

PROGRAMME AGENDA

8am - 9am Arrival of participants
9am - 930am Ice-breaker & Hand Exercise

930am - 1030am Drum Circle Playshop PT1

1030am - 11am Tea-Break

Group Assignment

11am - 12pm Drum Circle Playshop PT2

12pm - 1230pm Reach Orchestra Level

Jam Session

1230pm - 130pm Lunch

130pm - 300pm Top 3 Lessons by Teams

300pm - 330pm Tea-break

330pm - 430pm Team Presentations

430pm - 500pm Wrap Up & Group Photo





PROMOTE WELLNESS & STRESS MANAGEMENT

REINFORCE A "CAN-DO" ATTITUDE

PROMOTE "SERVANT LEADERSHIP" - PUTTING PEOPLE FIRST PROMOTE THE NEED TO EMBRACE CHANGE & TRANSFORM

POWERFUL ENERGISER & MIND-BODY-SOUL RENEWAL

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