# SPRING 2024

# ILR CLASS CATALOG

Institute for Learning in Retirement Institute f

I INSTITUTE FOR

L LEARNING IN

R RETIREMENT

#### **Table of Contents**

ILR MEMBERSHIP AND PRACTICAL THINGS	1
QUICK GUIDE OF CLASSES/TRIPS/TOURS	3
CLASSES	5
TRIPS/TOURS	12
ILR PARTNER'S EVENTS	15
INSTRUCTORS' BIOGRAPHY	16

#### ILR MEMBERSHIP AND PRACTICAL THINGS

#### **CONTACT INFORMATION**

Fowler Building, 165 Elm Street, Slippery Rock, PA 16057

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#### **OFFICE HOURS**

Monday: 11:00 – 2:00 Tuesday: 11:00 – 2:00 Wednesday: 11:00 – 2:00

Office Hours between semesters may change.

#### ILR POLICES

# **WEATHER EVENTS**

For Weather alerts, ILR follows the <u>Slippery Rock School District</u> news. You can find this kind of information on local TV channels, or online at <a href="https://srea.psealocals.org/DelaysClosings.aspx">https://srea.psealocals.org/DelaysClosings.aspx</a>

# **PUBLIC HEALTH POLICIES**

ILR follows the <u>Slippery Rock University</u> guidelines for students for 2023-2024 academic year. Guidelines can change. For up to date information see: <a href="https://www.sru.edu/offices/student-health-services">https://www.sru.edu/offices/student-health-services</a>

# ILR LIABILITY WAIVER

By registering for any in-person classes or trips, you are agreeing to the ILR Liability Waiver as posted on our website.

# **CARPOOLING**

Carpooling is encouraged but must be self-selected and organized by the participants or facilitators, independently of the ILR. The individual is responsible for their choice of drivers and excludes the ILR association from the arrangement of carpool by participants/facilitators and resulting liability

# ETHICAL STATEMENT issued by the ILR Board of Directors, April 2023

"Please avoid language and actions that could be offensive to others, especially those related to race, color, gender, nationality, and/or ethnic origin in the administration or educational programs."

#### **ENROLLMENT SPRING 2024**

MEMBERSHIP LEVELS	<b>*</b> /	BENEFITS			
MEMBERSHIP LEVELS	\$/person	Donation	Class/Trip	Online Class	Recordings
Sustaining Member	100	\$30 included	Unlimited		Unlimited
Regular Member	70		12	Unlimited	Unlimited
Extraordinary Member*	0		12	Unlimited	Unlimited
Zoom Member	50		0	Unlimited	Unlimited
Basic Member	25		A combination of 3 events (Except a Long Class)		Enrolled classes
Long Class** (5 or more sessions class)	25		One class		Enrolled classes
Single Class (1-4 sessions class)	15		One class		Enrolled classes

<sup>\*</sup>Learners aged 90 and older have to say the date of birth to get the associated benefits.

#### **MEMBERSHIP GIFT CERTIFICATES**

Interested? Contact the Financial Secretary, Sharon Isacco at <a href="mailto:ILRFinSec@ilretirement.org">ILRFinSec@ilretirement.org</a>.

#### REGISTRATION and ENROLLMENT

Registration for Spring starts on February 16 for everyone. For popular classes the enrollment criteria are the membership level and the date of becoming a member (upon payment of membership dues): sustaining members are first in line, first come first served.

To complete the Online Registration Form use this link: https://forms.gle/TJtQF173LSn6UqV38

**Print Registration Forms** are available at the ILR office and can be downloaded from the website. Complete it and send it either as an attachment to an email, or by postal mail to the ILR office.

#### CHANGES to the enrollment process and membership payment!

(1) On the registration form, select: the membership level and the number of classes/trips you want; please answer ALL the questions. (2) After you complete the form, pay the membership dues. **Do not wait for an invoice!**(3) After receiving your payment, you will be enrolled in classes, and ILR will send you a confirmation with the list of classes, your ILR account balance, and the membership card for the current term. (4) If you signed up for classes with fees (such as Opera) - the deadline for paying the fees is three weeks before the class/trip date. You may pay the class fees at the same time as the membership dues.

**NOTE**: Wear the current term membership card at all classes.

NOTE: Trips and classes might have limited enrollment, or tight deadlines. REGISTER EARLY!

# SIGN UP, SHOW UP

Members are expected to show up in classes they sign up for. The instructors and facilitators work hard preparing the classes/trips/tours and volunteer their expertise and time to you. Attendance is important to our ability to recruit instructors and an important indicator of the ILR performance. **See you in class soon!** 

<sup>\*\*</sup>Long Classes (5 or more sessions classes) are designated in the catalog.

# QUICK GUIDE OF CLASSES/TRIPS/TOURS

#### **CLASSES**

[in-person classes are held at Fowler Building (F); online classes are on Zoom (Z)]

Acupressure and reflexology hand massage. Green, C.

Andersonville Prison. Carnes, J.

Answering your Questions about How Things Work. Leo, D.

Art - Watercolor, Graphite. Simon, W.

Australia's Lewis and Clark (F&Z). Leise, J.

Bible Study - Wisdom Scriptures of the Bible. Call, V.

Birding - The Uncommon Lives of Common Birds. Kwasnick, D.

The Black Hand: A History. Jones, J.

Book Club. Bell, D. & Stevenson, S.

Book Discussion: The Promise - A Story of Love. Roberts, M.

Constitution. The Fourteenth Amendment. Incorporation and Substantive Due Process (F&Z). Kochems, R.

Cycling - Senior Cycling. Gropp, B. & Thornhill, R.

Disney World Discussion (F&Z). Leise, J.

Drumming for Everyone. Leise, J.

Estates and Wills in Pennsylvania. Golden, J.

Exploring the Wrack Line (for Trash & Treasure). Andes, C.

Galaxies Far, Far Away (F&Z). Cicero, S.

The Gales of November (F&Z). Call, T.

Games: Are You Game? Doran, D.

Great Lakes Exploration (F&Z). Call, V.

Irish Music and History. Leise, J.

Jimmy Stewart - America's Everyman (F&Z). Cicero, S.

James (Jimmy) Stewart's Wonderful Life & Movies. Doran, D.

The Joys and Challenges of Caregiving. Leo,  ${\bf R}.$ 

The Last Slave Ship - Clotilda. Scuoteguazza, E.

Lee v. Grant. Carnes, J.

Longevity and Lazy Food. Lumley, S.

Masters of the American Song, Part 2. Atteberry, P.

Medicare (F&Z). Johnstone, J.

Meditation 1,2,3. De Luca, M. & Holland, C.

Mercer - Visit Mercer County. Aiello, C.

Mister Rogers' teaching as helpful to adults. Leo, R.

Nature - Bringing Nature Inside. Patterson, L.

New Castle - An Historic Look at New Castle PA (F&Z). Shaw, P.

Origami. McMenamin, J.

Pennsylvania State Symbols. Marini, K.

Personality styles can work for you. Patterson, L.

Photography: Having Fun with Photography. Sweeny, S.

Quilt Guild. Isacco, S.

Revisiting Recycling: The State of Recycling and our Current Economy. Zona, J.

Shakespeare - Electing the best Shakespearean Monarch. Cole, R.

Solar Eclipses. Marini, K.

Stories From the Bedford Springs Hotel. May, B.

Treasures of Spain and Portugal. Fodor, R.

A Trip Out West (F&Z). Flood, K.

Venango: Visit Oil Region (Venango County). Altomare, E.

Watch Out for Hazards in Achieving Good Health. Leo, R.

Whimsical Wall Hangings. Andes, C.

Writing Your Life in Stories and Poems (Z). Terman, P.

# TRIP/TOURS

Annual Membership Picnic. McMenamin, J.

Bailey Library - SRU Archives & Special Collections. Dickensheets, S. & Silva, J.

Bike Ride. Thornhill, R.

Blackwood - A Tour of Blackwood Estate. Johnson, A.

Ceramics: Painting Ceramics with a bunch of fun people. De Luca, M.

Eagle Tour by Pontoon at Pymatuning State Park. McGary, J.

Foltz Schoolhouse and Local One Room Schoolhouses. Miller-Parrish, B.

Glass Blowing Center Demonstration. Bell, D.

Hike: Swamp Run Hike at Pleasant Valley. Thornhill, R.

Jimmy - "It's a Wonderful Trip" to the Jimmy Stewart Museum. Doran, D. & Cicero, S.

Lunch Out. O'Malley, T & Anna, H.

Nature in Spring -Wildflower Walk. Simon, N.

Niagara Falls, USA. McMenamin, J.

Opera - The Passion of Mary Cardwell Dawson. Doran, D.

Opera - La Traviata. Doran, D.

Saxonburg Museum Guided Tour & Lunch at Hotel Saxonburg. Caesar, F. De Lucca, M.

Succop Nature Park Walk. De Luca, M.

Wine & Lunch. Flood, K & O'Malley, T.

Wildflower Identification Walk at Wolf Creek Narrows Natural Area. Smith, K.

#### CLASSES • MARCH 11 TO MAY 24 •

# Acupressure and reflexology hand massage. Curtis Green

Experience the pressure points in the hands that encourage health and relaxation throughout the entire body. Learn the principles and then apply them to yourself or a classmate. Bring a hand towel and non allergenic massage oil or lotion.

Thu. April 4, 12:00-2:00 PM In-person

#### Andersonville Prison. James Carnes & Gail Blakeley

Camp Sumter adjacent to Andersonville, Georgia was a Confederate prisoner-of-war camp during the final fourteen months of the American Civil War. The prison was overcrowded to four times its capacity. The harsh conditions that the Union soldiers endured will be discussed in detail. The chief causes of death included scurvy, diarrhea, and dysentery. The Great, Great Grandfather of James Carnes had been held prisoner there for less than a year when he died from neglect.

Tue. May 7 12:00-1:30 PM In-person

#### Answering your Questions about How Things Work. Dick Leo

Following a presentation in the last term of ILR, I received an email from an attendee who stated that two questions that should be answered in an ILR class are: "How do planes fly? Why don't ships sink?" Recently someone said: "If Niagara Falls is important in producing electricity, how does it get to my desk lamp?" Those registering who want to submit a question, should email Richard Leo (rleo@zoominternet.net). There will be discussion and drawings presented in class to illustrate the various topics.

**Tue. May 14**, 2:00-4:00 PM In-person

Enrollment: Minimum 10

#### Art - Watercolor & Graphite. Bill Simon

From acrylics to watercolor to pencil, the format is for each individual's wants. Bill approaches each individual at their level. New to drawing? Welcome! If you have your own art mediums, please bring. Always extra in class on hand.

Wed. March 13 thru May 22 10:00 AM -1:00 PM In-person

11-SESSION CLASS

# Australia's Lewis and Clark. Janet Leise

In 1860 Robert O'Hara Burke and William Wills headed an expedition to explore and map the Australian Continent from South to North. It was an epic journey full of twists, turns, triumphs, and tragedies. Tue. May 7, 2:00-3:30 PM In-person Tue. April 30, 7:00-8:30 PM

Online – Zoom

#### Bible Study - Wisdom Scriptures of the Bible. Verna Call

Have you ever considered how the Bible has influenced your understanding of learning and existence? Come join a Bible Study discussion that will examine selected wisdom readings from four key books in the Bible. The first class will be on Proverbs and the pursuit of knowledge. The second class will be on Job and searching for God's presence. The third class will be on Psalms and prayers for insight and assurance. The fourth class will be on Ecclesiastes and seeking the meaning of life.

Tue. March 19, April 9, 30, May 21, 2:00-3:00 PM In-person

#### Birding - The Uncommon Lives of Common Birds. Dave Kwasnick

From Pigeons that see the earth's magnetic field to Hummingbirds that hibernate to save energy on frigid nights, there's so much more to understanding the birds we think we know so well!

**Thu. March 28**, 2:00-3:00 PM **In-person** 

# The Black Hand: A History. Jamie Jones

This class will explore the history of the Black Hand in the United States, granting an overview of the organization and its crimes. There will also be discussion and focus on the prevalence of the Black Hand in Western Pennsylvania, especially regarding the Hillsville chapter located in Lawrence County and the surrounding area.

**Thu. April 25**, 01:00-3:00 PM In-person

# Book Club. Debbie Bell & Sandy Stevenson

Love to read? Here's your chance to discuss a wide variety of books with other bibliophiles. We read fiction, non-fiction, memoirs, biographies, and histories to name a few, and YOU get to choose the selections for the following semester! Spring Semester selections include: March: Before we were yours by Lisa Wingate; April: Where the forest meets the stars by Glendy Vanderah; May: The London Seance Society by Sarah Penner.

Tue. March 12, April 9, May 14 12:00-1:30 PM In-person

# Book Discussion: The Promise - A Story of Love. Michele Roberts

The presenter had a successful career as an attorney when her (my) family received the devastating news that her (my) father had only days to life. As he lay dying at his beloved home, overwhelming grief and love for my father prompted me to make a staggering, life-altering promise: I would leave my comfortable city life and assume a foreign and frightening role as caretaker of his farm. Designer suits and packed courtrooms were replaced with rubber boots, raucous octogenarians and a 2,300 pound bull. *The promise* is one woman's extraordinary - and true - spiritual journey through fear and grief while discovering humor and grace along the way. Reading the book is a basis for sharing experiences.

Mon. April 29 2:00-3:30 PM

In-person

# Constitution. The Fourteenth Amendment - Incorporation and Substantive Due Process. Robert Kochems

The class will examine the Fourteenth Amendment to the U.S. Constitution and its use to incorporate the first 9 amendments into the Constitution. The role "substantive due process" plays in the Constitution as a result of the Amendments' incorporations.

Wed. May 8, 15, 22 12:00-2:00 PM In-person 9:30-11:30 AM Online – Zoom

**Enrollment: Minimum 5** 

#### Cycling - Senior Cycling. Bob Gropp & Rich Thornhill

Many seniors are returning to cycling with more free time in retirement and the availability of ebikes. But like the majority of cyclists, they don't know the basics of cycling safety, courtesy, laws, and essential equipment. This course covers those topics. Course is senior focused, but any cyclists are welcome. Group ride at Moraine State Park bike trail as a concluding activity. Mon. March 18 12:00-1:30 PM In-person

# Disney World Discussion. Janet Leise

A light discussion about the Happiest Place on Earth, Disney World in Florida. Let's talk about our experiences over the years of visiting the Magic Kingdom, EPCOT, Hollywood Studios, and Animal Kingdom. Whether it's been one year or thirty, come share your adventures. Dreaming about a future trip? This would be a great class for you, too!

Mon. April 8, 12:00 - 1:30 PM In-person

Mon. March 18, 7:00-8:30 PM Online – Zoom

**Enrollment: Minimum 3** 

# Drumming for Everyone. Janet Leise

Let's explore rhythm and making music together in a safe, healthy, and fun group. No previous musical experience or musical talent is needed. Percussion instruments and hand drums will be provided, although you can bring your own. Each drum circle will include beginner instructions and will be appropriate for returning participants as well.

Mon. May 6, 13, 20 2:00-4:00 PM In-person

**Enrollment: Minimum 3** 

#### Estates and Wills in Pennsylvania. John Golden

This course provides an exploration of Wills and estate planning within the legal framework of Pennsylvania. Attendees will gain an understanding of the laws governing probate and non-probate assets, life insurance, the creation and execution of wills, administration of estates, inheritance tax, revocable trusts, as well as the broader legal aspects of estate planning.

Mon. April 15, 22 2:00-3:00 PM In-person

**Enrollment: Minimum 6** 

**Enrollment: Minimum 5** 

#### Exploring the Wrack Line (for Trash & Treasure). Cynthia Andes

This class will introduce others to creative ways to recycle both trash and treasure found during walks on the beach. The presenter has been the judge of the annual "Wrack Line Sculpture Contest" since its inception ten years ago at the annual "Sea Glass Festival" on Long Beach Island, New Jersey where she grew up. Come see all the possibilities for not only cleaning up ocean debris, but also designing some unique creations to make/share with family and friends. Instructor will bring materials.

Tue. April 23 12:00-1:30 PM In-person

Galaxies Far, Far Away. Steve Cicero

Trekkies, Jedi Knights, and Mutant Superheroes. Today, movie theaters are full of such characters. The box office success of these films is proof that human beings cannot get enough of stories about aliens and other worlds far beyond our own. How long ago did we first look up at the night sky and dream of travel to these far off stars? Join us on a journey that began a very long time ago.

Mon. March 18, 2:00-3:30 PM In-person Wed. March 20, 7:00-8:30 PM

Online – Zoom

#### The Gales of November. Tom Call

The "Gales of November" is not just a lyric from a famous song by Gordon Lightfoot. It is a real meteorological phenomenon known as the "November witch." There have been thousands of shipwreck disasters on the Great Lakes, and the vast majority of them have occurred in the late fall. Join us as we look at why this happens. We will also look at America's deadliest maritime disaster, the 4-day "White Hurricane" of 1913. To complete the story, we will examine the sinking of the Edmund Fitzgerald in 1975.

Tue. March 12 2:00-4:00 PM In-person 9:30-11:00 AM Online – Zoom

5-SESSION CLASS

#### Games: Are You Game? Dale Doran & Jessie McMenamin

Games: Are you game? Then this class is for you. Come and have fun as a variety of games will be presented for your entertainment - board, card, dice, domino, tile. Learn about new games and revisit old favorites. You won't be 'board'! Games will be provided.

**Mon. April 22 thru May 20** 12:00-2:00 PM

In-person

**Enrollment: Minimum 4** 

# Great Lakes Exploration. Verna Call

Come and enjoy a spectacular photo exploration of our Great Lakes from Toronto, Canada to Duluth, Minnesota. Our new expedition ship is full of aquatic toys--Kayaks, Zodiacs, and Special Operation Boats--for close-up shots of the scenery and nature. Highlights include stops in Niagara Falls, Cleveland, Detroit, Alpena (Green Bay), Algoma, Mackinac Island, Parry Sound, Killarney, Soo Locks, Silver Islet, Thunder Bay, and Duluth. The region is full of lighthouses, rock formations, and surprises.

Tue. March 26, April 2 2:00-4:00 PM

In-person
9:30-11:30 AM
Online – Zoom

#### Irish Music and History. Janet Leise

Irish music isn't just for St. Patrick's Day! This class will be part-history of individual Irish songs and part-sing-a-long Enrollment is open to singers and non-singers alike.

Mon. March 11, 2:00-3:30 PM In-person

#### Jimmy Stewart - America's Everyman. Steve Cicero & Dale Doran

James Maitland Stewart was an unlikely leading man at the start of his career. Over the course of several decades, Jimmy became one of the most popular and beloved stars in Hollywood history. Less well known is his role as a bomber pilot and wing commander in World War II. Come learn the true story of this entertainment legend and genuine real-life hero.

Wed. March 20, 12:30-2:00 PM

In-person

Mon. March 11, 7:00-8:30 PM Online – Zoom

#### James (Jimmy) Stewart's Wonderful Life & Movies. Dale Doran & Steve Cicero

8-SESSION CLASS

This class about the life and movies of actor James Stewart will be team taught by the presentor and facilitator listed. Each week a movie will be shown moving through the decades of Stewart's career. The first movie will be from the 1930's. A discussion will follow each movie. Background biographical information will be given during the first class with additional contributions given as the course progresses. This course will culminate with a field trip on Friday, May 10, 2024 to the Jimmy Stewart Museum in Indiana, PA. Information on this field trip is included in the trip section of this catalog. Attendees of this class will be given first priority to the field trip.

Wed. March 13 thru May 8 1:45-4:00 PM

In-person

Enrollment: Minimum 5, Maximum 40

# The Joys and Challenges of Caregiving. Ruth Leo

The Joys and Challenges of Caregiving will address just that. Through first-person accounts, we will learn the skills one may need to help a loved one through a difficult time in life. We will learn of helpful resources such as Home Health Care, Angels and Hospice.

Thu. April 23 2:00-4:00 PM

In-person

**Enrollment: Minimum 8** 

#### The Last Slave Ship - Clotilda. Eric Scuoteguazza

Learn about the investigation of the Last Slave Ship Clotilda in the Mobile River north of the Mobile Bay delta. Clotilda brought 109 captives from the west coast of Africa in 1860, and is the last known slave ship to illegally bring captives from Africa. Together with the Clotilda's descendants in the community of Africatown, Alabama, the National Geographic, Smithsonian's Museum of African American History, Culture's Slave Wrecks Project, and the Alabama Historical Commission, SEARCH had the honor of restoring truth and telling an important story in African American history.

Mon. March 11 12:00-2:00 PM

In-person

# Lee v. Grant. James Carnes & Gail Blakeley

The military abilities of the North and the South will be compared and the strengths and weaknesses of each side will be described. Also, how each side regarded their military leaders will be taken into account.

Tue. March 19, 12:00-1:30 PM In-person

#### Longevity and Lazy Food. Susan Lumley

The focus of this class is defining ways to make the most of the fourth quarter of our lives. Food will be discussed in addition to other key lifestyle components to live best we can for as long as we can. Pillars of health will be discussed. It is never too late to start a healthier life style.

Tue. May 21 12:00-1:30 PM In-person

# Masters of the American Song, Part 2. Phil Atteberry

20th century American culture is reflected in its popular songs. This course is an extension of last fall's course, "Masters of the American Song, Part 1." Using a mixture of film clips, discussion and lecture, we will explore four additional important composers of 20th century American popular music - Richard Rodgers, Harry Warren, Harold Arlen and Jule Styne.

Wed. April 3, 10, 17, 24 12:00-1:30 PM

In-person

#### Medicare. Jeffrey Johnstone

Explanation of Medicare and then the differences between Medicare Advantage and Medigap plans.

Thu. April 4

2:00-4:00 PM. In-person

**Enrollment: Minimum 5** 

9:30-11:30 AM. Online - Zoom

#### Meditation 1,2,3. Margaret De Luca & Carol Holland

Meditation is easy after you do it 25,000 times! In this class I hope to present to you 3 ways to meditate, 3 tips to help you succeed, and 3 reasons why humans should and can meditate daily.

**Thu. May 9, 16** 10:00 -11:00 AM

In-person

# Mercer - Visit Mercer County. Carmen Aiello & Steve Cicero

Mercer County is known for shopping at Grove City Premium Outlets, The Winner, Daffin's, Kraynak's, and many other interesting stores. Other unique attractions include Wendell August Forge, Keystone Safari, and the Avenue of 444 Flags and War on Terror Veterans Memorial. Outdoor enthusiasts will find kayaking, canoeing, skydiving, fishing, golfing, and hiking/biking trails. Recreational activities can be found at Maurice K. Goddard and Pymatuning State Parks. After attending this class and hearing more details, we hope you will visit us very soon.

Mon. April 1 12:30-1:30 PM

In-person

# Mister Rogers' teaching as helpful to adults. Ruth Leo

We will explore the teachings of Fred Rogers from his television programs for young children. We will discuss how Mr. Rogers' lessons such as valuing the contributions of each person helped me in my interactions as a parent, pediatric nurse practitioner and nurse educator. We will view the film: "A Beautiful Day in the Neighborhood" depicting the true story of the relationship of Mister Rogers and journalist Tim Junod. (Mr. Rogers is played by Tom Hanks and Matthew Rhys plays Mr. Junod.) Discussion of what we learned will follow the film. Popcorn will be served during the film.

Mon. April 1 1:30-4:00 PM

In-person

#### Nature - Bringing Nature Inside. Laurel Patterson

Studies have shown that spending time in nature provides physical and mental benefits to us. Some of these benefits are extended to our indoor environments when we bring the outdoors into our homes and offices. This one-hour presentation will touch on the benefits of houseplants, including indoor air quality, nature photos and landscapes, and other common natural objects, plus sounds or scents. And, once we have these things inside, how we can add mindfulness or gratitude for increased value.

**Mon. April 22** 3:00-4:00 PM

In-person

#### New Castle - An Historic Look at New Castle, PA. Polly Shaw

Lawrence County, PA was created on April 5, 1849 with New Castle as the County Seat. President Zachary Taylor arrived via the state canal system on his 1849 visit to New Castle. In 1893, Antonio Zambelli established the Zambelli Fireworks Manufacturing Company, now a leader in America's fireworks industry. The early 1900's brought the creation of Cascade Park with its many amusements. Warner Brothers opened their first theater in 1907. The Interurban Railway (The Harmony Route) provided easy access to Butler and Pittsburgh between 1908-1931. Bob Hope, Perry Como, and Evangelist Billy Sunday made appearances in New Castle. Shenango China was used in the White House.

**Thu. April 11**, 10:00-11:30 AM **In-person** 

Mon. April 15, 9:30-11:00 AM Online – Zoom

**Enrollment: Minimum 10** 

**Enrollment: Minimum 10** 

#### Origami. Jessie McMenamin

Origami is the Japanese art of paper folding. The art of paper folding and creating three-dimensional objects from flat paper is many centuries old. Origami can be considered a craft, a hobby or even a folk art that helps to teach us patience, accuracy and concentration. You will learn the basic rules for Origami and transform flat sheets of paper into animals, flowers and other objects.

Tue. April 30 12:00-2:00 PM In-person

# Pennsylvania State Symbols. Kelcy Marini

Join the Mercer County Conservation District's Environmental Education Coordinator to get to know the flora and fauna that represent the great state of Pennsylvania. We'll take a closer look at the birds, animals, trees, flowers, fish, insects, and amphibians that are so important to the Keystone State's past, present, and future.

Thu. May 16 11:30-1:00 PM The In-person

**Enrollment: Minimum 8** 

# Personality styles can work for you. Laurel Patterson

The Platinum Rule, a book written by Tony Alessandra & Michael J. O'Connor provides a very interesting view of personality styles-how to spot them and how to interact with them. This presentation will share info from this book, and other references covering the basic information and its practical application. The Platinum Rule expounds upon four basic personal styles, showing how to adapt to the various personalities. Publishers Weekly wrote that The Platinum Rule is "help [for]those who want to increase their sensitivity to others and their power to communicate."

Tue. May 21 3:00-4:00 PM In-person

# Photography: Having Fun with Photography. Shawn Sweeny

Learn some tips and tricks you can use in your everyday photography. This is a beginner's class, but any questions you have will try to be answered. Come see how you can have fun with your camera.

Tue. April 2 12:00-1:30 PM

**Enrollment: Maximum 12** In-person

#### Quilt Guild. Sharon Isacco

Here's your chance to meet other quilters! We will share our work, learn tips and tricks and enjoy socializing. Bring your show and tell. We will share at each class so divide your show and tell into the 3 sessions. We will meet once a month.

Thu. March 14, April 11, May 9 1:00 - 4:00 PM In-person

#### Revisiting Recycling: The State of Recycling and our Current Economy. Jerry Zona & M Gahring

This session will discuss the impacts of the economic downturn on recycling and trash programs. We'll also review recycling basics and options for some hard-to-dispose items. Thu. March 28, 12:00-1:30 PM In-person

#### Shakespeare - Electing the best Shakespearean Monarch. Ruth Cole

With a background lecture in Elizabethan/Jacobean times to begin the class, the focus will shift to Shakespeare and his History plays. Then biographies of the kings that he depicted will be given including King John, Richard II, Henry IV, Henry V, Henry VI, Richard III, and Henry VIII with an emphasis upon their suitability for ruling in those times. Supplementing this will be brief references to other monarchs who ruled such as Edward IV, Edward V, Henry VII as well as the children of Henry VIII plus James I. The class will conclude with a mock election of the very best candidate!

Thu. April 18 Part I. 10:00-11:30 AM Part II. 1:30-3:00 PM In-person

# Solar Eclipses. Kelcy Marini

Join the Mercer County Conservation District's Environmental Education Coordinator to learn about solar eclipses and hopefully get the chance to see one in almost complete totality! The next eclipse won't happen for another 20 years, so don't miss it. In the meantime, cross your fingers for clear weather on April 8th and visit your local library to get a free pair of solar eclipse glasses.

Mon. April 8 2:30 - 3:30 PM In-person

#### Stories From the Bedford Springs Hotel. Bill May

I have created an engaging 45-60 minutes talk called "Stories from Bedford Springs." This MS PowerPoint presentation is a companion to my book "The Forgotten Faces of the Bedford Springs Hotel." The talk includes the stories of some my favorite "Gilded Age" guests whose portraits adorn the walls of the hotel that are included in my book. Other stories told in the presentation are the founding of hotel, the history of the buildings, the 8 springs, the 13 presidents who have visited the hotel, the plot to kidnap Pennsylvania's Civil War Governor Andrew Curtin while staying at the hotel, Davey Lewis' Cave, the interred Japanese diplomats during World War II and more!

Wed. March 27 12:00-1:00 PM In-person

**Enrollment: Minimum 25** 

#### Treasures of Spain and Portugal. Ron Fodor

In 2024 I visited Lisbon, Ronda Costa del Sol, Malaga, Rock of Gibraltar (British Colony), Granada, Alhambra, Toledo, Sintra National Palace Portugal, Seville, Cordoba, Madrid. The program would highlight these treasures including Fatima, located in Portugal.

**Tue. April 16**, 2:00-3:30 PM In-person

#### A Trip Out West. Kathy Flood

Join us on our trip to the Grand Tetons, Yellowstone, Devils Tower, Badlands and Black Hills, all in 10 days. What we saw and the history of the areas will be presented. Mon. March 25, 2:00-3:30 PM In-person Mon. April 1, 9:30-11:00 AM Online – Zoom

# Venango: Visit Oil Region (Venango County). Emily Altomare & Steve Cicero

The Oil Region Alliance of Business, Industry & Tourism manages the Oil Region National Heritage Area which includes Venango County and surrounding locations. We want all people to live, work, learn and play in "the Valley that Changed the World". Our mission is to increase the prosperity of the Oil Region through preservation, promotion, development, and education. After hearing about all the great things to see and do in our area, we hope you will visit soon Venango County - Oil Region Alliance.

Mon. March 25 12:00-1:30 PM In-person

#### Watch Out for Hazards in Achieving Good Health. Ruth Leo

Through an informal survey of my peers, I have discovered that I am not the only senior citizen to experience hazards to my good health. How did that rug grab my slipper and cause me to have a broken great toe and a severely bruised head and face? How can we adapt to our environment to prevent falls? How can we easily learn about caring for chronic conditions (ex. diabetes, hypertension, arthritis, COPD)? Let's define "good health in retirement" together.

Mon. April 15 12:00-2:00 PM In-person

**Enrollment: Minimum 8** 

#### Whimsical Wall Hangings. Cynthia Andes

This class, a "trunk show" of sorts, will introduce members to a much less intimidating form of non-traditional fiber art...often using old linens, placemats, laces and other recycled materials. Although some pieces were sewn and quilted, others were put together with an iron or a hot glue gun and some framed as more traditional art. The goal of the class is to motivate the members to use some of their "stuff" in new ways after leaving the session. Instructor will bring materials.

Tue. April 16 12:00-1:30 PM In-person

**Enrollment: Minimum 5** 

# Writing Your Life in Stories and Poems. Paul Terman

In this class, participants will share key, impactful stories from their life with a goal towards writing them as poems or memoir narratives. We will examine stories by professional writers for inspiration and guidance. Students should have notebooks and writing implements (laptops if they have them).

Tue. April 9, 16, 23, 30 9:30 - 11:00 AM Online – Zoom

#### TRIPS/TOURS • MARCH 11 - JUNE 15 •

# Annual Membership Picnic. Jessie McMenamin

Join us as we mark the end of another awesome ILR semester with our annual membership meeting. The meal will be catered by the Camelot Restaurant. The venue is the same as last year, the Slippery Rock Park Commission Building, climate controlled. It is located at 320 North Main St., Slippery Rock, PA 16057.

Sat. June 1 4:00 - 6:00 PM Slippery Rock

Members: FREE, Non-members: \$15

# Bailey Library - SRU Archives & Special Collections. Sara Dickensheets, Dr. Judy Silva, & Steve Cicero

The Slippery Rock University Archives and Special Collections collects and makes available material of enduring research value created by the University community over the course of our history. These include organizational records, photographs, memorabilia, oral histories, film and audio records of campus activities, people and events. Bailey Library's Special Collections collects, preserves, and makes available library material requiring special handling. Rarity, age, historical value, monetary value, condition, unusual format and local significance are some of the factors considered in the evaluation of materials for this collection. This tour will showcase the vast resources and artifacts available in the Archives and Special Collections as well as give an insight into archiving techniques and preservation methods.

Fri. March 29 2:00 - 3:30 PM SRU, Bailey Library

Enrollment: Minimum 5, Maximum 20

#### Bike Ride. Rich Thornhill

The Bike Ride for the spring session will be Conotton Bike Trail in Scio, Ohio. We will start at 11 am on Friday June 7. It has 5 beautiful covered bridges on 11 mile the length of the trail. We will start at the midpoint at 203 Eastport St. Scio Ohio, a good GPS and phone address to get you there. It is a 90 minute drive from my house in Portersville Pa. It is one of the prettiest Bike Trails that I have been on. I will have my cell phone on 412-629-1125. If there is any interest in carpooling let me know. Email me at rich1946.rt@gmail.com. There is a nice restaurant in the local town, if anyone wants to join me.

Fri. June 14 10:00 AM-2:00 PM Scio, Ohio

# Blackwood - A Tour of Blackwood Estate. Andy Johnson & Ben Robertson

Blackwood Estate is a well-groomed estate with sidewalks, a pump house, a clock tower, rare pieces of art, beautiful chandeliers, and two rare and unique pipe organs. The owners, Ben and Don, designed and built this estate and are expert tour guides. As art patrons they offer an annual musical scholarship and host cultural events. This is a walking tour so please wear comfortable shoes. Light refreshments will be provided after the tour. The fee includes a refreshment buffet.

We'll meet at the ILR parking lot at 165 Elm Street, Slippery Rock.

Thu. May 23 9:20 AM-1:00 PM Harrisville, off Rt. 8

Fee: \$25 will be paid at the Blackwood Estate. Enrollment: Maximum 12

#### Ceramics. Painting Ceramics with a bunch of fun people. Margaret De Luca

Thousands of ceramics ready to paint for your enjoyment. Each ceramic is priced and is not included here Ceramics are all priced separately. Meeting Point: Butler/Steele's Ceramic Studio at 1631 N. Main St Ext. Butler. For carpooling: ILR Parking Lot at 165 Elm Street, Slippery Rock.

Fri. May 17 11:00 AM - 1:00 PM Butler

# Eagle Tour by Pontoon at Pymatuning State Park. Jared McGary

Join Jared McGary the park environmental educator for a unique experience of observing eagle nests on the lake by pontoon boat. There will be 3 rides. Each ride can host 6 participants. If bad weather occurs, we will meet at 10:00 at the Park Office for an eagle nest tour of the park by vehicle. We will be leaving from the Linesville Marina for the boat tours. Linesville Marina. 3293 W Erie Street Ext, Linesville, PA 16424.

Thu. May 2
Tour I 10:00 - 11:30 AM
Tour II 12:00 - 1:30 AM
Tour III 2:00 - 3:30 AM
Pymatuning State Park

Enrollment: Minimum 4, Maximum 6

#### Foltz Schoolhouse and Local One Room Schoolhouses, Brandi Miller-Parrish

An indoor presentation held at Foltz School that will cover the history of the school and the restoration process. The Friends' Group 3MJC took to completely restore the building. Meeting Point: The Foltz Schoolhouse, Slippery Rock, PA. The parking lot is gravel. There is one designated handicap parking space on concrete. There is an accessible composting toilet outside of the schoolhouse. The bathroom is located on the other side of the parking lot.

Thu. March 21
10:00 AM - 12:00 PM
Jennings Environmental
Education Center

Fri. April 19

1:00 - 2:00 PM

Hilliards, PA 16040

Enrollment: Minimum 10, Maximum 25

#### Glass Blowing Center Demonstration. Debbie Bell

Join us for a group demonstration at a local glass blowing center. The craftsman, Tom Doner, has been working with glass for close to 30 years, and one of his favorite things is to share the craft with others. Address: 114 Leonard Road, Hilliards, PA-16040.

Lot.
Enrollment: Minimum 10, Maximum 35

For carpooling: we will meet at 12:20 at the ILR Parking Lot.

# Hike: Swamp Run Hike at Pleasant Valley. Rich Thornhill

Spring Hike about 2 miles. We will do a loop. Bring water and a good pair of shoes Meeting Point: Moraine State Park South Shore, at Pleasant Valley Parking Area

**Enrollment: Maximum 30** 

Fri. June 7, 1:00 - 3:00 PM Moraine Park

Fri. May 10

8:30 AM - 4:00 PM

Indiana, PA

# Jimmy - "It's a Wonderful Trip" to the Jimmy Stewart Museum. Dale Doran & Steve Cicero

Jimmy Stewart's legacy is alive and well in Indiana, PA and worth the visit to his quaint home town. The museum highlights the successful Hollywood career of Mr. Stewart in movies, TV, theater, radio, and his life as a WWII military hero, civic leader, and family man. There are 3 large galleries, two rotating exhibit hallways, a vintage 50-seat theatre, and a gift shop. Showcased inside are vintage movie posters, pictures, movie costumes, props, military uniforms, awards, personal items, memorabilia, & so much more! Students enrolled in Jimmy Stewart classes have priority on trip.

Fee: \$12.00/adults, \$11.00/seniors & military personnel

Lunch also needs to be taken into consideration. Also, if a bus is used there will be a cost for that service. If one car pools they should be prepared to help with the driver's expenses.

Enrollment: Minimum 5, Maximum 50

# Lunch Out. Teresa O'Malley & Henry Anna

We will meet at various restaurants for lunch. You will pay for your own lunch. You will be contacted by e-mail.

The lunch cost is on participants. Carpooling is available.

Thu. March 21, 28, April 18, 25, May 16, 23, June 6 11:30 AM - 1:30 PM Various Places

#### Nature in Spring - Wildflower Walk. Natalie Simon

Experience the beauty of McConnells Mill with a walk in the lovely Hell's Hollow valley. Despite the name, it is one of the most charming places to experience the wildflowers in the park. We will enjoy the spring wildflowers blooming along Hell Run during a mile stroll on an easy trail starting at the Hell's Hollow parking lot, mostly level but some rocky terrain, with an optional staircase to view the waterfall. Dress for the weather, sturdy footwear, bring your own water, snack. Allow 15 minutes to get to Hells Hollow if coming from the old mill through the covered bridge, this route is highlighted in yellow on our map <a href="https://elibrary.dcnr.pa.gov/GetDocument?docId=17374726">https://elibrary.dcnr.pa.gov/GetDocument?docId=17374726</a>\*DocName=MCMI\_ParkMap.pdf Meet at Hells Hollow parking lot, 1436 Shaffer Rd, Portersville, PA 16051.

**Enrollment: Minimum 4, Maximum 25** 

Fri. April 12 10:00 - 12:00 McConnells Mill State Park

#### Niagara Falls, USA June 3-5. Jessie McMenamin

2 nights/3 days in the Niagara Falls, NY area. Day 1: Travel to Buffalo, NY for a guided tour & dinner. Day 2: Breakfast. Cruise "Maid of the Mist" Tour Niagara Falls, NY area including Niagara State Park and Goat Island. Dinner included. Day 3: Breakfast. Cruise from Lockport, NY along the Erie Canal. A \$75 deposit is required by Feb.23, 2024 to hold your spot. Final payment of \$320 is due by March 27, 2024. All checks must be made out to "Diamond Tours' and mailed to our Diamond contact and leader for this group: Jessica McMenamin. For more information contact Jessie at (724) 679-9682.

Mon-Wed. June 3-5
Niagara Falls, NY, USA
Departure: 8:00 AM
From Slippery Rock

Sun. May 5

11:30 AM - 5:00 PM

Pittsburgh

Sun. March 24

Pittsburgh

11:00 - 5:00 PM

Enrollment: Minimum 30, Maximum 52

# Opera - The Passion of Mary Cardwell Dawson. Dale Doran

In 1943 the National Negro Opera Company was set to perform on a floating barge to evade racially-segregated venues. Bad weather pushed the performance to a segregated performance hall and Mary Cardwell Dawson, "producer" had to find a way forward. Her dream to provide access for African Americans to perform on stages for all audiences changed the future of opera. Mary founded the longest-running, all-Black opera company in Pittsburgh and organized opera guilds in the country's biggest cities. She went on to train hundreds of African American youth to sing. This opera celebrates this remarkable founder of Pittsburgh's historic, groundbreaking, National Negro Opera Company. Written by Mark Twain Award-winning playwright and librettist Sandra Seaton, it includes original music by award-winning Kennedy Center Composer-in-Residence Carlos Simon.

Venue: Byham Theater for the Performing Arts 101 6th St. Pittsburgh, PA 15222. For Carpooling: we'll meet at ILR parking lot at 11:30.

T 040

Fees \$43

Deadline for payment: April 15

#### Opera - La Traviata. Dale Doran

Courtesan Violetta Valery lives life to the fullest knowing she will soon die. Only the doting Alfredo's love can take her from her decadent life. A trophy to be won to some in her circle, to "genteel society" she is a "fallen woman". The pair's love threatens shame to Alfredo's family & ruin his sister's marriage prospects. Alfredo's father secretly presses Violetta to shun Alfredo to save the family's reputation. Heartbroken & with health failing Violetta retreats to her old life. As illness worsens will love slip away too? Music-Giuseppe Verdi, Libretto-Francesco Maria Piave.

Venue: Benedum Center for the Performing Arts 237 7th St. Pittsburgh, PA 15222. For Carpooling: we'll meet at ILR parking lot, at 11:00 AM.

Fees \$43

Deadline for payment: March 11

# Saxonburg Museum, Guided Tour & Lunch at Hotel Saxonburg. Fred Caesar & Margaret De Luca

A guided tour of the museum and lunch at the famous Saxonburg Hotel afterwards. Tour is 10:30 AM and ends noonish. Lunch at 12:30. Saxonburg Museum is located at 147 N Rebecca St, Saxonburg, PA.

For carpooling, we'll meet at the ILR parking lot at 165 Elm Street, Slippery Rock.

Fri. March 22 10:30 AM-12:30 PM Saxonburg

#### Succop Nature Park Walk. Margaret De Luca

Numerous Trails, all easy walk and flat ground take you around the park to see birds, wildflowers and Audubon Nature Store

Meeting Point: Succop Entrance: 185 W. Airport Rd Butler, PA 16002

Fri. April 26, 11:00 AM-1:00 PM Butler

#### Wine & Lunch. Kathy Flood & Teresa O'Malley

On second Thursday of March, April and May the group will visit a local winery for wine tasting and then have lunch at the winery or nearby restaurant. Cost of wine tasting and lunch is on participant.

Thu. March 14, April 11, May 9, June 13 12:00 – 2:00 PM

Various venues

#### Wildflower Identification Walk at Wolf Creek Narrows Natural Area. Kellar Smith

In early May, take a walk along Wolf Creek to see the spring wildflower blooms at their peak. Learn how to identify plants by their flowers, leaves and growth habit. We will also discuss some medicinal properties and folklore of plants. The relatively flat trail along the creek is teeming with colorful flora diversity. Those who are more adventurous can do the entire 1.5 mile loop up a steep hill to witness a carpet of blooming trillium as far as the eye can see. Truly breathtaking. We will meet at 195 Miller Road, Slippery Rock, PA, parking lot across bridge on west side of creek

Fri. May 3, 1:00-3:00 PM Slippery Rock

**Enrollment: Maximum 15** 

#### ILR PARTNER'S EVENTS

#### SRU Alumni Events

SRU Special Collections Local Author Speaker Series has SRU History Firefox alumnus, Brady Crytzer, as guest this Spring. Brady's presentation will highlight his most recent book, The Whiskey Rebellion: A Distilled History of an American Crisis. The event will be held at the SRU Alumni House, and C-SPAN will quite possibly be there to record it.

April 10, 2024 at 3pm Slippery Rock

"With seven books to his credit, Brady J. Crytzer is the winner of the 2023 Judge Robert K. Woltz History Award. A specialist in the Imperial History of North America, Crytzer is a narrator and commentator on the hit cable series "Into the Wild Frontier." He has been featured on NBC, FOX News, and SiriusXM. He is the host of the weekly hit podcast "Dispatches: The Podcast of the Journal of the American Revolution." Crytzer is the host of the Telly Award Winning cable series Battlefield Pennsylvania on PCN, and the winner of the Donna J. McKee and Donald S. Kelly Awards for Outstanding Scholarship and Service in History. His work has been featured in The Washington Post, The Wall Street Journal, The Journal of the American Revolution, Pennsylvania Heritage, Game News, and Muzzleloader Magazine. His work has been reviewed in Publisher's Weekly, Booklist, The Journal of Southern History, The Pennsylvania Magazine of History and Biography, and The Journal of Military History"

#### **HCAP Membership**

ILR is a member of HCAP (History Center Affiliates Program). The membership card gives free admission for four adults to: Heinz History Center, Fort Pitt Museum, Meadowcroft Rock Shelter, Western Pennsylvania Sports Museum. Access is unrestricted except for special events or exhibits. Also, it gives access to the History Center's extensive Library & Archives for regional research, genealogy, and reference materials. Any ILR member can borrow the card for a week.

Feb. 16 - Jul. 31 2024

#### **INSTRUCTORS' BIOGRAPHY**

#### Aiello, Carmen

Carmen is the Vice President of Marketing at Visit Mercer County PA

#### Altomare, Emily

Emily is the Communications & Tourism Manager for the Oil Region Alliance, Venango County. PA

#### Andes, Cynthia

Cindy lives in Titusville, Pennsylvania and retired from the University of Pittsburgh at Titusville as an Assistant Professor of Humanities and English. Among the courses she taught, were "Words & Images", "Women & Literature," and later during the spring term, "Art & Architecture in Germany & the Czech Republic." Cindy has been a traditional watercolor painter for over 50 years, and in more recent years, a mixed media artist in many mediums. She grew up spending summers at the Jersey shore, where she continues to connect with the community.

#### Anna, Henry

Hank is Professor Emeritus of Political Science and Public Administration at SRU, having retired in 1998. A native of Cambria County, PA, Hank has traveled extensively and has so far visited 47 US states and more than 25 countries on 5 continents. He enjoys reading and volunteer work, including Rotary.

#### Atteberry, Phillip

Phil has taught English and popular music for over thirty years at PITT and the Chautauqua Institute. He has a Ph.D. from Washington University. His passion for music and show business was passed down to him from his grandparents and great-grandparents who were singers and vaudevillians.

#### Bell, Debbie

Debbie and her family moved to Slippery Rock in 1983. Debbie is a retired elementary teacher from Slippery Rock Area School District. The ILR has provided her with opportunity to forge new friendships, to explore new areas of interest, and to participate in trips and other experiences. Some of her interests include reading, knitting, boating, biking, and traveling.

# Caesar Fred

Mr. Caesar is a "staple" of the Saxonburg museum and has been the volunteer curator for many years. He will explain everything during the tour!

#### Call, Tom

Tom has a MA in History from Notre Dame of Maryland University. As a boy, he spent summers at Lake Winnipesaukee, N.H. and has loved lakes ever since.

#### Call, Verna

Verna is a retired ordained minister in the United Church of Christ with a Doctorate of Ministry from Lancaster Theological Seminary. She is an avid reader of European and religious history. She is also an avid photographer and traveler, having toured almost 50 countries on all 7 continents. Verna has created photo album diaries and shares her trip experiences with organizations throughout this area.

#### Carnes, James

James holds a BA in History and an MS in Political Science from Edinboro College. He taught high school history for 35 years and was an adjunct professor at Grove City College for 16 years. He has been presenting History programs for the past 15 years.

# Cicero, Steve

Steve is a former history instructor in Butler Area School District. He is active with a number of historical organizations in Western PA as a part-time teacher or volunteer, as well as with several retired educator groups. In addition, he is always looking for ways to promote local history and historical sites through presentations and tours.

#### Cole, Ruth

With her bachelor's and master's degrees from the College of Wooster plus three years of graduate work, Ruth is a Shakespearean from master's thesis through publishing through years of teaching the Bard, including a high school senior elective for twenty-five years. She has taught and lectured at Chautauqua, New York; Road Scholars; and ILR.

#### De Luca, Margaret

Margaret had a wonderful childhood in a small town in Michigan and she was taught that she could do anything. Not an academic but a great worker Bee, she thought that she would take her act to Atlanta in her 20s to see what life had for her. She worked in all aspects of the restaurant business then moved on to Travel Agency Accounting for 19 years. Margaret played for years in theater, off and on stage, and make recycled yard art and several other crafts.

#### Dickensheets, Sara

Sara serves as the Library Technician for Archives at the Bailey Library of Slippery Rock University.

#### Doran, Dale

Dale worked in her hometown of Philadelphia for private industry, then as a civil servant for ATF and the U.S. Air Force before moving to complete her degree at SRU. This was followed by 39 years teaching students with autism, learning and behavior challenges.

#### Flood, Kathy

Kathy retired after 30 years of practice as a Physical Medicine and Rehabilitation physician, primarily at the Veterans Health Administration. Kathy now fills her time with volunteer work at the Medi Home Hospice office in Butler, BC3 Literacy Program as a GED tutor, and some travel.

#### Fodor, Ronald

Ron worked 35 years as Butler County Conservation manager. His duties included providing state permits for land use such as business, housing, and development. He enforced state laws for water pollution and provided environmental education, farmland preservation, forestry, deep mine and pollution prevention, and stormwater management was a top priority. He also volunteered for about 25 organizations.

#### Golden, John

Dr. Golden teaches law and finance at Slippery Rock University where he also serves as the university's Entrepreneur-in-Residence. He is the Managing Director of the Sustainable Enterprise Accelerator (SEA) at Slippery Rock, which assists new start-ups and existing businesses with sustainable growth opportunities. Dr. Golden serves on several boards of directors, profit and non-profit. He is the owner of Golden Intergroup, Inc. a private sustainable business consulting firm. He also practices law in the USA and internationally, specializing in commercial law.

#### Green, Curtis

Curtis has been a massage therapist for 22 years and he is also a physical therapist assistant. He has been an EMT in Butler and Las Vegas and has taught emergency first responder training since 2001. He and his wife own The Green Center for Massage and Wellness. Also they own a family farm in Butler and have 3 young children.

#### Gropp, Bob

Bob holds a BS in Education from Indiana University of Pennsylvania and MA from Slippery Rock State College. He taught high school English for five years in Maryland and Pennsylvania. More than 20 years' experience presenting corporate presentations to the public and First Aid instructor for corporation employees. He retired in 2019 and volunteered as teacher assistant for non-profit organizations. That includes ILR experience assisting in Computer Basics course.

#### Holland, Carol

Carol retired after 21 years from SRU as the Director of the Student Counseling Center. She is a licensed psychologist, certified yoga instructor, and certified meditation teacher. Retirement provides her with more time to be the lifelong learner she has always been.

#### Isacco, Sharon

Sharon is retired from Slippery Rock University after 37.5 years. She has been quilting since 2004. She has made many quilts. Sharon is also a member of the North Pittsburgh Quilts of Valor.

#### Johnson, Andy

Andy has a BA in Philosophy and English, a Master's in Counseling Psychology, and graduate work in World Religions. He misses teaching Intro to Philosophy and Ethics at BC3, enjoys publishing his poetry, and is Executive Director of 'Spoken Word Projects.' Andy is currently finishing his third children's book and continues to work on publishing his poetry while helping others to do the same.

#### Johnstone, Jeffrey

Jeffrey is Chief Executive Officer / Agency Principal at Senior Healthcare Specialists, L.L.C. Partner with Insurance Agencies and Professionals to educate their clients to understand Medicare programs.

#### Jones, Jamie

Jamie is a double graduate of Clarion University of Pennsylvania, with her Bachelor's degree in History and her Master's Degree in Library and Information Science. She began studying the Black Hand during an internship with the Lawrence County Historical Society, and has been actively studying the Black Hand and other organized crime histories since.

#### Kochems, Robert

Bob is the retired DA of Mercer County with 38 years' experience in the criminal justice system as a prosecutor and defense attorney. He also has 30 years' experience doing general 'people' law (family, elder, estate, and real estate). Bob's passion is seeking ways to improve the justice system for the average person.

#### Kwasnick, Dave

Dave is the owner of The Birdwatcher's Store in Slippery Rock, PA. A life-long nature enthusiast, his many interests include birding (of course!), kayaking, backpacking, paddle-boarding, and skiing. He is a firm believer that the outdoors are the grounding antidote to today's increasingly frenetic world.

#### Leise, Janet

Janet is a graduate of Slippery Rock High School. She completed her BS and MEd from SRU. She taught students with special needs in Pennsylvania and Ohio. She retired after 33 years of teaching in 2017. Janet loves to travel, and has visited 6 continents and many islands. She enjoys photography, dance and reading. She plays several instruments, including flute, guitar, autoharp and percussion. She volunteers at her church and Community Care Connections, an agency which helps people who have special needs. Janet is a certified Drum Circle Facilitator.

#### Leo, Richard (Dick)

Richard retired in 2004 after teaching physics at Grove City College for 37 years. Prior to that, he was a Captain in the U.S. Army.

#### Leo, Ruth

Ruth is a professor emerita at SRU where she taught in the Department of Nursing for 24 years. Ruth has worked as a registered nurse, a pediatric nurse practitioner, nursing faculty member, and parish nurse. She enjoys family activities, travel, health-care-related community service, serving as a deacon at church, and learning new things.

# Lumley, Susan

Sue taught middle school and high school Family and Consumer Science (Home Economics). She was the food service director at GCC and SRU. She received a BS in Home Economics from IUP and MS in Health Science from SRU.

# Marini, Kelcy

Kelcy joined the Mercer County Conservation District in October 2021 as their Environmental Education Coordinator. She got her BA in environmental studies from Allegheny College and her master's in sustainability from Chatham University. She enjoys camping, kayaking, and educating others about the environment.

#### May, Bill

Bill is a retired teacher from Lakeview SD. He is the founder of the Butler County Civil War Roundtable and is an avid historian of the Civil War and local history topics. Bill is a speaker and tour guide of the popular 'Butler Ghost Walks' and 'Historic Mansions of Butler' walking tours.

#### McGary, Jared

Jared is the Environmental Educator at Pymatuning State Park. This is his eleven season as an Environmental Educator and he loves doing what he does. He graduated from Slippery Rock with a Park and Recreation degree in 2010.

#### McMenamin, Jessie

Jessie served as ILR Curriculum Committee chair for three years and has been an active member of the ILR. A retired teacher and guidance counselor, she has also taught ILR classes, including: 'Women's Roles in the Civil War,' 'Tips for Economic Travel,' 'One-Room Schools of the Slippery Rock Area', 'Origami,' and 'Apollo 11.'

#### Miller-Parrish, Brandi

Brandi is a 2005 graduate of the Parks and Resource Management Program at Slippery Rock University. She began her career with the National Park Service working at several parks as an Interpreter and Law Enforcement Ranger before starting with Pennsylvania State Parks. She has worked at Jennings Environmental Education Center since 2007. In her free time, she loves crocheting, gardening, spending time outdoors, and spending time with her husband and two dogs.

#### O'Malley, Teresa

Teresa is the mother of two and grandmother of seven. She is employed at the Seneca Valley SD as a substitute for paraprofessionals working with children with special needs and children with autism. She is a life member of the Evans City Ladies' Fireman's Auxiliary and member of the Rubber Dolls Stamping Club.

#### Patterson, Laurel

As a retiree, Laurel enjoys spending some of her time writing and speaking, especially on topics related to ecopsychology, which is the study of the relationship between human beings and nature. She is an alumna of Slippery Rock University, with a Bachelor's degree in Professional Studies, focusing on communication and the environment. She is a lifetime member of The Honor Society of Phi Kappa Phi. Laurel strives to connect nature and research to living well.

#### Roberts, Michele

Michele was an attorney in Milwaukee, Wisconsin and closed her law practice to move back to the area in 2011. She has a law degree from the University of Minnesota and a BS degree in Criminal Justice from Pennsylvania State University.

#### Scuoteguazza, Eric

Eric is a Registered Professional Archaeologist at SEARCH with 30+ years of experience adventuring throughout the US and Canadian Arctic to manage archaeological resources. He has also earned Master's degrees in Anthropology and Business Administration. During his career, Eric's focus has often been on regulatory aspects of historic preservation.

#### Shaw, Polly

Polly is retired from the Seneca Valley School District. A local state park volunteer for more than 25 years, Polly is the author of "Moraine State Park" and is currently writing "McConnells Mill State Park" for Arcadia Publishing. She has presented many programs on local topics of historical interest.

# Dr. Silva, Judy

Dr. Silva is Slippery Rock University's Fine & Performing Arts Librarian, University Archivist, and Special Collections Librarian.

# Simon, Natalie

Natalie is an Environmental Education Specialist at Moraine SP Complex, which includes McConnell's Mill and Moraine SP. She has a biology degree from GCC and an education degree from SRU.

#### Simon, William

As an apprentice to his father Edwin, Bill was ushered into the family business of hand lettering granite and other stones. By the middle 1980s Bill transitioned his skill and knowledge into creating carved and sandblasted signs, embellished with gold leaf and pictorial painting. Sensing the ever-encroaching technology taking away his livelihood, he leaved the applied arts and graduated in 2014 from the Pennsylvania Academy of the Fine Arts. Currently he works in and out of his studio creating portraits, still-lives, and landscapes, all from direct observation.

#### Smith, Kellar

Kellar has a Bachelor's Degree in Biology from Grove City College. An avid gardener, he has been in awe of the beauty of wildflowers since childhood where he and his mother would take field and woodland walks collecting plant specimens to identify and study.

#### Stevenson, Sandy

Sandy has a BA in Psychology from Carlow College and an MS in Counseling Psychology from SRU. She retired from SRU as Director of Training and Employee Services where she focused on diversity-related work.

#### Sweeny, Shawn

Shawn has have been a professional photographer for 30 years. He has taught at Penn State, Cal. State and the Art Institute. He is a certified professional photographer. He has taught numerous seminars to professional photographers in NY PA and OH. He has also taught young kids.

#### Terman, Philip

Philip is a retired faculty member from Clarion University, where he taught creative writing and literature for 30 years. He is the author of 10 books of poetry, and direct The Bridge Literary Arts Center that focuses on community writers. He live with his wife in a converted one-room schoolhouse outside Barkeyville, PA. <a href="https://www.poetryfoundation.org/poets/philip-terman">www.philipterman.com</a><a href="https://www.poetryfoundation.org/poets/philip-terman">https://www.poetryfoundation.org/poets/philip-terman</a>.

#### Thornhill, Rich

Rich worked for the USPS for 40 years before retiring. He enjoys biking, kayaking, and hiking, and spending time at his cabin in the National Forest. He is active in the ILR, taking classes and formerly served as vice president. Rich also leads trips for the Butler Outdoor Club. He has one daughter, one son, one granddaughter, and two great-grandsons.

#### Zona, Jerry

Jerry started his recycling career in 1992. He's the Director of the Lawrence-Mercer Recycling/Solid Waste Dept. and Executive Director of Tri-County Clean Ways and serves on the PA Solid Waste Advisory Committee and Keep Pennsylvania Beautiful board. He holds a BS in Biology from Penn State Behrend.