

Holy Guardian Angel Regional School

October 2020

NUTRITION NEWS: WEAR A MASK!

REMEMBER TO SOCIAL DISTANCE!

Student Lunch
\$3.50

No a la Carte options
available at this time.

Beverage Choice:

Your Meal Comes with
the Choice of:
Chocolate/White
Low Fat Milk,
Lemonade, or Water

Maschio's Swap Outs

Sandwich Swap Out of the Month:

Italian Sub

Maschio's Swap Outs Available Daily

Peanut Butter & Jelly Sandwich

Hot Dog on a Bun

Garden Salad w/ Cheese & Dinner Roll

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
		Popcorn Chicken Mashed Potatoes Dinner Roll Apple	Cheesesteak Sub Doritos Fresh Fruit	Twisted Cheesy Breadstix Marinara Sauce Bagged Snack Fresh Fruit
5	6	7	8	9
Chicken Fries Mashed Potatoes Fresh Fruit	Hamburger on a Bun Bagged Snack Fresh Veggie	Homemade Mac N Cheese Mini Muffin	Turkey Hoagie Granola Bar	French Bread Pizza Bagged Snack Sorbet
12	13	14	15	16
NO SCHOOL No Lunch Served	Chicken Tenders Smile Fries Fruit	Sausage, Egg & Cheese on a Bagel Yogurt	Bacon Cheese- burger Onion Rings Fruit	Personal Pan Pizza Bagged Snack Apple
19	20	21	22	23
Cheeseburger on a Bun Bagged Snack Fruit	Baked Pierogies Dinner Roll Baked Apples	Homemade Mac N Cheese Mini Muffin	Chicken Sandwich Strawberry Ap- plesauce String Cheese	French Bread Pizza Cookie Veggie of the Day
26	27	28	29	30
Chicken Tenders Corn Fruit	Half Day Hamburger Bagged Snack Fresh Fruit	Sausage, Egg & Cheese on a Crois- sant Yogurt	Hot Dog on a Bun String Cheese Fruit	Cheese Quesadilla String Cheese Fruit

Questions or Concerns? Please Visit
www.MaschioFood.com
Or Call Maschio's Food Services at: 610-929-4124

Lunch Tickets are available in the cafeteria:
20 meals: \$70.00

Connect with us!   

MENU SUBJECT
TO CHANGE


Maschio's
Food Services, Inc.
"This institution is an equal opportunity provider"