed by the luncheon at noon in the lobby (limited seating).

The menu is corned beef brisket, buttered cabbage, parsley

redskin potatoes, rye bread and carrot cake cupcakes.

The cost is \$15/member or \$18/ non-member and reservations required. Program only tickets can be purchased at the door for \$10. Call 440.951.7500, X 103 or email fineartsrsvp@gmail. com no later than March 6, 2020.

The Women's Committee mission is to support and promote The Fine Arts Association in the appreciation of the creative arts of music, dance, art and drama

(www.fineartsassociation.org).

Osborne Park Market & Flea Looking for Artists & Crafters

The Willoughby Lakefront to do, this is the place for you. Business Association (WLBA) again will be sponsoring the Osborne Park Market & Flea in 2020.

The market & flea is held at Osborne Park in Willoughby, off Lakeshore Blvd.

If you would like to help out, or you have community service



The Osborne Park Market & Flea is held on Wednesday's June - September. This year the hours will be from 4-8pm. We have a wide variety of vendors and food trucks to choose from. We are looking for artists, bakers and unique crafts.

We would like to extend the invitation to all car groups, classic and Jeeps, who would like a place to show off their rides.

There is no charge for this event.

For more information, call Kathie at 216-224-0925. You can also go to our Facebook page, "Like us on Facebook" to find the application.

Join us this year by stopping by and having dinner and dessert, shop for your treasures and gifts, then look at all the beautiful cars and Jeeps.

We hope to see you at the park!

Continue your education!

Transfer your Lakeland credits to a four-year school.

> Wednesday, Feb. 26, 2020 10 a.m. – 2 p.m. | H-Building Atrium

Lakeland ranks No. 2 in the nation out of 838 community colleges for students reaching educational goals, according to "The Chronicle of Higher Education."

Enjoy popcorn and pizza while you:

- Speak with representatives from visiting schools.
- Get the advice you need in one-on-one sessions.
- Plan for your bachelor's degree and beyond.

Request a free transcript evaluation from a participating four-year school at lakelandcc.edu/transfer.

For more information call 440.525.7338 or visit lakelandcc.edu/transfer.



Bankruptcy 101:

The Miracle of Bankruptcy

Bankruptcy is the most affordable, fastest working, constitutionally backed legal mechanism available for Americans in financial trouble. Most importantly, bankruptcy offers powerful protections to people that cannot be had in any other way. Some of those protections are as follows:

1.) Protection of Assets: Once a bankruptcy is filed the Court protects many assets from being taken. It also prevents garnishment of wages. In almost all cases we are able to keep a person in their home, keep their cars, and all of their personal belongings to name just a few of the benefits.

2.) Protection from Creditors: Once your bankruptcy is filed, you receive a legal protection called an Automatic Stay. This "stay" prevents creditors and debt collectors from making contact with or trying to collect money from you. The automatic stay will stop foreclosure, lawsuits, wage garnishments, vehicle repossession, utility shut off, license suspensions for uninsured accident damage to

another motor vehicle and more.

3.) Discharge of Debt: Upon completion of the bankruptcy your debt is eliminated and does not ever have to be paid back.

4.) Time to catch up on Payment: In many cases bankruptcy filers get a chance to catch up on payments that are overdue on your home, car, or other assets.

5.) Re-build Your Credit: Bankruptcy clears up and resolves your debt, judgments, delinquencies, foreclosure and other bad marks on your credit rating and gives you a "fresh slate" upon which to re-build your credit. It also prevents creditors from coming after you years down the line for debts that are labeled "write offs" or "charge offs" by the bank on your credit report but that, unknown to most, are still collectible.

6.) It Works Fast: We are able to stop creditor harassment, lawsuits, foreclosures, garnishments, repossessions and a whole lot of other problems FAST with bankruptcy. Bankruptcy is not like applying for a bank loan. It moves fast. The protections discussed can be used the same day we file. Some of these protections like stopping harassing phone calls are available immediately upon giving us money down for representation.

Bankruptcy is about having peace of mind and relief now but it is also about financial planning for the future. It is about reestablishing credit, keeping the lion's share of your property and resolving all of your current debt and bad marks on your record so that you will be in good financial standing in a few years. It is about a fresh start in life. Everyone deserves a fresh start.

Even though a bankruptcy is technically public record, the fact that you are filing bankruptcy will only be known by a few people who you probably will never even come in contact with- let alone know. It is not published in the local newspapers. The truth is that no one really cares whether you file bankruptcy anyway. They are too concerned with their own problems.

I have often stated that bankruptcy is an act of love to yourself and your family. You do not need to live in fear of debt collectors, lawsuits, losing your home or any of the other dreaded consequences of financial problems. You do not have to deal with the unbearable anxiety of financial stress. We cannot cure your cancer but we can cure your debt problems. We can help you regain your peace of mind. It is important to remind yourself that financial problems are temporary. They come and they go. Your health is permanent. Do not allow yourself to lose your permanent health over your temporary financial problems.

Biales Delchin offers to start bankruptcy protection and stop bill collector harassment for only three hundred dollars down. If you think Bankruptcy might be able to help you, please call us for a free, confidential, no obligation consultation.

Robert C. Biales



Audubon Reveals Discoveries on Bird Migration Through Cleveland

Blackbrook Audubon welcomes Dr. Andy Jones as he presents "Migration All Around Us: How Birds Navigate the Americas" 7:00 p.m. Tuesday, February 18 at Penitentiary Glen. For some five billion individual birds, a trip to Central or South America from North America is an essential and stunning annual accomplishment. Dr. Jones will explain why birds undertake this grueling trip and how they find their way to wintering grounds they have never seen before. He is the Curator of Ornithology at the Cleveland Museum of Natural History.

Most species of songbirds migrate at night, and lights on tall buildings or aimed at the sky can disorient them and draw them into buildings. This causes many birds to strike windows or circle buildings until they fall from exhaustion. Lights Out Cleveland is the program in this region within the Ohio Lights Out network, which is coordinated by Ohio Bird Conservation Initiative. Ohio Lights Out staff and volunteers assist managers of buildings that are enrolled in the program to adapt their lighting schedules and modify their buildings' glass to make urban landscapes safer for migratory wildlife, according to https://ohiolightsout.org.

Lights Out Cleveland monitors bird-building collisions during migration. Dr. Jones will present the results of their work, including insights from rehabilitating birds as well as a new discovery from the collision patterns across the city.

The program is open to all. Penitentiary Glen is at 8668 Kirtland-Chardon Road, Kirtland.

For more information, visit blackbrookaudubon.org. Follow Blackbrook Audubon Society on Facebook. Blackbrook Audubon is the local chapter of National Audubon Society covering Ashtabula, Geauga and Lake counties.

Programs cancelled due to weather will be announced on the iAlert system on WKYC-TV 3, wkyc.com, Newsradio WTAM 1100 AM, wtam. com and WMJI 105.7 FM.

Upcycle Repurpose Competition is Returning as a Feature at the March 7th Home & Lifestyle Expo

Do you have a knack for turning old items into like-new? If so, get creative and showcase your imagination, creativity and talent by entering the Upcycle Repurpose Competition being held during the annual Home & Lifestyle Expo on Saturday, March 7 at Great Lakes Mall.

The competition was designed to inspire others to enhance their home and lifestyle with items they may already own or would have thrown away. There is no fee to enter and items can be, but are not limited to furniture, accessories/home décor, clothing and jewelry.

All entries will be on display during the Expo hours of 10am-6pm. Votes will be cast by Expo attendees and one item will win "Best of the Expo" with a prize of a \$100 gift card. To enter contact Diana Lewis at 440-255-8932 ext. 7726. The deadline to enter is February 21st.

The Expo itself is built around one jam-packed day kicking off at 10am and running until 6pm. The first 300 attendees

will receive a free gift bag, with a \$50 gift card in two of the bags! The gift bags will be distributed from a store front close to the entertainment stage which is in front of Macy's. Entertainment is a big part of the Expo with demonstrations to include a 2pm rain barrel painting demonstration with artist and Fine Arts Association Development Director, Yvonne Delgado Thomas, performances from local entertainers and a fashion show at 3pm with models from Leadership Lake

County.

Attendees will get ideas, and practical inspiration advice in remodeling, home improvement, gardening and lifestyle. Representatives from local companies, remodelers and designers will be onsite to answer questions, provide suggestions and explore ideas for all aspects of home improvement and lifestyle needs.

The Home & Lifestyle Expo is a free event, hosted by the Eastern Lake County Chamber of Commerce, Mentor Area Chamber of Commerce and Willoughby Western Lake County Chamber of Commerce and sponsored by many local companies which include premiere sponsor, Generator Pros/Shepp Electric and sponsors A-1 Concrete Leveling

Ten years ago, the Dale

Carnegie Course was offered

both publically and in the

corporate setting. Some of

the larger companies and

corporations utilized this training

program to develop critical skills

with employees and increase

employee engagement. Now it's

This inspirational course is a

life-changing event not only for

business people, but for world

leaders, professional athletes

and entertainers, who while

coming from diverse specialties,

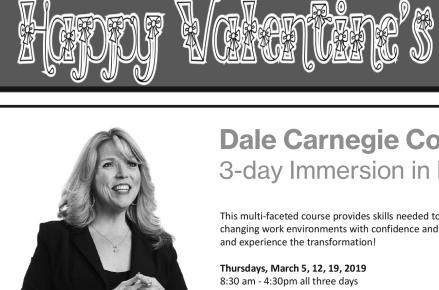
PLATINUM REAL ESTATE

back this March!



Carpet of Cleveland-East, One Mentor, Floor Coverings International, Handouts, Keller Williams Greater Cleveland Northeast - Natalie J. Antosh, Lake County Women's Journal, Leadership Lake County, Mimi Magazine, Mix 97.1/Gold 93.7, Platinum Real Estate, Schoolhouse Salvage, The News-Herald, Vector Technical Inc. and WINT Integrity Radio 101.5 FM/1330 AM.

For more information about the Home & Lifestyle Expo or to register as an exhibitor call Linda Reed at the Eastern Lake County Chamber of Commerce at 440-357-7572.



Dale Carnegie Course® 3-day Immersion in Mentor

This multi-faceted course provides skills needed to traverse today's changing work environments with confidence and enthusiasm. Join us

Mentor Holiday Inn, 7701 Reynolds Rd. Free Preview – February 20th, 6 pm to 7:30 pm

To enroll or learn more: neohio.dalecarnegie.com | 216-223-7733 Patty.Ferris@dalecarnegie.com

THE NEWS-HERALD



their personal best.

The Dale Carnegie Course is Back!

Aspiring leaders in professions learn to connect with people more skillfully and lead organizations to higher levels of productivity. The course lays claim to over 7 million graduates, including Warren Buffett, Don Shula, Annette Bening and many U.S. presidents.

Fast-changing work conditions require leaders who are equipped to not only keep up, but excel in the today's business environment. This requires persuasive communication skills, creative problem-solving methods, and extraordinary confidence and enthusiasm.

While many may think they possess these skills now, through this unique three-day experience, even the best and brightest discover opportunities to grow and improve the skills required to outdistance the competition. No wonder the Dale Carnegie Training was awarded Top 20 Leadership Training Organization in 2019 by the Training and Development Industry.

The course will be offered in a 3-Day Immersion format, Thursday, March 5th, 12th and 19th 8:30am to 5:00 pm at the Holiday Inn Mentor on Reynolds Road. There will also be a Free Preview on Thursday, February 20th from 6pm to 7:30pm, also at the Holiday Inn Mentor.

Transformation Starts Here!



- Celebrariana 23 Near --

Women's lournal



Traditional and Cremation Services Pre-Need Planning

Morley Library February Programs for Adults

All events are free and open to the public. Unless otherwise indicated, events are held at Morley Library, 184 Phelps St., Painesville, OH 44077. Registration not required unless indicated. More information & registration available at www. morleylibrary.org or (440) 352-3383

<u>Adult Winter Reading</u>

Jan. 19 – Feb. 15, 2020 Bundle up with a good book this winter at Morley Library! Read books, track your reading on a form (available at our 3rd floor service desk), return completed forms, and repeat!

Attend this great program for

more chances to win Adult Winter Reading prizes:

Mini Winter Wonderland Craft

Wednesday, Feb. 12, 6pm. This is a self-guided, first-come firstserved craft for adults only. Follow the easy instructions to create your mini winter wonderland. Bring a wallet-sized image of your loved one(s) to personalize the project.

Book Discussion Groups

<u>Tuesday Afternoon Book</u> <u>Discussion</u>

Feb. 11, 2pm. Ocean at the End of the Lane by Neil Gaiman

Wednesday Evening Book

Discussion Feb. 12, 7pm. Catherine the Great: Portrait of a Woman by Robert Massie

<u>Mystery Book Discussion</u> <u>Group</u>

Monday, Feb. 24, 10am. Death by Dumpling by Vivien Chien

Reel Talk: Book into Film

Monday, Feb. 24, 2:45-4:30pm. The Rainmaker by John Grisham

<u>Tai Chi Tuesdays</u> –

DAY

Feb. 4 and 18, 12pm. De-stress and relax for 30 minutes with Libby Hill from Family Karate. Class size is limited to the first 12 participants to arrive.

Afternoon Tea with Local

TIMES

Romance Writers– Saturday, Feb. 1, 1pm.

February can be an awfully cold month, so come in and warm up with a cup of hot tea, a light lunch and a steamy discussion with authors whose specialty is Romance. Registration required.

<u>Iditarod Trail Talks –</u>

Tuesday, Feb. 4, 7pm. Join local Iditarod enthusiast Eleanor Csizmadia to enjoy stories and photos about her experiences witnessing the Iditarod sled dog race. Learn about dog sledding culture, the history of this famous race, and its connections to Cleveland.

<u> Morley Movie Night –</u>

Monday, Feb. 10, 6pm. recreation b Enjoy a free showing of a and beyond.

2020 SKATE SCHEDULE

SESSION TYPE

popular new DVD release on our big screen. For movie title and details, go to morleylibrary.org or call 440-352-3383.

<u>Scribble Maniacs Writers'</u> <u>Group –</u>

Saturday, Feb. 15, 10am.

Whether you're just getting started or a lifelong writer, join us for support, encouragement, and friendly critique, commentary, and tips on achieving your writing goals.

Morley Library is a public library serving the communities of Concord Township, Village of Grand River, LeRoy Township, Painesville City, and Painesville Township by providing access for all to opportunities and resources for life-long learning and recreation both within its walls and beyond

ADMISSION

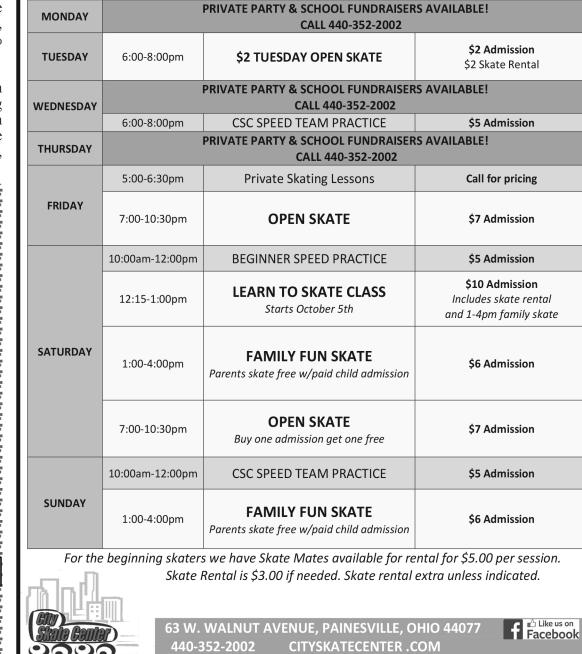
City Skate Center Check out the winter schedule Roller skating is recognized and

check out the winter schedule at City Skate Center in Painesville! We are NOW booking reservations for winter birthday parties call for available times.

We offer beginner group lessons and private lessons are available for all ages call for scheduling and times. Speed Team practice will resume on Saturday and Sunday morning 10- 12pm and Wednesday 6-8 pm.

As the weather turns cold and your looking to stay in shape don't overlook this sport Roller Skating. Roller skating is for all ages and is one of the most fun and easy activities that the whole family can enjoy together. Roller skating is recognized and recommended by the American Heart Association (AMA) as an aerobic fitness sport. One hour of skating per week can burn 600 calories, 30 minutes of skating produces a heart rate of at least 148 beats per minutes, roller skating works most muscle groups including: glutes, quads, abs calves, arms and causes 50% less stress to joints than running.

If you are looking to stay in shape, get in shape or just wanting to have some good family fun come join us at the City Skate Center 63 West Walnut Ave, Painesville, Ohio 440-352-2002





'Support Our Seniors' Spaghetti Dinner Fundraiser- February 13th

Levy Committee is holding its 2nd annual Valentine's Day Spaghetti Dinner Fundraiser on Thursday, February 13, 2020, from 4:00 p.m. to 7:30 p.m. at the beautiful Perry Senior

The Support Our Seniors Center located at 2800 Perry Park Road. The fundraiser will feature live entertainment by Elvis, basket raffle, cash bar with beer and local wine, and a spaghetti and meatball dinner! The event is sponsored

by Tapestry Senior Living – Wickliffe and several other local agencies. Proceeds benefit the Senior Services Levy campaign. The Senior Services Levy supports many critical services in Lake County including Meals on Wheels, homemaker services,

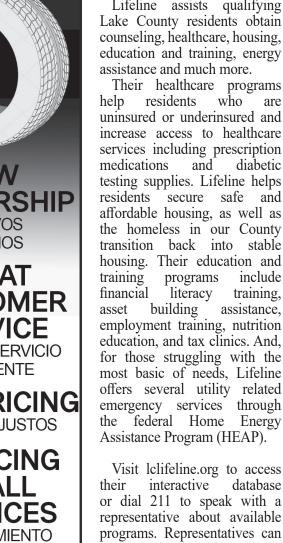
Adult Protective Services, home repairs and modifications, and the Volunteer Guardian Program, to name a few.

Pre-sale tickets are \$10 for an adult/senior and \$5 for children 12 and under and are available for purchase at any Lake County Senior Center, the Lake County Council on Aging, RSVP Lake County, and Lifeline. Tickets will also be available at the door the day of the event for \$12 adult/senior and \$7 for children 12 and under.

For additional information, please contact soslakecounty@



"Interludes of Music" Presented on February 12th



(440)354-4358

or dial 211 to speak with a representative about available programs. Representatives can be reached 24/7. This service is free and confidential.

diabetic

include

training,

database

If you or a loved one can use some help, you owe to yourself to learn more about programs which already exist in our community.

Mentor Window Earns Yet Another Angie's List Super Service Award- 8 Years Straight!

Mentor Window has earned the home improvement industry's coveted Angie's List Super Service Award for the 8th year in a row. This award reflects exemplary years of service provided to customers throughout Northeast Ohio, along with honest, fair prices.

Steve Douglas the owner of Mentor Window was asked about how they continue having such success in the home improvement

Free Online Overdose Prevention Training

The Lake County General Health District (LCGHD) is now offering a free online opioid overdose prevention training and naloxone distribution through its Project DAWN (Deaths Avoided With Naloxone) program. Participants will receive online training to recognize the signs and symptoms of overdose, distinguish between different overdose types, perform rescue breathing, call EMS, and administer naloxone. The online education and distribution program will be available to Lake county residents, as well as residents of other Ohio counties who do not currently have a Project DAWN program.

The online program is easy to use:

1. Visit https://www.lcghd.org/ naloxone-distribution/.

2. Click the "Request a Kit" link to complete a survey and training video.

LCGHD staff will review all naloxone requests, and mail the naloxone kit to all eligible recipients within 72 hours of the request. "LCGHD is dedicated to

"LCGHD is dedicated to ensuring access to naloxone regardless of one's ability to travel or self-advocate," commented Haley Russo, Health Educator and coordinator of the LCGHD's Project DAWN, an overdose education and naloxone distribution program. The Ohio Department of Health reports that in 2018, 84% of unintentional drug overdose deaths in Ohio resulted from opioids.

If you have questions about Project DAWN, or the online opioid overdose prevention training program, please contact Haley Russo at 440-350-2844, or hrusso@lcghd.org. To find a local pharmacy that can dispense naloxone without a prescription, visit The Ohio Pharmacy Board's website at https://www. pharmacy.ohio.gov/Licensing/ NaloxonePharmacy.aspx. industry. "We have crews that have been with us for decades, and we are very particular about the installers we hire. We won't just hire anyone to catch up if we are backed up a bit, quality is at the top of our list when it comes to workmanship. When it comes to pricing, we are straight forward with people, they don't want to hear any buy 1 get 1 free nonsense. They want a fair, honest price up front without all the gimmicks you see out there in advertising. We treat each and every one of our customers like must be in good standing with Angie's List, pass a background

"Only about 5% of the Home Improvement companies in Northeast Ohio have performed consistently well enough to earn our Super Service Award," said Angie (founder of Angie's List.) "It's a really high standard."

Angie's List Super Service Award 2018 winners have met strict eligibility requirements, which include an "A" rating in overall grade, recent grade, and review grade period; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

Service company ratings are updated daily on Angie's List. Companies are graded on an A to F scale in areas ranging from price to professionalism to punctuality.

Mentor Window offers a full range of home improvements, including Energy Star Tilt-In double hung windows, slider styles, bay windows, casement windows, patio doors, fiberglass and steel entry doors, vinyl siding in over 50 colors & styles, cedar shake style siding, seamless gutter systems, gutter covers, blown in insulation, and a complete line of backyard storage buildings.

Interest free financing is available and most major credit cards are accepted.

Call today or stop in for a free, no obligation estimate (440) 209-1617. We are located at 7731 Lakeshore Blvd., Mentor, Ohio 44060., www.mentorwindow. com.



Morley Library February Children's Programs

All events are free and open to the public. Unless otherwise indicated, events are held at Morley Library, 184 Phelps St., Painesville, OH 44077. Registration not required unless indicated. More information & registration available at www. morleylibrary.org or (440) 352-*3383*.

Children's Winter Reading Club Sunday, January 5th through Saturday, February 22nd

Kids 12 and under can stop by the Children's Desk to pick up a Winter Reading Log and start reading! The Children's Winter Reading Club will run for 7 weeks. All children who turn in their reading log at least once receive a FREE book! Additionally, for every day that a child reads or is read to for at least 20 minutes, s/ he will receive an entry into the prize raffle. Prizes include gift certificates, toys, and a Kindle Fire tablet! Registration is ongoing starting January 5th. Children's Winter Reading is made possible with the generous support of Painesville Rotary.

Storytimes & Weekly Programs:

The Winter Storytime Session runs for 7 weeks: Monday, January

6th through Friday, February 21st, 2020. Registration begins Monday, December 30th, online at www.morleylibrary.org or by phone at 440-352-3383. Many of our storytimes are drop-in and require no registration.

Mondays:

Toddler Tales

10:00 AM - 10:30 AM

Stories, rhymes, & fingerplays for little ones 3 and under! Child attends with caregiver. No

registration needed.

Li'l Explorers 10:30 – 11:00 AM

Play-based exploration stations geared towards toddlers 3 and under with a caregiver. Explore stations designed to promote early learning and discovery. No registration needed.

Books at Bedtime

6:30 – 7:00 PM

Pajama storytime while cuddling vour favorite stuffed animal for kids 18 months - 5 years old. Child attends with caregiver. No registration needed.

Tuesdays:

Baby Bookworms

10:00 AM - 10:30 AM For babies who are not yet

walking and their caregivers. Enjoy one-on-one lap time

Mentor Monitor Lake Community News Willoughby Times Eastlake Gazette Willowick Courier (440) 946-2577 Painesville Pride **Advertise Your Business** or **Community Event** Affordable Rates Choose one, two... up to all five cities Discounts available for multiple City or Consecutive month

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engaging in stories, songs, rhymes, fingerplays and more. 20 minutes of stories, songs, etc. followed by 10 minutes of playtime and caregiver interaction. No registration needed.

Español Plus - 4:15 – 5:00 PM

For kids in grades K-3rd. Learn about famous artists, writers, and inventors while exploring Latino culture and the Spanish language through music, art, and snacks! No registration needed.

Wednesdays:

Music in Motion

10:00 AM - 10:30 AM

Stories, rhythm, music, and instruments! Child attends with caregiver. No registration needed.

Li'l Explorers 10:30 – 11:00 AM Play-based exploration stations geared towards toddlers 3 and under with a caregiver. Explore stations designed to promote early learning and discovery. No registration needed.

Toddler Tales

11:00 AM - 11:30 AM Stories, rhymes, & fingerplays for little ones 3 and under!

Child attends with caregiver. No registration needed. *NB TWEEN* - 4:15 – 5:00 PM

For tweens ages 9 - 12. Crafts, games, and activities geared specifically towards tweens! Have fun with your friends at the library after school! No registration needed.

<u>Thursdays:</u>

Preschool/Kindergarten *Storytime* - 10:00 AM – 10:30 AM An exciting and engaging storytime with a focus on early literacy skills for kids ages 3-6. Child attends without caregiver. Registration is required. Please choose Thursday OR Friday.

Preschool S.T.E.A.M. Stations -10:30 - 11:00 AM

Explore various activities that will build your child's early literacy skills. This drop-in program is designed for children ages 2-6 and their caregivers and takes place in the Project Room on the Children's Floor. Discover how everyday household items can become learning tools for your child. No registration needed.

Parachute Plavtime

11:00 - 11:30 AM

A fun-filled 30-minute parachute playtime for walking toddlers through 5 years old. Child attends with caregiver. Music, rhymes, games, and lots of fun shakin' the 'chute! Drop-in, no registration needed.

Fridays:

Preschool/Kindergarten *Storytime* -10:00 AM – 10:30 AM

An exciting and engaging storytime with a focus on early literacy skills for kids ages 3-6. Child attends without caregiver. Registration is required. Please choose Thursday OR Friday.

Preschool S.T.E.A.M. Stations -10:30 - 11:00 AM

Explore various activities that will build your child's early literacy skills. This drop-in program is designed for children ages 2-6 and their caregivers and takes place in the Project Room on the Children's Floor. Discover how everyday household items can become learning tools for your child. No registration needed.

Stories & S.T.E.A.M. 4:15 PM – 5:00 PM

Kids ages 6-8 can explore stories and more with science, technology, engineering, art, and math in this fun after-school program. Caregiver must stay in the building but does not attend with the child. Registration is required.

February Special Events:

Children's Scavenger Hunt: Saturday, February 1st through Saturday, February 15th

Kids 12 and under can participate in a fun, FREE picture Scavenger Hunt in the Children's Room. Find all 10 pictures hiding around the Children's Room, then turn in your sheet for a free, small prize from the treasure chest. Limit once per child, please.

Noah's Ark Animal Workshop: Build-a-Polar-Bear ~ Saturday, February 1st ~ 11:00 -11:45 AM

For kids ages 3-8. You're invited to build your very own polar bear cub to take home and keep! Join us for this Build-A-Bear workshop and storytime. This is a FREE workshop but space is limited to the first 20 kids who register and each child must be accompanied by an adult to assist in the stuffing process. Registration is required and begins on 2 weeks before the program on Saturday, January 18th.

KIDS CRAFTERNOON!~

Thursday, February 6th 3:00 – 7:00 PM

Make a FREE kids craft! Drop by the Children's Story Room to make a fun, free heart necklace craft. As supplies last, small children may need help. No registration needed.

The Magic of Michael Mage Saturday, February 8th

11:00 – 11:45 AM

Known as a comedian stuck in a magician's shoes, national award-winning magician Michael Mage incorporates comedy and

endless audience participation into this hilarious show. Join us for a family friendly presentation as the audience becomes the highlight of this comedy magic spectacle. No registration needed, all ages welcome.

Homeschool Art Explorers

Tuesday, February 11th 11:00 – 11:45 AM ~ Valentine's Art

Calling all homeschoolers age 6-12 years! Do you love art? Join other homeschoolers to discuss art techniques and make some beautiful creations! Please dress for mess as we may be doing some messier projects. Registration is required and opens 2 weeks before each session.

 $\frac{\text{Jiggling Jello!}}{\text{February 15th} \sim 11:00 - 11:45 \text{ AM}}$ This week is National Jello Week, so let's play with our food! Come and squish jello through your fingers, paint with jello, explode jello, decorate jello and, of course, eat jello! This is a family program and no registration needed.

KIDS CRAFTERNOON!

Thursday, February 21st 3:00 – 7:00 PM

Make a FREE kids craft! Drop by the Children's Story Room to make a fun, free paper lace snowman craft. As supplies last, small children may need help. No registration needed.

Arctic Adventures

Saturday, February 22nd 11:00 - 11:45 AM

International Polar Bear Day is on February 27th. Come celebrate these wondrous creatures at Morley Library! We will read a story, play games, and make an arctic craft. Be prepared for an exciting adventure in the tundra without ever leaving the library! This program is for families with children 12 and under. No registration needed.

Frog-tastic Leap Day **Celebration!**

Saturday, February 29th 11:00 – 11:45 AM

Leap Day only comes around every four years so let's make it memorable! Join us for frogthemed carnival games and crafts geared towards families with children 12 and under. No registration needed.

Morley Library is a public library serving the communities of Concord Township, Village of Grand River, LeRoy Township, Painesville City, and Painesville Township by providing access for all to opportunities and resources for life-long learning and recreation both within its walls and beyond.

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best deal when it's time to replace your outdated windows & doors is easier than you realize.

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Let us show you how to make your next remodeling project a little easier by calling Shoreline Window and Remodeling Company at (440) 946-1495 or (440) 336-3300. You can also look us up at www. shorelinewindowandremodeling. com.

Hospice of the Western Reserve Hosts Warehouse Sale

Whether it's sprucing up a home, staging a property, locating a "like new" desk for a student, or finding a dining room table large enough for holiday gatherings, Hospice of the Western Reserve's Warehouse Sale is the place to be to find gently used home furnishings, accents and accessory pieces-all priced at a fraction of their original retail prices!

In addition to furniture, framed artwork and lamps, the selection often includes matching sets of fine china, glassware, antiques, jewelry, collectibles and one-of-akind treasures. The proceeds not only support seriously ill patients and their families, but veterans in need of specialized care, grief and trauma counseling in schools and other community-based programs provided by the nonprofit agency throughout northern Ohio.

Cash and major credit cards (VISA, MasterCard, and Discover) are accepted for payment (no checks). Ample parking is available in the Hospice of the Western Reserve parking lot. (Follow the "Warehouse Sale" signs upon arrival at the agency's site.)

Donations of Furniture and Household Goods Sought for <u>Sale</u>

Donations of furniture and household goods are still actively being sought. Furniture items will be previewed by volunteers or by submitted photos prior acceptance for donation. to Tax receipts will be provided. Arrangements can be made to pick up large furniture free of charge from some locations in northern Ohio. (Donations to help defray the cost of movers are greatly appreciated.) Those interested in contributing items for the sale should contact the Warehouse Sale Team at 216.255.9090.

NOTE: The agency does not accept bedding, books, clothing, car seats, electronics, major appliances, medical supplies, sporting goods, children's toys and games, computers, mattresses, televisions and stuffed animals.

Hospice of the Western Reserve warehouse sales are held four times throughout the year. To receive notice of upcoming sales, send an email to: warehousesale(a)hospicewr.org, or visit hospicewr. org/warehousesale for a schedule.

Date/Location: Saturday, March 7, 8 a.m. to 4 p.m., and Sunday, March 8, Noon to 4 p.m., at Hospice of the Western Reserve Headquarters, 17876 St. Clair Ave., Cleveland.



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Unraveling the Mysteries of Medicare

Medicare before you enroll. You could spend countless hours talking to friends and visiting numerous internet sites. Or, you can attend a comprehensive workshop called Getting Started with Medicare where we cover many of the things you will need to know before you make your Medicare decisions.

Getting Started with Medicare provides you with up to date, reliable information. You will learn when and how to enroll as well as the differences between Original Medicare, Medicare Part

There's so much to learn about D Prescription Drug Coverage, Medicare Advantage Plans and Medicare Supplement Plans. You will also learn how you can get coverage for dental, vision, hearing and other services not covered by Original Medicare.

Registration is required and is going on now for classes on the following dates and times:

Monday, February 17 Eastlake Library 6:00 - 8:00 PM 440-942-7880

Tuesday, February 18

Mentor Library 6:00 - 8:00 PM 440-255-8811

Wednesday, March 18 Concord Community Center 6:30 - 8:00 PM 440-639-4650

For additional class dates and times visit www.mutskoinsurance. com/seminars.

Don't make the mistake of settling for the same coverage a friend or neighbor suggests. Take

some time to attend one of these classes so you can decide for yourself what is best for you. These events are for educational purposes only and no plan specific benefits or details will be included. Some venues may charge a nominal fee. Pre-registration is required.

For questions concerning your insurance, including Life, Health, Medicare Advantage Plans or Medicare Supplements, please call me at 440-255-5700 or email me Lmutsko@mutskoInsurance. at com to set up an appointment to discuss your insurance needs. I look forward to helping you.

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For more information, visit www.mutskoinsurance.com.

Are You Ready to "Cut the Cable?" In the past, many of you have Since everyone has their own

asked me "Is it possible to cut the cable?" My reply has always been "not yet, but soon". I've been saying it for 7 years. Well, "SOON" is HERE!!

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needs, I can customize a solution to allow you to cancel your U-verse, cable or satellite service. If you have any questions or

would like more information on getting rid of your cable or satellite company, please contact me.

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Imagine living in a beautiful and functional home, you love waking up every morning. After all your years of hard work the glory days of retirement are finally here. The reality is you can't take it with you. So, delaying these repairs and upgrades is only delaying your happiness.

You cringe at the thought of having to call or hire a Handyman. We've all heard the horror stories about the guys who never call back, don't show up on time, or start the work and disappear.

We will make you a few promises. One, we do what we tell you and show up on time. We don't collect for your job until completion and you are 100% satisfied. You don't just need any contractor, you need a reliable and dependable handyman. When you have work done by us, you can be confident knowing it is being done by a highly trained and skilled Professional Handyman. We are licensed and insured. Seniors all over Painesville are falling in love with their homes again. We couldn't be more thankful to be a part of that process. You are in your home a lot. It makes sense to do your projects now.

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and laptops. We also can help you with mobile device solutions such as adding your device to your

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I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at (440)461-3900, (216) 789-7936 or jeff@mobilecsllc.com so I can personally help you find a solution for your household or business technology challenges.

Divorce 101:

How to Make Getting a Divorce Fast, Easy and Cost Effective

article simplistically This identifies the main issues in the termination of the marital contract and explains the difference between a divorce and dissolution and why a dissolution is always the best, least stressful and most costeffective means to terminate the marital contract. The issues in either a dissolution or divorce are the same. They are as follows: (1.) Allocation of Parental Rights and Responsibilities, if there are children. The main issues regarding the allocation of parental rights and responsibilities would include who pays child support and how much, companionship time (formerly "visitation"), who has custody or how is shared parenting (formerly "joint custody") to be allocated, who is responsible for health care/ insurance and how will the tax exemption be divided. (2.) Spousal support. Will one party pay the other spousal support and how much and for how long? (3.) Property distribution. How will the marital real and personal property and all other marital assets be divided. (4.) Pension and retirement division, if in existence. And, finally, (5.) Allocation of marital debt. These are the main issues in every divorce and/or dissolution.

The most fundamental difference between a contested divorce and a dissolution is that in a contested divorce the parties cannot agree on one or more of the issues whereas in a dissolution the parties must agree on ALL issues. Dissolutions are very cost effective. The cost of the dissolution varies based

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upon the number of issues in the case (listed above). The cost of a dissolution is dramatically less than a divorce (the parties cannot agree on one or more of the issues). The average cost of a divorce with children in Ohio is \$18,800 and without children \$12,500 (Lawyers.com survey). The average cost of a dissolution with children is \$3500 and without children \$2500. Most importantly, the emotional cost of a prolonged divorce is high to both parties and children.

Dissolutions are fast. A dissolution can be finalized in as little as six-weeks from the filing date and, usually, requires only one hearing. An action for divorce- if the parties cannot come to a voluntary agreement- can easily take a year or longer to finalize. There are several hearings and a trial. The information gathering process referred to as "discovery" can become a costly and stressful nightmare. Discovery is not required in a dissolution. In divorce, there is the dread of runaway attorney fees averaging \$250- \$300 per hour. There

Have you ever wanted to find your "Roots" by learning how to research your ancestors; create a family tree, or even find some unknown past and present relatives? Please join us as we share information on where and how to conduct genealogical research from society members and local genealogy experts. For this meeting our speaker is TBA, so check our web site for more information.

On Thursday, February 27, 2020, at 10:00 am, the County Genealogical Lake Society(LCGS) will have Lake а meeting.

is always the worry (which is justified) that the attorney will quit if you run out of money or the fear of receiving another several thousand-dollar bill unexpectedly. Almost everyone has heard a horror story about attorney fees.

At Biales Delchin Law, dissolution is a flat fee. Our clients don't worry about getting a huge hourly bill after the initial payment.

The emotional price of continuous daily resentment, depression, fear and worry can become overbearing and destructive to one's health. Dissolution avoids all of this. That being said; It is very difficult to get two people who are usually not the best of friends- to begin with- to agree on all issues. All issues must be agreed to for a successful dissolution to occur. This requires compromise. The cardinal rule is that nobody walks away happy. Each party usually feels wronged in some way by the other. Each party usually feels that they could have obtained a better result if they would have just held out longer or been more aggressive. The truth is the law is pretty settled on how property and children issues

Lake County Genealogical Society Have you ever wanted to Genealogical Society meetings are typically held on the last Thursday of the month from 10:00 am to noon. We do not meet the months of August and December. We meet in the Morley Library basement (184 Phelps St., Painesville). Please check our web site (www. lcgsohio.org) for any changes in meeting date/time/location or call Dave at 440-209-1639 or Cynthia at 440-951-0914 for more information.

are resolved. In most cases, you will not get a better result by engaging in prolonged divorce litigation.

If the parties are unable to come to an agreement regarding all the issues, as is often the case, a divorce must be initiated. I try to resolve as many issues as possible before hand and communicate with the other party or his/her attorney to coordinate the process. It is always best to work together and focus upon resolution of the issues on which the parties agree. The purpose of the attorney is to make the process as minimally painful, and least expensive as possible. Open and honest communication is key. Unfortunately, in many cases, the parties have so much resentment toward each other that they are simply unable to cooperate. This is never in anybody's best interest and can be very damaging to children.

There are certainly ways to minimize the pain and cost of a divorce, but it will never be as efficient and emotionally healthy as two parties coming to a voluntary agreement with dissolution. I believe that a fast, relatively inexpensive dissolution of marriage with minimal stress and pain to the parties and their children is possible in most cases if two factors are present (1.) the parties are mature, sensitive and intelligent and (2.) the matter is approached with a cost versus benefit business analysis, an open mind and sound professional guidance. I know this is easier said than done. But- if accomplished- the financial and emotional rewards (including healing time) reaped are enormous for the parties and children and will be enjoyed for the span of one's entire life.

Robert C. Biales

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Surprise Your Valentine With A Couples Massage Looking for a Valentine's gift that incorporates an assessment for way. All this creates muscular

that is unique and an experience you and your partner can both enjoy? The Rock House is partnering with Cosmetic Laser Medi-Spa in Mentor and Chardon to offer personalized couples massage services! Schedule with Rocky Nelson, MEd, LMT or contact us for gift certificates to be used at your convenience. Unwind to an hour massage in our beach themed room and enjoy hors d'oeuvres afterwards.

Rocky and his team of professionals can cater to your individual needs. Does your partner want relaxation but you're in need of a therapeutic massage? You do not have to get the same style of massage but you would share the experience together being side by side under mood lighting and enjoying the sounds of the beach! We provide relaxation, wellness, and therapeutic massage any of which can be infused with hot rock, essential oils and energy techniques as desired. Our specialty is a wellness massage that starts with relaxation routine issues that could require Structural Integration or other techniques to address problem areas. One person can opt for a full body wellness massage while their partner may be more comfortable with a head, neck, and shoulders focus. We also love performing cranial sacral (head and spine) energy work in our relaxation massages, great for relieving stress!

What sets our massages apart from others are the knowledge that Rocky brings and his willingness to "read" what your body needs even if you're unaware of it yourself and adjust or combine techniques to truly tailor the experience to you. Most people develop joint and muscle pain slowly over a course of time, and they can't even tell what they did to cause the source of pain and discomfort. We use our bodies in the same repetitive motions that causes muscular imbalances and adhesions, which limit blood flow. Often our jobs and entertainment are housed on smartphones and computers that alter our posture in an unhealthy

adhesions over time, which means the muscular layers are sticking to each other instead of gliding over each other. Therefore, as we get over-use injuries, which don't get better with rest. Blood flow is necessary for any type of tissue healing and achieved by use of structural integration in massage. The end result of this massage will break up any adhesions in your body, which will increase blood flow of the body, increases your range of motion, and decrease aches and pain.

So say "yes" to treating yourself and family to our couples massage services available at The Corning White House located on the corner of RT 20 and 615 at 8353 Mentor Ave. Mentor, OH 44060 or on the Chardon Square at 133 Main St. Upper Chardon, OH 44024.

To schedule or for more information call Rocky Nelson MEd, LMT, at 440-477-4696 or contact Cosmetic Laser Medi Spa & More at 440-477-4074. To see the room, visit www.takeawayhair. com.



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important to us than your complete and total satisfaction. Quick Dry stands behind every job 100%. If you are not happy with our work, within 30 days we will re-clean the area in question for FREE! You pay nothing! Not one cent!

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Like us on Facebook & Instagram: Mentor Salt Cave Email: mentorsaltcave@att.net

www.mentorsaltcave.com

What Else You'll Get For An Extra \$20 When **Zappitelli Financial** Does Your Taxes This Year...

(440) 354-0375 • www. zappitellifinancial.com • 11 Northeast Ohio Locations

"Put Your Mind to Rest" Extended Service Plan

- RITA/CCA/ All Cities
- OHIO
- IRS
- Payment Plan
- IRS POA
- Audit
- Tax Debt Relief
- Refer a Friend Program
 - ^{\$}120 Value

Estate Planning Consultation

- I'm tired of working...
- When can I retire?
- Social Security 62/66/70
- Medicare 65
- Payoff my house/ cars/credit cards?
- My family legacy
- CPA's/ CFP's Available

^{\$}120 Value

(May through December)

Extension Filing/ Tax Payment

- File by April 15
- 6 months more time
 If you owe, you still
 have to pay by April 15
 Personal/Business
- Extension

^{\$}60 Value

"2nd Chance Lookback"

- We'll review previously filed returns for mistakes
- Maximize Refunds
- Filing Status Review
- EIC Credit Review
- College Credit Review

^{\$}60 Value

Business Startup Consultation

- Corp/LLC/ Partnerships
- Bookkeeping/Accounting
- Payroll/1099s
- Financing
- Year End Taxes/Sales Tax/ CAT
- CPA's/ CFP's Available

^{\$}**120 Value** (May through December)

GUARANTEES

- -100% Accuracy Guarantee
- Audit Support Guarantee
- Maximum Refund Guarantee
- Copies of old tax returns
- Email of returns to banks

^{\$}60 Value

Year Round Financial Advice for ^{\$}20 when you do your taxes with ZFS



Don't Overpay Uncle Sam AGAIN This Tax Season!

BASIC PACKAGE ^{\$}128 - ^{\$}148

- Federal Return
- State Return
- City Return
- E- file
- Direct Deposit
- Kids Return ^{\$}69 (Federal, State, City) with parents return

EARNED INCOME CREDIT PACKAGE EIC

^{\$}188 - ^{\$}208

- Federal Return
- State Return
- City Return
- All EIC Forms (usually 5-6 extra forms)
- E- file
- Direct Deposit

SOLE PROPRIETOR PACKAGE ^{\$}188 - ^{\$}228

Schedule C, Self Employment

- Federal Return
- State Return
- City Return
- E- file
- Direct Deposit
- EACH ADDITIONAL SCHEDULE C \$48.00

Returns start off at \$88.00 · Additional Schedules \$20.00 Each

RENTAL PROPERTY PACKAGE **Schedule E** ^{\$}188 - ^{\$}228

- Rental Property
- Federal Return
- State Return
- City Return
- E- file

- Direct Deposit

EXTRA RENTAL PROPERTY \$48.00 EACH

BUSINESS OWNERS PACKAGE ^{\$}288 - ^{\$}448

S-Corps, C-Corps, Partnerships Non Profits, Multi-Member LLC's

- Federal Return
- State Return
- City Return
- * BRING US YOUR QUICKBOOKS BALANCE
- SHEET, INCOME & EXPENSE SHEET
- * W-2's and 1099's at Reasonable Fees

* Year End Bookkeeping at Reasonable Fees

FREE STUFF!!

- * Married Filing Joint vs Married Filing Separate Analysis
- * No Appointment Necessary
- * 1-2 Day Turn Around Time
- * FREE Gift Card to ZappysAutoWashes.com (11 locations)
- * FREE Tax & Wealth Books (12)

HOURS:

Our 39th Tax Season! www.zappitellifinancial.com

Monday - Friday Saturdau Sunday

9:00 am - 7:00 pm 9:00 am - 2:00 pm By Appointment, Call Ahead Concord Location

ZAPPUNELLI FINANCIAL SERVICES

Certified Public Accountants • Certified Financial Planners

CONCORD • 440-354-0375 (Across from St. Gabriel's School)

WILLOUGHBY • 440-918-1513 (Across from the News Herald)

MENTOR-ON-THE-LAKE 440-209-1775 (Next to MOL Giant Eagle)

MENTOR HEINEN'S PLAZA 440-701-8302 (Next to DMV/Title Bureau)

PERRY/PAINSVILLE EAST 440-392-6100 (Northridge Road at Bacon Rd, next to Craft Co-op)

II Locations:

EASTLAKE • 440-269-8344 (Vine Street next to HaiRazors/Classic Tatoo)

PAINESVILLE TOWNSHIP (Retirement Planning Center Next to Hellriegel's) 440-352-5770

PAINESVILLE WEST 440-352-5770

WILLOUGHBY HILLS • 440-943-5277 (Across from Loehmann's Plaza next to Subway)

MENTOR EAST • 440-352-5770

NORTH OLMSTED • 440-354-0375 Payroll Services