



MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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KOYO

NATURAL RICE CAKES

0101	Original ~ unsalted	150g	12	0-65493-00001-2	G	K
0102	Original ~ salted	150g	12	0-65493-00002-9	G	K
0103	Buckwheat ~ unsalted	150g	12	0-65493-00003-6	G	K
0104	Buckwheat ~ salted	150g	12	0-65493-00004-3	G	K
0111	Multigrain ~ unsalted	150g	12	0-65493-00011-1	G	K
0112	Multigrain ~ salted	150g	12	0-65493-00021-0	G	K

MACROBIOTIC RICE CAKES

0114	Nori seaweed ~ unsalted	150g	12	0-65493-00006-7	G	
0115	Dulse seaweed ~ unsalted	150g	12	0-65493-00018-0	G	

ORGANIC RICE CAKES

0117	Original ~ unsalted	150g	12	0-65493-00007-4	G O	K
0118	Original ~ salted	150g	12	0-65493-00008-1	G O	K
0119	Buckwheat ~ unsalted	150g	12	0-65493-00012-8	G O	K
0120	Buckwheat ~ salted	150g	12	0-65493-00013-5	G O	K
0121	Millet ~ unsalted	150g	12	0-65493-00014-2	G O	K
0122	Millet ~ salted	150g	12	0-65493-00015-9	G O	K
0125	Mixed grain ~ unsalted	150g	12	0-65493-00125-5	G O	K
0126	Mixed grain ~ salted	150g	12	0-65493-00126-2	G O	K



RICE CAKES

10 CS - 5% / 20 CS - 10%

KOYO rice cakes are all nut-free and gluten-free.

**SPECIAL
ORDER ITEM**

BROWN RICE IN BULK

5212	Short grain brown rice	23Kg	1	N/A		
5213	Organic short grain brown rice	23Kg	1	N/A		O

TAMARI ~ SELECT

6101	Authentic ~ black label	150mL	12	0-65493-01015-8		K
6102	Authentic ~ black label	475mL	12	0-65493-01011-0		K
6103	Authentic ~ black label	950mL	12	0-65493-01012-7		K
6105	Organic ~ black label	295mL	12	0-65493-06105-1	O	K
6109	Organic ~ black label	475mL	12	0-65493-01020-2	O	K

TAMARI

6001	Classic ~ purple label	150mL	12	0-65493-06001-6		K
6002	Classic ~ purple label	475mL	12	0-65493-06002-3		K
6003	Classic ~ purple label	950mL	12	0-65493-06003-0		K
6005	Organic wheat-free ~ green label	475mL	12	0-65493-06005-4	O	K
6006	Organic wheat-free ~ green label	950mL	12	0-65493-06006-1	O	K
6008	Organic ~ blue label	475mL	12	0-65493-06008-5	O	K
6009	Organic ~ blue label	950mL	12	0-65493-06009-2	O	K



ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
		MISO				
	6150	Mame ~ soybean	300g	12	0-65493-06150-1	K
	6173	Hatcho ~ unpasteurized soybean	300g	12	0-65493-06173-0	K
		ORGANIC MISO				
	6160	Genmai ~ soybean & brown rice	300g	6	0-65493-06160-0	O K
	6161	Shiro ~ soybean & white rice	300g	6	0-65493-06161-7	O K
	6162	Aka ~ soybean & white rice	300g	6	0-65493-06162-4	O K
		MITOKU ~ INSTANT MISO SOUP				
	6193	Red miso with wakame	40g	6	0-21009-11730-8	
	6194	Mellow white with tofu	40g	6	0-21009-11728-5	
		DRIED SEAWEEDS				
	6256	Arame	50g	10	0-65493-06252-2	K
	6272	Wakame	50g	10	0-65493-06260-7	
	6276	Kombu	50g	10	0-65493-06276-8	
	6296	Kombu seaweed salad	12g	6	0-65493-06296-6	
	6260	Nori ~ 10 sheets	25g	6	0-65493-06272-0	
PRICE ↓	6360	Sushi nori ~ 7 sheets	15g	12	0-65493-06360-4	
		AGAR-AGAR				
	6263	Flakes	28g	10	0-65493-06263-8	
	6267	Bars ~ 2 bars	15g	10	0-65493-06267-6	
		AGAR-AGAR <u>IN BULK</u>				
	6264	Flakes	910g	1	N/A	
		<u>DRIED SEAWEEDS IN BULK</u>				
PRICE ↓	6361	Sushi nori ~ 50 sheets	190g	1	0-65493-06361-1	
		MITOKU ~ DRIED SEAWEEDS				
	6285	Kizami nori ~ fine cut nori	10g	10	0-21009-13013-0	
	6287	Sushi nori ~ 7 roasted sheets	17g	12	0-21009-13022-2	
	6289	Ao-nori flakes	17g	10	0-21009-13102-1	
	6290	Nori strips ~ spicy	13.5g	10	0-21009-13003-1	
		MITOKU ~ DRIED SEAWEEDS <u>IN BULK</u>				
	6257	Arame	1Kg	1	0-21009-12301-9	K
	6274	Wakame	1Kg	1	0-21009-12012-4	
	6279	Kombu	1Kg	1	0-21009-13511-1	K
	6294	Sushi nori ~ 50 roasted sheets	190g	1	0-21009-13017-8	
		ORGANIC NOODLES				
PRICE ↓	6420	Fine udon	227g	12	8-13551-00102-6	O
PRICE ↓	6421	Round udon	227g	12	8-13551-00103-3	O
PRICE ↓	6423	Soba	227g	12	8-13551-00110-1	O
PRICE ↓	6424	Udon	227g	12	8-13551-00101-9	O

**ORGANIC NOODLES****10 CS - 10%****ORGANIC RAMEN NOODLES**



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NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	6430	Mushroom ~ 89% organic	57g	12	0-65493-06430-4	O
	6431	Seaweed ~ 89% organic	57g	12	0-65493-06431-1	O
	6432	Tofu and miso ~ 89% organic	57g	12	0-65493-06432-8	O
	6433	Asian vegetables ~ 88% organic	60g	12	0-65493-06433-5	O
	6434	Lemongrass ginger ~ 88% organic	60g	12	0-65493-06434-2	O
	6435	Garlic pepper ~ 88% organic	60g	12	0-65493-06435-9	O
	6436	Soba ramen ~ 89% organic	60g	12	0-65493-06436-6	O
		ORGANIC RAMEN NOODLES				
		~ REDUCED SODIUM				
	6437	Asian vegetables - 92% organic	60g	12	0-65493-06437-3	O
	6438	Garlic pepper - 92% organic	60g	12	0-65493-06438-0	O
	6439	Tofu and miso - 92% organic	60g	12	0-65493-06439-7	O
		RAMEN NOODLES			10 CS - 10%	
		MITOKU ~ ORGANIC TEAS				
	6519	Kukicha ~ roasted twig tea ~ loose leaf	85g	12	0-21009-14119-8	O K
	6522	Kukicha ~ roasted twig tea ~ 10 tea bags	20g	12	0-21009-14120-4	O K
	6530	Sencha ~ green tea ~ 10 tea bags	20g	12	0-21009-14204-1	O K
	6531	Sencha ~ green tea ~ loose leaf	85g	12	0-21009-14201-0	O K
	6540	Hojicha ~ roasted leaf tea ~ 10 tea bags	20g	12	0-21009-14308-6	O K
		MITOKU ~ ORGANIC TEAS ~ IN BULK				
	6521	Kukicha ~ roasted twig tea ~ loose leaf	1Kg	1	0-21009-14102-0	O K
	6532	Sencha ~ green tea ~ loose leaf	1Kg	1	0-21009-14202-7	O K
		PICKLES				
	6641	Umeboshi ~ pickled plums	200g	12	0-65493-06641-4	
	6664	Organic umeboshi ~ pickled plums	100g	12	0-65493-06664-3	O K
	6645	Umeboshi ~ pickled plum paste	200g	12	0-65493-06645-2	
	6668	Organic umeboshi ~ pickled plum paste	200g	12	0-65493-06668-1	O
		MITOKU ~ PICKLES				
	6651	Daikon ~ pickled white radish	200g	12	0-21009-27004-1	
	6658	Sushi ginger ~ lightly pickled ginger root	50g	20	0-21009-27007-2	
		MITOKU ~ PICKLES IN BULK				
	6643	Umeboshi ~ pickled plums	11Kg	1	0-21009-14713-8	
	6647	Umeboshi ~ pickled plum paste	12Kg	1	N/A	K
	6665	Organic umeboshi ~ pickled plums	1Kg	1	0-21009-17907-8	O K
		CONDIMENTS				
	6773	Mirin ~ liquid seasoning	150mL	12	0-65493-06773-2	K
	6774	Mirin ~ liquid seasoning	475mL	12	0-65493-06774-9	K
		MITOKU ~ CONDIMENTS				
	6820	Tekka ~ hatcho miso & dried vegetables	80g	12	0-21009-21005-4	
	6840	Wasabi powder ~ japanese horseradish	25g	6	0-21009-22902-5	K
		MITOKU CONDIMENTS IN BULK				

**SPECIAL
ORDER ITEM**

**SPECIAL
ORDER ITEM**

SPECIAL



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
ORDER ITEM	6831	Toasted whole black sesame seeds	1Kg	1	0-21009-28104-7	
		VINEGARS				
	6735	Organic genmai-su ~ brown rice vinegar	150mL	12	0-65493-06735-0	O K
	6736	Organic genmai-su ~ brown rice vinegar	475mL	12	0-65493-06736-7	O K
	6771	Sweet brown rice vinegar	150mL	12	0-65493-06771-8	
	6772	Sweet brown rice vinegar	475mL	12	0-65493-06772-5	
	6785	Ume-su ~ plum vinegar	150mL	12	0-65493-06785-5	K
	6786	Ume-su ~ plum vinegar	475mL	12	0-65493-06786-2	K
SPECIAL ORDER ITEM		MITOKU ~ VINEGAR IN BULK				
	6783	Ume-su ~ plum vinegar	20L	1	N/A	
		OIL				
	6751	Toasted sesame oil	250mL	12	0-65493-06751-0	
	6752	Toasted sesame oil	500mL	12	0-65493-06752-7	
SPECIAL ORDER ITEM		OIL IN BULK				
	6753	Toasted sesame oil	1.8L	1	0-21009-19102-5	
		SEA SALT				
	6811	Amashio ~ japanese sea salt	250g	12	0-65493-06811-1	
	6812	Amashio ~ japanese sea salt	500g	12	0-65493-06812-8	
SPECIAL ORDER ITEM		SEA SALT IN BULK				
	6814	Amashio ~ japanese sea salt	20Kg	1	N/A	
		MITOKU ~ ORGANIC KUZU				
	6920	Kuzu ~ wild japanese arrowroot	100g	12	0-21009-20003-1	G O K
SPECIAL ORDER ITEM		MITOKU ~ DRIED PRODUCTS KUZU IN BULK				
	6921	Kuzu ~ wild japanese arrowroot	5Kg	1	N/A	G K
		MAGNESIUM CHLORIDE				
	7295	Magnesium chloride for tofu	250g	1	0-65493-07295-8	
SPECIAL ORDER ITEM		MAGNESIUM CHLORIDE IN BULK				
	7296	Magnesium chloride for tofu	20kg	1	N/A	
		COOKWARE				
	7526	Suribachi (earthenware mortar)	17cm	1	N/A	T
	7532	Surikogi (wooden pestle) #8	25cm	1	4571101-554038	T
	7549	Bamboo chopsticks (wrapped individually)	10pr	1	0-65493-07549-2	T
	7561	Bamboo sushi mat		1	4-977794-009129	T
	7564	Tawashi (vegetable brush)		1	4971871-101010	T

AÇAÍ ROOTS

ORGANIC AÇAÍ DESSERTS

❄️ 7005 Sorbet 473mL 8 8-98685-00109-8 O

ORGANIC SMOOTHIE POUCH

❄️ 7007 Pure açai ~ unsweetened 4x100g 16 8-98685-00112-8 G O K

ALEXIA



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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POTATO PRODUCTS

	8380	Crispy onion rings with sea salt	340g	12	8-34183-00405-6	
	8381	Sweet potato fries with sea salt	425g	12	8-34183-00411-7	K
	8382	Sweet potato crispy bite sized puffs	567g	12	8-34183-00458-2	
	8391	Spicy sweet potato fries with chipotle	567g	12	8-34183-00453-7	K
	8389	Oven fries with olive oil, rosemary & garlic	450g	12	8-34183-00451-3	K
	8390	Oven reds olive oil/parmesan/roasted garlic	425g	12	8-34183-00459-9	K
	8392	Seasoned waffle fries cut	567g	12	8-34183-00454-4	K

ALO

ALOE VERA BEVERAGE ~ 1.5L

7024	Exposed ~ original	1.5L	6	8-11955-01001-9	G
7027	Allure ~ mangosteen & mango	1.5L	6	8-12475-01165-4	G

ALOE VERA BEVERAGE ~ 500ML

7029	Comfort ~ watermelon & peach	500mL	12	8-12475-01229-3	G
7030	Exposed ~ original	500mL	12	8-11955-01101-6	G
7031	Awaken ~ wheatgrass	500mL	12	8-11955-01103-0	G
7032	Enrich ~ pomegranate & cranberry	500mL	12	8-12475-01226-2	G
7033	Allure ~ mangosteen & mango	500mL	12	8-12475-01225-5	G
7034	Appeal ~ pomelo, pink grapefruit & lemon	500mL	12	8-12475-01227-9	G
7035	Spring ~ mixed berry	500mL	12	8-12475-01231-6	G
7038	Refresh light ~ cucumber & cantaloupe	500mL	12	8-12475-01322-1	G
7039	Crisp ~ fuji apple & pear	500mL	12	8-12475-01230-9	G
7040	Zeal ~ ginger & lemon	500mL	12	8-12475-01233-0	G

	ALO	10 CS - 10%
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AMANO

ORGANIC UNPASTEURIZED MISO

	6220	Shiro miso (white)	400g	12	0-67334-07001-7	O	K
	6221	Aka miso (red)	400g	12	0-67334-07002-4	O	K
	6222	Genmai miso (brown rice)	400g	12	0-67334-07003-1	O	K
	6223	Mugi miso (barley)	400g	12	0-67334-07004-8	O	K

AMYCO

DRIED MUSHROOMS

5900	Morel	20g	6	6-28055-03516-9
5902	King bolete (Porcini)	20g	6	6-28055-03518-3
5903	Oyster mushroom	20g	6	6-28055-03507-7
5904	Shiitake	20g	6	6-28055-03508-4
5905	Forest mix	20g	6	6-28055-03515-2
5906	Black trumpet	20g	6	6-27843-14777-0



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FOODS INC.

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5907	Chanterelles	20g	6	6-27843-14774-9	
5908	Pine Mushroom (Matsutake)	20g	6	6-27843-14772-5	

AMY'S KITCHEN

MACARONI & CHEESE

❁	8703	Macaroni & cheese	255g	12	0-42272-90030-5	O	K
❁	8704	Rice macaroni & cheese ~ gluten free	255g	12	0-42272-90045-9	G O	K
❁	8709	Rice macaroni & cheese ~ dairy free, gluten free	227g	12	0-42272-90043-5	G O	K

LASAGNA

❁	8705	Vegetable lasagna	269g	12	0-42272-90032-9	O	K
❁	8710	Vegetable lasagna ~ gluten free & dairy free	255g	12	0-42272-90814-1	G O	K

POT PIES

❁	8701	Vegetable pot pie	213g	12	0-42272-90020-6	O	K
❁	8702	Broccoli pot pie	213g	12	0-42272-90021-3	O	K

PIZZAS

❁	8722	Cheese pizza	369g	8	0-42272-90101-2	O	K
❁	8723	Spinach pizza	397g	8	0-42272-90102-9	O	K
❁	8728	Margherita pizza	369g	8	0-42272-90199-9	O	K
❁	8729	Meatless pepperoni pizza	369g	8	0-42272-91169-1	O	K
❁	8730	Supreme pizza ~ dairy free	369g	8	0-42272-91245-2	O	K

WHOLE MEALS ~ GLUTEN FREE

❁	8754	Cheese enchilada - gluten free	255g	12	0-42272-90057-2	G O	K
❁	8715	Veggie loaf meal	284g	12	0-42272-90053-4	G O	K

ASIAN MEALS ~ GLUTEN FREE

❁	8752	Pad thai	269g	12	0-42272-90924-7	G O	
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INDIAN MEALS ~ GLUTEN FREE

❁	8712	Palak paneer	283g	12	0-42272-90059-6	G O	K
❁	8714	Mattar paneer	284g	12	0-42272-90058-9	G O	K
❁	8716	Vegetable korma	269g	12	0-42272-90250-7	G O	K

BURRITOS

❁	8706	Bean & rice burrito	170g	12	0-42272-90070-8	O	K
❁	8707	Bean rice & cheese burrito	170g	12	0-42272-90071-5	O	K
❁	8745	Black bean burrito	170g	12	0-42272-90073-9	O	K
❁	8746	Breakfast burrito	170g	12	0-42272-90072-5	O	K
❁	8708	Rancheros breakfast burrito	170g	12	0-42272-91211-7	O	K
❁	8717	Italian supreme pizza burrito	170g	12	0-42272-91236-0	O	K
❁	8719	Vietnamese bahn mi burrito	170g	12	0-42272-91238-4	O	K
❁	8720	Indian curry korma burrito	170g	12	0-42272-91239-1	O	K
❁	8721	Greek spanakopita burrito	170g	12	0-42272-91237-7	O	K

BURRITOS ~ GLUTEN FREE

❁	8763	Black beans & quinoa burrito	156g	12	0-42272-90989-6	G O	K
❁	8747	Bean & cheese burrito	156g	12	0-42272-90353-5	G O	K



MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	❄️ 8748	Bean & rice burrito (non dairy) WRAPS ~ GLUTEN FREE	156g	12	0-42272-90352-8	G O K
	❄️ 8749	Tofu scramble breakfast wrap BURGERS	156g	12	0-42272-90807-3	G O K
	❄️ 8711	California veggie burger BOWLS ~ GLUTEN FREE	284g	12	0-42272-90010-7	O K
	❄️ 8764	3 cheese & kale bake bowl	241g	12	0-42272-91056-4	G O K
	❄️ 8766	Mexican casserole bowl	269g	12	0-42272-90163-0	G O K
	❄️ 8755	Harvest casserole bowl BOWLS	283g	12	0-42272-91067-7	G O
	❄️ 8767	Spinach & ricotta cheese ravioli	241g	12	0-42272-91129-5	O K
	❄️ 8741	Asian dumpling	241g	12	0-42272-91219-3	O K
	❄️ 8742	General tso	227g	12	0-42272-91234-6	O K
	❄️ 8758	Thai vegetables & rice ORG. CANNED SOUPS ~ GLUTEN FREE	227g	12	0-42272-91235-3	O K
	5859	Quinoa, kale & red lentil	398mL	12	0-42272-90669-7	G O K
	5860	Golden lentil dal	398mL	12	0-42272-90593-5	G O K
	5880	Lentil	398mL	12	0-42272-90502-7	G O K
	5890	Lentil vegetable	398mL	12	0-42272-90535-5	G O K
	5861	Tuscan bean & rice	398mL	12	0-42272-90519-5	G O K
	5862	Hearty french country vegetable	398mL	12	0-42272-90591-1	G O K
	5863	Chunky vegetable	398mL	12	0-42272-90540-9	G O K
	5864	Fire roasted southwestern vegetable	398mL	12	0-42272-90547-8	G O K
	5870	Tomato bisque	398mL	12	0-42272-90536-2	G O K
	5884	Cream of tomato	398mL	12	0-42272-90501-0	G O K
	5885	Black bean vegetable	398mL	12	0-42272-90504-1	G O K
	5886	Split pea	398mL	12	0-42272-90505-8	G O K
	5891	Mushroom bisque with porcini	398mL	12	0-42272-90626-0	G O K
	5892	Carrot Ginger ORG. CANNED SOUPS	398mL	12	0-42272-90740-3	G O K
	5881	No chicken noodle	398mL	12	0-42272-90503-4	O K
	5882	Minestrone	398mL	12	0-42272-90507-2	O K
	5883	Cream of mushroom	398mL	12	0-42272-90506-5	O K
	5887	Vegetable barley	398mL	12	0-42272-90508-9	O K
	5888	Alphabet	398mL	12	0-42272-90514-0	O K
	5889	Butternut squash ORG. CANNED SOUPS	398mL	12	0-42272-90534-8	O K
		~ LOWER IN SODIUM & GLUTEN FREE				
	5865	Lentil	398mL	12	0-42272-90583-6	G O K
	5866	Minestrone	398mL	12	0-42272-90585-0	G O K
	5868	Lentil vegetable	398mL	12	0-42272-90582-9	G O
	5867	Tomato bisque	398mL	12	0-42272-90586-7	G O K



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	5869	Split pea ORG. BAKED BEANS ~ GLUTEN FREE	398mL	12	0-42272-90584-3	G O K
	5873	Vegetarian ORG. REFRIED BEANS ~ GLUTEN FREE	398g	12	0-42272-90517-1	G O K
	5874	Traditional	398g	12	0-42272-90550-8	G O K
	5875	Black beans	398g	12	0-42272-90551-5	G O K
	5876	With green chiles ORG. CHILI ~ GLUTEN FREE	398g	12	0-42272-90552-2	G O K
	5877	Medium	398mL	12	0-42272-90510-2	G O K
	5878	Medium with vegetables	398mL	12	0-42272-90511-9	G O K
	5879	Spicy chili	398mL	12	0-42272-90512-6	G O K

ARCTIC ZERO**DESSERT ~ CREAMY**

PRICE ↓		7720	Cake batter	473ml	8	8-52244-00386-2	G	T	K
PRICE ↓		7723	Cookie shake	473ml	8	8-52244-00384-8	G	T	K
PRICE ↓		7725	Salted caramel	473ml	8	8-52244-00385-5	G	T	K
PRICE ↓		7726	Vanilla maple	473ml	8	8-52244-00383-1	G	T	K
PRICE ↓		7727	Purely Chocolate	473ml	8	8-52244-00338-1	G	T	K

DESSERT ~ CHUNKY

PRICE ↓		7721	Cherry chocolatey chunk	473ml	8	8-52244-00388-6	G	T	K
PRICE ↓		7722	Cookie dough chip	473ml	8	8-52244-00387-9		T	K

**ATLANTIC MARICULTURE****ORGANIC SEAWEED**

6301	Dulse	40g	12	0-67835-77405-6	O
6302	Roasted seaweed flakes	40g	9	0-67835-77406-3	O

**BACK 2 THE GARDEN****ORGANIC SPROUTED SEED POWDER**

5220	Flax	227g	10	6-27843-15898-1	G O
5221	Chia	200g	10	6-27843-15900-1	G O
5222	Broccoli	100g	10	6-27843-15904-9	G O

ORGANIC SPROUTED GRAIN

5225	Brown rice	341g	10	6-27843-15902-5	G O
5226	Lentils	341g	10	6-27843-15903-2	G O
5227	Quinoa	341g	10	6-27843-15901-8	G O
5228	Buckwheat	325g	10	6-27843-15897-4	G O
5229	Blackbeans	260g	10	6-27843-15899-8	G O
5230	Chickpeas	230g	10	6-27843-15905-6	G O

BENTILIA



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

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PLANT BASED LENTIL PASTA

7010	Red lentil penne	227g	6	6-28055-20921-8	G	K
7011	Red lentil rotini	227g	6	6-28055-20920-1	G	K
7012	Red lentil small macaroni	227g	6	6-28055-20925-6	G	K
7013	Green lentil large macaroni	227g	6	6-28055-20926-3	G	K
7014	Black bean penne	227g	6	6-28055-20951-5	G	K

PASTA IN BULK

7016	Organic red lentil penne	5Lbs	1	6-28055-20912-6	G O	K
7017	Organic red lentil rotini	5Lbs	1	6-28055-20913-3	G O	K
7018	Red lentil small macaroni	5Lbs	1	6-28055-20957-7	G	K
7019	Green lentil large macaroni	5Lbs	1	6-28055-20924-9	G	K
7020	Red lentil penne	5Lbs	1	6-28055-20922-5	G	K
7021	Red lentil rotini	5Lbs	1	6-28055-20923-2	G	K
7022	Organic black bean penne	5Lbs	1	6-28055-20968-3	G O	K

**SPECIAL
ORDER ITEM**

**SPECIAL
ORDER ITEM**

BLUE MONKEY

COCONUT WATER IN CAN ~ 330ML

4170	Pure coconut water	330mL	24	0-59654-17003-4	G	
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COCONUT WATER IN CAN ~ 520ML

4168	Pure coconut water	520mL	24	0-59654-17001-0	G	
4169	Pure coconut water with pulp	520mL	24	0-59654-17002-7	G	

ORG COCONUT WATER

4189	Pure coconut water ~ 1L in tetra pak	1L	12	0-59654-22222-1	G O	
4184	Pure coconut water ~ 500mL in can	500mL	12	0-59654-13333-6	G O	

COCONUT MILK DRINK ~ TETRA

4188	Coconut milk drink	1L	12	0-59654-18001-9		
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ORGANIC COCONUT CREAM

4185	Coconut cream	400mL	24	0-59654-33001-8	G O	
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SPARKLING COCONUT WATER IN CAN

4158	Natural	330mL	12	0-59654-41001-7	G	T
4159	Kiwi	330mL	12	0-59654-41002-4	G	T
4160	Mango	330mL	12	0-59654-41003-1	G	T
4161	Key lime	330mL	12	0-59654-41004-8	G	T
4162	Watermelon	330mL	12	0-59654-41005-5	G	T
4163	Passion fruit	330mL	12	0-59654-41006-2	G	T
NEW	4164 Yuzu	330mL	12	0-59654-41007-9	G	T

SPARKLING TROPICAL JUICE IN CAN

4100	Mango	330mL	12	0-59654-53001-2	G	T
4101	Watermelon with ginger & lime	330mL	12	0-59654-57001-8	G	T
4102	Papaya	330mL	12	0-59654-54001-1	G	T
4103	Passion Fruit	330mL	12	0-59654-55001-0	G	T



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NEW
NEW

4104	Guava	330mL	12	0-59654-56001-9	G	T
4105	Yuzu	330mL	12	0-59654-58001-7	G	T
4106	Watermelon 55%	330mL	12	0-59654-52001-3	G	T

WATERMELON JUICE IN CAN

4167	100% watermelon juice	330mL	12	0-59654-51001-4		
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WATERMELON JUICE IN TETRA

4190	100% watermelon juice	1L	12	0-59654-50001-5		
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COCONUT WATER IN COBALT BLUE GLASS BOTTLE

4156	Pure coconut water ~ 500mL	500mL	12	0-59654-70500-7		
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BOB'S RED MILL

BAKING AIDS

PRICE ↓	≡	4857	Active dry yeast	227g	6	0-39978-32501-3	G	K
PRICE ↓		4866	Nutritional yeast - large flakes	142g	6	0-39978-32546-4	G	K
PRICE ↓		4858	Toasted carob powder	510g	4	0-39978-30509-1		K
PRICE ↓		4860	Arrowroot starch/flour	454g	4	0-39978-33505-0	G	K
PRICE ↓		4863	Corn starch	510g	4	0-39978-32583-9	G	K
PRICE ↓		4864	Potato starch	624g	4	0-39978-32525-9	G	K
PRICE ↓		4861	Baking powder	397g	6	0-39978-31392-8	G	K
PRICE ↓		4862	Baking soda	454g	6	0-39978-32391-0	G	K
PRICE ↓		4870	Egg replacer - gluten free	340g	8	0-39978-30620-3	G	K
PRICE ↓		4868	Guar gum	227g	6	0-39978-31554-0	G	K
PRICE ↓		4869	Xanthan gum	227g	6	0-39978-35555-3	G	K
PRICE ↓		4914	Coconut flakes unsweetened	284g	4	0-39978-32581-5		K
PRICE ↓		4915	Shredded coconut ~ unsweetened	340g	4	0-39978-33578-4		K

OATMEAL ~ MICROWAVABLE CUP

PRICE ↓		5135	Apple cinnamon	67g	12	0-39978-30184-0	G	K
PRICE ↓		5136	Blueberry hazelnut	71g	12	0-39978-31184-9	G	K
PRICE ↓		5137	Classic	51g	12	0-39978-32184-8	G	K
PRICE ↓		5138	Maple brown sugar	61g	12	0-39978-33184-7	G	K

CEREALS

PRICE ↓		4880	5 grain rolled	453g	4	0-39978-30105-5		K
PRICE ↓		4881	7 grain	708g	4	0-39978-30107-9		K
PRICE ↓		4882	8 grain - gluten free	765g	4	0-39978-30108-6	G	K
PRICE ↓		4883	10 grain	708g	4	0-39978-30110-9		K
PRICE ↓		4884	"Creamy rice" brown rice farina	737g	4	0-39978-30141-3	G	K
PRICE ↓		4891	"Creamy rice" brown rice farina ~ organic	737g	4	0-39978-30973-0	G O	K
PRICE ↓		4897	"Creamy" white wheat farina ~ organic	680g	4	0-39978-30992-1	O	K
PRICE ↓		4889	Mighty tasty hot cereal	680g	4	0-39978-30116-1	G	K
PRICE ↓		4896	Organic creamy buckwheat	510g	4	0-39978-30113-0	G O	K
PRICE ↓		4905	Wheat bran	226g	4	0-39978-34321-5		K
PRICE ↓		4907	Wheat germ	340g	4	0-39978-31150-4		K



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MUESLI						
PRICE ↓	4888	Old country style	510g	4	0-39978-34103-7	K
PRICE ↓	4894	Gluten free	453g	4	0-39978-32366-8	G K
PRICE ↓	5148	Fruit & seed	396g	4	0-39978-30114-7	K
PRICE ↓	5149	Paleo style ~ gluten free	396g	4	0-39978-30350-9	G K
PRICE ↓	5150	Tropical ~ gluten free	396g	4	0-39978-30368-4	G K
ENTREES						
PRICE ↓	4927	Natural pearl couscous	453g	4	0-39978-30496-4	K
PRICE ↓	4929	Tricolour pearl couscous	453g	4	0-39978-30498-8	K
PRICE ↓	4932	Golden couscous	680g	4	0-39978-30584-8	K
PRICE ↓	4936	13 beans soup mix	822g	4	0-39978-30251-9	K
PRICE ↓	4937	Vegi soup mix	793g	4	0-39978-30250-2	K
PRICE ↓	4930	Red bulgur - cracked whole grain wheat	793g	4	0-39978-30124-6	K
PRICE ↓	4935	Organic corn grits / polenta	680g	4	0-39978-30919-8	O K
PRICE ↓	4938	Tapioca small pearl	680g	4	0-39978-30537-4	K
PRICE ↓	4939	Tvp ~ textured veg protein ~ gluten free	283g	4	0-39978-32542-6	G K
GLUTEN FREE FLOUR & MEALS						
PRICE ↓	4970	Cassava flour	567g	4	0-39978-30178-9	G K
PRICE ↓	4851	Corn flour	680g	4	0-39978-30469-8	G K
PRICE ↓	4945	Almond flour ~ blanched almonds	453g	4	0-39978-34381-9	G K
PRICE ↓	4934	Almond flour ~ blanched almonds	907g	4	0-39978-33381-0	G K
PRICE ↓	4971	Almond flour ~ whole almonds	453g	4	0-39978-33380-3	G K
PRICE ↓	4952	Flaxseed meal	453g	4	0-39978-33330-8	G K
PRICE ↓	4953	Flaxseed meal	907g	4	0-39978-34330-7	G K
PRICE ↓	4962	Flaxseed meal ~ organic	453g	4	0-39978-33937-9	G O K
PRICE ↓	4964	Flaxseed meal ~ organic golden	453g	4	0-39978-33940-9	G O K
PRICE ↓	4954	Garbanzo bean flour	453g	4	0-39978-32332-3	G K
PRICE ↓	4956	Garbanzo & fava bean flour	623g	4	0-39978-30457-5	G K
PRICE ↓	4955	All purpose baking flour	624g	4	0-39978-33452-7	G K
PRICE ↓	4982	All purpose baking flour	1.24Kg	4	0-39978-34452-6	G K
PRICE ↓	5011	1 to 1 baking flour	624g	4	0-39978-34453-3	G K
PRICE ↓	5012	1 to 1 baking flour	1.24Kg	4	0-39978-35453-2	G K
PRICE ↓	5017	1 to 1 baking flour	1.8kg	4	0-39978-36453-1	G K
PRICE ↓	5146	Paleo baking flour	454g	4	0-39978-33349-0	G K
PRICE ↓	5147	Paleo baking flour	907g	4	0-39978-34349-9	G K
PRICE ↓	4974	Brown rice flour	680g	4	0-39978-30315-8	G K
PRICE ↓	4983	Brown rice flour ~ organic	680g	4	0-39978-30974-7	G O K
PRICE ↓	4975	White rice flour	680g	4	0-39978-30316-5	G K
PRICE ↓	5076	White rice flour ~ organic	680g	4	0-39978-30967-9	G O K
PRICE ↓	4924	Sweet white rice flour	680g	4	0-39978-30608-1	G K
PRICE ↓	4984	Organic coconut flour	453g	4	0-39978-32815-1	G O K
PRICE ↓	4957	Sweet white sorghum flour	623g	4	0-39978-30642-5	G K



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PRICE ↓	4944	Millet flour	652g	4	0-39978-30310-3	G K
PRICE ↓	4973	Potato flour	680g	4	0-39978-30312-7	G K
PRICE ↓	4979	Tapioca flour	454g	4	0-39978-32536-5	G K
PRICE ↓	4980	Teff flour	680g	4	0-39978-30539-8	G K
PRICE ↓	5072	Whole grain oat flour	623g	4	0-39978-30377-6	G K
FLOUR & MEALS						
PRICE ↓	4949	Masa harina corn flour	680g	4	0-39978-30335-6	K
PRICE ↓	4951	Commeal medium	680g	4	0-39978-30304-2	K
PRICE ↓	4988	Commeal medium - organic	680g	4	0-39978-30918-1	O K
PRICE ↓	4976	Semolina flour	680g	4	0-39978-34318-5	K
PRICE ↓	5077	Organic spelt flour	680g	4	0-39978-30894-8	O K
PRICE ↓	4961	Organic buckwheat flour	623g	4	0-39978-30302-8	O K
PRICE ↓	4958	Vital wheat gluten flour	623g	4	0-39978-34322-2	K
PRICE ↓	5103	All-purpose flour	2.2Kg	4	0-39978-33301-8	K
GLUTEN FREE GRAINS & SEEDS						
PRICE ↓	4916	Organic quinoa grain ~ white	369g	6	0-39978-33323-0	G O K
PRICE ↓	4995	Organic quinoa grain ~ white	737g	4	0-39978-34323-9	G O K
PRICE ↓	4918	Organic quinoa grain ~ tricolour	369g	6	0-39978-32946-2	G O K
PRICE ↓	4989	Organic amaranth grain	680g	4	0-39978-30910-5	G O K
PRICE ↓	4991	Flaxseeds ~ brown	368g	6	0-39978-33620-0	G K
PRICE ↓	4992	Flaxseeds ~ organic brown	368g	6	0-39978-32936-3	G O K
PRICE ↓	4993	Flaxseeds ~ organic golden	368g	6	0-39978-32939-4	G O K
PRICE ↓	4996	Whole grain teff	680g	4	0-39978-30536-7	G K
PRICE ↓	4997	Organic buckwheat groats	453g	4	0-39978-30580-0	G O K
PRICE ↓	4999	Hulled millet	793g	4	0-39978-30406-3	G K
PRICE ↓	5002	Chia seeds ~ organic	340g	6	0-39978-30844-3	O K
PRICE ↓	5006	Whole grain sorghum grain	680g	4	0-39978-30643-2	G K
GRAINS & SEEDS						
PRICE ↓	5000	Organic hard red spring wheat berries	793g	4	0-39978-30986-0	O K
PRICE ↓	5001	Hulled hemp seeds	227g	4	0-39978-32596-9	K
PRICE ↓	5005	Organic farro	680g	4	0-39978-30860-3	O K
PRICE ↓	4912	Organic cracked freekeh	453g	4	0-39978-30856-6	O K
POPCORN						
PRICE ↓	5140	Yellow popcorn	850g	4	0-39978-32307-1	K
PRICE ↓	5141	White popcorn	765g	4	0-39978-30295-3	K
GLUTEN FREE MIXES						
PRICE ↓	5013	Pie crust	453g	4	0-39978-30389-9	G K
PRICE ↓	5032	Pizza crust	453g	4	0-39978-30394-3	G K
PRICE ↓	5018	Muffin mix	453g	4	0-39978-30460-5	G K
PRICE ↓	5019	Brownie mix	595g	4	0-39978-30464-3	G K
PRICE ↓	5021	Pancake mix	680g	4	0-39978-32462-7	G K
PRICE ↓	5014	Chocolate cake mix	453g	4	0-39978-30468-1	G K



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PRICE ↓	5028	Chocolate chip cookie mix	623g	4	0-39978-30467-4	G K
PRICE ↓	5029	Combread mix	566g	4	0-39978-30461-2	G K
PRICE ↓	5031	Hearty whole grain bread mix	566g	4	0-39978-30455-1	G K
		MIXES				
PRICE ↓	5024	Pancake / waffle mix ~ paleo	240g	6	0-39978-30395-0	G K
PRICE ↓	5025	Pancake / waffle mix ~ 10 grain	680g	4	0-39978-32204-3	K
PRICE ↓	5026	Pancake / waffle mix ~ buckwheat	680g	4	0-39978-31881-7	K
PRICE ↓	5027	Pancake / waffle mix ~ buttermilk	680g	4	0-39978-32880-9	K
		GLUTEN FREE OATS				
PRICE ↓	5045	Scottish oatmeal	567g	4	0-39978-32372-9	G K
PRICE ↓	5046	Extra thick rolled oats	907g	4	0-39978-33374-2	G K
PRICE ↓	5047	Quick-cooking rolled oats	794g	4	0-39978-32376-7	G K
PRICE ↓	5048	Steel cut oats	680g	4	0-39978-32373-6	G K
PRICE ↓	5049	Old fashioned rolled oats	907g	4	0-39978-32375-0	G K
PRICE ↓	5068	Oat bran cereal	510g	4	0-39978-30378-3	G K
		OATS				
PRICE ↓	5051	Scottish oatmeal	567g	4	0-39978-34121-1	K
PRICE ↓	5055	Extra thick rolled oats	454g	4	0-39978-34155-6	K
PRICE ↓	5056	Extra thick rolled oats	907g	4	0-39978-35155-5	K
PRICE ↓	5057	Steel cut oats	680g	4	0-39978-31140-5	K
		ORGANIC OATS				
PRICE ↓	5058	Oat bran cereal	510g	4	0-39978-32955-4	O K
PRICE ↓	5059	Quick-cooking rolled oats	454g	4	0-39978-33953-9	O K
PRICE ↓	5060	Quick-cooking rolled oats	907g	4	0-39978-34953-8	O K
PRICE ↓	5061	Old fashioned rolled oats	454g	4	0-39978-34952-1	O K
PRICE ↓	5062	Old fashioned rolled oats	907g	4	0-39978-35952-0	O K
PRICE ↓	5065	Extra thick rolled oats	454g	4	0-39978-34954-5	O K
PRICE ↓	5063	Extra thick rolled oats	907g	4	0-39978-35954-4	O K
PRICE ↓	5064	Scottish oatmeal	567g	4	0-39978-32956-1	O K
PRICE ↓	5066	Steel cut oats	680g	4	0-39978-32957-8	O K
		ORGANIC OATS ~ GLUTEN FREE				
PRICE ↓	5142	Steel cut oats	680g	4	0-39978-32385-9	G O K
PRICE ↓	5143	Extra thick rolled oats	907g	4	0-39978-32386-6	G O K
PRICE ↓	5144	Old fashioned rolled oats	907g	4	0-39978-32387-3	G O K
PRICE ↓	5145	Quick cooking oats	794g	4	0-39978-32388-0	G O K
		BULK				
PRICE ↓	4790	10 grain hot cereal	25lbs	1	0-39978-31110-8	
		DISPLAY				
	5079	Empty shipper (can hold 8 CS)	--	1	N/A	

BRAGG



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LIQUID SOY SEASONING

PRICE ↓	3960	Liquid soy seasoning, spray	180mL	24	0-74305-10006-2	G K
PRICE ↓	3961	Liquid soy seasoning	473mL	12	0-74305-10016-1	G K
PRICE ↓	3962	Liquid soy seasoning	946mL	12	0-74305-10032-1	G K

**LIQUID SOY SEASONING****20 CS - 15% / 1 PALLET - 20%****#3962: 10 CS - 10% / 20 CS - 15% / 1 PALLET - 20%****ORGANIC VINEGAR IN GLASS BOTTLE**

PRICE ↓	3965	Organic apple cider vinegar	473mL	12	0-74305-10116-8	O K
PRICE ↓	3966	Organic apple cider vinegar	946mL	12	0-74305-10132-8	O K

**ORGANIC VINEGAR IN GLASS BOTTLE****20 CS - 15% / 1 PALLET - 20%****#3966: 15 CS - 10% / 20 CS - 15% / 1 PALLET - 20%****ORGANIC APPLE CIDER VINEGAR DRINK**

PRICE ↓	3970	Honey	473mL	12	0-74305-15016-6	G O K
PRICE ↓	3971	Ginger	473mL	12	0-74305-15116-3	G O K
PRICE ↓	3972	Apple & cinnamon	473mL	12	0-74305-15216-0	G O K
PRICE ↓	3973	Concord grape & açai	473mL	12	0-74305-15316-7	G O K

**ORGANIC APPLE CIDER VINEGAR DRINKS****20 CS - 15% / 1 PALLET - 20%****ORGANIC SOY FREE ALL PURPOSE SEASONING**

PRICE ↓	3969	Coconut nectar	296mL	12	0-74305-10610-1	G O K
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**COCONUT NECTAR****20 CS - 15% / 1 PALLET - 20%****CASA VERDI****VINEGAR IN GLASS BOTTLE**

4030	Organic apple cider vinegar	500ml	12	8-004985-50733-4	O
4031	Apple cider vinegar	500ml	12	8-004985-50734-1	

**CESARES****SNACKS**

7880	Chestnuts ~ roasted & peeled	150g	24	8-19377-00012-0	G
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**CITY SNACKS****FREEZE DRIED FRUIT SNACKS**

7870	Banana & strawberry	17g	8	8-19377-00824-9	G
7871	Pineapple	16g	8	8-19377-00819-5	G
7872	Peach	15g	8	8-19377-00821-8	G
7873	Pear	15g	8	8-19377-00823-2	G
7874	Apple	18g	8	8-19377-00822-5	G
7875	Banana	20g	8	8-19377-00820-1	G



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7876 Strawberry 11g 8 8-19377-00818-8 G

 **CITY STACKS FRUIT SNACK** **10 CS - 10%****COCONUT BLISS****ORGANIC DESSERTS**

PRICE ↓ ❄️	9354	Chocolate chip cookie dough	473mL	8	8-96767-00111-0	G O T K
PRICE ↓ ❄️	9348	Chocolate walnut brownie	473mL	8	8-96767-00188-2	G O T K
PRICE ↓ ❄️	9351	Chocolate hazelnut decadence	473mL	8	8-96767-00126-4	G O T K
PRICE ↓ ❄️	9360	Chocolate peanut butter	473mL	8	8-96767-00148-6	G O T K
PRICE ↓ ❄️	9352	Dark chocolate	473mL	8	8-96767-00127-1	G O T K
PRICE ↓ ❄️	9363	Sea salt caramel + chocolate	473mL	8	8-96767-00167-7	G O T K
PRICE ↓ ❄️	9349	Ginger cookie + caramel	473mL	8	8-96767-00187-5	G O T K
PRICE ↓ ❄️	9350	Cold brew coffee	473mL	8	8-96767-00125-7	G O T K
PRICE ↓ ❄️	9361	Peruvian mocha crunch	473mL	8	8-96767-00150-9	G O T K
PRICE ↓ ❄️	9353	Infinite coconut	473mL	8	8-96767-00128-8	G O T K
PRICE ↓ ❄️	9355	Madagascar vanilla bean	473mL	8	8-96767-00130-1	G O T K
PRICE ↓ ❄️	9358	Cherry amaretto	473mL	8	8-96767-00147-9	G O T K
PRICE ↓ ❄️	9362	Mint chip galactica	473mL	8	8-96767-00166-0	G O T K
PRICE ↓ ❄️	9397	Golden banana brownie swirl	473mL	8	8-51499-00659-8	G O T K

ORGANIC DESSERT BARS

PRICE ↓ ❄️	9356	Dark chocolate	4x89mL	12	8-96767-00131-8	G O T K
PRICE ↓ ❄️	9364	Strawberry love	4x89mL	12	8-96767-00168-4	G O T K
PRICE ↓ ❄️	9366	Sea salt caramel in chocolate	3x89mL	12	8-96767-00186-8	G O T K
PRICE ↓ ❄️	9367	Coconut almond in chocolate	3x89mL	12	8-96767-00185-1	G O T K
PRICE ↓ ❄️	9371	Raspberry açai in chocolate	3x89mL	12	8-96767-00179-0	G O T K
PRICE ↓ ❄️	9368	Dark chocolate ~ 24 individual bars	89mL	24	8-96767-00116-5	G O T K

ORG. COOKIE SANDWICH DESSERT ~ GLUTEN FREE

PRICE ↓ ❄️	9395	Dark chocolate	155ml	12	8-96767-00643-7	G O T K
PRICE ↓ ❄️	9396	Vanilla	155ml	12	8-96767-00644-4	G O T K

COLD MOUNTAIN**MISO**

PRICE ↓ ⚖️	6232	Mellow red miso	397g	6	8-13074-00170-1	G K
PRICE ↓ ⚖️	6235	Mellow white miso	397g	6	8-13074-00171-8	G K
PRICE ↓ ⚖️	6233	Kyoto red miso (low sodium)	397g	6	8-13074-00168-8	G K
PRICE ↓ ⚖️	6234	Kyoto white miso (low sodium)	397g	6	8-13074-00169-5	G K
PRICE ↓ ⚖️	6236	Light yellow miso	397g	6	8-13074-00172-5	G K
PRICE ↓ ⚖️	6237	Red miso	397g	6	8-13074-12173-2	G K

**COUNTRY FRESH****EARTHSEED ORGANIC SPROUTED BREAD**



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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❄	0810	Whole wheat	454g	6	6-20553-10004-2	O
❄	0812	Multiseed	400g	6	6-20553-10032-5	O
❄	0813	Fruit & nut	400g	6	6-20553-10220-6	O
❄	0814	Whole rye	400g	6	6-20553-10103-2	O

SESAME DREAM HONEY SWEETENED NUT TREAT

	0830	Sesame wheat free treat	234g	12	6-20553-10105-6	
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	SESAME DREAM	10 CS - 15%
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NUT BUTTER

PRICE ↓	4364	Sesame tahini ~ organic	250g	12	6-20553-10021-9	O
	4372	Sesame tahini ~ organic	500g	12	6-20553-10111-7	O
	4373	Peanut butter smooth ~ organic	500g	12	6-20553-10001-1	O

EARTH BALANCE

TRADITIONAL SPREAD

≡	8814	Soy free	425g	12	0-33776-01169-7	G	K
≡	8815	Original	425g	12	0-33776-01172-7	G	K
≡	8816	Organic	368g	12	0-33776-01184-0	G O	K
≡	8817	Soy free made with olive oil	368g	6	0-33776-01170-0	G	K

COOKING & BAKING STICKS

≡	8820	Vegan	454g	18	0-33776-01182-6	G	K
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TRADITIONAL SPREAD ~ 1.3KG

≡	8819	Original	1.3Kg	6	0-33776-01188-8	G	K
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EARTH ISLAND

VEGENAISE IN BULK

PRICE ↓	≡	7944	Original	3.78L	4	0-49568-01128-8	G	K
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VEGENAISE ~ 946ML

PRICE ↓	≡	7942	Soy free	946mL	6	0-49568-26946-7	G	K
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PRICE ↓	≡	7945	Original	946mL	6	0-49568-21946-2	G	K
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VEGENAISE ~ 473ML

PRICE ↓	≡	7949	Soy free	473mL	6	0-49568-26016-7	G	K
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PRICE ↓	≡	7953	Organic	473mL	6	0-49568-28016-5	G O	K
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PRICE ↓	≡	7951	Grapeseed oil	473mL	6	0-49568-22016-1	G	K
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PRICE ↓	≡	7950	Original	473mL	6	0-49568-21016-2	G	K
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PRICE ↓	≡	7954	Reduced fat	473mL	6	0-49568-24016-9	G	K
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PRICE ↓	≡	7952	Organic Aioli	473mL	6	0-49568-77473-2	G O	K
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VEGENAISE GOURMET

PRICE ↓	≡	7975	Roasted garlic	355mL	6	0-49568-70355-8	G	K
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PRICE ↓	≡	7976	Chipotle	355mL	6	0-49568-72355-6	G	K
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PRICE ↓	≡	7977	Pesto	355mL	6	0-49568-73355-5	G	K
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PRICE ↓	≡	7980	Sriracha	355mL	6	0-49568-76355-2	G	K
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MAIN LISTING

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		VEGENAISE SAUCE				
PRICE ↓ ≡	7979	Tartar	237mL	6	0-49568-75237-2	G K
		VEGAN GOURMET				
PRICE ↓ *	7961	Soy free sour cream	473mL	4	0-49568-63454-8	G K
PRICE ↓ ≡	7962	Dairy free cream cheese	227g	8	0-49568-62227-5	G K
		VEGAN CHEESE ~ SHREDS				
PRICE ↓ *	7985	Mozzarella	227g	8	0-49568-56227-8	G K
PRICE ↓ *	7986	Cheddar	227g	8	0-49568-57227-7	G K
PRICE ↓ ≡	7987	Fiesta blend	227g	8	0-49568-58227-6	G K
PRICE ↓ ≡	7988	Pizzeria blend	227g	8	0-49568-61227-0	G K
		VEGAN PARMESAN CHEESE				
PRICE ↓ *	7997	Shredded	113g	8	0-49568-60113-7	G K
PRICE ↓ *	7998	Grated	142g	8	0-49568-60142-7	G K
		VEGAN CHEESE ~ SLICES				
PRICE ↓ *	7990	Provolone	200g	12	0-49568-21227-2	G K
PRICE ↓ *	7991	Cheddar	200g	12	0-49568-22227-1	G K
PRICE ↓ *	7992	Mozzarella	200g	12	0-49568-23227-0	G K
PRICE ↓ ≡	7993	Garden herb	200g	12	0-49568-24227-9	G K
PRICE ↓ ≡	7995	Smoked gouda	200g	12	0-49568-29227-4	K
		VEGANEGG				
PRICE ↓	8000	Plant-based egg replacer	114g	8	0-49568-47114-3	G K
		VEGAN SALAD DRESSING				
PRICE ↓ *	7965	Reduced fat ranch	355mL	6	0-49568-43355-4	G K
PRICE ↓ ≡	7971	Creamy garlic	355mL	6	0-49568-05355-4	G K
PRICE ↓ ≡	7972	Thousand island	355mL	6	0-49568-17355-9	G K
		ORGANIC VEGAN SALAD DRESSING				
PRICE ↓ *	7969	Caesar	355mL	6	0-49568-68355-3	G O K

EARTH'S OWN

SO FRESH ~ CASHEW BEVERAGE

4126 Original unsweetened 946mL 12 6-26027-31402-1 K

SO FRESH ~ OAT BEVERAGE ~ 946ML

4130 Original unsweetened 946mL 12 6-26027-81402-6 G K

4131 Vanilla unsweetened 946mL 12 6-26027-81404-0 G K

4132 Barista blend 946mL 12 6-26027-81407-1 G K

NEW

4133 Chocolate unsweetened 946mL 12 6-26027-81405-7 G K

SO NICE ~ SOY COFFEE CREAMER

4138 Barista blend 946mL 12 6-26027-08770-3 G K

CASHEW / OATS / BARISTA BLEND 946ML% / 25 CS - 14% / 75 CS - 17%
ALMOND BEVERAGES 946ML % / 25 CS - 14% / 75 CS - 17%



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FOODS INC.

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ECHOCLEAN

FABRIC SOFTENER SHEETS

2763	Lavender	40's	12	0-63827-60040-2	T
2789	Unscented	40's	12	0-63827-60041-9	T

EDEN FOODS

ORGANIC BEANS IN A CAN

PRICE ↓	3360	Pinto beans	398mL	12	0-24182-00350-5	O	K
PRICE ↓	3362	Garbanzo beans	398mL	12	0-24182-00351-2	O	K
PRICE ↓	3363	Adzuki beans	398mL	12	0-24182-00352-9	O	K
PRICE ↓	3364	Black beans	398mL	12	0-24182-00353-6	O	K
PRICE ↓	3366	Kidney beans	398mL	12	0-24182-00354-3	O	K
PRICE ↓	3367	Navy beans	398mL	12	0-24182-00355-0	O	K
PRICE ↓	3368	White kidney beans (cannellini)	398mL	12	0-24182-00358-1	O	K
PRICE ↓	3370	Black soy beans, no salt added	398mL	12	0-24182-00320-8	O	K
PRICE ↓	3371	Small red beans	398mL	12	0-24182-00356-7	O	K
PRICE ↓	3373	Black eyed peas	398mL	12	0-24182-00357-4	O	K
PRICE ↓	3374	Great northern beans	398mL	12	0-24182-00387-1	O	K
PRICE ↓	3387	Butter beans	398mL	12	0-24182-00359-8	O	K

ORGANIC BEANS IN A CAN (LARGE SIZE)

PRICE ↓	3865	Pinto beans	796mL	12	0-24182-28350-1	O	K
PRICE ↓	3866	Black beans	796mL	12	0-24182-28353-2	O	K
PRICE ↓	3867	Garbanzo beans	796mL	12	0-24182-28351-8	O	K
PRICE ↓	3868	White kidney beans (cannellini)	796mL	12	0-24182-28358-7	O	K
PRICE ↓	3869	Navy beans	796mL	12	0-24182-28355-6	O	K
PRICE ↓	3870	Kidney beans	796mL	12	0-24182-28354-9	O	K
PRICE ↓	3871	Black eyed peas	796mL	12	0-24182-00379-6	G O	K

SNACKS

PRICE ↓	3217	Organic pumpkin seeds	113g	15	0-24182-02084-7	O	K
PRICE ↓	3218	Organic spicy pumpkin seeds	113g	15	0-24182-02081-6	O	K

ORGANIC PRECOOKED BEANS

PRICE ↓	3396	Baked beans with mustard	398mL	12	0-24182-00385-7	O	K
PRICE ↓	3397	Lentils-onion & bay leaves	398mL	12	0-24182-00388-8	O	K

BEANS IN BULK

PRICE ↓	3855	Organic garbanzo beans	3.06Kg	6	0-24182-00263-8	O	
PRICE ↓	3856	Organic black beans	3.06Kg	6	0-24182-00265-2	O	
PRICE ↓	3857	Organic pinto beans	3.06Kg	6	0-24182-00262-1	O	

ORGANIC TOMATO SAUCES

PRICE ↓	3379	Spaghetti sauce in jars, unsalted	680mL	12	0-24182-00318-5	O	K
PRICE ↓	3376	Pizza & pastas sauce	398mL	12	0-24182-00317-8	O	K
PRICE ↓	5610	Pizza & pasta sauce (amber glass)	398mL	12	0-24182-03313-7	O	K



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ORGANIC CRUSHED TOMATOES IN AMBER GLASS						
PRICE ↓	5606	Crushed tomatoes	398mL	12	0-24182-03314-4	O K
PRICE ↓	5608	Crushed tomatoes	680mL	12	0-24182-03312-0	O K
EDENSOY ORGANIC SOY BEVERAGE						
PRICE ↓	3461	Edensoy original	946mL	12	0-24182-02705-1	O K
PRICE ↓	3463	Edensoy carob	946mL	12	0-24182-02515-6	O K
PRICE ↓	3466	Edensoy unsweetened	946mL	12	0-24182-02706-8	O K
ORGANIC SAUERKRAUT						
PRICE ↓	3822	Sauerkraut in jar	796mL	12	0-24182-01300-9	O K
PRICE ↓	3818	Sauerkraut in jar	447mL	12	0-24182-01304-7	O K
PRICE ↓	3819	3 onion sauerkraut in jar	447mL	12	0-24182-01306-1	O K
PRICE ↓	3820	Kimchi sauerkraut in jar	447mL	12	0-24182-01305-4	O K
CONDIMENTS						
PRICE ↓	3844	Wasabi powder in tin can	25g	6	0-24182-00218-8	K
ORGANIC NUT BUTTER						
PRICE ↓	4252	Roasted tahini	454g	12	0-24182-00392-5	G O
PRICE ↓	4253	Roasted black sesame butter	454g	12	0-24182-00393-2	G O
ORGANIC MUSTARD ~ GLASS JAR						
PRICE ↓	3845	Brown stone ground mustard	253mL	12	0-24182-00312-3	O K
PRICE ↓	3847	Yellow stone ground mustard	253mL	12	0-24182-00213-3	O K
ORGANIC MUSTARD ~ SQUEEZE BOTTLE						
PRICE ↓	3848	Brown mustard with apple cider vinegar	253mL	12	0-24182-00314-7	O K
PRICE ↓	3849	Yellow mustard with apple cider vinegar	253mL	12	0-24182-00313-0	O K
GOMASHIO						
PRICE ↓	3880	Original sesame shake (with sea salt)	100g	12	0-24182-00301-7	K
PRICE ↓	3881	Garlic shake (with sea salt)	100g	12	0-24182-00305-5	K
PRICE ↓	3882	Seaweed shake (with sea salt)	100g	12	0-24182-00309-3	K
SEA SALTS						
PRICE ↓	3885	French celtic	397g	12	0-24182-00315-4	
PRICE ↓	3886	Portuguese	453g	12	0-24182-00316-1	
VINEGAR						
PRICE ↓	3951	Org apple cider vinegar (unpasteurised, unfiltered)	473mL	12	0-24182-00362-4	O K
PRICE ↓	3952	Org apple cider vinegar (unpasteurised, unfiltered)	946mL	12	0-24182-00361-1	O K
PRICE ↓	3955	Red wine vinegar	473mL	12	0-24182-00162-4	
PRICE ↓	6790	Brown rice vinegar	148mL	12	0-24182-42086-9	K
PRICE ↓	6791	Brown rice vinegar	296mL	12	0-24182-42087-6	K
PRICE ↓	6794	Umeboshi Vinegar	296mL	12	0-24182-42590-1	K
FRUITS						
PRICE ↓	4246	Organic apple sauce	398mL	12	0-24182-00349-9	O K
PRICE ↓	4255	Organic apple butter	482g	12	0-24182-00369-7	O K
FIRST PRESSED OILS						
PRICE ↓	4648	Sesame	473mL	12	0-24182-00025-2	O K



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PRICE ↓	4649	Sesame	946mL	12	0-24182-00027-6	O K
PRICE ↓	4652	Toasted sesame seed	148mL	12	0-24182-00030-6	K
PRICE ↓	4653	Toasted sesame seed	295mL	12	0-24182-42329-7	K
		ORGANIC POPCORN				
PRICE ↓	5082	Organic popcorn	566g	12	0-24182-03386-1	O K
		ORG 100% WHOLE GRAIN PASTA				
PRICE ↓	5643	Kamut & buckwheat rigatoni	340g	6	0-24182-11153-8	O K
PRICE ↓	5644	Kamut elbows	396g	6	0-24182-11157-6	O K
PRICE ↓	5619	Kamut spirals	340g	6	0-24182-11351-8	O K
PRICE ↓	5630	Kamut vegetable spirals	340g	6	0-24182-11356-3	O K
PRICE ↓	5655	Spelt ribbons	227g	6	0-24182-00109-9	O K
		ORGANIC GOLDEN AMBER DURUM WHEAT PASTA				
PRICE ↓	5625	Vegetable shells	340g	6	0-24182-11310-5	O K
PRICE ↓	5626	Vegetable spirals	340g	6	0-24182-11340-2	O K
PRICE ↓	5658	Artichoke ribbons	227g	6	0-24182-11318-1	O K
		IMPORTED TRADITIONAL PASTA				
PRICE ↓	6450	Mung bean ~ harusame	70g	12	0-24182-20502-2	G
		DRIED SEaweeds				
PRICE ↓	6345	Kombu	60g	6	0-24182-15273-9	K
PRICE ↓	6352	Sushi nori (7 sheets, toasted)	17g	6	0-24182-15769-7	
		MUSHROOMS				
PRICE ↓	6355	Organic maitake	25g	8	0-24182-30019-2	O K
		ORGANIC TEAS				
PRICE ↓	6495	Sencha green tea (16 bags)	24g	12	0-24182-18137-1	O K
PRICE ↓	6505	Hojicha (16 bags)	24g	12	0-24182-18145-6	O K
PRICE ↓	6497	Hojicha chai roasted green tea (16 bags)	43g	12	0-24182-18138-8	O K
PRICE ↓	6496	Chamomile herb tea(16 bags)	16g	12	0-24182-18142-5	O K
PRICE ↓	6502	Kukicha (16 bags)	32g	12	0-24182-18120-3	O K
PRICE ↓	6504	Genmaicha (16 bags)	29g	12	0-24182-18156-2	O K

EDWARD & SONS

ORGANIC BREADCRUMBS

PRICE ↓	9760	Panko ~ japanese style	300g	6	0-43182-00060-4	O
PRICE ↓	9761	Lightly salted	425g	6	0-43182-00058-1	O
PRICE ↓	9762	Italian herbs	425g	6	0-43182-00059-8	O

EXOTIC RICE TOAST

PRICE ↓	9765	Jasmine rice & spring onion	65g	12	0-43182-00061-1	G
PRICE ↓	9766	Purple rice & black sesame	65g	12	0-43182-00062-8	G
PRICE ↓	9767	Thai red rice & flaxseed	65g	12	0-43182-00063-5	G

	EXOTIC RICE TOAST	10 CS - 15% / 25 CS - 20%
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ORGANIC BAKED BROWN RICE SNAPS



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PRICE ↓	9794	Black sesame	100g	12	0-39631-00046-2	G O
PRICE ↓	9830	Unsalted plain	100g	12	0-39631-00041-7	G O
PRICE ↓	9833	Vegetable	100g	12	0-39631-00044-8	G O

ORGANIC BAKED BROWN RICE SNAPS **10 CS - 15%**

BAKED BROWN RICE SNAPS

PRICE ↓	9834	Tamari sesame	100g	12	0-11206-00034-3	G
PRICE ↓	9835	Tamari seaweed	100g	12	0-11206-00035-0	G
PRICE ↓	9836	Unsalted sesame	100g	12	0-11206-00036-7	G
PRICE ↓	9837	Onion garlic	100g	12	0-11206-00037-4	G

BAKED BROWN RICE SNAPS **10 CS - 25%**

MISO SOUP

PRICE ↓	9838	Organic miso Japanese restaurant style	82g	6	0-43182-00098-7	O
PRICE ↓	9839	Reduced sodium miso soup	29g	12	0-43182-00091-8	
PRICE ↓	9840	Original golden miso soup	72g	12	0-11206-00093-0	
PRICE ↓	9841	Seaweed miso soup	72g	12	0-11206-00094-7	
PRICE ↓	9844	Organic traditional tofu miso soup	36g	12	0-43182-00092-5	O

MISO SOUP DISPLAY

PRICE ↓	9843	Seaweed miso soup display	18g	24	0-11206-00097-8	
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MISO SOUP **15 CS - 20%**



FEROCIOUS FIELD BEANS

CRUNCHY ROASTED FIELD BEANS

9486	Garlic	65g	18	8-51335-00065-0	T
9487	Sea salt	65g	18	8-51335-00066-7	T
9489	Spicy BBQ	65g	18	8-51335-00068-1	T



FITBITE

CASSAVA CHIPS

7700	Spicy	100g	12	6-28055-77500-3	T
7701	Sea salt	100g	12	6-28055-77501-0	T

CASSAVA CHIPS **10 CS - 15%**

FOOD FOR LIFE

EZEKIEL 4:9 ~ ORG SPROUTED GRAIN BREAD

PRICE ↓		8314	Flax ~ yellow label	680g	6	0-73472-00124-0	O	K
PRICE ↓		8320	Original ~ orange label	680g	6	0-73472-00120-2	O	K
PRICE ↓		8321	Sesame ~ green label	680g	6	0-73472-00123-3	O	K
PRICE ↓		8323	Low sodium ~ light orange label	680g	6	0-73472-00153-0	O	K



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GENESIS 1:29 ~ ORG SPROUTED GRAIN & SEED LOAF

PRICE ↓ ❄️ 8317 Original ~ blue label 680g 6 0-73472-00141-7 O K

BREADS (WHEAT FREE & GLUTEN FREE)

PRICE ↓ ❄️ 8333 Brown rice bread 680g 6 0-73472-00169-1 G K

EZEKIEL 4:9 ~ SPROUTED GRAIN CEREAL

PRICE ↓ 3250 Original 454g 6 0-73472-00255-1 K

PRICE ↓ 3251 Golden flax 454g 6 0-73472-00256-8 K

PRICE ↓ 3253 Almond 454g 6 0-73472-00258-2 K

GLUTEN FREE ENGLISH MUFFINS

PRICE ↓ ❄️ 8315 Brown rice 510g 6 0-73472-00185-1 G K

PRICE ↓ ❄️ 8316 Multi seed 510g 6 0-73472-00186-8 G K

EZEKIEL 4:9 ~ ORGANIC ENGLISH MUFFINS

PRICE ↓ ❄️ 8318 Cinnamon raisin ~ purple label 454g 6 0-73472-00117-2 O K

PRICE ↓ ❄️ 8319 Original ~ orange label 454g 6 0-73472-00119-6 O K

EZEKIEL 4:9 ~ TORTILLAS

PRICE ↓ ❄️ 8340 Organic sprouted grain tortillas ~ 10 inch 340g 12 0-73472-00200-1 O K

PRICE ↓ ❄️ 8342 Gluten free brown rice tortillas ~ 10 inch 340g 12 0-73472-00369-5 G K

PRICE ↓ ❄️ 8343 Org sprouted whole kernel corn ~ 6 inch 283g 12 0-73472-00370-1 O K

FUNCTION NATURAL FOODS

KALE & QUINOA BITES

❄️ 9475 Mediterranean ~ sundried tomato & basil 280g 8 8-51335-00072-8

❄️ 9476 Teriyaki ~ garlic and ginger 280g 8 8-51335-00073-5

❄️ 9477 Bombay ~ coconut curry 280g 8 8-51335-00076-6

QUINOA ARANCINI

❄️ 9478 Rosemary + lemon 280g 8 8-51335-00074-2

VEGAN TEMPEH JERKY

9495 Sweet BBQ 70g 12 8-51335-00082-7

9496 Chipotle 70g 12 8-51335-00083-4

9497 Teriyaki 70g 12 8-51335-00084-1

9498 Original 70g 12 8-51335-00085-8

NEW

GARDEIN

FISHLESS

NEW ❄️ 9253 Fishless filet 288g 8 8-42234-00170-1

NEW ❄️ 9265 Crabless cakes 205g 8 8-42234-00222-7

BEEFLESS

NEW ❄️ 9259 Sweet & sour porkless bites 255g 8 8-42234-00322-4

NEW ❄️ 9262 Classic meatless meatballs 360g 8 8-42234-00171-8

NEW ❄️ 9263 Homestyle beefless tips 255g 8 8-42234-00063-6

CHICK'N

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
NEW		9250 Mandarin orange crispy chick'n	300g	8	8-42234-00087-2	
NEW		9251 Seven grain crispy tenders	255g	8	8-42234-00064-3	
NEW		9254 Chipotle lime crispy fingers	270g	8	8-42234-00089-6	
NEW		9255 Sweet & tangy barbeque wings	255g	8	8-42234-00088-9	
NEW		9256 Lightly breaded turk'y cutlets	300g	8	8-42234-00114-5	
NEW		9258 Chick'n strips	225g	8	8-42234-00320-0	
NEW		9260 Chick'n patties	350g	8	8-42234-00323-1	
GLUTEN FREE						
NEW		9252 Gluten free beefless ground	390g	8	8-42234-00109-1	G
NEW		9257 Gluten free blackbean patty	340g	8	8-42234-00167-1	G



GO BIO!

ORGANIC GELATIN

8910	Gelatin ~ 6 sheets	10g	20	6-87789-12528-7	G O
8911	Gelatin powder	30g	18	6-87789-12511-9	G O
8912	Gelatin powder	150g	12	6-87789-12512-6	G O

ORGANIC CANDIES

8920	Fruit gummi bears	75g	10	6-87789-21601-5	G O T
8921	Vegan gummi bears	75g	10	6-87789-21501-8	G O T
8922	Sour gummies	75g	10	6-87789-21701-2	G O T
8923	Vegetarian licorice	75g	10	6-87789-21801-9	O T
8944	Wine gums	75g	10	6-87789-22001-2	G O T
8945	Yogurt fruit gummies	75g	10	6-87789-22101-9	G O T

ORGANIC BOUILLON CUBES

8925	Vegetable	66g	15	6-87789-05120-3	G O K
8927	Chicken	66g	15	6-87789-05115-9	G O K
8928	Beef	66g	15	6-87789-05111-1	G O K
8931	Mushroom	66g	15	6-87789-05113-5	G O K
8932	Vegetable ~ yeast free	66g	15	6-87789-05114-2	G O K

ORGANIC BOUILLON CUBES ~ NO SALT ADDED

8926	Vegetable	54g	15	6-87789-05101-2	G O K
8929	Chicken	54g	15	6-87789-05100-5	G O K

ORGANIC BROTH POWDER ~ YEAST FREE

8935	Vegetable ~ glass jar	100g	6	6-87789-05121-0	O K
8936	Vegetable ~ refill bag	200g	8	6-87789-05122-7	O K
8937	Chicken ~ low sodium ~ glass jar	75g	6	6-87789-05123-4	O K
8938	Chicken ~ low sodium ~ refill bag	150g	8	6-87789-05124-1	O K

ORGANIC PESTO CUBES

8895	Genovese	54g	15	6-87789-03223-3	G O
8896	Siciliana	54g	15	6-87789-03222-6	G O

ORGANIC GRAVY CUBES

8898	Brown gravy	60g	15	6-87789-02113-8	G O
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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8899 Poultry gravy 60g 15 6-87789-02112-1 G O

GO BIO 25 CS - 15%

GRANNY'S

LIQUID LAUNDRY

2787 Ultra liquid laundry 3.78L 4 0-63827-31038-7 T

GUSTA

VEGAN WHEAT SAUSAGE

9378 Brunch ~ maple & apples 320g 12 6-27552-10109-4
 9379 Montreal ~ smoked spices 350g 12 6-27843-57787-4
 9380 Italiana ~ peppers & herbs 350g 12 6-27843-57784-3
 9381 Española ~ smoked paprika 350g 12 6-27843-57785-0
 9382 Germaine ~ smoked onions 350g 12 6-27843-57786-7

VEGAN GRATING BLOCK

9383 Original 227g 12 6-27843-57789-8

SEITAN STICK

9376 Pizzaroni 200G 12 6-27843-10107-0

VEGAN SEITAN LOAF

9375 Kebab ~ oriental spices 400g 10 6-27843-57790-4

VEGAN SEITAN BURGER TO SLICE

NEW 9377 Burger to slice 800g 5 6-27552-10402-6

VEGAN SEITAN ROAST

NEW 9373 Mex ~ tacos spices 400g 10 6-27552-10503-0
 9374 Classico ~ traditional spices 400g 10 6-27552-10108-7

ORGANIC VEGAN PATÉ

NEW 9389 Original 200g 12 6-27552-10601-3 O
NEW 9390 Traditional 200g 12 6-27552-10602-0 O
NEW 9391 Creton 200g 12 6-27552-10603-7 O

The sausages and the seitan loaf and roast will be shipped frozen. However, Please tag the products with a 6 months shelf life when displaying for sale.

HENRY'S TEMPEH

ORGANIC TEMPEH

9240 Soy basil 250g 12 8-51193-00003-8 G O
 9242 Soy kasha 250g 12 8-51193-00001-4 G O
 9243 Soy original 250g 12 8-51193-00002-1 G O
 9244 Soy red pepper 250g 12 8-51193-00006-9 G O

HOME FREE



ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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ALLERGEN FRIENDLY COOKIES

PRICE ↓	7160	Mini chocolate chip cookies	144g	6	8-57313-00167-1	G K
PRICE ↓	7161	Mini vanilla cookies	144g	6	8-57313-00169-5	G K
PRICE ↓	7162	Mini double chocolate chip cookies	144g	6	8-57313-00168-8	G K
PRICE ↓	7163	Mini lemon burst cookies	144g	6	8-57488-00436-1	G K

	HOME FREE	% / 15 CS - 20% / 25 CS - 25%
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**HOP****HEARTS OF PALM PASTA****NEW**
NEW

4428	Spaghetti	400g	6	6-28451-16685-6	G
4429	Lasagna	400g	6	6-28451-16692-4	G

HOUSE FOODS**SHIRATAKI NOODLES**

PRICE ↓	$\pm$	8605	Traditional ~ white yam (konjac)	226g	12	0-76371-04143-0	G K
PRICE ↓	$\pm$	8606	Fettuccini ~ tofu & white yam (konjac)	226g	12	0-76371-04146-1	G K
PRICE ↓	$\pm$	8607	Spaghetti ~ tofu & white yam (konjac)	226g	12	0-76371-04145-4	G K

**ICE AGE****WATER**

3542	Pure glacial water	500mL	12	6-61431-00500-4	K
3543	Pure glacial water	1L	12	6-61431-10012-9	K

9.5 ALKALINE GLACIAL WATER

3546	Pure glacial water + electrolytes	500mL	12	6-61431-50095-0	K
3547	Pure glacial water + electrolytes	1L	12	6-61431-10095-2	K

	ICE AGE WATER	10 CS - 10% / 25 CS - 15%
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IF YOU CARE**COFFEE FILTERS**

PRICE ↓	7400	No.2 coffee filters	100ct	12	7-70009-00112-3	T
PRICE ↓	7401	No.4 coffee filters	100ct	12	7-70009-00114-7	T
PRICE ↓	7402	8" basket filters	100ct	12	7-70009-00111-6	T

100% RECYCLED ALUMINUM FOIL

PRICE ↓	7406	Aluminum foil	50 sq.ft.	12	7-70009-12011-4	T
PRICE ↓	7407	Heavy duty aluminum foil	30 sq.ft.	12	7-70009-25020-0	T

BAGS & WRAPS

PRICE ↓	7397	Sandwich bags	48 bags	12	7-70009-25026-2	T
PRICE ↓	7408	Unbleached waxed paper	75 sq.ft.	12	7-70009-25025-5	T
PRICE ↓	7413	Compostable food waste bags ~ 3 gal	30ct	12	7-70009-25064-4	T
PRICE ↓	7414	Compostable food waste bags ~ 13 gal	12ct	12	7-70009-225065-1	T

ROASTING BAGS



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
PRICE ↓	7415	Roasting bag combo shipper - 30 cases	2ct/6ct	1	7-70009-25057-3	T
PRICE ↓	7416	Medium	6ct	8	7-70009-25073-6	T
PRICE ↓	7417	Extra large	2ct	8	7-70009-25072-9	T
COOKING & BAKING PRODUCTS						
PRICE ↓	7409	Cheesecloth - unbleached 72" x 36"	2 sq yd	24	7-70009-05004-6	T
PRICE ↓	7410	Natural cooking twine	200ft	24	7-70009-05001-5	T
PRICE ↓	7404	Parchment baking paper	70 sq.ft.	12	7-70009-01020-0	T
PRICE ↓	7405	Parchment baking sheets	24ct	12	7-70009-01192-4	T
BAKING CUPS						
PRICE ↓	7398	Mini	90ct	24	7-70009-25018-7	T
PRICE ↓	7403	Large	60ct	24	7-70009-01048-4	T
PRICE ↓	7399	Jumbo	24ct	24	7-70009-25019-4	T
HOUSEHOLD GLOVES						
PRICE ↓	7394	Small	1 pair	12	7-70009-25027-9	T
PRICE ↓	7395	Medium	1 pair	12	7-70009-25028-6	T
PRICE ↓	7396	Large	1 pair	12	7-70009-25029-3	T
100% BIOMASS FIRELIGHTERS						
PRICE ↓	7412	Fire starting cubes	28ct	12	7-70009-25034-7	T

KNUDSEN

100% FRUIT JUICE

3658	Just blueberry	946mL	6	0-74682-12324-1	
3665	Just pomegranate	946mL	6	0-74682-12329-6	
3675	Just cranberry	946mL	6	0-74682-12350-0	
3673	Just black cherry	946mL	6	0-74682-12309-8	

100% ORGANIC FRUIT JUICE

3659	Just cranberry	946mL	6	0-74682-12335-4	O
3674	Just tart cherry	946mL	6	0-74682-12318-0	O
3678	Just prune	946mL	6	0-74682-12312-8	O
3676	Just pineapple	946mL	6	0-74682-20053-9	O

ORGANIC FRUIT JUICE

3683	Concord grape	945mL	6	0-74682-11112-5	O
3677	Celery apple cucumber	946mL	6	0-74682-20052-2	O

ORGANIC VEGGIE BEVERAGE

3670	Carrot, ginger & turmeric	946mL	6	0-74682-51102-4	G O
3671	Beet	946mL	6	0-74682-51101-7	G O

KOBU

COCONUT WATER IN A CAN

7310	Pure coconut water	350mL	24	1-80539-00007-5	
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KOOPS' ORGANIC



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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ORGANIC MUSTARD ~ GLUTEN FREE

PRICE ↓	3340	Dijon	325mL	12	0-70281-00151-5	G O K
PRICE ↓	3341	Original yellow	325mL	12	0-70281-00150-8	G O K
PRICE ↓	3342	Stone ground	325mL	12	0-70281-00153-9	G O K
PRICE ↓	3343	Spicy brown	325mL	12	0-70281-00152-2	G O K

LAKESWOOD

ORGANIC JUICES

PRICE ↓	3985	Pure tart cherry	946mL	6	0-42608-63008-1	O K
PRICE ↓	3993	Beet	946mL	6	0-42608-63070-8	O K
PRICE ↓	3996	Pure carrot	946mL	6	0-42608-63045-6	O K
PRICE ↓	4003	Pure pineapple	946mL	6	0-42608-63005-0	O K
PRICE ↓	4004	Pure prune	946mL	6	0-42608-63009-8	O K
PRICE ↓	4006	Pure cranberry	946mL	6	0-42608-63011-1	O K
PRICE ↓	4007	Tart cherry blend	946mL	6	0-42608-63077-7	O K

ORGANIC SUPPLEMENT JUICES

PRICE ↓	4009	Pure aloe	946mL	6	0-42608-63014-2	O K
PRICE ↓	4010	Pure aloe vera gel	946mL	6	0-42608-47009-0	O K

ORGANIC CULINARY JUICES

PRICE ↓	4012	Pure lemon	370mL	12	0-42608-36094-0	O K
PRICE ↓	4013	Pure lime	370mL	12	0-42608-36091-9	O K
PRICE ↓	4014	Pure lemon	946mL	6	0-42608-63094-4	O K

PREMIUM JUICES

PRICE ↓	4020	Pure cranberry	946mL	6	0-42608-63066-1	K
PRICE ↓	4021	Pure black cherry	946mL	6	0-42608-63048-7	K

LET'S DO...GLUTEN FREE

GLUTEN FREE CONES

PRICE ↓	9848	Ice cream cones	36g	12	0-43182-00352-0	G K
PRICE ↓	9849	Sugar cones	132g	12	0-43182-00353-7	G K

LET'S DO...ORGANIC

ORGANIC TAPIOCA

PRICE ↓	9781	Tapioca ~ granules	170g	6	0-43182-00527-2	G O
PRICE ↓	9782	Tapioca ~ starch	170g	6	0-43182-00528-9	G O

ORGANIC CORN STARCH

PRICE ↓	9811	Corn starch	170g	6	0-43812-00529-6	O
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ORGANIC COCONUT PRODUCTS

PRICE ↓	9800	Sweetened condensed coconut milk	195mL	6	0-43182-02205-7	G O K
PRICE ↓	9801	Coconut flour	454g	6	0-43182-01524-0	G O K



ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
PRICE ↓	9803	<i>Creamed coconut</i>	200g	6	0-43182-00525-8	G O K
PRICE ↓	9806	<i>Shredded coconut</i>	250g	12	0-43182-01520-2	G O
PRICE ↓	9808	<i>Unsweetened coconut flakes</i>	198g	12	0-43182-01522-6	G O K
PRICE ↓	9802	<i>Heavy coconut cream</i>	398ml	12	0-43182-00210-3	G O K

	COCONUT PRODUCTS	15 CS - 15% / 25 CS - 20%
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MANNA ORGANICS**ORGANIC MANNA BREAD**

	9501	<i>Carrot raisin</i>	400g	8	0-58449-00003-7	O K
	9504	<i>Fruit & nut</i>	400g	8	0-58449-00009-9	O K
	9509	<i>Fig, fennel and flax</i>	350g	8	0-58449-00026-3	O K
	9510	<i>Date & cinnamon</i>	400g	8	0-58449-70801-8	O K

MARANATHA**ORGANIC PEANUT BUTTER**

4392	<i>Creamy</i>	500g	6	0-51651-09330-9	G O K
4393	<i>Crunchy</i>	500g	6	0-51651-09331-6	G O K

ALMOND BUTTER

4396	<i>Creamy ~ raw</i>	340g	6	0-51651-09306-4	G K
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	MARANATHA	10CS - 20% / 20CS - 25%
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MARUKAN**RICE VINEGAR ~ 355mL**

PRICE ↓	6740	<i>Organic</i>	355mL	6	0-70641-06412-9	G O K
PRICE ↓	6741	<i>Organic seasoned dressing</i>	355mL	6	0-70641-06413-6	G O K
PRICE ↓	6742	<i>Genuine brewed</i>	355mL	6	0-70641-00006-6	G K
PRICE ↓	6739	<i>Lite seasoned gourmet dressing</i>	355mL	6	0-70641-00039-4	G K
PRICE ↓	6743	<i>Seasoned dressing</i>	355mL	6	0-70641-00009-7	G K

RICE VINEGAR ~ 710mL

PRICE ↓	6748	<i>Genuine brewed</i>	710mL	6	0-70641-00005-9	G K
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PREMIUM SOY DRESSING

PRICE ↓	6746	<i>Yuzu Ponzu ~ with yuzu citrus</i>	355mL	6	0-70641-06631-4	G K
PRICE ↓	6747	<i>Ponzu ~ with sudachi citrus</i>	355mL	6	0-70641-06621-5	G K

	MARUKAN VINEGAR	10 CS - 15% / 20 CS - 25%
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MOCCIA & URBANI SALUMERIA**NATURAL DRIED SALAMI**

9450	<i>Tartufo ~ tuscan black truffle</i>	170g	12	8-51335-00022-3	G
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	9451	Spicy Fennel ~ whole fennel & chillies	170g	12	8-51335-00023-0	G
	9452	Sicilian ~ sicilian lemon & fennel	170g	12	8-51335-00027-8	G
	9453	Roman ~ coriander & chillies	170g	12	8-51335-00026-1	G
	9454	Fig Toscano ~ dried figs & cinnamon	170g	12	8-51335-00024-7	G
	9455	Fennel ~ whole fennel seeds	170g	12	8-51335-00021-6	G
	9456	Argentinian ~ smoked paprika & red wine	170g	12	8-51335-00025-4	G

NATIVE

ORGANIC SUGAR NON GMO

7000	Cane sugar	1Kg	12	7-898206-500010	O
7001	Demerara cane sugar	1Kg	12	1-87759-00003-8	O

NATIVE FOREST

ORGANIC FRUIT PRODUCTS

PRICE ↓	9785	Mandarin oranges	284g	6	0-43182-01868-5	O	K
PRICE ↓	9789	Pineapple chunks	398mL	6	0-43182-01851-7	O	K
PRICE ↓	9790	Pineapple slices	425g	6	0-43182-00852-5	O	

	FRUIT PRODUCTS	MIX & MATCH: 10 CS - 15%
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CASHEW MILK

PRICE ↓	9812	Cashew milk powder	100g	6	0-43182-00102-1	G	K
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COCONUT MILK

PRICE ↓	9799	Coconut milk powder	150g	6	0-43182-01101-3	G	K
PRICE ↓	9804	Organic light coconut milk	398mL	12	0-43182-00209-6	G O	K
PRICE ↓	9805	Organic coconut milk	398mL	12	0-43182-00208-9	G O	K

	COCONUT MILK	10 CS - 20% / 25 CS - 25%
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VEGETABLE PRODUCTS

PRICE ↓	9823	Artichoke hearts, quartered	400g	6	0-43182-00891-4		
PRICE ↓	9824	Artichoke hearts, whole, jar	170mL	6	0-43182-00892-1		
PRICE ↓	9826	Organic cut baby corn	400g	6	0-43182-00830-3	O	
PRICE ↓	9791	Organic young jackfruit	398mL	6	0-43182-01869-2	G O	

	VEGETABLE PRODUCTS	10 CS - 15%
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NATUR-A

FORTIFIED OAT BEVERAGE

NEW	3450	Original	946mL	12	0-63667-20001-5	G	K
NEW	3451	Chocolate	946mL	12	0-63667-20008-4	G	K

ORGANIC FORTIFIED RICE BEVERAGE

3432	Original	946mL	12	0-63667-00601-3	G O	K
3433	Vanilla	946mL	12	0-63667-00602-0	G O	K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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ORGANIC FORTIFIED SOY BEVERAGE 200mL

3429	Cappucino	200mL	24	0-63667-50701-5	G O	K
3430	Original	200mL	24	0-63667-50101-3	G O	K
3431	Unsweetened	200mL	24	0-63667-50601-8	G O	K
3434	Vanilla	200mL	24	0-63667-50201-0	G O	K
3435	Strawberry	200mL	24	0-63667-50301-7	G O T	K
3436	Chocolate	200mL	24	0-63667-50801-2	G O	K

ORGANIC FORTIFIED SOY BEVERAGE 946mL

3437	Unsweetened	946mL	12	0-63667-51100-5	G O	K
3438	Original light	946mL	12	0-63667-51000-8	G O	K
3439	Vanilla light	946mL	12	0-63667-51050-3	G O	K
3440	Cappucino	946mL	12	0-63667-30180-4	G O	K
3445	Original	946mL	12	0-63667-30140-8	G O	K
3446	Vanilla	946mL	12	0-63667-30155-2	G O	K
3447	Strawberry	946mL	12	0-63667-30170-5	G O T	K
3448	Chocolate	946mL	12	0-63667-30185-9	G O	K

FORTIFIED ALMOND BEVERAGE 946mL

4193	Vanilla unsweetened	946mL	12	0-63667-09026-5	G	K
4194	Coconut unsweetened	946mL	12	0-63667-09046-3	G T	K
4195	Original	946mL	12	0-63667-09001-2	G	K
4196	Vanilla	946mL	12	0-63667-09002-9	G	K
4197	Unsweetened	946mL	12	0-63667-09006-7	G	K
4198	Chocolate	946mL	12	0-63667-09008-1	G	K

FORTIFIED ALMOND BEVERAGE 200mL

4191	Original	200mL	24	0-63667-49001-0	G	K
4192	Chocolate	200mL	24	0-63667-49008-9	G	K



NATURE'S PATH

ORGANIC & GLUTEN FREE CEREAL ~ ECO-PAC

9551	Mesa sunrise	750g	6	0-58449-77901-8	G O	K
9543	Honey'd corn flakes	750g	6	0-58449-77094-7	G O	K
9545	Fruit juice corn flakes	750g	6	0-58449-60056-5	G O	K
9556	Crispy rice	750g	6	0-58449-55002-0	G O	K
9620	Whole o's	750g	6	0-58449-77912-4	G O	K
9621	Sunrise crunchy vanilla	675g	6	0-58449-18110-1	G O	K
9622	Sunrise crunchy maple	675g	6	0-58449-18112-5	G O	K
9557	Mesa sunrise flakes with raisins	825g	6	0-58449-77161-6	G O	K

ORGANIC CEREAL ~ ECO PAC

9540	Multigrain oat bran flakes	907g	6	0-58449-60231-6	O	K
9546	Heritage o's	907g	6	0-58449-77001-5	O	K
9542	Millet rice	907g	6	0-58449-77008-4	O	K
9547	Heritage flakes	907g	6	0-58449-77021-3	O	K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	9550	Flax plus ~ cinnamon flakes	907g	6	0-58449-77163-0	O K
	9552	Kamut ~ khorasan wheat flakes	750g	6	0-58449-77069-5	O K
		ORGANIC GRANOLA ~ ECO-PAC				
	9541	Hemp hearts	750g	6	0-58449-89017-1	O K
	9544	Pumpkin seed + flax	750g	6	0-58449-89019-5	O K
		ENVIROKIDZ				
		ORG & GLUTEN FREE CEREAL ~ ECO-PAC				
	9553	Gorilla Munch ~ corn puffs	650g	6	0-58449-87008-1	G O K
	9554	Panda puffs ~ peanut butter	700g	6	0-58449-87009-8	G O K
	9555	Koala crisp ~ chocolate	725g	6	0-58449-87010-4	G O K
		ORGANIC PUFFED CEREALS ~ ECO PAC				
	9577	Rice puffs	170g	12	0-58449-62001-3	O K
	9579	Kamut puffs ~ khorasan wheat	170g	12	0-58449-62004-4	O K
		ORG & GLUTEN FREE CEREAL ~ BOX				
	9530	Crispy rice	284g	12	0-58449-55000-6	G O K
	9523	Honey'd corn flakes	300g	12	0-58449-60218-7	G O K
	9521	Whole o's	325g	12	0-58449-77902-5	G O K
	9519	Golden turmeric	300g	6	0-58449-18910-7	G O K
	9520	Purple açai ~ baobab, açai & maqui	300g	6	055449-18911-4	G O K
		ORGANIC CEREAL ~BOX				
	9526	Heritage crunch	400g	12	0-58449-77174-6	O K
	9511	Smart bran ~ wheat, psyllium & oat bran	300g	12	0-58449-77102-9	O K
	9534	Optimum power ~ blueberry cinnamon flax	400g	12	0-58449-77700-7	O K
		NUT BUTTER CRUNCH CEREAL ~ BOX				
	9648	Honey & peanut	284g	6	0-58449-19108-7	G O K
		ENVIROKIDZ				
		ORG & GLUTEN FREE CEREAL ~ BOX				
	9581	Turtle splash ~ strawberry chocolate	284g	12	0-58449-20508-1	G O K
	9582	Gorilla Munch ~ corn puffs	284g	12	0-58449-86002-0	G O K
	9584	Panda puffs ~ peanut butter	300g	12	0-58449-86004-4	G O K
	9586	Leapin lemurs ~ peanut butter & chocolate	284g	12	0-58449-86006-8	G O K
	9580	Choco chimps ~ chocolate	284g	12	0-58449-87023-4	G O K
	9585	Cheetah chomps ~ berry blast	284g	12	0-58449-18505-5	G O K
	9587	Amazon flakes ~ frosted	325g	12	0-58449-18913-8	G O K
		LOVE CRUNCH ~ ORGANIC CEREALS ~ BOX				
	9700	Dark chocolate and red berries	284g	6	0-58449-18115-6	O K
		PREMIUM ORGANIC CEREALS				
		~ GLUTEN FREE				
	9512	Organic sunrise crunchy honey	300g	12	0-58449-77204-0	G O K
	9515	Organic sunrise crunchy cinnamon	300g	12	0-58449-77206-4	G O K
	9538	Organic sunrise crunchy maple	300g	12	0-58449-77152-4	G O K
	9539	Organic sunrise crunchy vanilla	300g	12	0-58449-77154-8	G O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
		ORGANIC WAFFLES				
	❄️ 3272	Flax plus	210g	12	0-58449-59055-2	O K
	❄️ 3276	Maple cinnamon	210g	12	0-58449-59063-2	O K
		ORGANIC GLUTEN FREE WAFFLES				
	❄️ 3271	Homestyle	210g	12	0-58449-59052-1	G O K
	❄️ 3273	Buckwheat ~ wildberry	210g	12	0-58449-59057-6	G O K
	❄️ 3280	Chia plus ~ quinoa & amaranth	210g	12	0-58449-59074-3	G O K
		ORGANIC TOASTER PASTRIES ~ FROSTED				
	9690	Cherry pomegranate	312g	6	0-58449-18807-0	O K
	9691	Berry strawberry	312g	6	0-58449-18808-7	O K
	9692	Lotta chocolotta	312g	6	0-58449-18810-0	O K
		ORGANIC GRAIN FREE GRANOLA				
	9638	Vanilla Poppy Seed	227g	6	0-58449-19207-7	G O K
		ORGANIC GRANOLA				
	9516	Flax plus pumpkin flax	325g	12	0-58449-89007-2	O K
	9532	Chia plus coconut chia	350g	12	0-58449-89032-4	O K
	9535	Hemp plus	325g	12	0-58449-89000-3	O K
	9731	Peanut butter	325g	12	0-58449-89008-9	O K
	9628	Golden turmeric	198g	6	0-58449-20228-8	G O K
	9629	Cacao	198g	6	0-58449-20300-1	G O K
		ORGANIC PURE OATS GRANOLA				
	9670	Honey almond	312g	8	0-58449-89041-6	G O K
		ORGANIC LOVE CRUNCH GRANOLA				
	9748	Dark chocolate peanut butter	325g	6	0-58449-16206-3	O K
	9749	Dark chocolate macaroon	325g	6	0-58449-77201-9	O K
	9750	Dark chocolate and red berries	325g	6	0-58449-77176-0	O K
	9752	Apple crumble	325g	6	0-58449-77178-4	O K
		ORGANIC LOVE CRUNCH GRANOLA LARGE				
	9718	Dark chocolate and red berries	700g	6	0-58449-18203-0	O K
		ORGANIC QI'A SUPERFLAKES				
	9632	Cocoa coconut	284g	12	0-58449-16113-4	G O K
		ORGANIC QI'A CEREALS				
	9739	Original	225g	10	0-58449-32004-3	G O K
	9740	Cranberry vanilla	225g	10	0-58449-32006-7	G O K
		ORGANIC PURE OATS HOT OATMEAL				
	9676	Spiced apple flax	320g	6	0-58449-45067-2	G O K
	9677	Brown sugar maple	320g	6	0-58449-45069-6	G O K
	9678	Variety pack	320g	6	0-58449-45071-9	G O K
		ORGANIC QI'A SUPERFOOD HOT OATMEAL				
	9742	Cinnamon pumpkin seed	228g	6	0-58449-15404-4	G O K
	9743	Creamy coconut	228g	6	0-58449-15402-0	G O K
	9744	Superseeds & grains	228g	6	0-58449-15400-6	G O K



ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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9745	<i>Turmeric</i>	228g	6	0-58449-20408-4	G O	K
9746	<i>Cacao</i>	228g	6	0-58449-20409-1	G O	K
ORGANIC HOT OATMEAL POUCHES						
9559	<i>4 variety 8 pack</i>	400g	6	0-58449-45000-9	O	K
9560	<i>Apple cinnamon</i>	400g	6	0-58449-45004-7	O	K
9561	<i>Maple nut</i>	400g	6	0-58449-45003-0	O	K
9562	<i>Flax'n oats</i>	400g	6	0-58449-45002-3	O	K
9563	<i>Original</i>	400g	6	0-58449-45001-6	O	K
9568	<i>Optimum blueberry cinnamon</i>	320g	6	0-58449-45013-9	O	K

 NEW WORLD**ALMOND BUTTER**

4290	<i>Almond butter - smooth raw, organic</i>	500g	12	0-59443-40158-5	O	K
4297	<i>Almond butter - smooth raw</i>	500g	12	0-59443-40031-1		K

ORGANIC SESAME TAHINI

4279	<i>Organic sesame tahini - raw</i>	250g	12	0-59443-40111-0	O	K
4293	<i>Organic sesame tahini - raw</i>	500g	12	0-59443-40112-7	O	K

OTHER ORGANIC NUT BUTTERS

4268	<i>Organic cashew butter - raw</i>	250g	12	0-59443-40160-8	O	K
4272	<i>Organic hazelnut butter</i>	250g	12	0-59443-40182-0	O	K
4273	<i>Organic hemp nut butter - raw</i>	250g	12	0-59443-40147-9	O	K
4276	<i>Organic pumpkin seed butter - raw</i>	365g	12	0-59443-40049-6	O	K
4277	<i>Organic sunflower seed butter</i>	365g	12	0-59443-40075-5	O	K

 NUTRI FLORA**NUTRITIONAL YEAST**

5413	<i>Flakes</i>	200g	12	0-65493-05413-8		
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NUTRITIONAL YEAST IN BULK

5411	<i>Flakes</i>	25Kg	1	N/A		
5412	<i>Flakes</i>	5Kg	1	N/A		

**SPECIAL
ORDER ITEM****ONLY LEMON****ORGANIC SQUEEZED LEMON JUICE**

4035	<i>Org. squeezed lemon juice (8-9 lemons)</i>	250ml	12	8-016438-00176-4	O	
4036	<i>Org. squeezed lemon juice (16-17 lemons)</i>	500ml	12	8-016438-00178-8	O	
4037	<i>Org. squeezed lemon juice (32-33 lemons)</i>	1L	6	8-016438-00147-4	O	

PAPERCHEF**CULINARY PARCHMENT**

7175	<i>Pre-cut sheets (15" x 16.5")</i>	24 sheets	12	6-28689-70024-2	T	
7176	<i>Parchment paper (15" x 33")</i>	41 pi.ca	12	6-28689-00001-4	T	



ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	7177	Parchment paper (15" x 98.4')	123 pi.ca	12	6-28689-70098-3	T
	7178	Parchment paper (15" x 164')	205 pi.ca	8	6-28689-00050-2	T
	BAKING CUPS					
	7180	Mini baking cups (B: 1 1/4"; H: 1")	90ct	12	6-28689-70090-7	T
	7181	Large baking cups (B: 1 7/8"; H: 1 3/8")	60ct	12	6-28689-70060-0	T
	7182	X-large baking cups (B: 2 1/8"; H 2")	30ct	12	6-28689-70030-3	T
	7183	Tulip cups (B: 1.9"; H: 3.5"; V: 3.38 oz.)	12ct	6	6-28689-70014-3	T
	7185	Tulip cups - multi-coloured	12ct	6	6-28689-70414-1	T
	7184	Lotus cups (B: 1.9"; H: 2.6"; V: 3.38 oz.)	12ct	6	6-28689-70012-9	T
	7186	Lotus cups - multi-coloured	12ct	6	6-28689-70412-7	T
	CULINARY PARCHMENT ROUNDS					
	7187	8" Rounds	24sht	12	6-28689-60824-1	T
	7188	9" Rounds	24sht	12	6-28689-60924-8	T
	SPECIALTY PRODUCT					
	7179	Cooking bags (small: 8" x 3 1/4" x 12 3/4")	10ct	12	6-28689-70010-5	T

 PAPERCHEF CULINARY PARCHMENT **10 CS - 15%**
**PB&ME****KETO BUTTER****NEW**
NEW

4425	All natural peanut butter ~ no sugar added	500g	6	6-28451-16695-5	K
4426	All natural almond butter ~ no sugar added	500g	6	6-28451-16697-9	K

POWDERED PEANUT BUTTER

4410	Natural	200g	6	6-27843-53841-7	G
4415	Natural	454g	6	6-27843-53842-4	G

ORGANIC POWDERED PEANUT BUTTER

4421	No sugar added	200g	6	6-28451-16651-1	G O
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PREMIER JAPAN**SAUCES**

PRICE ↓	9828	Wheat free hoisin sauce	251mL	12	0-11206-00085-5	G
PRICE ↓	9829	Wheat free teriyaki sauce	251mL	12	0-11206-00086-2	G

ORGANIC & GLUTEN FREE SAUCES

PRICE ↓	9821	Sweet & sour	251mL	12	0-11206-00087-5	G O
PRICE ↓	9822	Sesa-miso	251mL	12	0-11206-00088-2	G O
PRICE ↓	9827	Miso-yaki	251mL	12	0-11206-00089-9	G O

 SAUCES **15CS - 20%**
**PUREST****GLUTEN FREE COCOA MIXES**

7640	Hot cocoa	300g	6	1-85396-00003-9	G K
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	7641	Hot cocoa - Mexican	300g	6	1-85396-00010-7	G K
		GLUTEN FREE COCOA MIXES				
	7642	Marvellous - chocolate powder	500g	6	1-85396-00002-2	G K
		GLUTEN FREE BAKING MIXES				
	7648	Chocolate chip cookies	481g	6	1-85396-00033-6	G K
	7643	Chocolate cake	561g	6	1-85396-00078-7	G K
	7646	Brownies	488g	6	1-85396-00036-7	G K
	7654	Pie pastry	626g	6	1-85396-00027-5	G K
	7652	Muffin & loaf mix	553g	6	1-85396-00026-8	G K
	7653	Vanilla cake mix	582g	6	1-85396-00025-1	G K
	7671	Tea biscuits	490g	6	1-85396-00079-4	G K
	7656	Ginger molasses cookie	700g	6	1-85396-00015-2	G K
	7657	Shortbread cookie	378g	6	1-85396-00016-9	G K
		GLUTEN FREE COOKING MIXES				
	7647	Pancakes	558g	6	1-85396-00037-4	G K
	7645	Pure batter	300g	6	1-85396-00008-4	G K
	7651	Pure batter - extra crispy	300g	6	1-85396-00005-3	G K
	7649	Soup thickener	300g	6	1-85396-00034-3	G K
	7650	Gravy mix	300g	6	1-85396-00007-7	G K
	7655	Artisan bread mix	360g	6	1-85396-00084-8	G K
		GLUTEN FREE BAKING AIDS				
	7668	Baking powder	250g	6	1-85396-00038-1	G K
	7669	Baking soda	453g	6	1-85396-00039-8	G K
		GLUTEN FREE FLOURS				
	7675	Potato flakes	300g	6	1-85396-00032-9	G K
	7676	White rice flour	500g	6	1-85396-00041-1	G K
	7677	Brown rice flour	680g	6	1-85396-00049-7	G K
	7678	Potato starch	500g	6	1-85396-00044-2	G K
	7679	Natural cocoa	300g	6	1-85396-00048-0	G K
	7680	Gluten free all purpose flour	680g	6	1-85396-00050-3	G K
	7682	Garbanzo bean flour	500g	6	1-85396-00046-6	G K
	7683	Buckwheat flour	500g	6	1-85396-00024-4	G K
	7684	Sorghum flour	623g	6	1-85396-00042-8	G K
	7686	Tapioca flour	500g	6	1-85396-00076-3	G K

 **PUREST** **2H: 12 CS - 10% / 20 CS - 15%**

RAWESOME

ORGANIC CAKES

	9206	Crème brûlée	95g	6	6-28504-86215-5	G O
	9207	Café mocha	95g	6	6-28504-86216-2	G O

RAW, VEGAN, CULTURED &



ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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NON-DAIRY CASHEW SPREAD

❄️	9210	Original	227g	6	6-28504-86205-6	
❄️	9211	Onion & chives	227g	6	6-28504-86206-3	
❄️	9212	Garlic & black pepper	227g	6	6-28504-86208-7	
❄️	9213	Cilantro & chili pepper	227g	6	6-28504-86204-9	
❄️	9192	Tzatziki	227g	6	6-28504-86207-0	G

will be shipped frozen. However, they are meant to be sold fresh.
Please tag the products with a 60 days shelf life when displaying for sale.

REAL BREW**GINGER ALE**

3667	Outrageous	355mL	24	0-74682-12440-8	T
3668	Vanilla crème soda	355mL	24	0-74682-12442-2	T
3669	Draft root beer	355mL	24	0-74682-12444-6	T

THE REAL COCONUT**ORGANIC COCONUT FLOUR TORTILLAS**

PRICE ↓	❄️	8080	Original	215g	12	8-51186-00790-7	G	O
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 RIZOPIA**RICE PASTA**

5300	White Rice Spaghetti	454g	12	8-33125-00001-9	G
5301	Brown Rice Spaghetti	454g	12	8-33125-00101-6	G
5302	Brown Rice Fettuccine	454g	12	8-33125-00102-3	G
5303	Brown Rice Fusilli	454g	12	8-33125-00103-0	G
5304	Brown Rice Penne	454g	12	8-33125-00104-7	G
5305	Brown Rice Elbows	454g	12	8-33125-00105-4	G
5306	Brown Rice Shells	454g	12	8-33125-00106-1	G
5307	Brown Rice Spirals	454g	12	8-33125-00107-8	G
5308	Brown Rice Lasagna	340g	12	8-33125-00108-5	G
5324	Spinach Rice Spaghetti	454g	12	8-33125-00201-3	G
5325	Vegetable Rice Fusilli	454g	12	8-33125-00303-4	G

ORGANIC WILD RICE PASTA

5310	Spaghetti	454g	12	8-33125-00411-6	G	O
5311	Fusilli	454g	12	8-33125-00413-0	G	O
5312	Penne	454g	12	8-33125-00414-7	G	O
5313	Elbows	454g	12	8-33125-00415-4	G	O
5314	Shells	454g	12	8-33125-00416-1	G	O

ORGANIC BROWN RICE PASTA

5317	Spaghetti	454g	12	8-33125-00111-5	G	O
5318	Fettuccine	454g	12	8-33125-00112-2	G	O



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	5319	Fusilli	454g	12	8-33125-00113-9	G O
	5320	Penne	454g	12	8-33125-00114-6	G O
	5321	Elbow	454g	12	8-33125-00115-3	G O
	5322	Fantaisa	454g	12	8-33125-00110-8	G O
	ORGANIC QUINOA BROWN RICE PASTA					
	5327	Spaghetti	340g	12	8-33125-00601-1	G O
	5328	Fusilli	340g	12	8-33125-00603-5	G O
	5329	Penne	340g	12	8-33125-00604-2	G O

	RIZOPIA	CH: 10 CS - 10% / 20 CS - 15%
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SAN-J

TAMARI

6117	Tamari "black label" ~gluten free	296mL	6	0-75810-02126-2	G	K
6118	Tamari "black label" ~ gluten free	592mL	6	0-75810-02136-1	G	K
6121	Tamari "gold label" ~ organic, gluten free	296mL	6	0-75810-00126-4	G O	K
6123	Tamari "gold label" ~ organic, gluten free	592mL	6	0-75810-00136-3	G O	K
6141	Organic shoyu "bronze label"	296mL	6	0-75810-04126-0	O	K

GLUTEN FREE LOW SODIUM TAMARI

6116	Soy sauce ~ 50% less sodium	296mL	6	0-75810-02426-3	G	K
6137	Soy sauce ~ 50% less sodium	592mL	6	0-75810-02436-2	G	K
6124	Tamari low sodium "platinum label" ~ org	296mL	6	0-75810-00426-5	G O	K
6140	Tamari low sodium "platinum label" ~ org	592mL	6	0-75810-00436-4	G O	K
6126	Tamari low sodium "white label"	296mL	6	0-75810-02326-6	G	K
6139	Tamari low sodium "white label"	592mL	6	0-75810-02336-5	G	K

GLUTEN FREE SAUCES

PRICE ↓	6129	Korean BBQ style	296mL	6	0-75810-13026-1	G	K
PRICE ↓	6131	Hoisin sauce	296mL	6	0-75810-15026-9	G	K
PRICE ↓	6128	Thai style peanut	296mL	6	0-75810-14026-0	G	K
PRICE ↓	6130	Teriyaki sauce	296mL	6	0-75810-11226-7	G	K
PRICE ↓	6132	Szechuan style sauce	296mL	6	0-75810-12026-2	G	K

	SAN-J	KIMMUM 3 SKUS): 10 CS - 20%
		MIX & MATCH (MAXIMUM 4 SKUS): 20 CS - 25%

**SPECIAL
ORDER ITEM**

GLUTEN FREE TAMARI IN BULK

6135	Organic gluten-free tamari	18L	1	N/A	G O	K
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SANTA CRUZ ORGANIC

ORGANIC FRUIT JUICE

3664	100% lemon	473mL	8	0-36192-12715-7	O	
3698	Lemonade	946mL	12	0-36192-12313-5	O T	
3702	Raspberry lemonade	946mL	12	0-36192-12314-2	O T	



MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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3707	Cherry lemonade	946mL	12	0-36192-12319-7	O T
3706	Limeade	946mL	12	0-36192-12785-0	O T

SIMPLY NATURAL

ORGANIC PASTA SAUCE

3301	Tomato & basil	739mL	12	0-70974-41512-4	O
3302	Tomato & mushroom	739mL	12	0-70974-41514-8	O
3304	Tomato & roasted peppers	739mL	12	0-70974-41518-6	O
3299	Vodka cream	739mL	12	0-70974-41524-7	O

ORGANIC CONDIMENT

3311	Green sriracha ~ hot sauce	473mL	12	0-70974-00237-9	G O
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ORGANIC SALAD DRESSINGS

3318	Balsamic	354mL	12	0-70974-41014-3	G O
3321	Caesar	354mL	12	0-70974-41024-2	G O
3322	Honey mustard	354mL	12	0-70974-41026-6	G O
3323	Sesame ginger	354mL	12	0-70974-41028-0	G O

SO DELICIOUS

MOUSSE DESSERTS

	9150	Salted caramel swirl	500mL	8	0-36632-07175-0	G	K
	9151	Lemon swirl	500mL	8	0-36632-07172-9	G	K
	9152	Peanut butter swirl	500mL	8	0-36632-07176-7	G	K

COCONUT MILK DESSERTS

PRICE ↓		9125	Vanilla bean	500mL	8	7-44473-27011-8	G	K
PRICE ↓		9128	Cookie dough	500mL	8	7-44473-27046-0	G	K
PRICE ↓		9113	Cold brew coffee	500mL	8	7-44473-00090-6	G	K

CASHEW DESSERTS

PRICE ↓		9107	Simply vanilla	500mL	8	7-44473-00066-1	G	K
PRICE ↓		9108	Creamy chocolate	500mL	8	7-44473-00067-8	G	K
PRICE ↓		9109	Cinnamon cookie dough	500mL	8	7-44473-00068-5	G	K
PRICE ↓		9111	Salted caramel cluster	500mL	8	7-44473-27613-4	G	K
PRICE ↓		9112	Dark chocolatey truffle	500mL	8	7-44473-27621-9	G	K
PRICE ↓		9114	Chocolate banana flambé	500mL	8	7-44473-00091-3	G	K
PRICE ↓		9115	Peach maple pecan	500mL	8	7-44473-00092-0	G	K

MINIS SANDWICH DESSERTS

	9135	Coconut ~ coconut milk	8x68mL	6	7-44473-27430-7		T K
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OATMEAL DESSERTS

	9158	Oatmeal cookie	500ml	8	0-36632-07299-3	G	T K
	9159	Peanut butter & raspberry	500ml	8	0-36632-07297-9	G	T K

MINIS BAR DESSERTS

	9137	Vanilla ~ coconut milk	4x68mL	6	7-44473-27411-6	G	T K
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ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	❄️ 9138	Coconut almond ~ coconut milk	4x68mL	6	7-44473-27412-3	G T K
	❄️ 9139	Mocha almond fudge ~ almond milk	4x68mL	6	7-44473-00025-8	G T K
	❄️ 9140	Dipped salted caramel ~ cashew milk	4x68mL	6	7-44473-00074-6	G T K
		COCONUT WHIPPED TOPPING				
	❄️ 9116	Original	266mL	12	7-44473-29997-3	G T K

	SO DELICIOUS	10 CS - 15% / 25 CS - 20%
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SOBAYA**ORGANIC KAMUT NOODLES**

PRICE ↓	6392	Soba ~ 80% kamut, 20% buckwheat	230g	12	0-57443-30702-9	O	K
PRICE ↓	6393	Udon ~ 100% kamut	230g	12	0-57443-30704-3	O	K
PRICE ↓	6394	Somen ~ 100% kamut	230g	12	0-57443-30706-7	O	K

ORGANIC SPELT NOODLES

PRICE ↓	6397	Soba ~ 80% spelt grain, 20% buckwheat	230g	12	0-57443-30902-3	O	K
PRICE ↓	6398	Udon ~ 100% spelt grain	230g	12	0-57443-30904-7	O	K

ORGANIC NOODLES

PRICE ↓	6405	Udon ~ 100% whole wheat	230g	12	0-57443-30204-8	O	K
PRICE ↓	6407	Soba ~ 30% buckwheat	230g	12	0-57443-30202-4	O	K

NATURAL NOODLES

PRICE ↓	6408	Soba ~ 30% buckwheat	454g	12	0-57443-40101-7		K
PRICE ↓	6414	Natural udon	454g	12	0-57443-40102-4		K

SPECTRUM**COCONUT OILS**

4708	Organic coconut oil	414mL	12	0-22506-97469-2	O	K
4783	Coconut oil spray	170g	6	0-22506-06560-4		

CANOLA OILS

4752	Canola oil ~ organic	750mL	6	0-22506-47175-7	O	K
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OLIVE OILS

4749	Extra-virgin olive oil ~ unrefined, organic	375mL	6	0-22506-72137-1	O	K
4750	Extra-virgin olive oil ~ unrefined, organic	750mL	6	0-22506-72175-3	O	K
4782	Extra virgin olive oil spray	170g	6	0-22506-26581-3		K
4765	Mediterranean olive oil, organic	1L	6	0-22506-02204-7	O	K

OTHER OILS

4707	Walnut oil	375mL	6	0-22506-41637-6		K
4741	Safflower oil ~ refined, organic	375mL	6	0-22506-40337-6	O	K
4743	Sesame oil ~ unref, pressed wt solvents	375mL	6	0-22506-40437-3		K
4763	Almond oil ~ refined, pressed wt solvents	375mL	6	0-22506-41037-4		K

MAYONNAISE

4775	Organic mayonnaise	473mL	12	0-22506-20304-4	G O	K
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

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STARLITE

VEGAN TAQUITOS

PRICE ↓ ❄️	9460	Beef flavor	298g	6	0-37427-50720-1	G
PRICE ↓ ❄️	9461	Chicken flavor	298g	6	0-37427-50721-8	G
PRICE ↓ ❄️	9462	Chorizo & black bean flavor	298g	6	0-37427-50722-5	G

VEGAN ROLLED TACOS

PRICE ↓ ❄️	9463	Santa fe chicken flavor	340g	6	0-37427-50740-9	
PRICE ↓ ❄️	9464	Garlic chicken flavor	340g	6	0-37427-50741-6	
PRICE ↓ ❄️	9465	Chipotle chicken flavor	340g	6	0-37427-50743-0	

VEGAN ENCHILADAS

PRICE ↓ ❄️	9466	Green sauce	255g	6	0-37427-30750-4	G
PRICE ↓ ❄️	9467	Red sauce	255g	6	0-37427-30751-1	G
PRICE ↓ ❄️	9469	Bean & cheese	255g	6	0-37427-30753-5	G

SWEET & FRIENDLY

ZERO CALORIE NATURAL SWEETENER

4210	100% pure erythritol crystals ~ 1lb bag	454g	10	6-28250-43028-8	G	K
4211	100% pure erythritol crystals ~ 2lb can	907g	6	6-28250-43006-6	G	K

SWEETCANE

ORGANIC MOLASSES

7364	Blackstrap molasses	500g	12	0-59443-21321-8	G O	K
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ORGANIC HONEY

7366	Raw honey (creamed)	500g	12	0-59443-21302-7	G O	K
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	SWEETCANE SWEETENERS	15 CS - 10%
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TAJ MAHAL

INDIAN MEALS ~ VEGAN

7250	Spinach dal	285g	6	0-59443-60001-8	
7251	Baingan bharta ~ eggplant	285g	6	0-59443-60002-5	
7252	Dal tadka ~ lentils, onions	285g	6	0-59443-60003-2	
7253	Chana masala ~ chickpeas	285g	6	0-59443-60006-3	
7254	Aloo matar ~ potato & green pea	285g	6	0-59443-60008-7	
7255	Pav bhaji ~ mashed vegetables in sauce	285g	6	0-59443-60009-4	

INDIAN MEALS ~ DAIRY FREE

7256	Palak paneer ~ spinach & cottage cheese	285g	6	0-59443-60004-9	
7257	Matar paneer ~ peas & cottage cheese	285g	6	0-59443-60005-6	
7258	Dal makhani ~ black gram in hot butter sauce	285g	6	0-59443-60007-0	
7259	Navratan korma ~ mix veg & cottage cheese	285g	6	0-59443-60010-0	



ALIMENTS

KOYO
FOODS INC.**MAIN LISTING**

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TASTE ADVENTURE**ORGANIC INSTANT REFRIED BEANS**

PRICE ↓	5810	Black bean	170g	6	0-32445-00632-3	O
PRICE ↓	5811	Pinto bean	170g	6	0-32445-00631-6	G O

ORGANIC SOUPS - CUP

PRICE ↓	5815	Black bean soup	71g	6	0-32445-02611-6	G O
PRICE ↓	5816	Curry lentil soup	71g	6	0-32445-02612-3	G O
PRICE ↓	5817	Split pea soup	71g	6	0-32445-02610-9	G O
PRICE ↓	5818	Golden pea soup	71g	6	0-32445-02613-0	G O
PRICE ↓	5819	Sweet corn chowder	57g	6	0-32445-02614-7	G O

BULK

PRICE ↓	5847	Black bean soup	10lbs	1	0-32445-00641-5	G O
PRICE ↓	5848	Split pea soup	10lbs	1	0-32445-00640-8	G O
PRICE ↓	5849	Refried pinto beans	10lbs	1	0-32445-00644-6	G O

	SOUPS, BEANS & BULK	75 CS - 15% / 100 CS - 25%
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TASTE NIRVANA**COCONUT WATER ~ GLASS BOTTLE**

3570	Real coconut water	280mL	12	0-11259-80686-2	
3571	Real coconut water with pulp	280mL	12	0-11259-80688-6	
3572	Real coco aloe	280mL	12	0-11259-80113-3	

COCONUT WATER ~ GLASS BOTTLE

3573	Real coconut water	700mL	6	0-11259-90424-7	
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SPARKLING COCONUT WATER ~ IN CAN

3574	Natural	230mL	24	0-11259-90737-8	G
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**TINKYADA****ORGANIC BROWN RICE PASTA**

5439	Elbows	340g	12	6-21683-01055-3	G O	K
5440	Lasagna	280g	12	6-21683-01135-2	G O	K
5444	Spaghetti	340g	12	6-21683-02015-6	G O	K
5445	Spirals	340g	12	6-21683-02125-2	G O	K
5446	Penne	340g	12	6-21683-02115-3	G O	K

BROWN RICE & WHITE RICE PASTA

5451	Brown rice shells	454g	12	6-21683-92075-3	G	K
5442	Spinach brown rice spaghetti	340g	12	6-21683-62015-8	G	K
5447	Brown rice spaghetti	454g	12	6-21683-92015-9	G	K
5449	White rice spaghetti	454g	12	6-21683-52015-1	G	K
5443	Vegetables brown rice spirals	340g	12	6-21683-72125-1	G	K
5450	Brown rice spirals	454g	12	6-21683-92125-5	G	K



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KOYO
FOODS INC.

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NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
	5438	Brown rice little dreams	397g	12	6-21683-91145-4	G K
	5441	Brown rice lasagna	280g	12	6-21683-92135-4	G K
	5448	Brown rice fettucini	397g	12	6-21683-92025-8	G K
	5452	Brown rice penne	454g	12	6-21683-92115-6	G K
	5453	Brown rice elbows	454g	12	6-21683-92055-5	G K
	5454	Brown rice fusilli	454g	12	6-21683-92065-4	G K
	BROWN RICE PASTA <u>IN BULK</u>					
	5455	Brown rice spaghetti	10lbs	1	6-21683-92014-2	G K
	5456	Brown rice spirals	10lbs	1	6-21683-92124-8	G K
	5457	Brown rice shells	10lbs	1	6-21683-92074-6	G K
	5458	Brown rice penne	10lbs	1	6-21683-92114-9	G K
	5459	Brown rice elbows	10lbs	1	6-21683-92054-8	G K
	5462	Brown rice lasagna	10lbs	1	6-21683-92134-7	G K

	TINKYADA	25 CS-15% / 50 CS-20%
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TOM'S OF MAINE

TOOTHPASTE

2732	Strawberry for children's, fluoride free	85mL	6	0-77326-83222-6	T
2726	Luminous white, clean mint with fluoride	85ml	6	0-77326-47068-8	T
2727	Wicked fresh! Cool peppermint	100ml	6	0-77326-47061-9	T
2733	Peppermint wholecare plus whitening	85mL	6	0-77326-83003-1	T
2738	Peppermint, fluoride-free plus whitening	85mL	6	0-77326-15940-8	T
2734	Spearmint, fluoride-free	85mL	6	0-77326-10140-7	T
2735	Fennel, fluoride-free	85mL	6	0-77326-10240-4	T
2725	Refreshing mint with sea salt with fluoride	85ml	6	0-35000-97061-9	T

SLS-FREE & FLUORIDE-FREE TOOTHPASTE

2724	Peppermint with activated charcoal	85ml	6	0-35000-97060-2	T
2728	Botanically fresh herbal mint	100ml	6	0-77326-47060-2	T
2729	Botanically bright peppermint, whitening	100ml	6	0-77326-47059-6	T

MOUTHWASH

2745	Wicked fresh! Cool mountain mint	473mL	6	0-77326-83417-6	T
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LONG LASTING DEODORANTS

2751	Woman's coconut lavender	64g	6	0-77326-47067-1	T
2752	Northwood for men	64g	6	0-35000-96849-4	T
2753	Wide stick mountain spring	79g	6	0-35000-96842-5	T
2758	Unscented natural stick	64g	6	0-77326-61425-9	T

TRADITION MISO

ORGANIC MISO

	6210	Brown rice miso	450g	12	8-12139-00001-7	O
	6212	Mellow brown rice miso	450g	12	8-12139-00003-1	O



MAIN LISTING

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≡	6211	Barley miso	450g	12	8-12139-00002-4	O
≡	6213	Chick pea miso ~ soy free	450g	12	8-12139-00004-8	O

TRADITIONAL MEDICINALS

ORGANIC SEASONAL TEAS

8419	Echinacea plus ~ elderberry	30g	6	0-32917-10154-9	O	K
8442	Echinacea plus	30g	6	0-32917-00076-7	O	K
8423	Throat coat lemon ~ echinacea	40g	6	0-32917-10159-4	O	K
8455	Throat coat	40g	6	0-32917-10172-3	O	K

SEASONAL TEAS

8450	Breathe easy	30g	6	0-32917-10160-0		K
8451	Cold formula	34g	6	0-32917-10161-7		K

ORGANIC HERBAL TEAS

8415	Licorice root	30g	6	0-32917-10180-8	O	K
8416	Nettle leaf	40g	6	0-32917-10181-5	O	K
8433	Ginger	30g	6	0-32917-10173-0	O	K
8421	Fennel	40g	6	0-32917-10194-5	O	K
8425	Hibiscus	35g	6	0-32917-10195-2	O	K
8426	Lemon balm	30g	6	0-32917-10191-4	O	K
8443	Chamomile	26g	6	0-32917-10056-6	O	K
8432	Chamomile with lavender	30g	6	0-32917-10179-2	O	K
8445	Turmeric with meadowsweet & ginger	40g	6	0-32917-10210-2	O	K
8439	Raspberry leaf	35g	6	0-32917-00079-8	O	K
8440	Roasted dandelion root	30g	6	0-32917-10175-4	O	K
8430	Dandelion leaf & root	30g	6	0-32917-10198-3	O	K
8444	Peppermint	30g	6	0-32917-10052-8	O	K
8448	Spearmint	30g	6	0-32917-10174-7	O	K

ORGANIC TONIC TEAS

8436	Heart tea ~ hawthorn hibiscus	40g	6	0-32917-10185-3	O	K
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ORGANIC LAXATIVE TEAS

8422	Smooth move ~ peppermint	40g	6	0-32917-10189-1	O	K
8417	Smooth move ~ chamomile	40g	6	0-32917-10188-4	O	K
8453	Smooth move	40g	6	0-32917-10167-9	O	K

ORGANIC GREEN TEAS

8420	Green tea ginger	26g	6	0-32917-10088-7	O	K
8441	Green tea lemongrass	30g	6	0-32917-00078-1	O	K
8435	Green tea peppermint	30g	6	0-32917-10201-0	O	K

ORGANIC RELAXATION TEAS

8427	Nighty night ~ valerian	30g	6	0-32917-10193-8	O	K
8456	Nighty night	35g	6	0-32917-10168-6	O	K



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	8449	Cup of calm	30g	6	0-32917-10163-1	O K
	8429	Stress soother ~ cinnamon	30g	6	0-32917-10208-9	O K
	8437	Tulsi with ginger	40g	6	0-32917-10209-6	O K
		ORGANIC DIGESTIVE TEAS				
	8431	Ginger aid	40g	6	0-32917-10165-5	O K
NEW NAME	8457	Belly comfort ~ peppermint	35g	6	0-32917-10164-8	O K
		ORGANIC WOMEN'S TEAS				
	8434	Mother's milk	35g	6	0-32917-10196-9	O K
	8452	Weightless ~ dandelion hibiscus	30g	6	0-32917-10166-2	O K
		ORGANIC DETOX TEAS				
	8428	Everyday detox ~ dandelion	30g	6	0-32917-10197-6	O K
	8447	Everyday detox ~ lemon	30g	6	0-32917-10187-7	O K

TUNAH

SIMULATED VEGAN PLANT BASED TUNA

9492	Tunah in oil	150g	12	8-51335-00045-2
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UDI'S

GLUTEN FREE LOAF

	7428	Classic french dinner rolls	210g	8	6-98997-80744-5	G	K
	7430	White sandwich loaf	340g	8	6-98997-80910-4	G	K
	7432	Cinnamon raisin loaf	340g	8	6-98997-80925-8	G	K
	7433	Millet-chia loaf	406g	8	6-98997-80994-4	G	K
	7434	Omega-3 flax & fiber loaf	406g	8	6-98997-80996-8	G	K
	7435	Delicious multigrain sandwich loaf	340g	8	6-98997-82915-7	G	K

GLUTEN FREE BUNS

	7442	Classic hamburger buns	296g	8	6-98997-80913-5	G	K
	7443	Whole grain hamburger buns	308g	8	6-98997-80984-5	G	K
	7444	Classic hot dog buns	408g	6	6-98997-80932-6	G	K

GLUTEN FREE BAGELS

	7447	Plain bagel	396g	8	6-98997-80954-8	G	K
	7449	Cinnamon raisin bagel	397g	8	6-98997-80957-9	G	K

GLUTEN FREE PIZZA CRUSTS

	7457	Pizza 9" crust	224g	8	6-98997-80917-3	G	K
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GLUTEN FREE PIZZA

	7458	Three cheese pizza	284g	6	6-98997-80624-0	G	K
	7459	Margherita pizza	284g	6	6-98997-80625-7	G	K

URBANI

APPETIZERS ~ ARANCINI RISOTTO BALLS

	9480	Mozzarella	280g	8	8-51335-00030-8
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	9481	Italian ~ Italian sausage & mozzarella	280g	8	8-51335-00031-5	
	9482	Marinara ~ tomato sauce, peas & mozzarella	280g	8	8-51335-00033-9	
	9483	Porcini ~ wild mushroom & cream cheese	280g	8	8-51335-00034-6	

VEGETARIAN GOURMET

ARTISAN VEGAN BURGERS

	9430	Quinoa & chickpea	4x100g	12	6-27843-51737-5	G
	9431	Mexican spicy 3-bean	4x100g	12	6-27843-51739-9	G
	9432	Lentil & walnut	4x100g	12	6-27843-51741-2	G
	9433	Sweet potato & black bean	4x100g	12	6-27843-51743-6	G
	9434	Eggplant & tahini	4x100g	12	6-28110-15008-0	G

VORTEX 9.5 PH

GLACIAL ALKALINE WATER

4180	Vortex 9.5	500mL	24	6-61431-10050-1	K
4182	Vortex 9.5	1.5L	12	6-61431-10150-8	K
4183	Vortex 9.5	4L	4	6-61431-10150-8	K

	VORTEX GLACIAL ALKALINE WATER	10 CS - 10% / 25 CS - 15%
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WESCANA FOODS

ORGANIC GLUTEN FREE OATS

NEW	4430	Steel cut oats	1Kg	6	8-84063-20001-6	G O K
NEW	4431	Rolled oats	1Kg	6	8-84063-20002-3	G O K
NEW	4432	Quick oats	1Kg	6	8-84063-20003-0	G O K

WESTERN RICE MILLS

ORGANIC RICE

5255	Long grain brown rice	907g	6	0-61052-50630-8	G O K
5256	Short grain brown rice	907g	6	0-61052-50629-2	G O K
5257	Brown jasmine rice	907g	6	0-61052-40719-3	G O K
5258	White jasmine rice	907g	6	0-61052-40720-9	G O K

WHOLE SOME SWEETENERS

SUGAR

PRICE ↓	8964	Organic sucanat	907g	6	0-12511-30500-0	O K
PRICE ↓	8965	Fair trade organic turbinado raw cane sugar	680g	6	0-12511-44471-6	O K
PRICE ↓	8962	Fair trade raw cane sugar	680g	6	0-12511-47071-5	K
PRICE ↓	8966	Organic icing sugar	454g	6	0-12511-32004-1	O K
PRICE ↓	8970	Organic light brown sugar	680g	6	0-12511-44641-3	O K
PRICE ↓	8971	Organic dark brown sugar	680g	6	0-12511-44652-9	O K
PRICE ↓	8968	Organic golden sugar	454g	6	0-12511-47031-9	O K



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PRICE ↓	8969	Organic golden sugar ORGANIC COCONUT PALM SUGAR	907g	6	0-12511-40600-4	O K
PRICE ↓	8976	Coconut palm sugar ORGANIC BLACKSTRAP MOLASSES	454g	6	0-12511-97106-9	O K
PRICE ↓	8960	Blackstrap molasses unsulphured	662g	12	0-12511-60000-6	O K
PRICE ↓	8961	Blackstrap molasses unsulphured ZERO CALORIE SWEETENERS	1.13kg	6	0-12511-70000-3	O K
PRICE ↓	8987	Organic stevia - 35 packets	35x1g	6	0-12511-97635-4	O K
PRICE ↓	8988	Organic stevia - 75 packets ORGANIC AGAVE	75x1g	6	0-12511-97675-0	O K
PRICE ↓	8972	Organic blue agave	240mL	6	0-12511-47121-7	O K
PRICE ↓	8973	Organic blue agave	480mL	6	0-12511-47231-3	O K
PRICE ↓	8980	Organic blue agave	900mL	6	0-12511-47441-6	O K
PRICE ↓	8974	Organic blue agave ~ raw	240mL	6	0-12511-47312-9	O K
PRICE ↓	8975	Organic blue agave ~ raw	480mL	6	0-12511-47323-5	O K
PRICE ↓	8981	Organic blue agave ~ raw	900mL	6	0-12511-47644-1	O K

THE WIZARD'S

SAUCES

PRICE ↓	9815	Original hot stuff spicy sauce	147mL	12	0-11206-00405-1	
PRICE ↓	9816	Worcestershire sauce	147mL	12	0-11206-00408-2	
PRICE ↓	9820	Vegetarian worcestershire sauce	295mL	12	0-11206-00418-1	
PRICE ↓	9813	Organic wheat free vegan worcestershire	251mL	12	0-11206-00419-8	G O

 **THE WIZARD'S SAUCES** **15 CS - 20%**

YOGI TEA

FUNCTIONAL TEA

PRICE ↓	9855	Restful sleep	32g	6	0-76950-20348-8	K
PRICE ↓	9856	Calming tea	29g	6	0-76950-20347-1	K
PRICE ↓	9859	Lemon DeTox	29g	6	0-76950-20346-4	K

ORGANIC HERBAL TEA

PRICE ↓	9853	Lemon ginger	36g	6	0-76950-65017-6	O K
PRICE ↓	9854	Ginger tea	32g	6	0-76950-65011-4	O K

ORGANIC GREEN TEA

PRICE ↓	9852	Kombucha	32g	6	0-76950-65021-3	O K
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ORGANIC HERBAL SPICE TEA

PRICE ↓	9860	Egyptian licorice	36g	6	0-76950-61516-8	O K
PRICE ↓	9883	Chai rooibos	36g	6	0-76950-61533-5	O K

 and is experiencing manufacturing problem due to this transition.
Multiple skus will be temporarily unavailable until further notice.



MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	UPC #	CODE
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Expected return: Summer 2021

YORKSHIRE VALLEY FARMS

ORGANIC BREADED CHICKEN

	8770	Chicken fillets	480g	12	7-32352-13586-3	O
	8771	Chicken bites	454g	12	7-32352-78065-0	O

ORGANIC MEATBALLS

	8775	Chicken	400g	9	8-40294-08017-9	O
	8776	Turkey	400g	9	8-40294-080018-6	O

ORGANIC POT PIE

	8773	Turkey tourtiere	700g	6	8-40294-08022-3	O
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YUM

NUT BUTTER

4311	Regular peanut butter - smooth	500g	12	0-56664-01311-5	K
4312	Regular peanut butter - crunchy	500g	12	0-56664-01322-1	K
4342	Organic peanut butter - smooth	500g	12	0-56664-81311-1	O K
4341	Organic peanut butter - crunchy	500g	12	0-56664-81322-7	O K
4331	Smooth almond butter	500g	12	0-56664-03107-2	K